

Callala Bay NEWS

October 2021

Issue 110-2021

Monthly Magazine from the Callala Bay Community Association Incorporated

Callala Golf Club 2021 Charity Golf Day Sunday 14th November

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CALLALA BAY NEWS

A monthly newsletter of the
Callala Bay Community Association Inc:

ABN 68031980561



www.callalabaycommunityassociation.com

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Note from the Editor:

The CBnews proudly supports our community, consider subscribing for a small yearly fee.

Please contact me with any local issues or concerns with the intention of having it published.

Editor - Jake Khourey

Scott Horsburgh

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CULBURRA BEACH & DISTRICTS MEN'S SHED



Medical Report

As some people may have noticed, the team at Callala medical centre has been busy giving out Pfizer vaccines the last few weekends. We have ample supply for both Pfizer and AstraZeneca Covid vaccines, and we will be opening up further availability through the working week for Pfizer vaccines.

If you are interested in having your covid vaccine, and help us all get one step closer to normality, please book through Hotdocs or the government booking website or give the friendly team at Callala medical centre a ring.'

Bushcare Report

I'm pleased to report that Council Bush Care workers have carried out planting work as per Council guidelines at both the sites where environmental vandalism has occurred as noted in last month's column. The young plants have plastic guard covers around them, secured by bamboo stakes. There's been a couple of instances of the bamboo stakes being removed, I think children visiting the beach find them appealing play things. I am going to seek permission to replace the plastic with cardboard covers which Council also uses. Our team used these for a regeneration site near Callala Beach. Cardboard is preferable to plastic due to the issue of plastic contamination of beaches and the ocean.



That recent storm - I'm quite sure it was a Category 2 cyclone - was really wild, wasn't it? Previously I noted the undermining of the root system of the large Angophora that dominates our shoreline. I think this big old fellow will be tumbling down sooner rather than later given the impact of the surging sea during that storm.



In fact all the trees along that section of fore dune closest to the beach will fall relatively soon due to the erosion by the sea. A number of people have spoken to me, distressed by the sight of the erosion. Their understandable thoughts are, can't the foredune be protected by the addition of extra sand, or large rocks? Well, no. OK, it could be done, but in my opinion actions like this would be a waste of money.

Coastlines are by definition, dynamic. Coastlines are also sensitive to environmental change. We cut down trees and clear scrub so we can build our homes near the beaches. We want native grasses removed and lawn grasses laid so we can have picnic and play areas. We put in jetties and boat ramps. All of these actions result in changes to our beaches and foreshore. One thing we could do, which would slow the inevitable erosion of our foreshore, is re plant some of the more diverse indigenous grasses, shrubs, small and large trees that have been removed over time. The greater variety of plants, the richer the soil becomes.

Continues on Page 7



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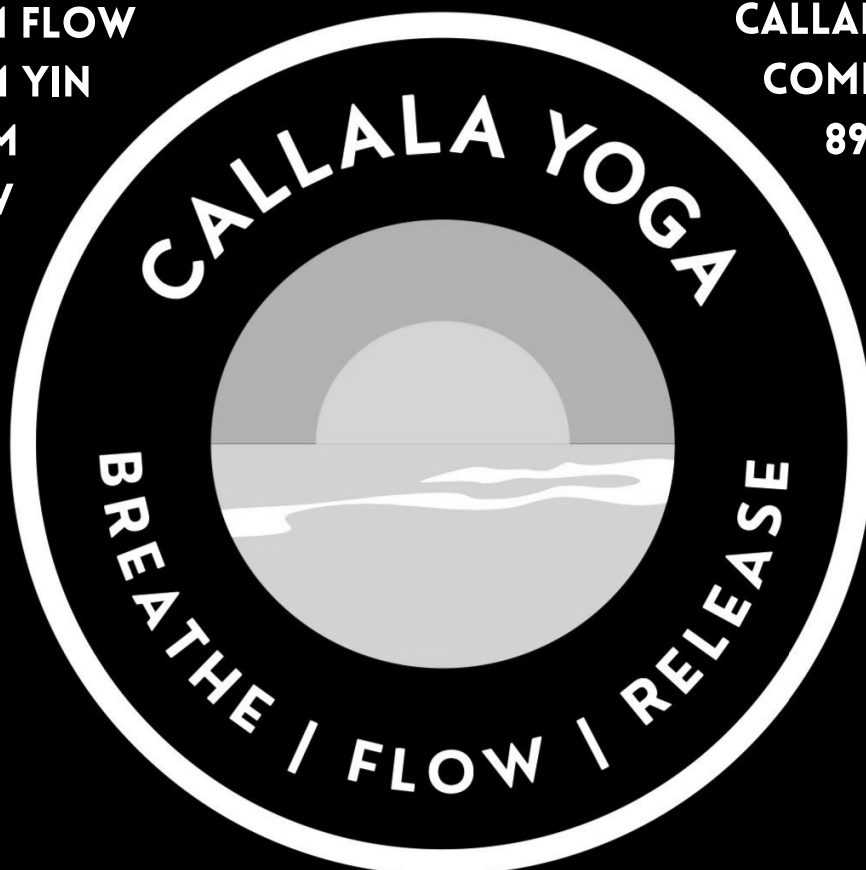
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Bushcare

When the Buffalo Grass which has roots that go down 10cm was planted along our foreshore, it replaced the Coastal Spinifex which has roots that go down a metre. Cutting down the Coastal Tea Trees and many of the large trees has weakened the whole environmental structure including the composition of the soil. Better soil results in stronger plants, which means less erosion. To my mind, that would be a lot cheaper and more effective in the long term than building a wall.

I have a thank you to issue on behalf of our community. I was recently approached by Don, a retired farmer, who pointed to a tufting grass and inquired 'Is that Coolatai?' I have to admit, when I first noticed this grass popping up in Boorawine Creek Reserve, my Bush Care antenna twitched and I thought, 'you're multiplying like you're a weed.' I did some research but couldn't identify it as a weed known in the Shoalhaven, so I decided it was just a 'busy' native grass. Back to my conversation with Don, he explained that Coolatai is classed as a noxious weed – it will quickly come to dominate pastures and neither stock nor native animals find it palatable.

I followed up Don's query with Council staff. Like me, the Bush Care team didn't think that this grass was found in the Shoalhaven. But the bad news from the Biosecurity Officer is that an infestation has been identified in South Nowra. We have been able to confirm Don's identification of the grass, and Council staff will eradicate the areas of this grass in Boorawine. Without Don's query, another few seasons, and this invasive weed would have become a more entrenched problem, and definitely more expensive to get rid of. Apparently this grass was imported from South Africa in the nineteenth century as a potential pasture grass. The lesson that it wasn't palatable to our live stock wasn't learnt and more seedlings were imported in the 1950s and 60s. Let's hope, in 2021, lesson learned!

If you would like to become involved with our Callala Bush Care group, please email our Council Co Ordinator Belinda Stewart, Belinda.Stewart@shoalhaven.nsw.gov.au, and she will put you in contact with us. Any queries about information or opinions in this column, my [Diana] phone number is 0419 531 902.

Garden Club

Due to the current lockdown we could not meet for our September meeting. Gardening at home and at the CCG and walking along the beach every morning has been the best way to get rid of any Covid blues. As I look at my cottage garden, I am constantly reminded of all the plants bought from the trading table and those given to me by garden friends. It is so colourful as all the bulbs are in flower -Freesias, Babianas, Cliveas and Bluebells.

Every month I receive an article called Readings from Garden Clubs of Australia Vice President, Mr John Kitt. His latest topic was on birdbaths. "Bird baths are a familiar sight in Australian gardens but surprisingly little is known about the precise role they play in the lives of birds. And so, the Bathing Birds Study was born. Started by researchers at Deakin University and Griffith University in 2014, this study involved collecting data online from 2,500 citizen scientists on bathing birds all over Australia. The study has revealed so far that bird baths are much more than just ornamental splash pools for feathered visitors. They're also a site where animals socialize, and intense rivalries play out. Human choices – such as the design of the bird bath, where it is located and how often it is cleaned – can have a big impact on birds."

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Authorised by Fiona Phillips, ALP, 3/59 Junction Street Nowra

Garden Club Report

Here's some tips as listed from article-

1. the most popular bird bath is the traditional pedestal or elevated bath type. These keep birds safe from cats who are a risk to them in the garden.
2. Baths should be situated near plants so smaller birds can have refuge if they are disturbed. Stones or rocks in the centre of the bath can give smaller birds a place to perch while bathing.
3. Other types of baths, such as pots or saucers on the ground, can provide water for a range of wildlife species so consider having multiple types of water baths in your garden.
4. Birds need to do their grooming in a bath not just in the summer months but in winter as well.
5. The garden bird bath needs regular cleaning. A dirty bath can spread disease and birds can be susceptible to infection.
6. Bath bullies -The study found that different bird species dominated bird baths depending on state or region. In New South Wales, aggressive noisy miners and rainbow lorikeets were most frequently recorded at baths. Certain birds can act as bullies at baths and prevent other birds from using it by standing guard.



We have a bird bath in the back yard and it's always a wonderful sight watching our bird life socializing and having a splash. Stay safe everyone

and enjoy your garden.

* When not in lockdown- Meetings are held on the 3rd Saturday of each month from Feb – Nov at the Culburra Anglican Church on Penguin Head Road, Culburra Beach. 1.30 pm. Visitors are most welcome- for afternoon tea please bring your own cup/ mug.

**Also note that with Covid restrictions you may need to wear a mask. Doris Carpenter (secretary) 44465631

Community Church

We have two dogs, a German Shepherd called Sascha, and a Labrador called Ella, both much loved members of our family, as we observed their respective behaviours, my wife and I thought about which was the most intelligent? Surprisingly enough, we realised that each had different attributes, and rather than looking at measures of intelligence we saw those things they did best. There were similarities in many ways and very different focuses in other areas. Sascha the shepherd is the oldest, and when puppy Ella the Labrador came along, Sascha taught her some things, at times she follows Sascha, imitating what she has been taught, maybe seeing herself as a German Shepherd, at other times she is very typical Labrador, especially at meal times. Sascha taught Ella to carry sticks, bark at the Postie, and they play chasing together. Sascha stands guard and lets us know if someone is coming, Ella loves everyone. Both are sensitive to what is going on in our lives.

In my observation of us humans, I see parallels, we inherit certain attributes, others we learn; what I find different is we seem to measure intelligence (IQ), as the value of a person, rather than character, or value athleticism over kindness, or power over servanthood.

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Community Church

This is often reflected in the respective salaries or accolades that certain professions or sport's stars receive. Einstein, a genius, has this to say:

"Try not to become a man of success, but rather try to become a man of value".

And this: "Let us not forget that human knowledge and skills alone cannot lead humanity to a happy and dignified life".

Our two dogs are pretty happy, and their greatest desire is to spend as much time with us as possible, (Perhaps Ella might find meal times an equal), I wonder if we can learn something from our dogs; I'm certain I do! My wife used to groom dogs and she has a sticker on the door next to where she groomed; it's a prayer; "Dear Lord, please help me be the person my dog thinks I am".

Paul writing to the church in Colossae had this to say: "You are always and dearly loved by God! So, robe yourself with virtues of God, since you have been divinely chosen to be holy. Be merciful as you endeavour to understand others, and be compassionate, showing kindness toward all. Be gentle and humble, unoffendable in your patience with others".

Yes, this is the challenge to what being a Christian should look like; and I'm certain I have failed to reach this standard many times during my life, although this remains my goal. I wonder, if our attitude moved us to pursuing these values; seeking to understand others, always being kind and compassionate, and, maybe, in some cases seeing their potential rather than their present situation. Would our community be a happier and more contented place to live?

I know God values each and everyone of us, perhaps it's time to put our trust in Him, and see what a difference it makes in our lives.

Kevin Kettlewell - Callala Community Church
– (guest contributor) Mob. 0402393940

Community Garden

Spring is doing its thing and the garden looks great!

We were very pleased to receive a Community Service Award from the NSW Seniors Festival Congratulations to Lyn Whitbread on winning the trolley full of goodies in our Fathers Day Raffle.

Thankyou to IGA and to those bringing us your compostable kitchen scraps . Keep them coming. Our compost area is a busy part of the site. We are still looking for some wool carpet offcuts to cover it and keep it steaming!

Seeds are sprouting ready for planting.

The anti-cockatoo netting project is moving along nicely.

To access our harvest, plant sales or produce please join us on Market Days or Working Bee mornings. TUESDAY , THURSDAY and 1ST and 3RD SUNDAYS (COVID restrictions permitting). If you see enthusiastic workers in the garden outside these hours feel free to make contact then as well. We are trying to increase the hours we can be open. Could members please contact Victoria if you have a time to offer. Hopefully Spring will inspire new and existing members to come and have a yarn and do a bit. It is a lovely break from the pandemic routine

We will be cutting herbs to leave in a bucket at the front. Please help yourself

FAMILY FUN MORNING...we are waiting on the restrictions lifting so we can do this together safely. MUD PIES RULE! Any questions or ideas please contact Mhairi on 0490151585

For more information

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Culburra Beach & Districts Men's Shed

We have been closed, in line with NSW Health Public Health Orders for regional locations, since 16 August, and missed the (cancelled) Callala Markets in September. Present indications are that we will likely miss the October markets as well.

On a brighter note, we were pleased to recently be approved for a Bushfire Recovery Grant by Shoalhaven City Council. The grant is to supply the Council with 20 bird nest boxes for installation in local parks and gardens.

The objective of the grant is to replace habitat lost in the 2019/2020 fires and increase the population of target bird species in local urban areas. The increased presence of native birds will improve the ambience of adjoining residential areas, enhance the overall environment and improve the mental health of residents.



Various styles of Rosella boxes

The target species will be Crimson Rosellas, although the boxes can also accommodate Eastern Rosellas, Lorikeets, Red Rump Parrots

and Galahs. Ringtail possums and sugar gliders may also be attracted.



Crimson Rosella (*Platycercus elegans*)

The project is scheduled for completion by March 2022 but we hope to commence acquisition of materials shortly so that we can start fabrication of the boxes as soon as we can re-open. We'll keep you advised here of progress and when delivery is finally made to Council.

Once the current Covid19 restrictions ease, please feel free to call into the Shed on Monday or Wednesday mornings, from 9am to 1pm. For more information, or to enquire regarding membership, please call 0499 452095 or visit our Facebook page.

Get tested for COVID-19 if you have **cough, sore/scratchy throat, shortness of breath** or **fever**.

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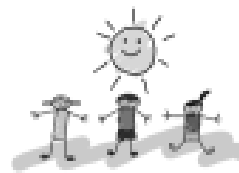
Friends of Callala

New to the area or interested in making new friends and getting out of the house?

Friends of Callala is a friendship group for retirees male & female. It has been running for a number of years, is supported by Shoalhaven City Council and we are members of the Combined Pensioners and Superannuants Assoc.

We meet each Monday at 12 at the Callala Community Centre, bring along sandwich and for a small fee we provide tea/coffee and dessert. Now that we are returning to the 'new normal' and soon to have covid vaccinations available we hope to resume our regular lunches at cafes around the Shoalhaven.

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Callala Community Church

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THURSDAY

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BOWLS

Monday- Indoor 12 noon

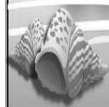
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Yalwal St	7.16 T	8.26 T			8.01		
Tennis Court	7.17 T	8.27 T			8.02		
Progress Hall	7.18 T	8.28 T			8.03		
Cambe & Nowra Rds	7.20 T	8.30 T			8.05		
Callala Bay							
Sydney Ave	7.35 T	8.47	10.10	1.45	8.20	10.10	1.45
Boorawine Terrace	7.30 T	8.40	10.13	1.48	8.23	10.13	1.48
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Callala Public School	7.35 T	8.45	10.17	1.54	8.27	10.17	1.54
Callala Beach / Myola							
Queen Mary Street	7.15 T	8.15	10.20	1.58	8.31	10.20	1.58
Catherine St Myola	7.20 T	8.20	N/A	N/A	8.36	N/A	N/A
Sir Henry Crescent	7.22 T	8.23	10.23	2.02	8.40	10.23	2.02
Callala Beach Shops	7.25 T	8.25	10.25	2.04	8.42	10.25	2.04
Watts and Lennox St	7.27 T	8.28	10.28	2.07	8.45	10.28	2.07
Mayfield	7.40 T						
Stewart Place Nowra	8.20	9.20	11.00 #	2.55	9.20	11.00 #	2.55
Bomaderry Rail	8.15	9.30	11.10 #	2.40	9.30	11.10 #	2.40
Nowra Tafe	8.20	9.32					
Stocklands Nowra		9.40	#	2.50	9.40	#	2.50
Train Departs Weekdays	8.17 & 9.20	10.00*	11.23 & 12.00pm*	16.12	9.20 & 10.00*	11.23 & 12.00pm*	16.12
Train Departs Saturdays					10.31		16.33

* Bus Service 737 Bomaderry Station to Kiama Station
T Transfer at Shoalhaven High School for Nowra and Bomaderry

Drops only as Required.

SERVICES DO NOT OPERATE SUNDAYS AND PUBLIC HOLIDAYS
T Transfer at Callala School for Nowra and Bomaderry

Route 120

Nowra and Bomaderry to Callala Beach, Myola, Callala Bay and Currarong

Departs	Monday to Friday	Monday to Friday	School Days	School Holidays		
	AM	PM	PM	AM	AM	PM
Train Arrives Weekdays	8.40* & 9.15	11.40* am & 12.27	1.40* & 2.17		8.40* & 9.15	11.40* am & 12.27
Train Arrives Saturdays					8.19	12.21
Departs						
Stewart Place Nowra	9.20	12.20	2.55		9.20	12.20
Bomaderry Rail	9.30	12.32	2.40		9.30	12.32
Nowra Tafe	9.32	12.34		3.30 S473	9.32	2.40
Stocklands Nowra	9.40	12.40	2.50		9.40	12.40
Mayfield				3.55		2.50
Callala Bay				S473		
Callala School	10.17		3.35	4.11	10.17	
Sydney Ave	10.10		3.43	4.05	10.10	
Boorawine Terrace	10.13		3.40	4.08	10.13	
Emmett Street Shops	10.16		3.35	4.10	10.16	
Callala Beach				S473		
Queen Mary Street	10.20		3.46 T	4.22	10.20	
Catherine Street Myola	N/A		3.51 T	4.27	N/A	
Sir Henry Crescent	10.23		3.55 T	4.30	10.23	
Callala Beach Shops	10.25		3.45 T	4.21	10.25	
Watts, Lennox Road Loop	10.28		3.42 T	4.18	10.28	
Currarong						
Cambe & Nowra Rds			3.50 T	4.20 T		
Progress Hall			3.53 T	4.23 T		
Tennis Court			3.55 T	4.24 T		
Yalwal St			3.57 T	4.25 T		
Crookhaven Pde			4.00 T	4.26 T		

* Bus Service 737 Kiama Station to Bomaderry Station.
T Transfer at Callala Bay for Callala Beach, Myola and Currarong.

Drops as Required.
T Transfer at Callala Bay for Currarong.

SERVICES DO NOT OPERATE SUNDAYS AND PUBLIC HOLIDAYS.
S473 Bus for Callala Bay, Callala Beach, Myola and Currarong.

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WHAT'S ON @ THE PROGRESS HALL

MONDAY	4:00PM - 6:45PM	JENNY'S DANCE	PAMELA	0433 675 820
TUESDAY	10:00AM – 12:00PM	CRAFT	YVONNE FOWLER	4446 6380
TUESDAY	2.30PM – 4.30PM	FOLK DANCING	MAUREEN PETHERICK	4446 6550
THURSDAY	9:30AM	YOGA	ANNA SMALLWOOD	0405 102 234
		BEGINNERS WELCOME – MATS SUPPLIED WWW.ROAMINGYOGIS.COM.AU		
FRIDAY	3.30PM – 5PM	TENNIS LESSONS	GARRY O'CONNOR	4464 1418 OR 0412 068 116
SATURDAY	8.00AM	TAI CHI	JOHN GRAHAM	0428 564 738
		ALL LEVELS		

Tennis court bookings can be made at Callala & Culburra First National – 58 Boorawine Terrace, Callala Bay or call on 4446 4313. Please make your booking during office hours so that the keys can be made available (available in daylight hours only).

THE HALL IS ALSO AVAILABLE FOR FUNCTION BOOKINGS INCLUDING WEDDINGS, BIRTHDAYS, BABY

ANGLICAN CHURCHES

of Culburra Beach | Callala | Currarong

Callala Church Service - 5pm Sunday

All Welcome | 4:30pm Afternoon Tea | Kids Church

St Marks, 2 Hunter Street, CALLALA BAY

Caterpillar's Playgroup - 9:30am Friday @ Culburra Beach Anglican

Kids Club - Friday Afternoon @ Callala Bay Anglican

289 Youth Group - Friday Evening @ Callala Bay Anglican

For more information: Rev. Paul McPhail

m: 0414 616 860 e: culburra.anglican@gmail.com

www.culburraanglican.org.au

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Email: roslyn.chatham@bigpond.com

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Callala Gallery on Facebook

www.artclassesnowra.com

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4-6pm Mon, Tue, Thurs

4-5pm Wed, Fri

10am-12pm Sat

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Volunteer's Bus drivers phone neil on
4447 4713

Volunteer's op shop workers phone
Jeanette **4447 5075**

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Find us at: **59 Emmett St, Callala Bay**

Opening hours: **Monday to Friday – 8.30am to 4pm,**
Saturdays – 8.30am to 2pm (during summer/peak times only)

**We welcome donations of non-bulky items during opening
hours. For pickups, please call 4421 7244.**

COMMUNITY CONTACTS

Emergency Police Fire Ambulance –
000

Nowra Police Local Area

Command – 4421 9699

Crime Stoppers – 1800 333 000
(anonymous reporting)

Police Assistance line – **131 444**
(non-emergencies)

State Emergency Service – **132 500**
Jervis Bay Marine Park – **4441 7752**

Callala Doctor's Surgery – **4446 5350**

Shoalhaven City Council

General enquiries, business hours –
4429 3111

Emergencies and after hours – **4421**
3100

Justices of the Peace

Duncan, Howard – **4446 6535**

Hannan, Robyn – **4446 4428**

Rev Sue Fisher – **0406 815 449**

Lower, Jill & Graham – **4446 6281**

McMaugh, Dallas – **0400 189 875**

Taylor, Lorraine – **4446 5117**

Culburra & District Garden Club

Every 3rd Saturday of the month
at 1.30 pm at the Banksia Hall
Community Hall, Fred Evans Lane,
Culburra Beach (IRT entry)

More details - contact Doris
Carpenter - **4446 5631**

**Culburra & Districts Community
Health Service**

Visit the Op Shop and pick up a
bargain! Proceeds help maintain the
Medical Bus that transfers people to
Nowra for medical appointments from
Greenwell Point, Culburra Beach,
Callala Bay & Beach, Currarong
and Myola. Please contact Culburra
Pharmacy on **4447 2382** to arrange
transport.

**Culburra Beach & Districts Men's
Shed**

Every Monday and Wednesday
from 9.00am to 1.00pm, beside the
Banksia Community Hall, Fred Evans
Lane, Culburra Beach (IRT entry).

More details – contact Ray Sutton –
0499 452095

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