

# Callala Bay NEWS

June 2024

Issue 128-2024

*Monthly Magazine from the Callala Bay Community Association Incorporated*



**The Callala Bay NEWS** *proudly supports your local community  
by helping to fund projects that benefit all residents.*

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# CALLALA BAY NEWS

*A monthly newsletter of the  
Callala Bay Community Association Inc.*  
ABN: 68 031 980 561  
[www.callalabaycommunityassociation.com](http://www.callalabaycommunityassociation.com)  
Email: [admin@callalabaycommunityassociation.com](mailto:admin@callalabaycommunityassociation.com)  
PO Box 14 Callala Bay 2540

## CBCA Inc COMMITTEE

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### Vice President

Scott Horsburgh

### Treasurer

Julie Morris

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Jacqueline York

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*Position Vacant*

### Minutes Secretary

Merry Dickins

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Gary Chapman OAM

Sue Chapman

Melinda Listing

Kate Hartnett

Robert Hartnett

Sharron Horsburgh

### Public Officer/CB News Editor

James Morris

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## Note from the Editor:

The CBnews proudly supports our community, consider subscribing for a small yearly fee.

Please contact us with any local issues or concerns with the intention of having it published.



**CALLALA BAY**  
FAMILY BUTCHER

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**Ph: 4446 6544**  
18/55 Emmett Street  
Callala Bay 2540  
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DISTRICTS MEN'S SHED**

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## **Culburra Beach & Districts Men's Shed**

Unfortunately, we had to cancel our planned Open Day on 5 May due to local flooding. The heavy rain for some days beforehand created a situation where it was almost impossible to safely access the Shed. We hope to conduct the Open Day later in the year when we can enjoy a slightly drier environment.

Similarly, we were unable to attend the Callala Markets on 11 May as they were cancelled due to the same prolonged rainy spell.

Our "Fix it Monday" program on the first Monday of each month continues to successfully undertake minor repairs and small projects for local residents. Bring in that broken chair or family heirloom and we'll endeavour to bring it back to life.

The Shed is open from 8.30am to 1.00pm on Mondays and Fridays for door sales and membership enquiries. Come in for a coffee and check out our display room, workshop, and equipment. New members and visitors are always welcome – there's something for everyone.

We'll be at the Callala Markets on Saturday 8 June. Come down and check out our range of timber craft and nestboxes for your backyard buddies. Or just call in for a chat.

Follow us on Facebook or join our Facebook group to stay up to date with news and events. You can contact us through Facebook, via email to [CBDMS1@outlook.com](mailto:CBDMS1@outlook.com) or by phone on: 0494 055329



*Bee Hotels*





## Tai Chi & Qigong for Health

Callala Beach Community Centre

Tuesdays 11:30am

To Book contact:

Joanne

**0416 271 408**

*- Feel the flow of vitality -*

## A Message to Bus Users for Route 120

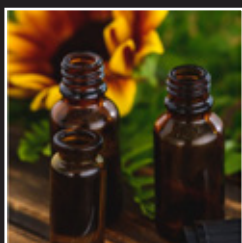
For those who use Bus Route 120 incorporating Currarong, Callala Bay, Callala Beach, Myola and Nowra and Bomaderry. There are no changes to the bus timetables previously operated by Stuarts. Times, bus stops and conditions for use are not changing. The only visual change will be the colour of the bus and the name, changing to Premier.

## SAVE THE DATE

Council elections will be held on  
Saturday 14 Sep 24.

## Think about it!

Inspecting mirrors is a job I could  
see myself doing



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## CBCA Monthly Meeting Report

A lively meeting was held on this blustery and wet Wednesday evening with about 15 people attending. It was great to hear Jacque York has volunteered to fill the General Secretary's spot and there was a positive recognition among the throng. Among the general discussion, the meeting was advised a new CBCA logo was being developed which has piqued some interest and curiosity.

CBCA placed a wreath in recognition of the fallen at the ANZAC Day service at Club Callala.

A new Facebook page has been created as we were no longer able to access our old page. The new page is Callala Bay Community Association Inc, and It can also be accessed from the CBCA web page at:

[www.callalabaycommunityassociation.com](http://www.callalabaycommunityassociation.com).

The CBCA finances are sound, and all debtors are able to be paid as and when they fall due. As at 30 Apr 24, the Main account has a balance of \$18,807.60.

## Reports

- a. Sheaffe Street Project. The NSW Minister of Transport has been asked for a Progress Report.
- b. Care2Prepare. Kate Hartnett mentioned that there were few community people registered.
- c. Barden Close. Work on this is ongoing and Council will need to be involved. Sandra suggested that Bush Care be invited to contribute.
- d. June Art Show Sun 9 Jun 24. Sandra McKenzie-Clark advised that on Sun 9 Jun 24 an art show will be held at the Callala Community Centre, 42 Emmett St, with the content comprising a wide variety of mediums. The artists will be here to talk about their work and there will be demonstrations too. Sandra thanked the CBCA for its support to hold this exhibition.

## Next Meeting

The next Meeting will be held on Wed, 14 Aug 24, commencing at 7:00pm.



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# **Save the Date**

## **Lawn Bowls Open Day**

**Sunday 5 May from 10am to 12pm  
at Club Callala**

All Callala residents and families are welcome aged 16 years and older. Learn to play lawn bowls with all the equipment provided. Please wear flat soled shoes or bowl bare-footed. A BBW will be provided and there is no cost.

For further information and to confirm your attendance, please call:

President: Greg McMillan: 0407 924154

Bowls Organiser: Robyn Herbert: 0410 641283

Treasurer: Bob Fowler: 0427 963118



## **Callala Gallery**

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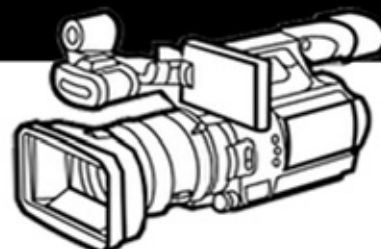
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# **FIONA PHILLIPS MP**

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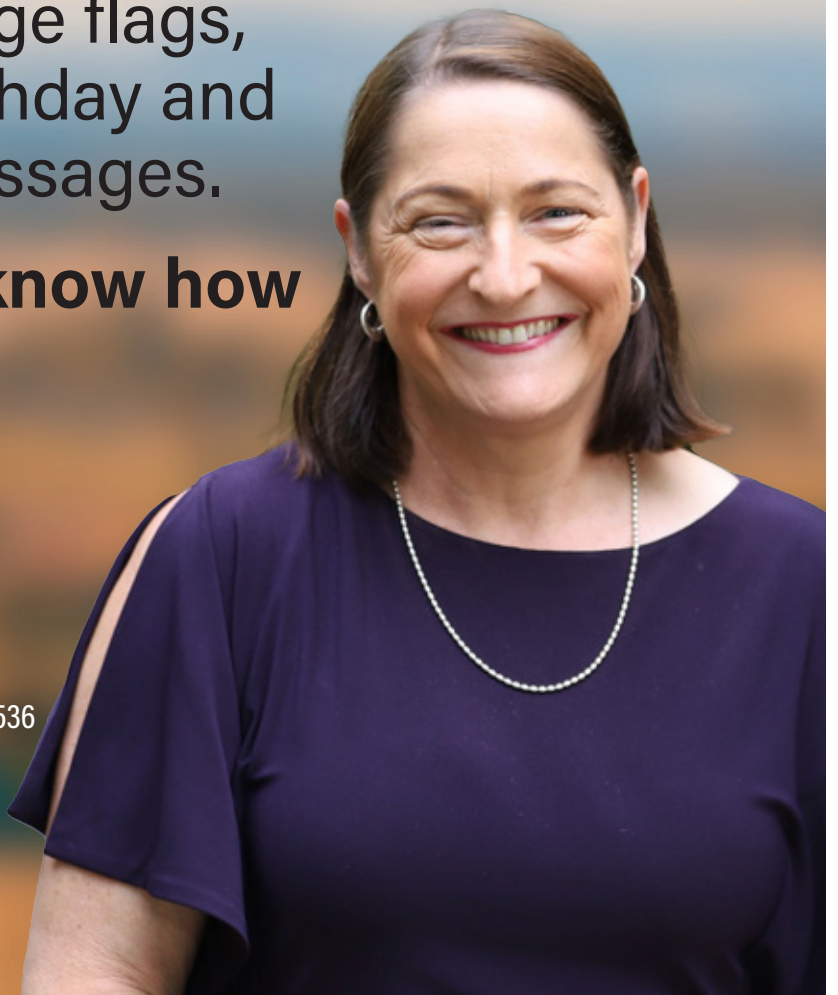
**Please let me know how I can help you.**

 **(02) 4423 1782**

 **Fiona.Phillips.MP@aph.gov.au**

 **fionaphillips.com.au**

 **3/59 Junction St Nowra NSW 2541 &  
1/6-8 Orient St, Batemans Bay NSW 2536**



Authorised by Fiona Phillips MP, Nowra.





## ANGLICAN CHURCHES of Culburra Beach | Callala | Currarong

### Callala Church Service - 5pm Sunday

All Welcome | 4:30 pm for afternoon tea

St Marks, 2 Hunter Street, Callala Bay



Please contact us for more  
information or visit our web site.

p: 02 4447 3277

e: [office@culburraanglican.asn.au](mailto:office@culburraanglican.asn.au)

[www.culburraanglican.asn.au](http://www.culburraanglican.asn.au)

**Growth Group Bible Studies**  
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**Caterpillar's Playgroup**  
9:30am Friday @ Culburra Beach Anglican

**289youth**  
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Today

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You are invited to join the Longest Established Men's Shed in Culburra, learn new skills and bring your own, come and enjoy the company of our friendly members and participate in a variety of activities

We are open 8:30am - 12:30pm Tuesday, Wednesday & Thursday

**All enquiries: 0498 023 781**

[www.culburrabeachmensshed.org.au](http://www.culburrabeachmensshed.org.au)

Facebook: Culburra Beach Orient point Men's Shed <https://www.facebook.com/cbopmshed>





### CLUB HOURS

Mo: 10AM - 7PM  
Tu: 10AM - 9PM  
We: 10AM - 10:30  
Th: 10AM - 10:30  
Fr: 10AM - 10:30  
Sa: 10AM - 10:30  
Su: 10AM - 9PM

43 Callala Beach Road, Callala Beach  
02 4446 5313 [clubcallala.com.au](http://clubcallala.com.au)  
[generalmanager@clubcallala.com.au](mailto:generalmanager@clubcallala.com.au)



for information & bookings, call us on  
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open every day pending weather

### MONDAY:

Indoor Bowls - from 12PM

### TUESDAY:

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Ladies' Golf - from 8:30 to 1PM

### FRIDAY:

Fitness Class - from 10:30AM

### SATURDAY:

Mixed Golf Comp - from 7:30 to 1PM

### EVERY DAY:

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kids aged 12 & under play for free

### THURSDAY:

Bowls Raffle - tickets sold from 6PM

Bowls Schooner Draw - from 7:45PM

### FRIDAY:

Mega 50 Meat Tray Raffle -  
tickets sold from 6PM, drawn 7PM

### SATURDAY:

Fisho's Raffle -  
tickets sold from 12PM to 1:30PM

### LAST SATURDAY OF MONTH:

Meat Tray Raffle -  
tickets sold from 6:30, drawn 7PM

### SUNDAY:

Meat & Seafood Raffle -  
tickets sold from 4PM, drawn 5PM

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Thursday \$20 Pizza Night

Saturday \$15 Club Beef Burger Lunch Special

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Happy Hour from 4PM - 6PM

Social Darts from 5PM

Trivia starting 6:30PM

### THURSDAY:

Bingo from 11AM

Happy Hour from 5PM - 7PM

Pool Competition - rego from 6:30PM, starts 7PM

Member's Badge Draw 6:30PM, 7:15PM, 7:45PM

### SATURDAY:

Live Entertainment Every Week

### LAST SATURDAY OF MONTH:

Second Chance Draw & Members Badge Draw

### SUNDAY:

Fisho's Weigh-In on 4th Sunday at 2PM

**Callala RSL Country Fishing Club**



Callala Beach Road, Callala Beach 2540

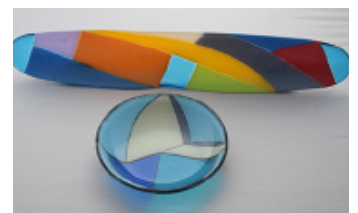
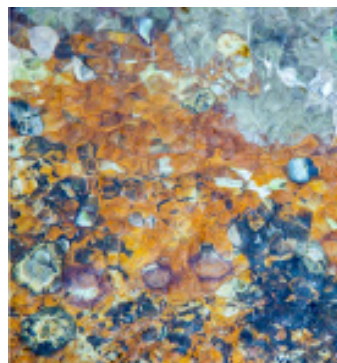
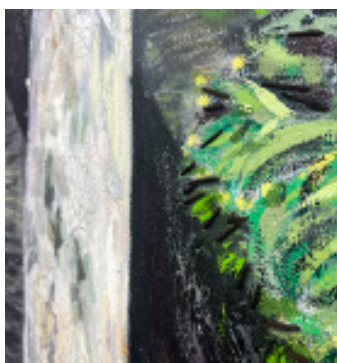
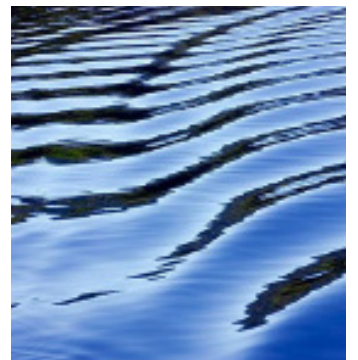
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| Motor Vehicle Accident              | 000          | police.nsw.gov.au      |
| Police                              | 000          | police.nsw.gov.au      |
| Police – Non Emergencies            | 131 444      | police.nsw.gov.au      |
| Police Crime Stoppers               | 1800 333 000 | police.nsw.gov.au      |
| Household Fire / Hazmat             | 000          | fire.nsw.gov.au        |
| Bushfire                            | 000          | rfs.nsw.gov.au         |
| Shoalhaven RFS District Office      | 4424 4424    | rfs.nsw.gov.au         |
| Bushfire Survival Plan              | -            | rfs.nsw.gov.au         |
| Bush Fire Information Line          | 1800 679 737 | -                      |
| Flood, Storm and weather warnings   | -            | bom.nsw.gov.au         |
| Storm / Flood                       | 132 500      | ses.nsw.gov.au         |
| Power Outages                       | 131 003      | endeavourenergy.com.au |
| Main Road Closures                  | 132 701      | livetraffic.com        |
| Local Road Closures                 | 1300 293 111 | shoalhaven.nsw.gov.au  |
| Shoalhaven City Council             | 1300 293 111 | shoalhaven.nsw.gov.au  |
| Shoalhaven City Council After Hours | 4421 3100    | shoalhaven.nsw.gov.au  |
| Shoalhaven Hospital                 | 4421 3111    | -                      |
| Milton Hospital                     | 4455 1333    | -                      |

If you are **deaf** or have a **speech** or **hearing impairment** dial **106** for the Text Emergency Relay Service

## Useful Apps & Websites

Visitors to the area can download the following free mobile apps to stay informed of the latest advice and information in the event of an emergency.

### Emergency+ App

The Emergency+ app is a free app developed by Australia's emergency services, Government and industry partners.

The app uses GPS functionality built into smart phones to help a Triple Zero (000) caller provide critical location details required to mobilise emergency services.



[emergencyapp.triplezero.gov.au](https://emergencyapp.triplezero.gov.au)

### Other Helpful Apps & Websites



Fires Near Me NSW



Floods Near Me



Weather Zone



COVID Safe



BOM



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[shoalhaven.disasterdashboards.com/get-ready/overview](https://shoalhaven.disasterdashboards.com/get-ready/overview)





## Bushcare

Our team's not so vigorous bush regeneration work continues. This means that our voluntary work is more suited to those who might be interested/curious about Bushcare, but hesitant about venturing too far into the bush. There's also no ticks about at present...or snakes!

One effect of the very wet May that Callala has experienced is that a huge variety of fungi/mushrooms have been observed, making a stroll in the bush even more delightful than usual. Recently we spent a morning working in the bushland right at the end of Myola Spit where we were mainly digging out Dolichos Pea seedlings. It is very satisfying to find how well controlled this weed is, after two decades of work by our team. And with the control of the weeds, there is a proliferation of delicate endemic plants, including a couple of little Green Hood Orchids.

In other areas we have been 'thinning a native plant where it has become an environmental weed, *Pittosporum undulatum*. In ideal conditions, this type of *Pittosporum*, or Pittos as we call them, can grow to around 15 metres with very dense foliage. Prior to the arrival of Europeans, these trees grew naturally between Southern Queensland and Victoria. Two practises by our Indigenous peoples contained the spread and over proliferation of this tree, one was regular cold burns of forest areas, the second was the non disturbance of soils.



Much of the area where our team are working at present includes 'disturbed' soil, not 'pristine' soils. We refer to the weedy behaviour of this tree in areas where soil has been disturbed and land cleared, as 'colonising'. The principle being that some plants, like this specific *Pittosporum*

and some Acacias/wattles, will thrive in soils that have been turned over during works for roads, housing etc. But whereas wattles tend to be short lived, Pittos are long lived. They grow so densely that understory and ground covering endemic plants struggle. However, exotic weeds like Asparagus Fern and Veldt Panic Grass are able to grow readily. I've been thinning Pittos as part of my Bushcare regeneration work for over a decade, and observing the results. There is definitely an increased germination of endemic species, and fewer germinations of exotic weeds once the Pittos are less dominant.

The feature of this tree which should concern even those who have little interest in bushland plant diversity, is that the oil produced by *Pittosporum undulatum* is highly flammable. So in the event of a bush fire, bushland with a weedy amount of Pittos, will burn hotter and more vigorously.

A similar sized tree to Pittos, which is endemic to the creek areas around here, is the *Ficus coronata*/Sandpaper Fig. There are now a handful of these trees growing along the banks of Boorawine Creek, and their branches and leaves are more 'open' than the Pittos, so ground cover plants like Maiden Hair Fern and Basket grasses thrive below them.

Further info, Diana 0419 531 902.



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## Contacts:

• Victoria Maudson 0424 590 105 • Gail Fitzgerald 0412 930 080 • Megan Hodges 0433 668 453

## MAY NEWS

Work continues on the planning and setting up of the new garden area to the north of our established plot. Barry has been busy measuring and drawing to scale. Lots of preparation needed here for the siting of the boats and IBC beds. A good team of painters have been busy on the boats. We are planning to make them particularly bright and fun. We need volunteers for the painting and for other on-site projects. Could that be you?



We have a bench table ready to be constructed for this site. It will make a good place for a cuppa and a chat while watching things grow. These heavy rains are making us contemplate how to keep this accessible. There will be a timber-edged gravel platform to keep users dry underfoot (at the table). We are going to try out a different way of turning food scraps into worm castings. A pipe with holes in is placed directly into the garden bed and the scraps go in there. (shown left)

## MOTHER'S DAY RAFFLE

The Mother's Day Raffle was drawn in the rain and the **lucky winners** were **Kira, Josh and Liz**.

Hope their prizes brought some sunshine to an otherwise very wet and dreary weekend.

Many thanks to all who provided goodies or sold and bought tickets.



## TO PLANT AND HARVEST



At the time of writing this, the beds are prepped and ready for our seed potatoes. Clare has looked to see how they are doing in their dark sacks. The Kipflers have bigger shoots and are looking more ready for planting than the Dutch Cream. We couldn't get this variety of seed potatoes last year, so it is good to see them here now.



The turmeric is looking quite sad now, after its flush of amazing flowers. As its leaves die back, we remind ourselves that what is happening underground is golden and wonderful. It is almost ready to harvest so it must be two years since a kind local man brought the original tubers in for us to grow and share!



## HAPPY THOUGHTS



We have already enjoyed a harvest of baby carrots from the boat near the fence. The carrots are the strongest and straightest we have produced so far. Our method was to direct sow into the correct depth of soil.

The cabbages raised in Callala Beach are settled in nicely and are looking promising.

The rhubarb is looking healthier than it has done for some time.

The fruit trees and the basil have not quite finished their season and just keep giving.

The beetroot seeds have finally decided to rise up and show themselves.

The spigariello, a kind of leaf broccoli, is starting to produce it's delicate kale-like leaves. It has a delicate flavour. It is safely netted away from those cabbage white butterflies.

The broad beans are coming along nicely. Such a reliable crop.

## HOW AND WHEN CAN I JOIN IN? CAN I GET MORE DETAILS?

When the gates are open, **PLEASE COME ON IN! REGULAR OPENING TIMES EVERY MONTH**

**Each Tuesday** and **Thursday** mornings from 8.30 – 12ish

**1st and 3rd Sundays** from 10.30 until lunch time for a Working Bee on 2nd June and for a Project Day on 16th June. There will be lots of things to do for willing hands, whatever your skills. Please come and help. Lunch will be provided.

**The Family Fun Fridays** will be on 31st May & 28th June. Bring the kids along for fun and food.

**1st Saturday** will be our General Meeting at 2 p.m. (1st June).

**2nd Saturday** each month sees the Produce Stall from 8.00 till 12 noon. Fresh produce, potted plants, cakes, herbs, pickles and jams and honey. (9th June)

There will be a Pick and Prep Afternoon the day before, (with nibbles provided), from 3.00 to 6.00 on **Friday** 8th June (B.Y.O. drinks).

## WE NEED MORE VOLUNTEERS

Do you have ANY free time that you would like to spend being useful in our Community Garden? No previous experience required!

You don't need to bring gardening know how, just enthusiasm.





# Callala Bay Pharmacy

2/55 Emmett Street, Callala Bay 2540 Ph: 4446 4251

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## CULBURRA VETERINARY CLINIC

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9am-11am weekdays

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4-5pm Wed, Fri

10am-12pm Sat

## CALLALA VETERINARY Consulting Room

22 Emmett Street Callala Bay

1-3pm weekdays by appointment

Please phone: **4447 3851** for appointments, enquiries or after hour calls



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For details of how you can help,  
visit [www.vinnies.org.au](http://www.vinnies.org.au) or pop into the shop  
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Find us at: **59 Emmett St, Callala Bay**

Opening hours: **Monday to Friday – 8.30am to 4pm,**  
**Saturdays – 8.30am to 2pm** (during summer/peak times only)

**We welcome donations of non-bulky items during opening  
hours. For pickups, please call 4421 7244.**



# Route

# 120



## Currarong, Callala Bay, Callala Beach, Myola to Nowra and Bomaderry

| Departs                        | School Days |             | Monday to Friday |                  | Saturday and School Holidays |                  |       |    |
|--------------------------------|-------------|-------------|------------------|------------------|------------------------------|------------------|-------|----|
|                                | AM          | AM          | AM               | PM               | AM                           | AM               | PM    | PM |
| <b>Currarong</b>               | ♂           |             | ♂                | ♂                | ♂                            | ♂                | ♂     | ♂  |
| Crookhaven Pde                 | N/A         | 7.15 T      | 8.25 T           |                  | 8.00                         |                  |       |    |
| Yalwal St                      | N/A         | 7.16 T      | 8.26 T           |                  | 8.01                         |                  |       |    |
| Tennis Court                   | N/A         | 7.17 T      | 8.27 T           |                  | 8.02                         |                  |       |    |
| Progress Hall                  | N/A         | 7.18 T      | 8.28 T           |                  | 8.03                         |                  |       |    |
| Cambe & Nowra Rds              | N/A         | 7.20 T      | 8.30 T           |                  | 8.05                         |                  |       |    |
| <b>Callala Bay</b>             |             |             |                  |                  |                              |                  |       |    |
| Sydney Ave                     | 6.04        | 7.35 T      | 8.47             | 10.10            | 8.20                         | 10.10            | 1.45  |    |
| Boorawine Terrace              | N/A         | 7.30 T      | 8.40             | 10.13            | 8.23                         | 10.13            | 1.48  |    |
| Emmett Street Shops            | 5.58        | 7.30 T      | 8.46             | 10.16            | 8.26                         | 10.16            | 1.53  |    |
| Callala Public School          | N/A         | 7.35 T      | 8.45             | 10.17            | 8.27                         | 10.17            | 1.54  |    |
| Lackersteen and Emmett         | 6.02        |             |                  |                  |                              |                  |       |    |
| <b>Callala Beach / Myola</b>   |             |             |                  |                  |                              |                  |       |    |
| Queen Mary Street              | N/A         | 7.15 T      | 8.15             | 10.20            | 8.31                         | 10.20            | 1.58  |    |
| Catherine St Myola             | N/A         | 7.20 T      | 8.20             | N/A              | 8.36                         | N/A              | N/A   |    |
| Sir Henry Crescent             | N/A         | 7.22 T      | 8.23             | 10.23            | 8.40                         | 10.23            | 2.02  |    |
| Callala Beach Shops            | 5.51        | 7.25 T      | 8.25             | 10.25            | 8.42                         | 10.25            | 2.04  |    |
| Watts and Lennox St            | N/A         | 7.27 T      | 8.28             | 10.28            | 8.45                         | 10.28            | 2.07  |    |
| <b>Mayfield</b>                |             | 7.40 T      |                  |                  |                              |                  |       |    |
| <b>Stewart Place Nowra</b>     | 6.43        | 8.20        | 9.20             | 11.00 #          | 9.20                         | 11.00 #          | 2.55  |    |
| <b>Bomaderry Rail</b>          | 6.33        | 8.15        | 9.30             | 11.10 #          | 9.30                         | 11.10 #          | 2.40  |    |
| <b>Nowra Tafe</b>              |             | 8.20        | 9.32             |                  |                              |                  |       |    |
| <b>Stocklands Nowra</b>        | N/A         |             | 9.40             | #                | 9.40                         | #                | 2.50  |    |
| <b>Train Departs Weekdays</b>  | 6.43        | 8.17 & 9.20 | 10.00*           | 11.23 & 12.00pm* | 10.00*                       | 11.23 & 12.00pm* | 16.12 |    |
| <b>Train Departs Saturdays</b> |             |             |                  |                  | 10.31                        | 12.29            | 16.33 |    |

\* Bus Service 737 Bomaderry Station to Kiama Station

T Transfer at Shoalhaven High School for Nowra and Bomaderry

# Drops only as Required.

SERVICES DO NOT OPERATE SUNDAYS AND PUBLIC HOLIDAYS

T Transfer at Callala School for Nowra and Bomaderry



# Route

# 120



## Nowra and Bomaderry to Callala Beach, Myola, Callala Bay and Currarong

|                         | Monday to Friday |                  | Monday to Friday |            | School Days |    | Saturday and School Holidays |                   |              |       |
|-------------------------|------------------|------------------|------------------|------------|-------------|----|------------------------------|-------------------|--------------|-------|
|                         | AM               | PM               | PM               | AM         | AM          | PM | AM                           | PM                | PM           | PM    |
| Train Arrives Weekdays  | 8.40* & 9.15     | 11.40* am & 12.2 | 1.40* & 2.17     |            |             |    | 8.40* & 9.15                 | 11.40* am & 12.27 | 1.40* & 2.17 | 17.10 |
| Train Arrives Saturdays |                  |                  |                  |            |             |    | 8.19                         | 12.21             | 2.19         |       |
| Departs                 | ♂                | ♂                | ♂                |            |             |    | ♂                            | ♂                 | ♂            | ♂     |
| Stewart Place Nowra     | 9.20             | 12.20            | 2.55             |            |             |    | 9.20                         | 12.20             | 2.55         | 5.24  |
| Bomaderry Rail          | 9.30             | 12.32            | 2.40             |            |             |    | 9.30                         | 12.32             | 2.40         | 5.17  |
| Nowra Tafe              | 9.32             | 12.34            |                  | 3.30 \$473 |             |    |                              |                   |              |       |
| Stocklands Nowra        | 9.40             | 12.40            | 2.50             |            |             |    | 9.40                         | 12.40             | 2.50         | 5.34  |
| Mayfield                |                  |                  |                  | 3.55       |             |    |                              |                   |              |       |
| Callala Bay             |                  |                  |                  | \$473      |             |    |                              |                   |              |       |
| Callala School          | 10.17            |                  | 3.35             | 4.11       |             |    | 10.17                        |                   |              | #     |
| Sydney Ave              | 10.10            |                  | 3.43             | 4.05       |             |    | 10.10                        |                   |              | N/A   |
| Boorawine Terrace       | 10.13            |                  | 3.40             | 4.08       |             |    | 10.13                        |                   |              | #     |
| Emmett Street Shops     | 10.16            |                  | 3.35             | 4.10       |             |    | 10.16                        |                   |              |       |
| Callala Beach           |                  |                  |                  | \$473      |             |    |                              |                   |              |       |
| Queen Mary Street       | 10.20            |                  | 3.46 T           | 4.22       |             |    | 10.20                        |                   |              | N/A   |
| Catherine Street Myola  | N/A              |                  | 3.51 T           | 4.27       |             |    | N/A                          |                   |              | N/A   |
| Sir Henry Crescent      | 10.23            |                  | 3.55 T           | 4.30       |             |    | 10.23                        |                   |              | N/A   |
| Callala Beach Shops     | 10.25            |                  | 3.45 T           | 4.21       |             |    | 10.25                        |                   |              | #     |
| Watts, Lennox Road Loop | 10.28            |                  | 3.42 T           | 4.18       |             |    | 10.28                        |                   |              | N/A   |
| Currarong               |                  |                  |                  |            |             |    |                              |                   |              |       |
| Cambe & Nowra Rds       |                  |                  | 3.50 T           | 4.20 T     |             |    |                              |                   |              | N/A   |
| Progress Hall           |                  |                  | 3.53 T           | 4.23 T     |             |    |                              |                   |              | N/A   |
| Tennis Court            |                  |                  | 3.55 T           | 4.24 T     |             |    |                              |                   |              | N/A   |
| Valwal St               |                  |                  | 3.57 T           | 4.25 T     |             |    |                              |                   |              | N/A   |
| Crookhaven Pde          |                  |                  | 4.00 T           | 4.26 T     |             |    |                              |                   |              | N/A   |

\* Bus Service 737 Kiama Station to Bomaderry Station.

T Transfer at Callala Bay for Callala Beach, Myola and Currarong.

# Drops as Required.

T Transfer at Callala Bay for Currai \$473 Bus for Callala Bay, Callala Beach, Myola and Currarong.

SERVICES DO NOT OPERATE SUNDAYS AND PUBLIC HOLIDAYS.



## Callala Markets

The Callala Markets unfortunately had to be cancelled in May due to the prolonged spell of rainy weather. Even if it hadn't rained on the day (It did!) the grounds were simply too waterlogged for the erection of stalls.

The Callala Markets recently donated \$500 to help with the fund raising of the Greenwell Point Hospital Auxiliary for the benefit of the Shoalhaven Hospital. On this occasion the funds will assist with the purchase of 4 x Baby Scales for the Maternity Ward. The Community Nurses will be able to use them when visiting new mums and bubs at home that have left the maternity ward.



*Vera Farnham, Bernadette Gray and Coral Gardner of the Greenwell Point Hospital Auxiliary*

The Callala Markets have now donated over \$11,500 back to the community...a great effort.

The next Callala Markets will be on Saturday 8th June at the Callala Bay Community Centre, Emmett street, Callala Bay from 8am to 1pm.

Come along and support the local community while picking up a beautifully made timber product or bespoke jewellery and pottery. We have lots of handcrafted goods on offer.

We continue to enjoy co-operation with the Callala Community Garden on Markets Day. Their range of fresh seasonal produce is a big attraction for local households.

Want to join us? Contact Sandra on 0413 581419 to book your stall.



**2nd Saturday**  
**EACH MONTH**  
**42 EMMETT ST,**  
**CALLALA BAY**  
**8:00AM - 1:00PM**



The promotional graphic features a circular logo on the left with the text 'Callala Markets' in a large, blue, cursive font, and 'Community focus' in a smaller, blue, sans-serif font below it. To the right of the logo, the event details are listed in bold, blue, sans-serif font. At the bottom right, there are icons for Facebook and Instagram. The background of the graphic is a light beige color with scattered seashells and small white dots.





# Tennis @ Callala Bay



Fancy a hit?

Located here in Callala Bay, the courts are attached to, and managed by the Callala Bay Progress Hall. They are located at the corner of Wearne and Morton St.

Bring your own rackets and balls!

Ring 444 64 313 to book

Available for casual and regular bookings.

Lessons—call Daisy on 049 053 7551



# Culburra Beach & District Garden Club Inc.

Hi everyone,

President Bev welcomed members, visitors and chef Michael Paris and his wife Kay to our May meeting. Michael was invited to talk to us about herbs and how we can incorporate them in our cooking. Michael worked in Sydney before moving to Callala Bay 22 years ago. He has worked at the North Nowra Tavern, Life Care (Aged care at East Nowra) and as a Hospitality teacher. His last venture was a Food Van aptly named Fusion as Michael likes to bring together ingredients from diverse cultures and merging recipes.

Culinary herbs are aromatic edible plants used to add flavour to dishes. Chefs and home cooks alike use fresh and dried herbs to make sweet and savoury dishes ranging from rich sauces to light salads and baked goods. Fresh herbs have a shorter life span. Michael suggested that when we bring herbs inside, wash them in salted water to kill any garden bugs lurking in leaves. He said to pat them dry and either store in a glass of water or dry them with a paper towel and then sundry the herbs or in an oven.

Michael then proceeded to give us a comprehensive list of the following herbs and how we can use them in our cooking. Starting with parsley as this is the most common herb we all grow, Michael told us about how he uses the following in his dishes - mint, coriander, thyme, oregano, tarragon, dill, bay leaf, rosemary, sage, marjoram, chives, shallots, fennel and then chillies, lemongrass, kaffir lime and lemon myrtle tree. He concluded his talk by spending some time on basic food hygiene rules that we should all follow. Wash hands before cooking, use a sharp knife as this is safer, (a dull knife can slip and you can cut yourself), be aware of cross contamination when using a chopping board, always have a clean surface and when storing food let it cool first before putting it in the fridge. Michael's wife Kay printed a handout for all members which will be very handy for reference. We enjoyed Michael's talk and wished we could have had samples of his delicious dishes which he has cooked incorporating herbs.

Some tips on growing herbs. Many herbs are annuals, so they grow fast and only last a short time. Some herbs can be stored, but most are better used fresh. Don't grow too much of something you only need a little of if it can't be preserved. Think about your cooking. Which herbs do you use the most? Pick 3-5 herbs—these should be at the top of your list to grow.

Here are some to get you started.

**Mediterranean** - rosemary, oregano, bay leaf, basil, and sage.

**Asian** - coriander, lemongrass, Vietnamese mint, ginger, and Thai basil.

**Continental** – tarragon, thyme and parsley.

Herbs can be planted in the garden and in pots and containers. Most herbs prefer to grow in full sun but always check plant labels to confirm the best position for your herbs. There are herbs, like chives, coriander, lemon balm, mint, and parsley, which don't mind growing in slightly more shaded spots. Grow herbs in moist, well-drained soil, enriched with plenty of organic matter. Herbs with soft, rich-green leaves, like basil, coriander, and mint will thrive with regular watering, especially during hot and dry conditions. However, Mediterranean herbs such as rosemary, thyme, oregano, marjoram, and sage can tolerate drought-like conditions, provided they are well established.



You are welcome to attend our next meeting on Saturday June 15th, 1.30pm at Culburra Anglican Church, Penguin Head Rd, Culburra Beach.

**Cheers to all and happy gardening, Doris Carpenter 4446 5631**





# CALLALA YOGA & PILATES

.....) ) ) ● ( ( .....)

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## From the Doctor

An Advanced Care Directive (ACD) serves as your voice when you're unable to express your healthcare wishes due to illness or incapacity. By clearly outlining your preferences for medical treatments, interventions, and end-of-life care, you provide invaluable guidance to your healthcare providers and loved ones. This ensures that your dignity, values, and personal beliefs are respected and upheld.

Having an ACD in place not only gives you peace of mind but also relieves your loved ones of the burden of making difficult decisions on your behalf during emotionally taxing situations. It promotes autonomy, empowers you to maintain control over your healthcare decisions, and fosters open communication among family members and healthcare professionals.

I urge each of you to consider completing an ACD. It's a proactive step towards safeguarding your future healthcare wishes. For detailed guidance on how to create your ACD, please refer to the informative resource provided by the New South Wales Health Department (<https://www.health.nsw.gov.au/patients/acp/Publications/acd-form-info-book.pdf>).

Remember, your healthcare journey should reflect your values and preferences. Don't hesitate to contact your friendly team at Callala Medical Centre.



## The Point Gallery Craft

**76B Greenwell Point Road Greenwell Point NSW 2540**

**Extensive Art and Craft Made in the Shoalhaven**  
**Exhibition space available on a calendar month basis**  
**Tourism Ambassador for the Shoalhaven**  
**Normal opening hours 10am-4pm Friday – Monday**  
**COVID Hours 11-3 Friday, Saturday & Sunday**  
**For further information**

**Contact: 0400998610 or 0418249148**

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**[admin@callalabaycommunityassociation.com](mailto:admin@callalabaycommunityassociation.com)**

***The Callala Bay News Publication is proudly funded by the Callala Bay Community Association with the help of our local business sponsors***



## Thinking of having a function or meeting . . .



### Why not have a look at the Callala Community Centre?

There is table seating for 110 with crockery and cutlery and a modern kitchen.

The centre is airconditioned and has state-of-the art audio visual capability for presentations, training and other entertainment included as part of the hire fee.

Car-parking is adjacent to the Centre and the Callala shops are opposite the Centre.

The Centre has grass surrounds, giving you the option of outdoor training as well as indoor.

If you have an exercise or social group or are looking for a place to hold your next celebration, call Cynthia on **0412 121 737** for enquiries. You can also look for us on **Facebook**

**FREE**

## Pre-Loved Clothing & Book Stall

First Saturday of the Month  
at the  
Callala Community Centre

9.30am to 12.00 NOON

Clothes in good condition can be dropped off at the stall (on the day only). If clothing can be delivered by 10am; this will allow them to be displayed.

Sponsored by the Anglican Church, Callala



## Callala Bay features in World Press Photography awards

The winning entries in the annual World Press Photo Contest were announced on 18 April. This year 61,062 images were submitted for judging, made by 3,851 photographers from 130 different countries. Two Australians are among this year's winners in the Southeast Asia and Oceania region: Eddie Jim (Singles category) and Aletheia Casey (Open Format category).

Aletheia Casey's project, *A Lost Place*, consisting of twenty-eight photographs with ten from around Callala Bay, is a poignant and thoughtful meditation on the bushfires in the photographer's home country of Australia that connects its colonial past with its precarious climate future. Through a series of manipulated, composited, and recontextualized images, Aletheia grapples with the environmental and personal impact of the 2019-2020 bushfires in New South Wales, which were among the largest ever recorded in the country. Using a variety of methods, Aletheia infuses emotional depth into her landscapes. These altered landscapes serve as potent visual metaphors for both the external devastation wrought by these fires and the artist's internal turmoil.



The New South Wales State Library will host the World Press Photo Exhibition 2024 from Saturday 25 May to Sunday 7 July, showing photographs from all the winners of the various categories across the six world divisions. Because of logistical limitations, only a few of the photos from categories that involved many photographs,



*Aletheia Casey*

such as Aletheia's, will be exhibited. So, to see the complete set of photographs from Aletheia's winning project, go online and Google: Aletheia Casey. *A Lost Place*. World Press Photo. The first listed item gives a link to her full set of photos and accompanying text.

In the coming months, this exhibition will also be shown in twenty-four cities in fourteen countries. So, the Callala Bay area will receive international attention.







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**WELCOME to the Callala Community Centre, conveniently located opposite the shops in Emmett St, Callala Bay.**

**We are one part of the Shoalhaven Community Information Network (SCIN). Our technology has been upgraded to include solar panels, a storage battery, and satellite communications to provide an independent, continuous, communication solution with the Nowra Emergency Centre.**

**The information can be seen on the screens located at the Centre.**

**An audio-visual system has been installed in the Centre offering flexible and comprehensive facilities, including;**

- **blue tooth; computer connectivity; the ability to operate DVDs and CDs and play personal audio-visual files from a USB drive or SD memory card.**

**If you want to have a wedding; memorial service; business conference; group gathering or family reunions the Callala Community Centre is well worth considering.**

**Our facilities include**

- **A well-equipped kitchen; air conditioning; raised stage and off-street parking, and**
- **Crockery, cutlery and glasses and seating for up to 120 people**

**For all hiring enquiries contact Cynthia on 0412 121 737  
or email [cynirwin974@gmail.com](mailto:cynirwin974@gmail.com)**

**Follow us on Facebook at Callala Community Centre.**



# Callala Bay Progress Hall and Tennis Court



**Looking for a venue with history and charm?**  
**Available for both casual and regular hire**  
*Recently renovated ... and now with new audio visual  
equipment available! Reasonable rates.*

**Bookings Ph: 444 64 313**  
**or via Facebook**  
**75 Boorawine St, Callala Bay**

## **Regular Community Users**

Dru Yoga: Monday (2:45pm)  
Craft Group: Tuesday (10am)  
Friends of Dance: Tuesday (2:30 pm)  
Yoga: Thursday (9am)  
Tai Chi: Saturday (8am)

Lyn ph 0419427574  
Yvonne ph 444 66 280  
Ann ph 0418 477828  
Anna ph 0405 102 234  
Jenny ph 04477 43179

**Tennis Lessons: Saturday (midday)**

**Daisy 0490 537 551**

<https://callalabayprogresshall.weebly.com/>



# The Anglican Parish of Culburra Beach

## Anglicare Op Shop

Shop 3/4 Weston Street, Culburra Beach

### Opening Hours:

Mon-Fri 9am - 4pm

Sat. 9am-12pm

*\* Closed Public Holidays*

Clothing, bric-a-brac, books, toys, linen, games, DVD'S, jewellery and more.

### EFTPOS available

Saleable Goods are most welcome, but we can't accept furniture, white goods, mattresses, encyclopedias, computer ware and videos.



You can drop goods at shop or in charity bin situated at Culburra Anglican Church, Penguin Head Rd, Culburra.

If you would like to volunteer, please contact

Manager Neroli McCusker:

**4447 4084 (Shop) or 0401 466 590**





Callala Public School Parents & Citizens Association Inc.  
Emmett Street, Callala Bay, NSW, 2540  
callalapandc@gmail.com

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# Callala Public School P & C Canteen Volunteers Needed

Callala Public School's canteen is operated by the P&C with all profits invested back into the school.

It is a purely volunteer run canteen, with Dan Applebee being our manager who looks after the daily running of the canteen along with the help of other volunteers.

At the present time we only have one other volunteer. In order to keep the canteen operational we need more volunteers. If you have time to spare 9am - 12, be it once a week, fortnightly, monthly or even once a term we would love your help.

Duties include preparation, heating and serving of lunch orders, assisting with window sales at 1st break and some light cleaning.

To volunteer in the canteen you are legally required to complete the following:

Working With Children check, which is obtained through Services NSW. It's free as you are a volunteer.

<https://www.service.nsw.gov.au/transaction/apply-for-a-working-with-children-check>

Food Handler Basic Training online through NSW Food Authority

<https://www.foodauthority.nsw.gov.au/training/food-handler-basics-training>

Can you help us? It's only 3 hours and 15 minutes. For more information or assistance in completing the online forms please contact the school office on 44464352 and one of our P & C representatives will contact you, or email us at [callalapanc@gmail.com](mailto:callalapanc@gmail.com)

We look forward to meeting you.



# ARTISTS' MARKET

**Sunday 9 June**  
**9am to 5pm**

**Callala Bay Community Centre**  
(opposite the shops in Callala Bay)

**MEET THE ARTISTS**

- Acrylics
- Pen & Ink
- Textiles
- Watercolour
- Photography
- Pastels
- Woodwork
- Oils
- Charcoal

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The new Sharp printer has been purchased through the generosity of a grant from the Veolia Mulwaree Trust.



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## COMMUNITY CONTACTS

**Emergency Police Fire Ambulance: 000**

### **Nowra Police Local Area**

Command: **4421 9699**

Crime Stoppers: **1800 333 000**  
(anonymous reporting)

Police Assistance Line: **131 444**  
(non emergencies)

State Emergency Service: **132 500**

Jervis Bay Marine Park: **4441 7752**

Callala Doctor's Surgery: **4446 5350**

### **Shoalhaven City Council**

General enquiries, business hours: **4429 3111**

Emergencies and after hours: **4421 3100**

### **Justices of the Peace**

Howard Duncan: **4446 6535**

Dallas McMaugh: **0400 189 875**

### **Culburra Beach & District Garden Club**

We meet every 3rd Saturday of month  
Feb-Nov at 1.30pm

**Venue:** Culburra Anglican Church  
Penguin Head Rd, Culburra Beach.

For more details contact

Doris Carpenter: **4446 5631**

### **Culburra & Districts Community Health Service**

Visit the Op Shop and pick up a bargain!  
Proceeds help maintain the Medical Bus that transfers people to Nowra for medical appointments from Greenwell Point, Culburra Beach, Callala Bay & Beach, Currarong and Myola.

Please contact Culburra Pharmacy on **4447 2382** to arrange transport.

### **Culburra Beach & Districts Men's Shed**

Every Monday and Wednesday from 9am to 1pm, beside the Banksia Community Hall, Fred Evans Lane, Culburra Beach (IRT entry).

More details contact Ray Sutton:  
**0499 452 095**

### **Culburra Beach Orient Point Men's Shed Inc.**

**Location:** Old Scout Hall Cnr West Crest & Wollumboola Lane

Open 8:30am - 1pm Tuesday,  
Wednesday & Thursday

#### **All enquiries:**

John Castellan: **0498 023 781**

Max Ford: **0403 204 847**

### **Callala Community Garden**

52 Emmett Street Callala Bay  
*Opposite The Shops*

Victoria Maudson: **0424 590 105**

email: callalacommunitygarden@gmail.com

 /groups/CallalaCommunityGarden

Drop In's welcome

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**Vanessa Middleton**

Licensed Real Estate Agent

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 **LJ Hooker**

**Vanessa** is a well known face in our community, a **local of Callala for 28 years** and working locally in real estate for the past **17 years** with extensive knowledge and insight into the local market. Her dedication to customer service, innovation, honesty and openness have been the cornerstones of Vanessa's record of success over many years. Known for her friendliness, understanding, enthusiasm & strong negotiation skills.

**A consistent number of repeat referrals is a testament to her expertise.**

**If you are looking for a local in real estate for buying or selling contact me today.**



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