Callala Bay NEWS

August 2020 Issue 108-2020

Monthly Magazine from the Callala Bay Community Association Incorporated



Photo Sunset on Callala Bay Wharf



Page 2 – Callala Bay News

CALLALA BAY NEWS

A monthly newsletter of the Callala Bay Community Association Inc: ABN 68031980561 www.callalabaycommunityassociation.com Email: admin@callalabaycommunityassociation.com PO Box 14 Callala Bay 2540

> President Geoff Carne Vice President Duncan Marshall SECRETARY/ Treasurer Narelle Monaghan MINUTES SECRETARY Kaye Paris COMMITTEE MEMBERS James Morris Howard Duncan Joe Kowal

Sue Chapman Julie Wotton Lynn McDonald John Fowler Jacinta Flattery-O'Brien

EVENTS COMMITTEE

Julie Wotton Lynn McDonald

NEWS EDITOR

Jake Khourey - editor@callalabaycommunityassociation.com



Advertise Your Business With

The CBnews Today!

Contact the Editor for more info

editor@callalabaycommunityassociation.com

Bnews



CBCAPa	ge 5
Medical ReportPa	ge 7
Community ChurchPages	7/9
Garden ClubPage	e 11
Police ReportPag	e 13
South Coast VetPag	e 15
Eye HealthPage	s 17
Recipe of the monthPag	e 19
What's on at the ClubPage	es 25
Golf Club ReportPag	e 27
Membership formPag	e 29
Community ContactsPage	30

Note from the Editor:

The CBnews proudly supports our community, consider subscribing for a small yearly fee.

Please contact me with any local issues or concerns with the intention of having it published. Editor - Jake Khourey



ABN: 50 534 685 256

Professional Window Cleaner



All Types of windows cleaned including Fly Screens, Window & Door Frames Tracks and Runners

We can offer our customers Solar Panel Cleaning (single story only)

Very Reliable • Free quotes

Ring Mike on: 0406 467 026 or 02 4446 6684



The Callala Bay NEWS proudly supports your local community by helping to fund projects that benefit all residents. Consider supporting us by subscribing for a small yearly fee.

Contact: editor@callalabaycommunityassocation.com.au

CBCA Report

July, 2020 meeting

Captain of the Callala Bay RFS, Sue Borrowdale addressed the gathering to propose a series of Community Engagement Meetings to discuss 'community fire readiness' for the 2020/2021 fire season, including how to properly prepare your property and develop a fire plan. Subject to Covid-19 restrictions, the proposed dates for the information sessions are Thu 3 Sep and Thu 17 Sep 2020. These sessions will be held at the Callala Community Centre from 7.00pm and the CBCA will assist in promoting the meetings on both the Callala Bay Community Association and Events Committee Facebook pages. Sue also spoke about issues relating to the most recent fire season. She advised the most significant issue from the last fire season was the community's ability to obtain accurate and timely information.

The Events Committee advised that due to the Covid-19 restrictions it is not possible to plan for future events at this stage. For information about upcoming and future events please contact Callala Events Committee on eventscallala@gmail.com or go to the website www.callalaevents.com.au.

A project working group headed by Sue Chapman has been established, and the following projects have been suggested:

*An outdoor gym. The group inspected a proposed site on the Callala Headland at Marine Parade. An initial letter has been sent to SCC seeking support and assistance with the project.

*At the recent CBCA meeting it was recommended consideration should be been to include equipment for the less mobile or disabled users. for junior skaters to learn on, without having to use the more advanced ramps was also discussed briefly.

*At the CBCA meeting held 8 Jul President Geoff Carne suggested consideration be given to the construction of an ocean rock pool and Narelle Monahan suggested construction of amphitheatre style seating in or on the foreshore which may assist in preventing further foreshore erosion.

Other ideas for projects are welcome for consideration.

A special meeting of the project working group invited Sue Borrowdale to discuss measures which could be taken to reduce the risk of bush fire in Callala Bay. These included

* fuel reduction of all perimeters and "island" parks within the urban area well before the season risk arrives and had the RFS written to SCC; and

* It was suggested that a working party coordinated by the CBCA and in conjunction with the Callala Bay RFS clear the bush around Boorawine Creek to reduce the fuel load.

For information about upcoming and future events in our local area please contact; Callala Events Committee

www.callalaevents.com.au eventscallala@gmail.com

Co-ordinator: Julie Wotton 0421 937 117 Secretary: Lynn McDonald 0421 510 826

* The concept of an addition to the skate park

Capital Country Electrical trading as Chilko Electrical trading as Licence number: 214627C

Electrical requirements to:

Domestic - Commercial - Rural - Industrial Installations - Telephone Installations

INSTALLATION, MAINTENANCE & REPAIR

Phone: 0419 405 797 Email: chilkoelec@outlook.com www.chilkoelectrical.com.au



4447 3838

Ages 2 to 5 years

Sunshine Street

EXTENDED HOURS 8AM TO 6PM

www.cbpreschool.com.au

- University & Diploma Trained Staff
- Personalised School Readiness & Preschool Program
- Smart Phone App for Parent Communication
 - Child Care Subsidy Available with Fees starting from \$14.40 per day
 - Open 48 weeks of the year Visits Welcome



JOHNSTON TOBIN Solicitors 4421 5344

For all your Legal and Conveyancing needs

Criminal Law • Family Law • Wills & Estates • Property Matters Conveyancing • Commercial Law • Litigation • All Court Matters

74 Berry Street, Nowra NSW 2541

Page 6 – Callala Bay News

Medical Report

August is Being Medicine Aware Month with the National Prescription Services. Being medicine aware means:

• Knowing what and why you are taking medicine

• Understand the instructions

• Checking with your GP prior to starting new medications to consider side effects.

• Asking questions if there is something you don't understand about your medications.

It is easy to make mistakes about medication instructions, especially if there are several medications / dosage instructions, or as people are getting older. Unfortunately, those two risks run hand-in-hand. Every now and then, I like to involve the helpful advice of your local pharmacies to perform a medication review to consider side effects and interactions and to consider ceasing unnecessary medications. For more helpful advice around Being Medicine Aware, please talk to your friendly team at Callala Medical Centre

Community Church

Through the generosity and the vision of a few the church has had the privilege of receiving some eggs; these are special eggs – they are seconds; some too small; too large; the wrong shape; a little dirty; and others, small dents; they are all fresh. We are able to sort them and through a few dedicated individuals give them to persons in need.

The thing is, none of the defects make any difference once they go into the pan, or used to bake cakes or other foods. These eggs are just as nutritious as those that meet the standards at the supermarkets, and now bless some who struggle to meet weekly bills.

The story of the eggs reminds me of how some-

times we look at people; so often we can judge people by the clothes they wear; the car they drive; the area they live in; the work they do or the club they belong to. Sadly, sometimes we hear people referring to others with words like; "that person is just a waste of space." Jesus' desires to see everyone whole, he said; "A thief comes to steal and kill and destroy, but I came to give life—life in all its fullness.". Myra Brooks Welch's poem :

'Twas battered and scarred, and the auctioneer thought it

hardly worth his while

To waste his time on the old violin, but he held it up with a smile.

"What am I bid, good people", he cried, "Who starts the bidding for me?"

"One dollar, one dollar, Do I hear two?" "Two dollars, who makes it three?"

"Three dollars once, three dollars twice, going for three,"

But, No,

From the room far back a grey bearded man Came forward and picked up the bow, Then wiping the dust from the old violin and tightening up the strings, He played a melody, pure and sweet as sweet as the angel sings.

The music ceased and the auctioneer with a voice that was quiet and low,

Said "What now am I bid for this old violin?"

As he held it aloft with its' bow.

"One thousand, one thousand, Do I hear two?"

"Two thousand, who makes it three?"

"Three thousand once, three thousand twice, going and gone", said he.

The audience cheered, but some of them cried, "We just don't understand." "What changed its' worth?"

Swift came the reply. "The Touch of the Masters Hand."

Continues on Page 9



Community Church

"And many a man with life out of tune all battered and bruised with hardship

Is auctioned cheap to a thoughtless crowd, much like that old violin

A mess of pottage, a glass of wine, a game and he travels on.

He is going once, he is going twice, he is going and almost gone.

But the Master comes, and the foolish crowd never can quite understand,

The worth of a soul and the change that is wrought by the Touch of the Masters' Hand.

May God grant us the grace to see others as he sees them, trust you are all keeping well.

Kevin Kettlewell (Pastor) 0437338739

Callala Community Centre

The Callala Community Centre is open for business!

We are pleased to welcome back our regular hirers

Sunday 28th June: Callala Christian Community Church services start 9.00 am

Monday 22nd June: Friends of Callala started their regular Monday meetings- start 12.00 noon

Tuesday 30th June: Pilates from 6.00 pm

First Saturday of the Month: Callala Christian Community Church clothing stall

Second Wednesday of the Month: Callala Bay Community Association general meeting. Start 7.00pm

OOSH by Katie is ongoing Callala Markets have indicated they will resume but will need to wait until Covid 19 restrictions

ease further

There are some rules for hall users to follow

• If you feel unwell or have cold and flu-like symptoms you must stay home and may not enter this facility.

• Please bring soap and cleaning equipment with you, including detergent, cloth and bucket (consider if you will need a cup to gather water from small basins).

Clean all surfaces before and after your event with detergent.

• Pay particular attention to high-usage surfaces in the amenities, doorways and kitchens table and chairs

• Practice physical distancing and keep a minimum of 1.5m away from others as much as possible and observe the 4 square mtrs requirement

• Wash and/or sanitise your hands thoroughly for at least 20 seconds with soap and water, or use alcohol-based hand rub.

(The Hall Committee have provided hand sanitizer and cleaning solutions)

• Cover your nose and mouth when you cough or sneeze with a tissue or flexed elbow.

• Take all rubbish with you.

• Please ensure you also maintain physical distancing immediately outside the facility.

• Complete the attendance register and leave in the manila folder in the kitchen

YOUR AD HERE

Advertise Your Business With The CBnews Today!

Very Affordable Rates For All Businesses! Contact the Editor for more info editor@callalabaycommunityassociation.com

Advertisement





"If I can assist with any State Government Matter please contact my office"

> Email: southcoast@parliament.nsw.gov.au Phone: (02) 4421 0222 1/57 Plunkett Street, Nowra, NSW 2541

Authorised by Shelley Hancock MP, 1/57 Plunkett Street, Nowra, NSW, 2541





OPEN: Fri-Mon

10am-4pm

All Arts & Craft Locally Made



76b Greenwell Point Road

Garden Club Roundup

At the beginning of July, the committee met to discuss whether we can resume our monthly meetings. Unfortunately, due to the ongoing hall restrictions meetings have been cancelled until further notice. This has been disappointing for everyone involved but we only need to look at what is happening in Victoria. We cannot afford to be complacent.

Those of you who love to walk and check out gardens in the neighbourhood, will have noticed an orange creeper in full bloom now. This is the Trumpet creeper



(Pyrostegia venusta) also known as the flame creeper. The trumpet creeper, native to South America, is an evergreen climber with vibrant, orange, tubular shaped flowers. It is in full bloom during winter to spring.

This creeper prefers full sun and because it is such a vigorous grower, it needs room to grow and a fence or support to climb over. If you want to conceal a large structure such as a carport, tank stand or an old fence this is the creeper for you. You need to water it regularly when first planted and during dry periods.

Some other vines /creepers to consider are the Hoya Mandevilla and Star Jasmine





Take care everyone and stay safe. Go and enjoy your garden! Doris Carpenter (secretary) 44465631

'Knowledge is knowing a tomato is a fruit; Wisdom is not putting it in a fruit salad. Little Joey is helping his pop dig up potatoes. 'What I want to know,' he says, 'is why you buried the darn things in the first place.' Get tested for COVID-19 if you have cough, sore/ scratchy throat, shortness of breath or fever. Self-isolate until you get your test result.



For more information Call 1800 020 080 National Coronavirus Helpline

Pottenger & McGhee Solicitors

Nowra

Conveyancing | Wills & Estates | Business Law | Leases

We look forward to meeting you and helping you with your legal needs.

Level 1, 25 Kinghome Street, Nowia Phone 02 4421 6166

Email: pbetts@potmac.com.au

If you an't come to us, we an come to you!

Police Report

During this week, the weather is forecast to turn nasty with high winds, heavy rain, and low temperatures. The roads will become very wet and extremely slippery.

This is a timely reminder to drive to the conditions and really raise your awareness about what is going on in front of you and around you. There are a few locations in the Shoalhaven where water ends up over the road after heavy rain. Sometimes it might only be a trickle and at other times the water is deep and if you attempt to drive through it you could be washed away. Every year we read and hear of tragedies where people have been washed away and perished in floodwaters. Unfortunately, it continues to happen with disastrous consequences. The message is simple: if there are 'Road Closed' signed up, do not drive around them. If there is water across the road, do not drive through it. If you must turn around, take another route and drive for another 10 minutes, so what? It is much better than the alternative. Remember 'If it's flowing, don't keep going'.

Trees fall across roads in storms and these pose a few dangers. You might drive the same road for years; know the bends, bumps, and camber; regardless of the weather, you become used to the road, dive to the speed limit and become complacent. You know the road – or do you? What happens when you are driving in the rain, on the speed limit, go around a bend and find a tree has fallen across the road. The result? You have placed yourself in danger and maybe put other road users in similar danger. Please – drive to the conditions and slowdown in the wet.

Tax Time

Its tax time, my favourite season of the year. I dust off my old Tax File Number, sharpen my pencil, put my glasses on and then watch Television while my wife does my tax return. She loves it. I wish tax time would come around 10 times a year so I could gaze upon her crazy eyes, whilst she feverishly rubs her hands together muttering "Excellent" under her breath. Anyhow, a week or so later money comes from somewhere and goes into my bank account. Pennies from heaven. The downside at tax time is that there are Crooks and Scammers out there who would rather your tax refund go into their bank accounts and not yours.

Don't be fooled by people ringing and claiming they are from the Tax Office. The tax office already has your details so If you are asked to give them up, don't. It seems to happen every year so be vigilant.

As always, in case of emergency, call (000) Non Emergencies contact Police Link on 131444 or your local Police

To provide anonymous information call crime stoppers on 1800 333 000

Domestic and Family Violence Info visit www. police.nsw.gov.au

Shoalhaven Domestic Violence Officers. 44219666 or 44219665 Email shoaldvlo@police.nsw.gov.au Don't forget. Cops are tops.



The Callala Bay News Publication is proudly funded by the Callala Bay Community Association with the help of our local business sponsors

Callala Community Church

... A Jesus centred Church ...

Meeting together at the Community centre Emmett Street Callala Bay.

Coming together to share God's Love each Sunday at 9.00 AM

All Welcome

As part of our regular weekly gathering, we will at times, include a meal together or a community activity; please contact us for details as times and dates might vary.

As part of your community let us know if we can help in any way.

Phone Pastor Kevin- 0437338739 or follow us on fb



First Saturday of the Month at the Callala Community Centre 9.30am to 12.00 NOON

Clothes in good condition can be dropped off at the stall (on the day only). If clothing can be delivered by 10am; this will allow them to be displayed.

South Coast Vets

Tips for Keeping Your Pet Safe.

1. Whenever you are out with your dog, keep it on a secure lead. This will prevent accidents, like the dog running on the road and getting hit by a car, attacks from other dogs, snake bites, escape and getting lost and fines from the ranger!

2. Keep your pets well confined, make sure your fences are safe and the gates are closed. Keep cats in enclosed runs if they are allowed outside.

3. Keep chocolate out of reach of pets. Dogs like the taste of chocolate and it is potentially very toxic.

4. Keep your medicines out of reach of pets, they may like the taste of these too and many human medications are very toxic to animals, especially in large doses.

5. Rubbish needs to be inaccessible, eating garbage can be like eating poison in some instances. Also cooked bones, meat skewers, meat wrapping, corn cobs and fruit stones in the garbage are very attractive to most pets and all potentially very dangerous if eaten.

6. Pesticides like snail bait and rat poisons need to be kept well away, they often taste great to pets and are potentially fatal when eaten.

7. Fertilisers are dangerous if eaten and often smell and taste good to pets.

8. Heat. Because pets don't sweat like humans, it is easier for them to get overheated on a hot day. Be aware and let your pet have access to cool places or air conditioning on a hot day. 9. Paralysis ticks thrive in the climate of Jeris Bay and their natural host is the bandicoot. You should have your pet dog and cat on tick preventatives all year round.

10. 1080 fox bait poisons are sometimes used in the Forest and National Parks in our area, be aware and do not let your dog in these areas, these poisons are rapidly fatal if eaten.

11. There are some hazards on the beach that dogs may be attracted to, like fish hooks, puffer fish and sea hares. Keep you dog on a lead and be aware of what is around.

12. Parvovirus is a potentially fatal gastrointestinal virus which affects dogs. It is a virus that survives well in the soil and can be activated by factors including recent rainfall and long and dry periods. Vaccinations are very effective and the only way to prevent this disease.





The Callala Bay News Publication is proudly funded by the Callala Bay Community Association with the help of our local business sponsors

Want to help support this publication?

Become a member of the Callala Bay Community Association to do just that.

Email: admin@ callalabaycommunityassociation. com



Cakes and Cupcakes For Any Occasion

0458 812 666

jakes_cakes@icloud.com



Page 16 – Callala Bay News

Eye Health

Glaucoma: "The silent thief of sight" by Anna Richter EyeQ Optometrists Vincentia

Glaucoma is an eye disease in which there is progressive damage of the optic nerve. Most commonly the eye pressure is elevated, damaging the optic nerve, however Glaucoma can develop in people with normal or low eye pressures.

Aqueous fluid in constantly pumped into and drained from the eye. A normal eye pressure is maintained when there is a balance between the production and drainage of this fluid. If there is too much fluid being produced, or not enough fluid draining due to a blockage, the eye pressure can increase, increasing the risk of glaucoma development. An increase in eye pressure can cause damage to the sensitive optic nerve cells at the back of the eye, this is what happens in glaucoma. Optic nerves cells carry messages from your eye to your brain and once damaged, vision is lost permanently.

Sadly, there are few symptoms for early glaucoma. Glaucoma rarely causes pain or discomfort. Glaucoma progresses slowly and initially affects your peripheral vision without you being aware. It has been estimated that you can lose 50% of the optic nerve cells before you have noticeable loss of vision. People with advanced vision loss from glaucoma will eventually develop "tunnel vision", where they can only see through a small central field of view.

Glaucoma can occur at any age, but most commonly it affects people over the age of 40 years. Someone with an immediate family member with glaucoma is at a greater risk of developing glaucoma, as well as someone with diabetes or other vascular disease (e.g. high blood pressure). Accurate diagnosis of glaucoma is essential. This involves several sophisticated tests which include measuring the eye pressure and corneal thickness, testing the visual field, analysing the health and structure of the optic nerve with digital imaging and Ocular Coherence Tomography (OCT), and checking the aqueous fluid drainage is not blocked. The testing of glaucoma is not painful.

If diagnosed early, glaucoma can be treated with minimal loss of sight. In most cases, glaucoma is treated with prescription only eye drops, which reduce the eye pressure. If diagnosed with glaucoma, the treatment will be ongoing for life. Recently there have been new surgical techniques developed which in many cases offer a permanent control of eye pressure without the need for eye drops. One method uses a laser, called Selective Laser Trabeculectomy (SLT) and the other method is called MIGS (minimally invasive glaucoma surgery). Both are designed to improve aqueous drainage from the eye.

The main "take-home" message is that you need to have your eyes checked regularly. If you are under 40 years of age with no risk factors, every 3 years is adequate for a routine examination. If you are over 40 years of age or have any risk factors, you should have 1-2 yearly eye examinations, under the advice of your optometrist.

So, why not make an appointment for glaucoma assessment?

Or if you have any questions about glaucoma you are more that welcome to call EyeQ Optometrists at Nowra on 44214511 or Vincentia on 4443 9979 and speak to one of our fully qualified optometrists. Or if you prefer make an appointment all consultations are Bulk Billed.

DEPARTS	MOND	AY TO FR	DAY	Scho	ol Holida	ys	School Days
	am	am	pm	am	am	pm	am
Callala Bay							
Sydney Avenue	8.57	10.07	5 1.45 5	8.45	5 10.07	5 1.45 5	7.30
Boorawine Terrace	8.40	10.10	1.48	8.47	10.10	1.48	7.25
Emmett Street Shops	8.56	10.15	1.53	8.51	10.15	1.53	7.30
Callala Bay School	8.55						7.25
Mayfield	0.00						7.40
Stewart Place	9.35	11.10	2.55	9.35	11.10	2.55	8.10
Stockland Nowra	9.45	#		9.45	#		2.45
Nowra TAFE	9.42	#					8.20
Railway	9.40	11.00	2.40 💙	9.40	11.00	♥ 2.40 ♥	8.15
Train Departs	11.23	11.23	2.35	11.23	11.23	4.11	9.20

DEPARTS	MONDAY TO FRIDAY		Sch	School Holidays		
	am	рт	am	рт	рт	pm pm
Train arrives	9.15	12.27	9.15	12.27	2.17	2.17
Railway	9.40 🔥	12.32 🔥	9.40 🤞	12.32 🔥	2.40 🔥	2.40 🔥
Stewart Place	9.35	12.20	9.35	12.20	2.55	2.55
Nowra TAFE	9.42	12.35				3.3
Stockland Nowra	9.45	12.40	9.45	12.40	2.45	2.45
Mayfield						3.5
-		TR		Τæ	Τæ	
Callala Bay		Required		Required	Required	
Callala Bay School				Rec		3.35
Corner Sydney Street & Callala Road	10.07	as	10.07	as	as	3.45 4.0
Boorawine Terrace	10.10	Drops	10.10	Drops	Drops	3.42 4.0
Emmett Street Shops	10.15 🔻	↓ = ↓	10.15	/ V ⁻ V	↓ ¯ ↓	3.40 🕇 4.1

YOUR AD HERE

Advertise Your Business With The CBnews Today!

Very Affordable Rates For All Businesses! Contact the Editor for more info editor@callalabaycommunityassociation.com

Page 18 – Callala Bay News

9

Recipe of the Month



Sour Cream Apple Slice

A soft vanilla bean cake topped with sour cream and studded with juicy apple. You'll have no trouble finding taste testers for this delightful cake.

Ingredients;

Base

½ cup (75g) self-raising flour
½ cup (75g) plain flour
2/3 cup (150g) caster sugar
2 tsp Natural Vanilla Extract
1 egg
100g butter, melted
¼ cup (60ml) milk

Topping

200g sour cream 400g tinned sliced apple 1 tsp Vanilla Bean Paste 2 eggs 2-3 tsp Cinnamon, for sprinkling

Method;

Base

STEP 1

Preheat oven to 160C (fan forced). Line a 19cm x 29cm lamington tray with baking paper.

STEP 2

In a large bowl, combine flours, sugar, vanilla extract, egg, butter and milk. Stir to combine. Bake for 10 minutes. The cake won't be fully cooked at this stage.

Method - Topping

STEP 1

While cake is cooking, combine sour cream, apples, vanilla paste and eggs in a bowl and stir to combine. Spoon evenly over cake mixture and return to the oven for 20-25 minutes.

STEP 2

Sprinkle cinnamon over top of cooked cake and allow to cool before refrigerating for 2 hours until cold.



The Callala Bay News Publication is proudly funded by the Callala Bay Community Association with the help of our local business sponsors



Page 20 – Callala Bay News

Connection Card and dro	just want to say hi , please fill in this op it into your neighbours mailbox. <i>re you wash your hands before delivering your</i>
Shoalhaven City Council	Heliob
	I am here to
	help if you need
My Name is	
Address	
Contact me on	
I can help with □ A phone call / catc □ Urgent supplies □ Something else	h up D Picking up shopping D Posting mail
Proudly supported by Shoalhaven City Council	firefy Bay & Basin Bright ideas live in this community
	n about what's going on in your ecovery assistance visit V.au 🖪 🞯 🖻 🎔

WHAT'S ON @ THE PROGRESS HALL

MONDAY	4:00PM - 6:45PM	JENNY'S DANCE	PAMELA	0433 675 820
TUESDAY	10:00AM – 12:00PM	CRAFT	YVONNE FOWLER	4446 6380
TUESDAY	2.30PM – 4.30PM	FOLK DANCING	MAUREEN PETHERICK	4446 6550
THURSDAY	9:30AM	YOGA BEGINNERS WELCOME – MATS SU	ANNA SMALLWOOD	0405 102 234
FRIDAY	3.30PM – 5PM	TENNIS LESSONS	GARRY O'CONNOR	4464 1418 OR 0412 068 116
SATURDAY	8.00AM	TAI CHI ALL LEVELS	JOHN GRAHAM	0428 564 738

Tennis court bookings can be made at Callala & Culburra First National – 58 Boorawine Terrace, Callala Bay or call on 4446 4313. Please make your booking during office hours so that the keys can be made available (available in daylight hours only.

THE HALL IS ALSO AVAILABLE FOR FUNCTION BOOKINGS INCLUDING WEDDINGS, BIRTHDAYS, BABY

Anglican Churches

of Culburra Beach | Callala | Currarong

Callala - Church Service - 5pm Sunday

All Welcome | Kids Church

St Marks, 2 Hunter Street, CALLALA BAY

Caterpillar's Play Group - 9:30am Friday @ Culburra Beach Anglican

Kids Club - 3-4:30pm Friday @ Callala Anglican

289 (Youth) - 5-7pm Friday @ Callala Anglican

For more information: Rev. Paul McPhail

m. 0414 616 860 e. culburra.anglican@gmail.com www.culburraanglican.org.au

CALLALA COMMUNITY CENTRE

Emmett St Callala Bay. A fully equipped kitchen, An elevated stage and sound system, Off street parking

Catering and seating for 120 people, Flexible hire times and reasonable rates

What's On Regularly at the Centre:

Sunday Callala Christian Community Church: Call Pastor Kevin Kettlewell	9 am
Monday - Friday (school times) OOSH By Katie for OOSH times call Katie 0419 91	7 793
Monday Friends of Callala - over 50's social group - new members always welcome	12-2.30pm
Tuesday Mat Pilates: Call Erin 0434 419 694	6:00pm
Second Wedneday of the month: Callala Bay Community Association	7:00 pm
First Saturday of each month: Callala Community Church Pre-Loved Clothing stall	9.30am-12pm
Second Saturday of each month: Callala Markets - Call Sandra 0413 581 419	8am-1pm
For all bookings and enquiries call Jane: 0408 521 520	

club callala

Where the Beach & Bay come to play!

GOLF COURSE

Open Everyday (02) 4446 5313 opt 2 Information & bookings callalagolf@outlook.com Extensive TAB facilities

FRIDAY





TUESDAY \$17 T-BONE Night. HAPPY HOUR from 4 – 6pm.

WEDNESDAY \$15 Chicken Schnitty Night.

RAFFLES

THURSDAY

Bowlers Extensive Raffle from 6pm with great prizes. Lucky Members Badge Draw!

FRIDAY

Meat Mart Best value Friday night in town Meat Tray prizes with value over \$1,000 – Tickets on sale 6pm Draw commences approx 7pm

SATURDAY

Fisho's Raffle from 12 noon to 1:30pm

SUNDAY

Meat & Seafood Raffle - Tickets 4pm - Drawn 5pm Lucky Members Badge Draw! Fisho's Weigh In – 2pm 4th Sunday each month.

Phone: 02 4446 5313 43 Callala Beach Road, Callala Beach



MONDAY Close @ 7pm Free Trivia – 6:30pm Start. WEDNESDAY NPL Poker – Only \$2 to Play 6:30pm start – Cash prizes & regional tournament tickets to be won every week THURSDAY

Bingo – Eyes down at 11am SUNDAY

Members Happy Hour 3pm to 4pm

BOWLS

Monday- Indoor 12 noon

Tuesday – Women's Bowls from 9:30am

Wednesday – Men's/Mixed Social Bowls Names in by 12noon for 12:30pm start

Every day – Barefoot Bowls \$10 per person – Kids play for free. Everything supplied.



www.clubcallala.com.au

Find us on Facebook

CULBURRA & DISTRICT COMMUNITY HEALTH SERVICE

We maintain the Op Shop, Ambulance Station, Medical Centre and the Medical Bus.

Culburra Pharmacy on **4447 2382** for medical bus (travel is by donation)

Saleable furniture can be collected by phoning Malcolm on **0429 092 347** Volunteer's Bus drivers phone neil on **4447 4713** Volunteer's op shop workers phone

Jeanette 4447 5075

YOUR AD HERE

Advertise Your Business With The **CBnews Today!**

Contact the Editor for more info

editor@callalabaycommunityassociation.com

CBnews



GP JAMES CLEANING SERVICES *The Royal Treatment*



Page 24 – Callala Bay News

August 2020 club callala What's On a Saturday 1st

JAMIE PARKINSON – from 7pm. Saturday 8th THAT ACOUSTIC GUY – from 7pm. Saturday 15th SOLO WEST – from 7pm. Saturday 22nd SHANE TAPPER – from 7pm. Saturday 29th DAN MIRANDA – from 6pm MAJOR PRIZE – MEGA MEAT RAFFLE – Tickets on sale 6:30pm to 7pm. 2ND CHANCE DRAW – 5 x 10,000 points to be Won! (Worth \$100 each). BONUS BADGE DRAW – 1 Number – 1 Chance to Win! – Drawn 7:20pm.



LUNCH – 12noon to 2:30pm DINNER – from 5pm Bookings on 4446 5313 Option 4

Courtesy Bus available 7 Days. Call 4446 5313 option 1 for bookings.

Monday to Saturday from 4pm & Sundays from 3:30pm.

• High quality second-hand items

Vinnies

OF

 Clothing, bric-a-brac, books, linen, beach towels, toys, games, DVDs, jewellery and much more!

VOLUNTEERS NEEDED

YOUR TIME IS THE MOST VALUABLE GIFT YOU CAN GIVE.

For details of how you can help, visit www.vinnies.org.au or pop into the shop for an application pack.

Find us at: **59 Emmett St, Callala Bay** Opening hours: **Monday to Friday – 8.30am to 4pm, Saturdays – 8.30am to 2pm** (during summer/peak times only)

We welcome donations of non-bulky items during opening hours. For pickups, please call 4421 7244.

Callala Golf Report

We are having a great turn up for the Vets competition on Tuesdays with over 40 players taking the field most Tuesdays, even on the frostiest of mornings. Tough lot our Callala men! A Stableford on the 23 June had 42 starters with Michael Sheldrick coming in with a beautiful 39 points with Colin Pitt hitting a 35 to come in 2nd followed by Lee Bebber with 35. Great game gentlemen. Nearest the pin was Col Chessell on the 3rd, Lee Bebber on the 10th.

The next week 30/6/20, 44 players took to the course for another stableford and Steve Monsalve proved unbeatable with 39 points followed by Myrna Barnes with 37 and Rob Jerman with 35. The Monthly Mug stroke game was played on the 7 July. A grade winner was Rob Jerman, B grade Dave Dickeson and C grade George Jurotte. Well done gentlemen. The ball reached closest the pin with a hit from Neil Sparks on the 3rd, Mike McInnes on the 10th, B Gatt on the 11th and Col Chessel on the 15th. The 14th hole proved a little elusive for the players.

The Saturday competition on 27/6/20 was an 2 person Ambrose. 44 players on a cold and frosty morning saw Brendan Wade with Colin Chessell team together to come in with 58.5 just beating Steve Monsalve and Warwick dolman with 58.750 and Dallas Laughton and Jeffrey Coe with 60. What great scores! And not an argument to be seen!

4/7/20 was attended by 38 players for the Monthly Medal.The Medals were taken out in A Grade, M Innes, B Grade J Coe and C Grade G Hughes. Daily winners were Glenn Hughes with 69 nett, Jeffrey Coe with 70 and Terry London with 71. Nearest the pin on the 3rd was D Brumby, 10th hole C Chessell, and R Jerman took out the double on the 14th and 16th.

The Par game on Saturday 11/7/20 was won by Harold Reynolds with +3 and Doug Ingle with +1.

The ladies continued to play on the Wednesdays with the Stableford game on the 1/7/20 with Joy Deane coming home a winner with 35 points and Margaret Little a close second with 32 points.

A fun mixed day on the 12/7/20 and Monthly Medal saw 9 of us on the course. Myrna Barnes took out the Medal with a nett 74. Congratulations Myrna and winners for the day was Myrna and Lee Bebber with 75 nett.

The woman have decided to not play competition on the Wednesday during the winter months, as many go walkabout during this time. They will now join the Vets competition on Tuesdays and go back to Ladies Competition the 1st Wednesday in September.

The course and shop volunteers are operating under the Covid 19 Rules and would ask that members and visitors please abide with these rules when visiting the pro shop and course. We all enjoy our golf and if we do the right thing, the course will remain open.



Keep 1.5m between yourself and others



The Callala Bay News Publication is proudly funded by the Callala Bay Community Association with the help of our local business sponsors

Callala Bay Pharmacy



2/55 Emmett Street, Callala Bay 2540 Ph: 4446 4251 Hours: Mon-Fri 9am-5.30pm; Sat 9am -12.30pm

Friendly, professional service

Diabetes Australia supplies
 Baby weighing
 Gift lines

Blood pressure monitoring
 Medication packing

FREE delivery every Thursday to Callala Bay, Callala Beach and Currarong

Dr John C Wright B.V.Sc.

CULBURRA VETERINARY CLINIC

7 Weston Street, Culburra Beach

9am-11am weekdays 4-6pm Mon, Tue, Thurs 4-5pm Wed, Fri 10am-12pm Sat

CALLALA VETERINARY Consulting Room

22 Emmett Street Callala Bay

1-3pm weekdays by appointment

Please phone: 4447 3851 for appointments, enquiries or after hour calls



Page 28 – Callala Bay News

-	
Com	CALLALA BAY COMMUNITY ASSOCIATION INC. munity Consultative Body to Shoalhaven Council for Callala Bay ABN 6803 198 0561 www.callalabaycommunityassociation.com PO Box 14, Callala Bay NSW 2540 MEMBERSHIP APPLICATION/RENEWAL CALLALA BAY COMMUNITY ASSOCIATION INCORPORATED (Incorporated under the Associations Incorporation Act 1984)
Membe	ers Name(s)
Your Cal	lala home address
Email A	ddress 1
Email A	ddress 2
Daytime	Contact Phone No(s):
Fees \$5	per couple, per household where both members are pensioners.
Would	you prefer the Callala Bay News, either:-
Home de	elivered to your Callala address
Emailed	
Please T	ïck Box
Signed . /	Date
Paymen	nt by EFT; BSB 633 000 Bendigo Community Bank Nowra Account number: 141737692 Account Name: Callala Bay Community Association Inc.
	ment to: Callala Bay Community Association PO 14 Callala Bay 2540

COMMUNITY CONTACTS

Emergency Police Fire Ambulance – 000 Nowra Police Local Area Command – 4421 9699 Crime Stoppers – 1800 333 000 (anonymous reporting) Police Assistance line – 131 444 (non-emergencies)

State Emergency Service – **132 500** Jervis Bay Marine Park – **4441 7752**

Callala Doctor's Surgery - 4446 5350

Shoalhaven City Council

General enquiries, business hours – 4429 3111 Emergencies and after hours – 4421 3100

Justices of the Peace

Duncan, Howard – **4446 6535** Garry, Rexeen(Rikki) – **4446 6649** Hannan, Robyn – **4446 4428** Rev Sue Fisher – **0406 815 449** Lower, Jill & Graham – **4446 6281** McMaugh, Dallas – **0400 189 875** Taylor, Lorraine – **4446 5117** Ward, Noel – **4446 6800**

Culburra & District Garden Club

Every 3rd Saturday of the month at 1.30 pm at the Banksia Hall Community Hall, Fred Evans Lane, Culburra Beach (IRT entry) More details - contact Doris Carpenter - **4446 5631**

Culburra & Districts Community Health Service

Visit the Op Shop and pick up a bargain! Proceeds help maintain the Medical Bus that transfers people to Nowra for medical appointments from Greenwell Point, Culburra Beach, Callala Bay & Beach, Currarong and Myola. Please contact Culburra Pharmacy on **4447 2382** to arrange transport.

If you have good saleable furniture to donate, contact Malcolm on **0429 092 347**

DISCLAIMER

The Publisher, known as Callala Bay Community Association Incorporated, does not accept any responsibility or liability in any way whatsoever with regard to any of the paying advertisers contained in this newsletter. Additionally the views and comments of all reports submitted are the responsibility of the person/organisations submitting same, including those from SCC (Shoalhaven City Council), which are usually copied verbatim from correspondence and are included for your information. The reports do not necessarily reflect the views of the Publisher.



See the change your home loan can make.

Bendigo Connect Home Loan Package.

When you choose a Bendigo Connect Home Loan package, we'll reward you with a big interest rate discount.

And your home loan will add to the \$183 million already given back to help Australian communities thrive.

Drop into your nearest branch at 98 Kinghorne Street, Nowra or phone 4422 7574 to find out more.

Be the change.

🕑 Bendigo Bank

bendigobank.com.au/homeloans

Zero

tablishme

Fees

*Terms and conditions, fees and charges apply. Full details available from www.bendigobank.com.au/homeloans. Credit provided by Bendigo and Adelaide Bank Limited ABN 11 068 049 178 AFSL/Australian Credit Licence 237879. A427923-7 (382346_v1) (5/01/2018)



Happier, healthier pets

South Coast Veterinary Services is your local, independent and exclusive veterinary care provider.

Our complete range of in-home and mobile pet services take the stress out of trips to the vet ... for happier, healthier pets.

SCVS South Coast Veterinary Services

Book a visit, manage prescriptions and pay online. Get in touch for more details.

Dr. Glynis Kuipers 0412 319 110 office@southcoastvet.com.au www.southcoastvet.com.au