

Callala Bay NEWS

September 2025

Issue 143-2025

Monthly Magazine from the Callala Bay Community Association Incorporated



The Callala Bay NEWS *proudly supports your local community
by helping to fund projects that benefit all residents.*

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Contact: editor.cbcanews@gmail.com



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www.callalafirstnational.com.au

CALLALA BAY NEWS

*A monthly newsletter of the
Callala Bay Community Association Inc.*
ABN: 68 031 980 561
www.callalabaycommunityassociation.com
Email: admin@callalabaycommunityassociation.com
PO Box 14 Callala Bay 2540

CBCA Inc COMMITTEE

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Vice President

Vacant

Treasurer

Julie Morris

Secretary

Fiona Ellis

Minutes Secretary

Kim Proctor & Tanya Coli

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Jacinta Flattery-O'Brien

Gary Chapman OAM

Rob Barell

Fiona Ellis

Merry Dickins

Morris Dickins

Public Officer/CB News Editor

James Morris

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Note from the Editor:

The CBnews proudly supports our community, consider subscribing for a small yearly fee.

Please contact us with any local issues or concerns with the intention of having it published.

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**CULBURRA BEACH &
DISTRICTS MEN'S SHED**

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Culburra Beach & Districts Men's Shed

As the warmer months approach, many of you will be dreading the return of our local mosquitos.

Aerogard and other repellents are standard issue for local outdoor areas, along with various candles and other aromatic deterrents. Backyard electronic “moszie zappers” are effective but, of course, kill other nocturnal insects like moths, as well as mosquitos.

There's another, more natural solution.

We have 3 endemic species of microbats. These tiny guys, about the size of a 50-cent piece, can consume more than 500 mosquitos each every night. They also feed on moths and other nocturnal insects. Unlike their larger relations like fruit bats (or flying foxes), they are virtually disease free, make little mess when roosting, do not attack fruit and foliage and are seldom seen or heard.

In the wild, microbats sleep and breed in very

narrow cavities or under the loose bark of our native trees. Like many of our native mammals, they have been affected by habitat loss due to increased urbanisation and agriculture.

Some of you may have already encountered microbats about your home. It is not uncommon for them to roost in wall cavities or roof spaces if they can gain access. They also known to occupy folded shade umbrellas or tarpaulin covers in sheds and garages. Their needs are simple: a narrow access to deter predators, a dark dry place to roost, and a clear access path for their echo location.

You can encourage microbats into your backyard, with all the attendant benefits, by installing one or more “microbat flats”. These small nest boxes emulate the microbat's natural habitat and provide a safe alternative in your local environment.

Our Men's Shed makes a range of microbat nest boxes, suitable for any garden. They are easy to install as they don't need to be located particularly high up. They can be placed almost

anywhere if a clear entry/exit path is available (for the microbat's echo location).

Please think about installing a microbat nestbox (or 2) in your garden today. You will not only be providing much needed habitat for local wildlife but participating in natural pest control.

Our "Fix it Mondays", where we undertake minor repairs and refurbishments for local residents, continue to be well patronised. Bring in that broken chair, garden ornament or family heirloom and we'll endeavour to bring it back to life. Our welding bay is also always ready to assist with repairs to metal and steel items. See the latest restoration project below.



Follow us on Facebook or join our Facebook group to stay up to date with news and events. You can contact us through Facebook, via email to CBDMS1@outlook.com or by phone on 0494 055329.

No matter how much you push the envelope, it will be stationery



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Email: johntylor@multicitymedical.org

CBCA Meeting Notes

A small but vocal group met for the first meeting after our winter hibernation on 13 Aug 25. Unfortunately, there were no councillors in attendance to give an update on some of our representations. Council has been sent a letter, expressing the CBCA concern over the decisions made by Council at the Ordinary Meeting held on 10 June regarding the Halloran Trust land, Sealark Holdings DA at Sealark Place and local character assessments for towns and villages in the Shoalhaven. A separate letter was also sent to the NSW State Planning Authority regarding opposing the reduction of feedback time available for communities from 30 to 14 days, while Liza Butler, our State Member, was asked about the Fire Resilience of Callala Bay, identification of a Neighbourhood Safe Place and the concerns about providing fire survival and escape for the additional number of residents in the proposed Sealark Development in Emmett Street, west of Stott Street.

Halloran Trust

The CBCA is seeking a meeting with Halloran Trust representatives to initiate ongoing dialogue about the development bordering Emmett St and Callala Bay Road. The CBCA is seeking regular updates which we can provide to community members on the progress of the development, provide an ongoing positive dialogue between the developer and the community, regular updates on the development and to build a relationship where any community concerns can be quickly addressed.

CBCA Committee:

The CBCA Committee has received a resignation from Cat Holloway due to increasing work pressures. The CBCA Committee members are:

President: Scott Horsburgh

Vice President: Vacant

Treasurer: Julie Morris

Secretary: Fiona Ellis

Minute Secretaries:

Kim Proctor

Tanya Coli

Committee Members:

Jacinta Flattery-O'Brien

Gary Chapman OAM

Rob Barrel

Merry Dickins

Morris Dickins

Public Officer: James Morris

Wowly Creek toilet block update

Unfortunately, there is no good news. A 14-page report has been provided by Council and is available online inclusive of costings. At the Council meeting held 12 Aug 25, the issue of establishing a toilet block was discussed. Council indicated that a toilet block would cost approximately \$700K and CBCA was advised to progress a pod toilet option to the Council projects list (under \$200K).

The next CBCA meeting will be held on Wed 10 Sep 25, at the Callala Community Centre, commencing at 7:00pm.



Callala Before and Afternoon Care for
school-aged children by qualified and
caring staff.

For information please call Katie-

0419917793 or 0427976669

email: callalaooshbykatie@gmail.com

Come & Try Day – Paddle Into Something New!

Whether you're a seasoned paddler or just curious about what it's like to glide across the water in an outrigger canoe, Come & Try Day is your perfect chance to jump in and give it a go! Join us at Jervis Bay Outrigger Canoe Club on 28 September for a fun, relaxed morning on the water. We'll provide all the gear, guidance, and good vibes—you just bring your enthusiasm (and maybe a friend or two!). No experience needed!

Our friendly crew will be on hand to show you the ropes, answer questions, and share what makes paddling in Jervis Bay so special. It's a great way to meet new people, enjoy the outdoors, and discover a sport that's as social as it is scenic.

So if you've ever thought "I'd love to try that," now's the time. Come along, have a paddle, and see why we love it so much.



Location: Jervis Bay Sailing Club,
Boorawine Tce Callala Bay



Time: 8am to 10am



Please register via QR code

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Callala Gallery

15 Callala Beach Road Callala Beach

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www.artclassesnowra.com

Callala Gallery on Facebook

COME & TRY

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SUNDAY Sept 28

8am - 10am



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people pleaser, if
everyone is happy
with that**

FIONA PHILLIPS MP

FEDERAL MEMBER FOR GILMORE

ON YOUR SIDE

As a Callala Beach local, I'm proud to be your local voice and delivering for our community.

If you need any assistance, would like a Seniors Kit, or would like a special birthday or anniversary message, contact my office today.

I'm on your side.



**Scan the
QR code to
keep in touch**

- 📞 4423 1782
- ✉️ Fiona.Phillips.MP@aph.gov.au
- 📍 3/59 Junction St, Nowra NSW 2541
1/6-8 Orient St, Batemans Bay NSW 2536
- 🌐 FionaPhillips.com.au

AUTHORISED BY FIONA PHILLIPS MP, ALP, 3/59 JUNCTION ST, NOWRA NSW 2541



ANGLICAN CHURCHES of Culburra Beach | Callala | Currarong

Callala Church Service - 5pm Sunday
All Welcome | 4:30 pm for afternoon tea
St Marks, 2 Hunter Street, Callala Bay



Please contact us for more
information or visit our web site.

p: 02 4447 3277

e: office@culburraanglican.asn.au

www.culburraanglican.asn.au

Growth Group Bible Studies
Contact us for times and locations

Caterpillar's Playgroup
9:30am Friday @ Culburra Beach Anglican

289youth
Friday Nights @ Culburra Beach Anglican



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The Shed by the Lake

Location: Old Scout Hall Cnr West Crest & Wollumboola Lane

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You are invited to join the Longest Established Men's Shed in Culburra, learn new skills and bring your own, come and enjoy the company of our friendly members and participate in a variety of activities

We are open 8:30am - 12:30pm Tuesday, Wednesday & Thursday

All enquiries: 0498 023 781

www.culburrabeachmensshed.org.au

Facebook: Culburra Beach Orient point Men's Shed <https://www.facebook.com/cbopmshed>



CLUB HOURS

Mo: 12:00PM - 7:00PM
Tu: 12:00PM - 9:00PM
We: 12:00PM - 9:00PM
Th: 10:00AM - 10:30PM
Fr: 10:00AM - 10:30PM
Sa: 10:00AM - 10:30PM
Su: 10:00AM - 9:00PM

43 Callala Beach Road, Callala Beach
02 4446 5313 clubcallala.com.au
generalmanager@clubcallala.com.au



for information & bookings, call us on
 02 4446 5313 (option 2) or contact
 callalagolf@bigpond.com
 open every day pending weather

CLUB CALLALA SPORT ACTIVITIES

MONDAY:

Indoor Bowls - from 12:00PM

TUESDAY:

Veterans Golf - from 7:30AM to 1:00PM
 Social Darts from 5:00PM

WEDNESDAY:

Callala Mixed Social Bowls - from 12:00PM
 Ladies' Golf - from 8:30AM to 1:00PM

FRIDAY:

Fitness Class - from 10:30AM

SATURDAY

Mixed Golf Comp - from 7:30AM to 1:00PM

EVERY DAY

Barefoot Bowls \$15 per person,
 includes equipment hire
 kids aged 12 & under play for **free!**

RAFFLE ROSTER

THURSDAY

Bowls Raffle - tickets sold from 6:00PM
 Bowls Schooner Draw - from 7:45PM

FRIDAY

Mega 50 Meat Tray Raffle -
 tickets sold from 6:00PM, drawn 7:00PM

SATURDAY

Fisho's Raffle -
 tickets sold from 12:00PM to 1:30PM

LAST SATURDAY OF EACH MONTH

Meat Tray Raffle -
 tickets sold from 6:30PM, drawn 7:00PM

SUNDAY

Sunday Raffle - tickets sold from 4:30PM

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Dinner Service:

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5:00PM ONWARD
 Monday (Pizzas Only)
5:00PM - 7:00PM

\$15 LUNCH SPECIALS - EVERY DAY! -

DINNER SPECIALS

TUESDAY \$25 Rump Steak Night

WEDNESDAY \$20 Chicken Schnitzel Night

THURSDAY \$22 Pizza Night

SATURDAY \$17 Club Beef Burger Lunch Special

SUNDAY Roast \$22 Lunch & Dinner

- ALL WEEKLY SPECIALS DINE-IN ONLY -

OTHER WEEKLY EVENTS

TUESDAY

Trivia starting 6:30PM

THURSDAY

Bingo from 11:00AM
 Happy Hour from 5:00PM - 7:00PM
 Pool Comp - rego from 6:30PM, starts 7:00PM
 Member's Badge Draw 7:30PM

SATURDAY

Live Entertainment Every Week

LAST SATURDAY OF MONTH

Second Chance Draw & Members Badge Draw

SUNDAY

Fisho's Weigh-In on the fourth Sunday of the
 month from 2:00PM
 Member's Badge Draw 6:00PM

Callala RSL Country Fishing Club



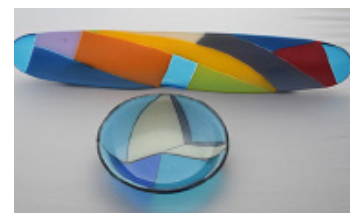
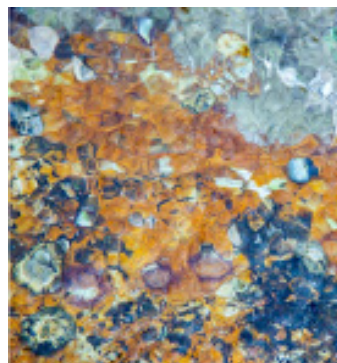
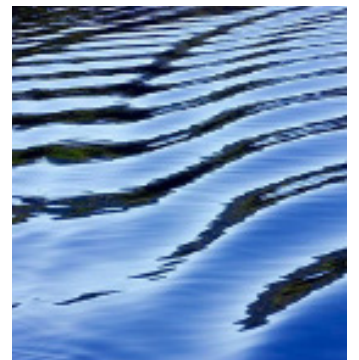
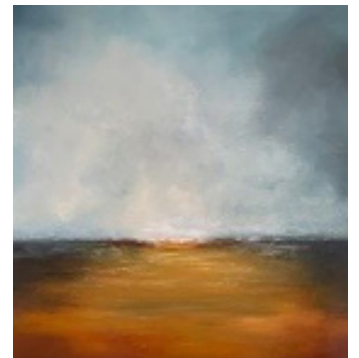
Callala Beach Road, Callala Beach 2540



CURRARONG ART TRAIL

currarongarttrail.com.au

first Saturday of every month
10am - 2pm



Emergency Phone Contacts

Situation/Service	Phone Number	Website
Injury or Health Crisis	000	ambulance.nsw.gov.au
Motor Vehicle Accident	000	police.nsw.gov.au
Police	000	police.nsw.gov.au
Police – Non Emergencies	131 444	police.nsw.gov.au
Police Crime Stoppers	1800 333 000	police.nsw.gov.au
Household Fire / Hazmat	000	fire.nsw.gov.au
Bushfire	000	rfs.nsw.gov.au
Shoalhaven RFS District Office	4424 4424	rfs.nsw.gov.au
Bushfire Survival Plan	-	rfs.nsw.gov.au
Bush Fire Information Line	1800 679 737	-
Flood, Storm and weather warnings	-	bom.nsw.gov.au
Storm / Flood	132 500	ses.nsw.gov.au
Power Outages	131 003	endeavourenergy.com.au
Main Road Closures	132 701	livetraffic.com
Local Road Closures	1300 293 111	shoalhaven.nsw.gov.au
Shoalhaven City Council	1300 293 111	shoalhaven.nsw.gov.au
Shoalhaven Hospital	4423 9500	-
Milton Hospital	4454 9100	-

If you are **deaf** or have a **speech** or **hearing impairment** dial **106** for the Text Emergency Relay Service

Useful Apps & Websites

Visitors to the area can download the following free mobile apps to stay informed of the latest advice and information in the event of an emergency.

Emergency+ App

The Emergency+ app is a free app developed by Australia's emergency services, Government and industry partners.

The app uses GPS functionality built into smart phones to help a Triple Zero (000) caller provide critical location details required to mobilise emergency services.



emergencyapp.triplezero.gov.au

Other Helpful Apps & Websites



Fires Near Me NSW



Floods Near Me



Weather Zone



COVID Safe



BOM



Marine Rescue



Live Traffic



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DISASTER DASHBOARDS



shoalhaven.disasterdashboards.com/get-ready/overview



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WHAT'S GROWING

Barry constructed new raised rhubarb beds in the fruit tree area, and some plants were divided and transplanted as perennials into Bed 19 at the back of the garden. The rhubarb previously struggled with poor drainage and compaction, resulting in weak stems and struggling leaves. Now they are planted with plenty of manure, fresh soil, compost and a dose of natural phosphorus. The leaves are already responding, and we look forward to healthier, thicker stems. Organic phosphorus is great for strengthening plant roots.

Potatoes are coming

Our potatoes are powering on, putting on plenty of leaves, hopefully to give us a bumper crop this year. While we couldn't source kipfler potatoes earlier, we look forward to harvesting Dutch Creams and Nicola varieties first, then Kipflers growing in C4.



Asian greens, cabbages, propagation

These dark green bok choy are also growing well and can be harvested as full plants, or just by picking their leaves. With their dark green, glossy leaves, they must be the nutritional equivalent of silverbeet.

The red cabbages took more time than the green minis, but they are about to reward us and we have some to sell at market day, and members will be able to enjoy some at home.

Propagation goes along nicely with thanks to Doris and Christine and forms a significant part of our fundraising. Hydrangea cuttings are showing their buds; Elderberry Black Lace are also shooting after being potted back on May 1st. There are also frangipanis coming along which are popular with our visitors.

Cauliflowers

Growing them always has great expectations. Some healthy small Snowball heads were harvested from a boat garden for Market Day on July 12 and also enjoyed by some members. (Photo CauliSnowball). In Bed 15, as small heads were appearing, our larger cauliflowers were wrapped with their own leaves and tied up to shield them from sun. However, when unfurled on 3rd August, we discovered 'buttoning' of the head. This happens when heads spread out into several separate florets rather than one dense mass. Longer, slimmer stems develop which support the small floret heads. The causes of this can be many and we will be mindful of this next year.



Broccoli

Our broccoli is producing a modest number of heads. They are now shooting delicious smaller florets from the remaining stems – it's important to check the plants for further delicious floret growth.

WHAT'S ON - SEPTEMBER

Regular mornings Tuesdays and Thursdays from 9.00a.m.

General Meeting 6th September and 4th October from 2pm

Working Bee Sundays 7th and 21st September, and 5th and 19th October from 9am

Pick and Prep Fridays 12th September and 10th October from 3pm

Produce Market 13th September and 11th October from 8.00am

Family Fun Fridays 29th August, 26th September and 31st October 9.30 to 11.00a.m

Remember the Date of 1 September



The first week of September 2025 is Legacy Badge week. Legacy is the only organisation in Australia which has historically cared for the dependants of serving military personnel who have died or become seriously ill as a result of their military service, since 1923.

Legacy's origin was borne after WW1, when a group of returned servicemen found that wives and dependants were not considered as part of the aftermath of the 'Great War'. As a result, Legacy grew, starting from the State Capitals to covering much of Australia. In post WW1, the early State Legacy Clubs spent more than 90% of its income caring for war widows and children, the majority of funds being raised through donors and membership drives. In 2025, Legacy spent over \$18M caring for beneficiaries and in Wollongong, to which Nowra belongs, spent over \$250K. Few funds were provided by Government and this remains the case today with Badge Week being Legacy's annual fund drive.

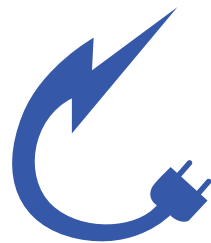
Today there are still over 30,000 Legacy beneficiaries spread across Australia, being cared for by 3000 Legatees. While the number of widows from WW1, Malaysia and Vietnam are reducing, Legacy is seeing widows and children from the East Timor, Iran and Iraq and Afghanistan conflicts. However, the Legatees caring for them are also ageing and their numbers are reducing quickly.

In the Nowra region, there are 223 beneficiaries being cared for by 19 Legatees, and there are 13 children in that mix too. All funds raised in the region through "Tin Hats" and during Badge Week remain in Nowra. It is vital this support is maintained. Please, when you see the Legacy sign around town, please give generously.

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Dr John C Wright B.V.Sc.

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4-6pm Mon, Tue, Thurs

4-5pm Wed, Fri

10am-12pm Sat

CALLALA VETERINARY Consulting Room

22 Emmett Street Callala Bay

1-3pm weekdays by appointment

Please phone: **4447 3851** for appointments, enquiries or after hour calls



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VOLUNTEERS NEEDED

**YOUR TIME IS THE MOST VALUABLE
GIFT YOU CAN GIVE.**

For details of how you can help,
visit www.vinnies.org.au or pop into the shop
for an application pack.

Find us at: **59 Emmett St, Callala Bay**

Opening hours: **Monday to Friday - 8.30am to 4pm,**
Saturdays - 8.30am to 2pm (during summer/peak times only)

We welcome donations of non-bulky items during opening hours. For pickups, please call 4421 7244.

Callala Markets

The August Callala Markets had a good crowd with positive sales. It was a beautiful day, even though the weather predictions stopped a lot of the outside stallholders from attending. A good day was had by all.

Our stall holders offer a range of locally made products, ranging from handmade candles and soaps, wooden plaques and bowls, beautiful handmade pottery and jewellery through to crystals, baby booties and hats, timber craft and nest boxes, designer cards, and soft knitted children's toys. Any profits from stall fees provide the base for our ongoing donations to local community organisations and charities.

So come along and check out the variety available at your local market.

The September Markets will be held on Saturday 13 September from 8am to 1pm at the Callala Community Centre, Emmett Street, Callala Bay. Make the most of the Spring weather and come on down to grab a bargain.

The Callala Community Garden will also be open for visitors on that day. Fresh seasonal produce is always popular, so come on down and check the entire range.



Local knitted craft

We always hope for fine weather, but we'll be there - rain, hail or shine.

Want to join us? Contact Sandra on 0413 581419 for stallholder enquiries.



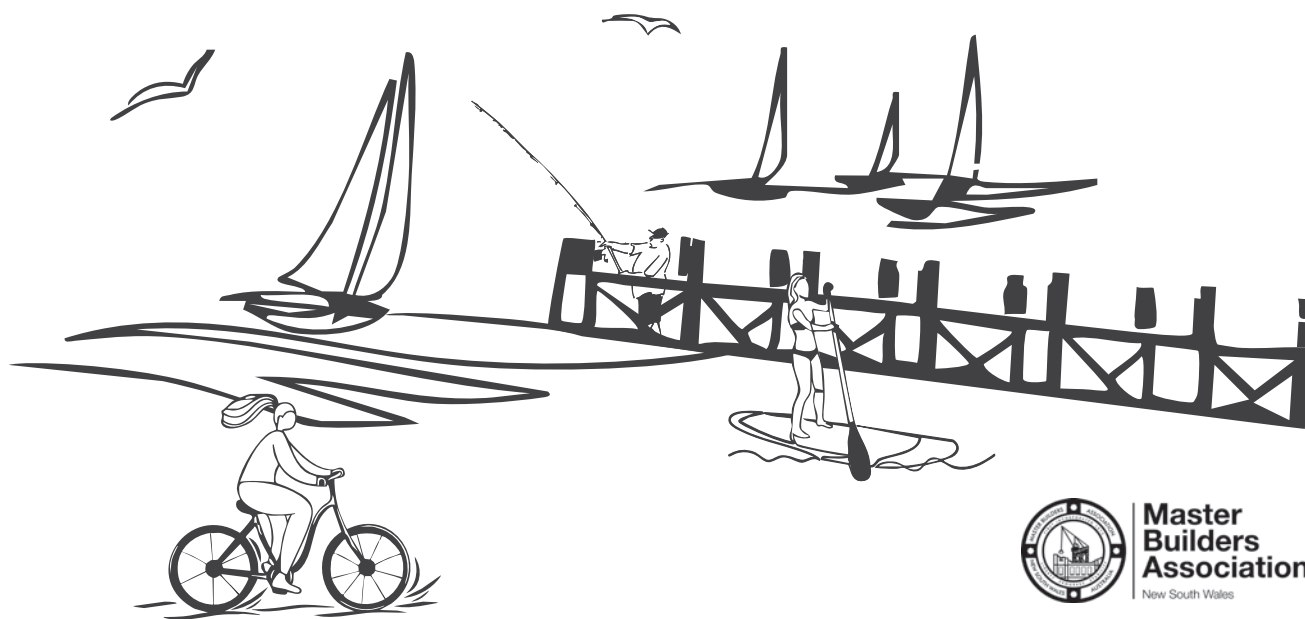
2nd Saturday
EACH MONTH
42 EMMETT ST,
CALLALA BAY
8:00AM - 1:00PM



The promotional graphic features a circular logo on the left with the text 'Callala Markets' in a large, blue, cursive font, and 'Community focus' in a smaller, blue, sans-serif font below it. The logo is set against a background of seashells and sand. To the right of the logo, the event details are listed in bold, blue, sans-serif font. At the bottom right, there are icons for Facebook and Instagram.

THE COVE

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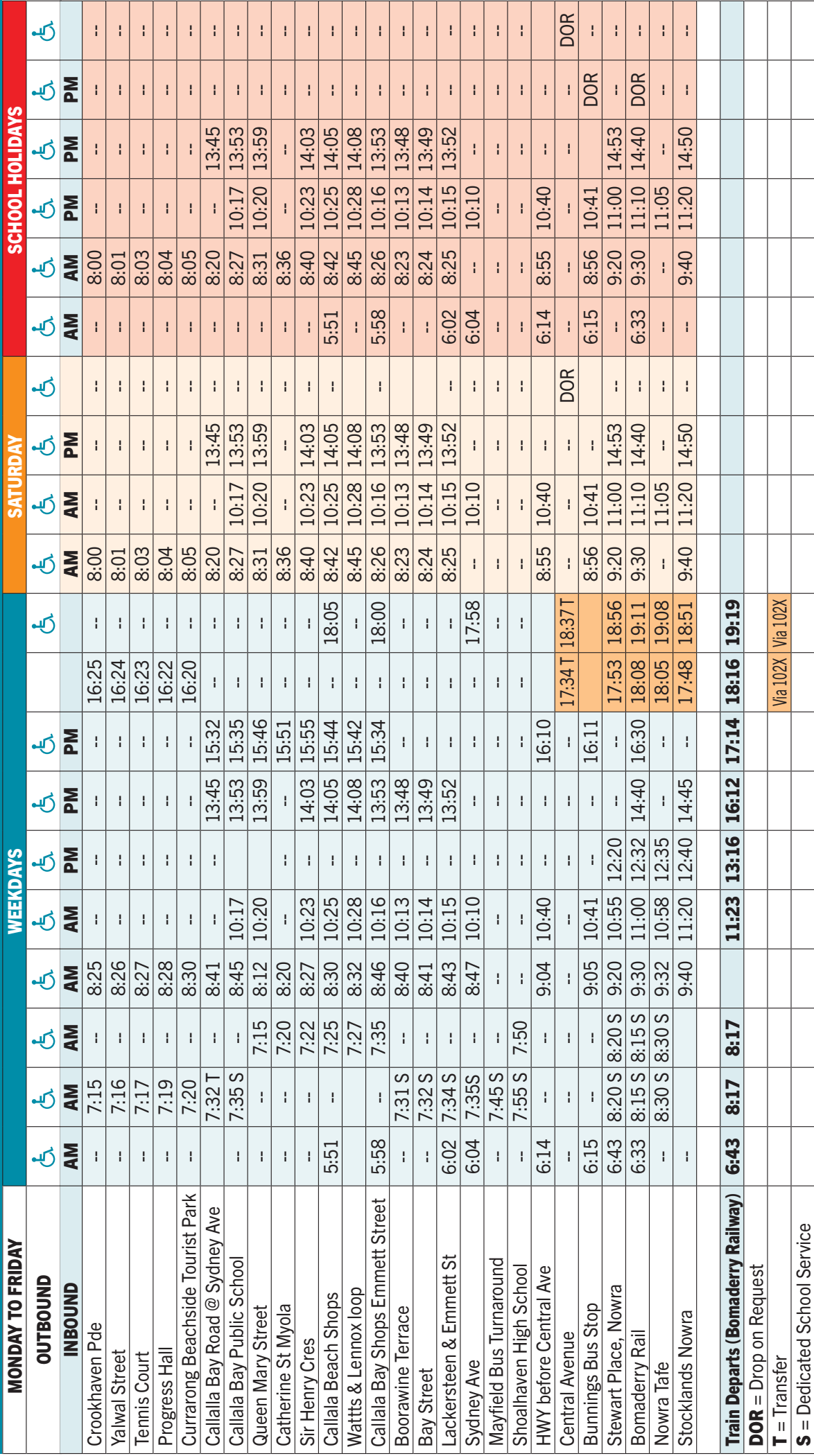
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ROUTE 120 Bomaderry-Nowra to Callala Bay, Callala Beach, Currarong & Myola																									
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LOOK FOR ROUTE NUMBER 120																									
Train Arrives (Bomaderry Rail)																									
BUS DEPARTS																									
Bomaderry Railway	--	6:33	--	--	9:30	12:32	14:40	--	17:17	9:30	12:32	14:40	--	9:30	12:32	14:40	--	9:30	12:32						
Nowra Tafe	--	--	--	--	9:32	12:35	--	15:30 S	--	--	--	--	--	--	--	--	--	--	--						
Stewart Place, Nowra	--	6:43	--	--	9:20	12:20	14:55	--	17:24	9:20	12:20	14:55	--	9:20	12:20	14:55	--	9:20	12:20						
Stocklands Nowra	--	--	--	--	9:40	12:40	14:45	--	17:34	9:40	12:40	14:50	--	9:40	12:40	14:50	--	9:40	12:40						
Shoalhaven High School	--	--	7:55	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--						
St Michaels School	--	--	--	--	--	--	15:00	--	--	--	--	--	--	--	--	--	--	--	--						
HWY opposite Bunnings	--	--	--	--	9:45	12:45	15:10	--	--	9:45	12:45	15:00	--	9:45	12:45	15:00	--	9:45	12:45						
HWY Pearl Service Station	--	--	--	--	9:46	12:46	15:11	--	--	9:46	12:46	15:01	--	9:46	12:46	15:01	--	9:46	12:46						
Mayfield	--	--	--	--	--	--	--	15:45 S	--	--	--	--	--	--	--	--	--	--	--						
Sydney Avenue	--	--	--	--	10:10	DOR	15:32	16:05 S	17:58	10:10	DOR	DOR	--	10:10	DOR	DOR	--	10:10	DOR						
Boorawine Terrace	--	--	--	--	10:13	DOR	--	--	--	10:13	DOR	DOR	--	10:13	DOR	DOR	--	10:13	DOR						
Callala Bay Shops	--	--	--	--	10:16	DOR	15:33	--	18:00	10:16	DOR	15:15	--	10:16	DOR	15:15	--	10:16	DOR						
Callala Bay Public School	--	--	--	--	10:17	DOR	15:34T	16:17 T	--	10:17	DOR	DOR	--	10:17	DOR	DOR	--	10:17	DOR						
Queen Mary Street	--	--	8:12	--	10:20	DOR	15:46	16:31 S	--	10:20	DOR	DOR	--	10:20	DOR	DOR	--	10:20	DOR						
Catherine Street Myola	--	--	8:20	--	--	DOR	15:51	16:35 S	--	--	DOR	DOR	--	--	DOR	DOR	--	--	DOR						
Sir Henry Crescent	--	--	8:27	--	10:23	DOR	15:56	--	--	10:23	DOR	DOR	--	10:23	DOR	DOR	--	10:23	DOR						
Callala Beach Shops	--	--	8:29	--	10:25	DOR	15:44	--	18:05	10:25	DOR	DOR	--	10:25	DOR	DOR	--	10:25	DOR						
Watts & Lennox loop			8:32		10:28	DOR	15:42	--	--	10:28	DOR	DOR		10:28	DOR	DOR		10:28	DOR						
Callala Bay Shops	--		8:45		--	DOR	--	--	--	--	DOR	DOR	--	--	DOR	DOR	--	--	DOR						
Fishery Rd @ Merimbula St Currarong	--	7:12	--	8:23	--	DOR	15:56	16:26	--	--	DOR	DOR	--	--	DOR	DOR	--	--	DOR						
Crookhaven Pde @ Piscator Ave	--	7:15	--	8:25	--	DOR	16:00	16:25	--	--	DOR	DOR	--	--	DOR	DOR	--	--	DOR						



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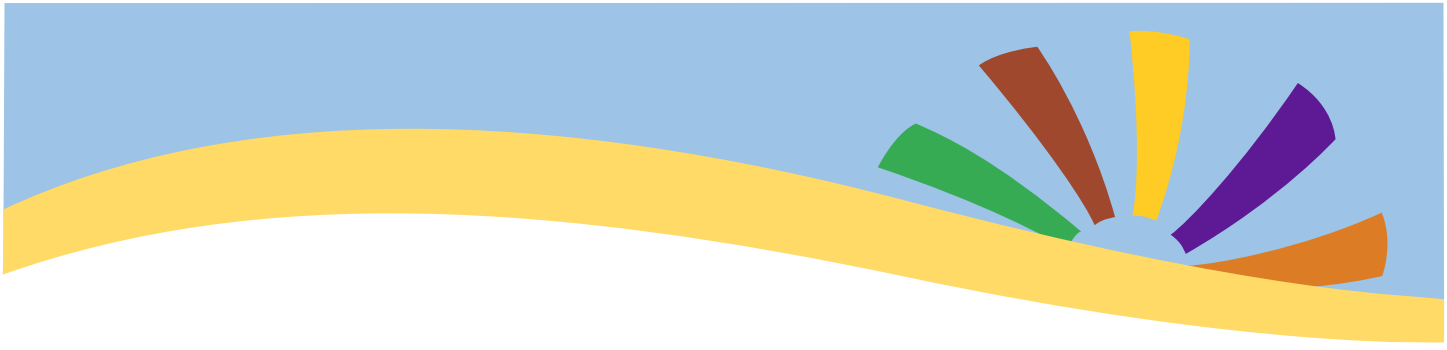
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Tennis @ Callala Bay



Fancy a hit?

Located here in Callala Bay, the courts are attached to, and managed by the Callala Bay Progress Hall. They are located at the corner of Wearne and Morton St.

Bring your own rackets and balls!

Ring 444 64 313 to book

Available for casual and regular bookings.

Lessons—call Daisy on 049 053 7551

Callala Shared User Path Network and Callala Beach Road Rehabilitation

Council has designed a Shared User Path (SUP) and road rehabilitation for Callala and Callala Beach Road.



The latest

Concept design for the shared user paths in Callala Beach and Callala Bay is now completed. The concept designs included cost estimates for the detailed design and site investigations for the construction phase. Council are using the concept packages to apply for funding for the next phases of the projects. Each section of path will be treated as a separate component once funding is secured.

About the project

Following community consultation, Council has finalised the concept design for the Shared User Paths (SUPs) and road rehabilitation concept design for Callala and Callala Beach Road. The overall project is split into multiple stages to enable a staged delivery.

The Round the Bay Walking Track is the scenic shared pathway between Callala Bay and Vincentia providing a picturesque journey to explore and discover the beauty of Jervis Bay. Council's shared path network aims to encourage pedestrian and cycling activities and support active lifestyle opportunities. The Round the Bay Walking Track is being constructed in many stages and Council is now progressing designs for future stages of the path. The stages being designed fill an existing gap between Callala Beach Road and Griffin

Street in Callala Beach. It includes a beachside path along Greenway Road to Lennox Road, and a path along Lennox Road to link up with the existing path along Griffin Street.

Initial investigations have also begun in planning for an extension of the shared path along Quay Road to link up with the existing path on Myola Road.

In addition to the Round the Bay Walking Track extension, Council is proposing to provide a Shared User Path from the existing carpark at the intersection of Callala Beach Road and Greenway Road to Callala Public School in Callala Bay, establishing a second pathway connection between these two townships. The project also includes the extension of the path network along Sheaffe Street, from the existing path infrastructure at Lackersteen Street to the cul-de-sac. Once completed, this path will provide a valuable direct link between Callala Beach and the Callala Bay shops.

Shared User Path and Crossing Locations:

- Callala Beach Road – from Greenway Road to Emmett Street.
- Emmett Street – from Callala Beach Road to the existing path infrastructure at Callala Public School.
- Emmett Street – pedestrian crossing across from Callala Bay Shops.
- Greenway Road – from Callala Beach Road to Lennox Road.
- Lennox Road – from Greenway Road to existing path infrastructure at Griffin Street
- Sheaffe Street – from Lackersteen Street to the cul-de-sac.

Road Rehabilitation:

Callala Beach Road is proposed to be upgraded between Roskell Road and Emmett Street. Works along Callala Beach Road involve road widening, providing shoulders and clearance requirements to road-side obstacles. The upgrade will improve the road condition and safety for all road users whilst providing an off-road SUP along the road.

Thinking of having a function or meeting . . .



Why not have a look at the Callala Community Centre?

There is table seating for 110 with crockery and cutlery and a modern kitchen.

The centre is airconditioned and has state-of-the art audio visual capability for presentations, training and other entertainment included as part of the hire fee.

Car-parking is adjacent to the Centre and the Callala shops are opposite the Centre.

The Centre has grass surrounds, giving you the option of outdoor training as well as indoor.

If you have an exercise or social group or are looking for a place to hold your next celebration, call Cynthia on **0412 121 737** for enquiries. You can also look for us on **Facebook**

FREE

Pre-Loved Clothing & Book Stall

First Saturday of the Month
at the

Callala Community Centre

9.30am to 12.00 NOON

Clothes in good condition can be dropped off at the stall (on the day only). If clothing can be delivered by 10am; this will allow them to be displayed.

Sponsored by the Anglican Church, Callala



Tai Chi & Qigong for Health

Callala Beach Community Centre

Tuesdays 11:30am

To Book contact:

Joanne

0416 271 408

- *Feel the flow of vitality* -

Social Tennis at Callala Beach

A few of us meet regularly on Sunday mornings for tennis. While there is only one court at Callala Beach - we usually start with a warm up 30 mins of 'server off' doubles - followed by partnering up for doubles rounds for the next hour. Then finish up with a final 'server off' 30 minutes.

The group of players are mostly good competitive players but are friendly and welcoming of all comers.

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Robert Rose

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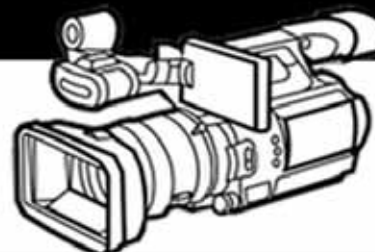
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NO NEED TO BOOK - JUST TURN UP

Defibrillators in Callala Bay

There is a number of defibrillators in Callala Bay.



They are located at:

- Club Callala
- Club Callala
- IGA Supermarket
- Jervis Bay Sailing Club
- Callala Community School
- Callala Medical Centre
- Callala Community Centre
- Callala Rural Fire Brigade
- Myola Tourist Park

If you know the location of others, could you please contact Merry on 0439 809 088.



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75 Boorawine St, Callala Bay

Regular Community Users

Craft Group: Tuesday (10am)
Friends of Dance: Tuesday (2:30 pm)
Yoga: Thursday (9am)
Advanced Tai Chi: Saturday (8am)
Pickleball (Wed and Thursday afternoons)

Maree ph 0408 250 443
Ann ph 0418 477828
Anna ph 0405 102 234
Jenny ph 04477 43179
Blair ph 0433 926 659

Tennis Lessons: Thursday After School Daisy 0490 537 551

<https://callalabayprogresshall.weebly.com/>



WELCOME to the Callala Community Centre, conveniently located opposite the shops in Emmett St, Callala Bay.

We are one part of the Shoalhaven Community Information Network (SCIN). Our technology has been upgraded to include solar panels, a storage battery, and satellite communications to provide an independent, continuous, communication solution with the Nowra Emergency Centre.

The information can be seen on the screens located at the Centre.

An audio-visual system has been installed in the Centre offering flexible and comprehensive facilities, including;

- **blue tooth; computer connectivity; the ability to operate DVDs and CDs and play personal audio-visual files from a USB drive or SD memory card.**

If you want to have a wedding; memorial service; business conference; group gathering or family reunions the Callala Community Centre is well worth considering.

Our facilities include

- **A well-equipped kitchen; air conditioning; raised stage and off-street parking, and**
- **Crockery, cutlery and glasses and seating for up to 120 people**

**For all hiring enquiries contact Cynthia on 0412 121 737
or email cynirwin974@gmail.com**

Follow us on Facebook at Callala Community Centre.



Callala Public School Parents & Citizens Association Inc.
Emmett Street, Callala Bay, NSW, 2540
callalapandc@gmail.com

Callala Public School P & C Canteen Volunteers Needed

Callala Public School's canteen is operated by the P&C with all profits invested back into the school.

It is a purely volunteer run canteen, with Dan Applebee being our manager who looks after the daily running of the canteen along with the help of other volunteers.

At the present time we only have one other volunteer. In order to keep the canteen operational we need more volunteers. If you have time to spare 9am - 12, be it once a week, fortnightly, monthly or even once a term we would love your help.

Duties include preparation, heating and serving of lunch orders, assisting with window sales at 1st break and some light cleaning.

To volunteer in the canteen you are legally required to complete the following:

Working With Children check, which is obtained through Services NSW. It's free as you are a volunteer.

<https://www.service.nsw.gov.au/transaction/apply-for-a-working-with-children-check>

Food Handler Basic Training online through NSW Food Authority

<https://www.foodauthority.nsw.gov.au/training/food-handler-basics-training>

Can you help us? It's only 3 hours and 15 minutes. For more information or assistance in completing the online forms please contact the school office on 44464352 and one of our P & C representatives will contact you, or email us at callalapanc@gmail.com

We look forward to meeting you.

Morris' Great Big Murray River Adventure

Local Callala Bay resident, Morris Dickins, has recently returned from a three -month trip, kayaking from the start at Bringenbrong Bridge near Corryriong to the finish of the Murray River past Goolwa, South Australia.

What an amazing achievement. I had a chat with Morris when he returned to Callala Bay. Here's a brief look at the adventure.

First some statistics:

The Murray is 2580 kms long. There is a variable current in the river going downstream, varying between 5-8 k/hr which assists, although there are lakes which have to be crossed with no current. There are about 10 weirs to be negotiated and some parts where all the equipment needed to be portaged- Hume Weir and Yarrawonga.

Paddling conditions were generally good, although temperatures ranged from 40c to -3c. Ice inside the tent was no fun! Wind caused some delays as well. The journey took 92 days in total, with 72 days of paddling around 40kms per day. Rest days happened every six days, with a longer break at Easter when the river was very busy. All up, the adventurers paddled 2280kms.

Morris had limited kayaking experience before leaving. But his brother, Brenton, had been planning to do the trip by himself for many years. When Brenton decided that 2025 was the year, Morris asked if he could join him for a week or two from the start. The rest of the story just followed. Morris was enjoying it so much he kept going. It meant that he could have an adventure and more importantly, spend quality time with his brother. They live a long way apart since Morris' move from Mt Gambier to Callala Bay. This proved to be a very special time for the brothers.

I asked Morris what he thought about as he paddled. He said 'not much'. He felt like had stepped off the planet as they were out of

service much of the time so it was all about the river and what was happening there. Morris found it a very 'meditative' experience. Both men kept a journal, but days blurred into each other, so sometimes it was hard to remember what had happened the previous day. The beauty of the river, its reflections, sunsets and sunrises, the birds and the flora were incredible. The time spent with his brother -paddling, talking, setting up camp, looking at the stars -all made for a wonderful experience.



Overall, Morris didn't find the experience too difficult. He said 'we solved problems as we went', such as when Brenton holed his kayak (it's amazing what some Corryong Gorilla tape can do) and when Morris got stuck on a rock and was flipped into the river. The biggest issue was trying to find a river-side campsite around the end of a day of paddling and having time to set up camp before dark. On some days friends or family met them on the river with a warm meal and a comfy bed in a camper. Bliss according to Morris.

They didn't see many people on the river, although they did hear about others doing the same trip as them. They didn't see people for eight days in a row in one section, and very few people on the banks. Towards the end of trip, Morris and Brenton were physically worn out and had a couple of days where one or the other found it difficult to get going! Both lost a lot of weight but developed great muscles!

They each carried all their supplies in their kayaks-including 14 litres of water, dried

food such as couscous and rice, oats, nuts and dried fruit, eggs and fresh vegetables such as carrots and zucchini when available. If a campsite was near a town, they would walk in to get supplies. This is in addition to the tents, sleeping gear and some clothes that they also had to take. At the end of the trip Morris threw away the clothes he had been wearing as they could not be salvaged!



Morris highlighted the importance of having access to useful information from others who have done the trip-the most helpful

being a F/B group called Murray River Expeditioners. Brenton's detailed planning was brilliant, according to Morris.

Morris also made the point that with the closure of the 3G telephone network, many lock masters could not be contacted in advance to tell them that the paddlers would need to get through. So, Morris and Brenton would need to pull to the side of the river and go in search of the lock master, through the bush and up steep banks. Just another complexity to be overcome.

Morris found the entire journey a wonderful experience, particularly as he got to share it with his brother. He told me, "My priorities have been clarified" and life has taken on a different hue. He is now focussing on family and looking for a new challenge.

The photos say it all!

From the Doctor

Let's Talk About Menopause – It's More Than Just Hot Flushes

Menopause is a natural transition — but it doesn't have to be a silent struggle. Many women experience symptoms like mood changes, sleep disturbances, weight gain, joint aches, brain fog, and fatigue, which can impact daily life.

Proper assessment and individualised management can make a big difference — whether that's hormone therapy, lifestyle support, or simply having someone who listens.

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CULBURRA & DISTRICTS COMMUNITY HEALTH SERVICES Inc.



Hello EVERYONE,

We would like to tell you a little about our Culburra & Districts Community Health Services Inc.

We are a Not-for-Profit organisation and was incorporated (CDCHS) on 8th March 1988.

We have a great Medical Bus service for you to avail yourselves of if needed, runs Monday-Friday (no Public Holidays). If you have a Medical appointment (only) either locally or into Nowra and you would like transport, please phone:

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187 PRINCE EDWARD AVE
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02 4447 2382

All you need to do is supply your details –

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The Chemist shall put your details onto the Medical Bus run sheet for that day.

We cover the areas of: Currarong, Callala Bay, Callala Beach, Myola, Orient Point, Culburra Beach, Pyree, and Greenwell Point.

A small donation is always welcome as this along with our Op Shop helps to keep this fabulous community service running.

If you would like to be a volunteer Bus Driver (no special licence is required) or Op Shop Gem, please contact:

Contact: Neil Watson (Bus Drivers) 02 4447 4713
or
Pat Porter (op Shop) 0408 019 930.



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Nowra Police Local Area

Command: **4421 9699**

Crime Stoppers: **1800 333 000**

(anonymous reporting)

Police Assistance Line: **131 444**

(non emergencies)

State Emergency Service: **132 500**

Jervis Bay Marine Park: **4441 7752**

Callala Medical Centre: **4446 5350**

Shoalhaven Hospital: **4423 9500**

Milton Hospital: **4454 9100**

Shoalhaven City Council

General enquiries, business hours: **4429 3111**

Emergencies & after hours: **1300 293 111**

Justices of the Peace

Howard Duncan: **4446 6535**

Dallas McMaugh: **0400 189 875**

Culburra Beach & District Garden Club

We meet every 3rd Saturday of month

Feb-Nov at 1.30pm

Venue: Culburra Anglican Church
Penguin Head Rd, Culburra Beach.

For more details contact

Doris Carpenter: **4446 5631**

**Culburra & Districts Community
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Culburra Beach & Districts Men's Shed

Location: Beside the Banksia Community
Hall, off Fred Evans Lane, Culburra
Beach (IRT entry).

Open: 8.30am to 1.00pm, Monday and
Wednesday.

All enquiries: Phone **0494 055 329** or
email **CBDMS1@outlook.com**

**Culburra Beach Orient Point Men's
Shed Inc.**

Location: Old Scout Hall Cnr West Crest
& Wollumboola Lane

Open 8:30am - 12:30pm Tuesday,
Wednesday and Thursday

All enquiries:

Phone 0498023781 or email
cbopmshed@gmail.com

www.culburrabeachmensshed.org.au

FACEBOOK: Culburra Beach Orient Point
Men's Shed

www.facebook.com/cbopmshed

Callala Community Garden

52 Emmett Street Callala Bay
Opposite The Shops

Victoria Maudson: **0424 590 105**

email: callalacommunitygarden@gmail.com

 /groups/CallalaCommunityGarden

Drop In's welcome

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Vanessa Middleton

Licenced Real Estate Agent

0492 945 367

vanessa.middleton@ljhooker.com.au

nowra.ljhooker.com.au



Vanessa is a well known face in our community, a **local of Callala for 28 years** and working locally in real estate for the past **17 years** with extensive knowledge and insight into the local market. Her dedication to customer service, innovation, honesty and openness have been the cornerstones of Vanessa's record of success over many years. Known for her friendliness, understanding, enthusiasm & strong negotiation skills.

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