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CALLALA BAY NEWS

A monthly newsletter of the
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Note from the Editor:

The CBnews proudly supports our community, consider subscribing for a small yearly fee.

Please contact me with any local issues or concerns with the intention of having it published.

Editor - Jake Khourey

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Community Association

Message from the CBCA.

At this stage there appears to be no firm arrangements to proceed with either our usual CBCA Committee or CBCA Meeting that have been scheduled for 13th May, 2020.

Should there be any pressing matters of concern you wish to raise, please email; admin@callalabaycommunityassociation.com

A reminder email will be sent prior to the 13th May, 2020 accompanied by an attached agenda, noting any pressing matters that require immediate attention.

In the event that no such matters are arising, an email and Facebook notification will be provided regarding further arrangements for these meetings CBCA Committee or CBCA Meetings.

Kind regards,
Narelle Monaghan Secretary/Treasurer
Callala Bay Community Association Inc.

Medical Report

As we do every year, Callala Medical Centre is currently conducting the our annual influenza vaccines. We are taking social distancing seriously and we will be running smaller sized clinics, with an open air car park waiting area. The following groups are eligible to receive a government funded seasonal influenza vaccine:

- People aged six months to less than five years
- Aboriginal and Torres Strait Islander people
- People aged 65 years and older
- People aged six months and older with chronic

medical conditions such as heart disease, lung disease or diabetes.

If you do not fall within those groups but would like a vaccine, people contact your local pharmacy to check if they are also running a flu vaccine clinic.

Whilst patients are in for their flu vaccines, it is also a great opportunity for us to check up the status of their pneumococcal vaccination which protects some protection for a certain type of bacterial pneumonia. It should be perfectly safe for you to have it whilst you have your influenza vaccine. It is given once to those over the age of 65yo, and more than once if they have a chronic disease.

If you have any enquiries, please contact your friendly team at Callala Medical Centre.

Anglican Church

Mothers Day – The Needle

Remember happiness doesn't depend upon who you are or what you have; it depends solely on what you think. Dale Carnegie

Honey will you see what you can do about these arm covers that keep slipping off?" asked my husband for the second or third time. I had watched him struggle to keep the too skimpy but necessary protective arm chair covers carefully in place and ending with one or both on the floor. The house was empty when I decided to tackle the task.

I had a vision in my mind of an unusual and special needle that I had somewhere among my sewing things.

Continues on Page 7

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Anglican Church

So I began a rather haphazard search through various sewing boxes and my sewing machine, and then I went to the old walnut sewing cabinet that had been my mother's. I sat down beside it and began to go through the drawers. Why had I saved so many crochet hooks?

I rarely crocheted more than one or two loops. Oh, look there is the box of old lace and the beaded bag that mother sometimes carried her loose change in. Before long an hour had passed and I had certainly not begun to fix the chair. I gave the idea up for the present and continued to savour the memories that came flooding back as I sorted through the box. Then there it was the needle that had given me the idea I could fix the chair. It was rather thick in the middle but had a good sized eye and curved in the middle. Mother had long passed but I remember so clearly asking for that needle as we three children chose the things that were meaningful to us. I also asked for her painting supply and to this day I still use her brushes.

However, the needle was a mystery. Why had I wanted that needle, even after moving 5 times? Nevertheless, I took the needle and threaded it and went to the chair sat down and studied the situation. Then I felt tears on my cheeks and I know why I had kept the needle. I think I was about fifteen and I was having a party, I complained over and over again how ugly our couch was with torn places on the arms and shabby pillows. What will my friends think?

Mother hugged me and told me not to worry that my friends would have a good time because they cared about me and she would make the room very pretty. I went to my bedroom to do my homework and when I came down a few hours later to say good night there was mum

sitting on the floor with the needle going in and out sewing a piece of matching fabric over the worn couch.

Now I know why I kept the needle for so many years and why I know I could fix those chair covers. No lesson from a book, no homily, no class could have taught me more powerfully how to make someone you love feel comfortable with what was available as well as my mother's love.

This was taken from a book called "Chicken Soup for the Mothers and Daughters soul." By Julie Firman.

I thought it was a great message for all, and how to be thankful for what we have and who we are.

Rev Sue Fisher

Assistant Minister (Honorary) Culburra Beach Callala and Currarong

Callala Community Centre

We have been advised by Shoalhaven City Council that we have to close the hall for all bookings- with the exception of before and after school care which is deemed an essential service. Please see the advice as follows: Council's Community Halls from 23 March will temporarily be unavailable for hire, as Council adheres to the Federal Health Department's regulations.

This includes buildings at showgrounds, community sporting facilities building, public halls, community centres and School of Arts. Council has decided to close all Community Halls, due to uncertainty about private events adhering to current health regulations regarding social distancing. The health and well-being of our customers is always at the forefront of our mind, and we want to ensure their safety.

If you wish to know more go to the shoalhaven.

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Garden Club Roundup

*Meetings have been cancelled due to COVID-19.

As I write this, it's Easter Saturday and like everyone in our community, I am isolating myself at home. We are uncertain about this pandemic as we adjust the rules on how we live, work, worship and socialize with others. I can't stand being indoors too long, so I go and "play" in the garden.

I am attacking weeds with vigour and thanks to current showers, this task has been made easier. I have re-potted plants, moved plants and even helped my husband with mowing the lawn. In the April issue I wrote about my two baby blue tongue lizards -well now I've taken to stalking them to see where they are hiding.

When I was filing garden club paperwork, I found some old newsletters for the month of May. A section titled Garden News with Jack King caught my attention. Jack was a founding member and the club's "garden guru". He was the one we asked if we needed help with any garden problems. Sadly, he passed away a few years ago aged 95 and is very much missed by all.

This is what he wrote for the month of May -

- Camellias can be moved to another position now. Cut back 1/3 of the foliage so that you lessen the stress and shock of moving.
- Dahlias can be cut back now if stems have yellowed and you can lift the clumps and store in an airy place out of direct sunlight.
- House plants should not be watered until the soil in the pot has dried out on top, then water sparingly. (Jack was an expert on indoor plants- he had a large shade house in which he grew beautiful exotic plants)
- Zygocactus need to be moved outside to flower as they need a cold spell to flower properly. Cyclamen also need cool nights to flower.
- Lawns- raise mower 1 or 2 cms to

restrict growth of winter seeds. Grass cut too closely allows weeds to multiply.

- Continue to cut back perennials as they finish flowering.
- Cuttings of Geraniums, Daisies and Coleus can be taken.
- If you have these seeds, it's time to sow broad beans, peas, lettuce and spinach.

The plant for the month was the Coleus-These highly ornamental plants are loved the world over for their vivid foliage, not for their flower. They were first introduced to European gardens from Java in the 19th century. They grow happily in pots and in the garden but not in full sun. They prefer light shade to maintain their intense colour and require moist soil. Coleus are easy to strike as the cutting roots in a few weeks. They look great with other shade loving plants. Pinch back main shoots and any blue flowers to encourage branching and bushiness and prolong leaf growth.



Take care everyone and stay safe.
Go and enjoy your garden!

Doris Carpenter (secretary) 44465631



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Shelley Hancock MP Member for South Coast



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Authorised by Shelley Hancock MP, 1/57 Plunkett Street, Nowra, NSW, 2541

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Community Church

We have four dogs; I find that they are a constant source of learning. Take for instance our two senior dogs; the two Shih tzus, around 15 years old, late last year, although eating well they were constantly losing weight, and I was thinking the end is not far away, my nurse wife felt that something was lacking in their diet, so some rather expensive powder (not sure what it was) has been added to their food. And, much to my surprise, not only did they put on weight, the energy returned, almost back to their youthful selves; running and playing; they are still old but now seem to have a new lease on life.

The lesson learnt, good food sometimes needs something to metabolise it, allowing the nutrients to enter the various parts of the body. Perhaps this not only applies to food, it could be an ingredient missing in our relationships with one another and God.

It would seem that our relationships, those between husband and wife, or those between parent and child, even between friends or work colleagues, can sour or grow stale, little things once largely ignored become things that begin to destroy the joy and beauty of what once was strong and purposeful. You've heard the old saying; "when our relationship gets stale, we need to add a little spice". A small touch of herbs or spices can transform a bland meal into a culinary delight. Remembering the good times and finding the pathway back, it takes a little effort, but I'm certain it will be worthwhile.

Maybe for families it is good to share around the dinner table rather than in front of the TV; for couples, perhaps making sure to include a date night in the weekly schedule, and for friends and work colleagues go for a picnic or a game in the park (after these present restrictions are over). At the moment how about a group get together online, or make a couple of phone calls

to those who you haven't seen for a while. And what about that relationship with God? Whilst church services are now going online, and the meeting together in a building has been banned, it might be a time to open our Bibles and read; perhaps we need to read for transformation not only for information. When Jesus was talking to the Samaritan woman, he gave her and us some good advice; it goes like this; (The Message):

"It's who you are and the way you live that count before God. Your worship must engage your spirit in the pursuit of truth. That's the kind of people the Father is out looking for: those who are simply and honestly themselves before him in their worship. God is sheer being itself—Spirit. Those who worship him must do it out of their very being, their spirits, their true selves, in adoration."

My line is open if anyone would like to chat, may God grant you peace during this season of difficulties.

Kevin Kettlewell (Pastor) 0437338739

Subud Callala

SUBUD IN CALLALA BAY

Members of Subud Australia have begun meeting regularly at Progress Hall, Callala Bay for their spiritual practice called the latihan. The latihan is a way for people to discover and develop their inner self, with the aim being to worship Almighty God, regardless of religion or background. Subud is worldwide, and there are many groups across Australia.

Further information about Subud can be found at www.subud.com, or get in touch by sending an email to subud.callalabay@gmail.com



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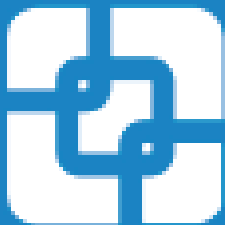
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There is now a competitive sport, where dogs are trained in 'nose work'. The dogs are trained to find a specific scent (usually birch, anise or cloves) and alert the trainer by sitting at their feet. The dog is rewarded for finding the scent that has been hidden in a specific place in an obstacle course.

Nose work is a fun way for dogs to use their natural talents. It gives smart high energy dogs a sense of purpose and exercises them.

Dogs are unique in their sense of smell because of the 300 million olfactory receptors in their nose. By comparison, humans have only 400 olfactory receptors, making our scent detection extremely inferior to that of the dog.

A much larger proportion of the canine brain is devoted to analysing scent compared with the human brain.

Dogs have nice long nostrils which can sniff in up to 30ml of air per nostril, each nostril separately sampling the air to assist them localise an odour.

A dog is in an 'active sniffing' posture when it has it's nose down and tail up.

Dogs interpret the world through smell in the same way people depend on sight.



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Message from Shelley Hancock MP for South Coast

REGIONAL SENIORS TRAVEL CARD EXPANSION

More seniors across the South Coast electorate are set to benefit from the NSW Government's \$250 Regional Seniors Travel Card, with thousands more veterans now eligible to apply for the card. Member for South Coast Shelley Hancock said more local seniors would now be able to access essential services by using the \$250 pre-loaded card on fuel, taxis, prebooked NSW TrainLink Regional train and coach services.

"We understand that many seniors in regional areas have no other means of transport to access essential services like attending medical appointments or travelling to the shops for supplies," Mrs Hancock said.

"So while we are urging seniors to stay home as much as possible and avoid any nonessential travel right now, it's important we continue to support seniors who need to carry out essential travel.

"So far in the South Coast electorate, there has been over 13,000 successful applications from eligible seniors for the card."

Minister for Regional Transport and Roads Paul Toole said thousands more eligible seniors were expected to sign up for the card, which was designed to help ease the burden of travel costs and inject much-needed funds into regional economies.

"More than 270,000 seniors have already signed up for this card which is easing the burden of travel costs for eligible seniors living in the bush and injecting millions of dollars into regional economies," Mr Toole said.

Eligibility criteria for the card has been widened to include seniors who have reached the Age

Pension age and are receiving one of the following pensions from the

Department of Veterans' Affairs:

- Service Pension
- Disability Pension under the Veterans' Entitlements Act 1986
- War Widow(er)'s Pension.

These new recipients join people receiving the Age Pension and Commonwealth Seniors Health Card holders in being eligible for the card. All applicants must also live in regional NSW outside of Sydney, Newcastle or Wollongong.

Eligible seniors have until 30 November to apply for a card in 2020, and 12 months to use their card from activation.

With the latest health advice and risks associated with COVID-19, seniors are encouraged to apply online at service.nsw.gov.au or call 13 77 88 rather than visiting a Service NSW Service Centre.

Seniors must activate their card within 45 days of the date shown on the letter that has their card attached or it will be cancelled. To activate the card, call card services any time on 1800 569 070 or enrol on the card services website.

For more information contact the Office of Shelley Hancock MP 4421 0222



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Anzac Biscuits

Traditional Recipes - The army biscuit, also known as an Anzac wafer or Anzac tile, is essentially a long shelf-life, hard tack biscuit, eaten as a substitute for bread.

Ingredients sufficient for six biscuits:

200 gm self raising flour
400 gm wholemeal flour
40 gm/5 tbs sugar
20 gm/3 tbs milk powder
1.5 gm/good pinch salt
220 mls water

Method

Place flour, sugar, and milk powder in a large bowl and blend with finger tips. Form into pile and scoop out a hole (well) in the centre. Add all of the water in which the salt has been dissolved. Thoroughly work the flour from the inside of the well into the water until the whole is a mass of lumps of flour and water. Once the dough is formed, transfer it to a table top or pastry board. The dough should now be torn apart, rubbed into balls, and thrown together, and the process repeated until the mass is well mixed and in the form of a hard dough. The dough is then rested for about half an hour. Now roll the dough in 8 mm-thick sheets using a rolling pin and two 8-mm thick guides (wooden slats are ideal), the dough being rolled down between the two guides until the rolling pin rests on the guides during each traverse.

The rolled sheet of dough is then cut into 90 mm squares, preferably by pressing with the edge of a steel rule rather than slicing with a knife. The pressing action helps to join the top and bottom surfaces and will improve the lift on baking. A cardboard square, 90 mm on each side, can be used as a pattern to ensure uniformity in your tiles.

Next, the biscuit squares should be docked by having a regular horizontal and vertical pattern

of holes pushed into them at about 18 mm spaces with a flat-ended pin or rod. Push it in until it bottoms, twist slightly, and then withdraw. Repeat at the next position. Each biscuit should have five vertical and five horizontal rows of dock holes, 25 holes in all. There are those at the Memorial who argue for 49 holes (7 x 7) as the authentic number of dock holes.

Place on a lightly greased steel baking sheet, with the biscuits about 6 mm apart, and form a wall around the load with scrap dough to avoid burning the edges of the biscuits. Bake at about 200 degrees centigrade for 30 to 40 minutes on a low shelf in the oven. Take care not to burn them. To achieve a suitable hardness in your biscuits, store for a time in an air-tight container.

Traditional Anzac biscuit recipe No.2

The popular Anzac biscuit is a traditional, eggless sweet biscuit. Early recipes did not include coconut. To make a more modern version minus a cup of oats and add a cup of desiccated coconut.

Ingredients

2 cups rolled oats
1/2 cup sugar
1 cup plain flour
1/2 cup melted butter
1 tbs golden syrup
2 tbs boiling water
1 tsp bicarbonate soda (add a little more water if mixture is too dry)

Method

Combine dry ingredients.
Mix golden syrup, boiling water and bicarbonate of soda until they froth. Add melted butter.
Combine butter mixture and dry ingredients.
Drop teaspoons of mixture onto floured tray, allowing room for spreading.
Bake in a slow oven.

Callala Bay to Nowra – Route 730



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	am	am	pm	am	am	pm	am	
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Emmett Street Shops	8.56	10.15	1.53	8.51	10.15	1.53		7.30
Callala Bay School	8.55							7.25
Mayfield								7.40
Stewart Place	9.35	11.10	2.55	9.35	11.10	2.55		8.10
Stockland Nowra	9.45	#		9.45	#			2.45
Nowra TAFE	9.42	#						8.20
Railway	9.40	11.00	2.40	9.40	11.00	2.40		8.15
Train Departs	11.23	11.23	2.35	11.23	11.23	4.11		9.20

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Nowra to Callala Bay – Route 730



DEPARTS	MONDAY TO FRIDAY		School Holidays			School Days	
	am	pm	am	pm	pm	pm	pm
Train arrives	9.15	12.27	9.15	12.27	2.17		2.17
Railway	9.40	12.32	9.40	12.32	2.40		2.40
Stewart Place	9.35	12.20	9.35	12.20	2.55		2.55
Nowra TAFE	9.42	12.35					3.30
Stockland Nowra	9.45	12.40	9.45	12.40	2.45		2.45
Mayfield							3.55
Callala Bay							
Callala Bay School							3.35
Corner Sydney Street & Callala Road	10.07		10.07				3.45
Boorawine Terrace	10.10		10.10				3.42
Emmett Street Shops	10.15		10.15				3.40

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Coronavirus Info

NSW residents should act now to reduce the risk of infection from COVID-19 (coronavirus).

Social distancing means we reduce the number of close physical and social contacts we have with one another.

When social distancing actions are combined with good personal hygiene measures the spread of a pandemic through the community can be slowed. This helps protect the most vulnerable members of the community and reduces the impact of the pandemic on essential, life-saving health services.

There are many actions individuals, employers and organisations can take now to promote social distancing and help reduce the risk of COVID-19 infection in our community.

This advice is based on the current stage of the COVID-19 outbreak in NSW. As the situation is evolving rapidly, this advice may be updated with additional measures.

Simple steps for social distancing can make a big difference

NSW residents are urged to take simple steps now to reduce the risk of transmission of COVID-19.

Be part of the solution.

Act now on what you can do.

Keep your distance from others as much as possible but stay connected.

Staying connected as a community

Keep connected as a community by taking some simple steps.

Stay informed. Use information from reputable sources including this website, the Australian Government website and the NSW Government Facebook page.

Support others in our community. Look out for neighbours and family.

Keep connected to your family, friends, work colleagues through phone, email and social media.

Take personal action to reduce exposures and stay healthy

The most important action is to practise good hand hygiene.

To reduce your exposure and chances of getting ill with COVID-19.

Wash your hands often with soap and water for at least 20 seconds, especially after you have been in a public place, or after blowing your nose, coughing, or sneezing. If soap and water are not readily available, use a hand sanitiser with at least 60 per cent alcohol.

Avoid touching your eyes, nose, and mouth with unwashed hands.

Cover your nose and mouth with a tissue when you cough or sneeze, throw soiled tissues in the bin and clean your hands with soap and water or sanitiser. If you don't have a tissue, sneeze or cough into a flexed elbow.

Clean and disinfect frequently touched surfaces each day.

Stay home if you are sick and don't expose others. If you are unwell with flu-like symptoms, do not go outside your property or home, do not go to work, school or shops unless it is essential.

Get a flu shot when it becomes available.

Talk with your doctor and pharmacist about getting an emergency supply of any medications being taken regularly by you or your family.

Stop shaking hands, hugging or kissing as a greeting.

Avoid crowds if possible. If not, keep the time short.

Avoid small gatherings in enclosed spaces, for example family celebrations.

Attempt to keep a distance of 1.5 metres between yourself and other people, where possible.

Avoid visiting vulnerable people, such as those in aged care facilities or hospitals, infants, or people with compromised immune systems due to illness or medical treatment.

Visit shops sparingly, buy food online, consider home delivery and take-aways.

Use debit and credit cards instead of cash and make use of online and self-serve transactions (for example Opal cards on public transport).

Use public transport in off-peak periods if you can.

Re-consider overseas and interstate travel plans.

Continues on Page 21



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Callala Gallery on Facebook

www.artclassesnowra.com

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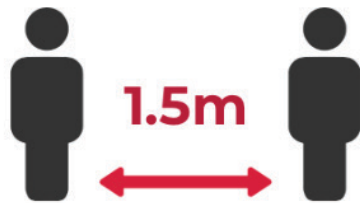
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- FIRE RATED
- PANEL JOINTS
- SAW CUTS
- FLOOR JOINTS

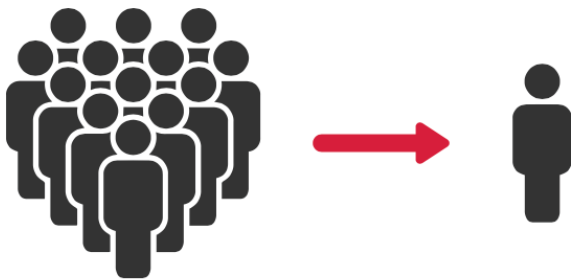
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Coronavirus Info



Keep 1.5m between yourself and others



Avoid crowds and gatherings

People should be informed but not panic about this outbreak, Australia is well placed to handle this and our health system is 1st class.

Australians should also remember our sense of mateship during this time, especially when grocery shopping. Please DO NOT panic buy more than you need! There is enough to go around but if everyone panic buys, we will experience shortages and those most vulnerable will be left without essentials.

If you have bought more than you need, please consider donating some to your friends and family who may be running low on essential items like; toilet paper, tissues and pantry items.

Please also remember NOT to buy baby wipes if you don't have a baby. Parents in the Shoalhaven are reporting not being able to buy baby wipes and nappies.

Please also remember you CANNOT flush baby wipes and paper towel down the toilet. Doing so can result in blockages and a costly plumbers bills

for you and our council.

Common sense is what's needed at this time. We as a nation have shown time and time again we can handle challenges, the recent bush fire season proved our compassion and love for each other was stronger than ever, so please I urge everyone to remember that during this crisis.

The main things to remember is be safe, don't travel unless its completely necessary. Maintain social distancing until our health officials tell us otherwise. Stay away from elderly friends and family and others that may be vulnerable such as those with weaker immune systems or any preexisting health conditions.

Wash your hands is the number one thing to remember, with soap and water for at least 20 seconds. If you cannot get antibacterial wash don't panic. Good old fashion soap and water is effective in killing off the virus from your hands. And resist the urge to touch your face.

For the time being we are urged to stop shaking hands and kissing people on the face. It may seem un-Australian to not shake your mates hand, but its best to safe than sorry.

The government is providing stimulus to help the economy, people on welfare payments will also receive extra payments to help.

Local small businesses are doing it very tough and will receive assistance from the government to help them through this time. The NSW government has now ordered some retail and hospitality shops to remain closed for the mean time. However most cafes and restaurants that offer takeaway can still operate.

ALL REGULAR COMMUNITY MEETINGS HAVE BEEN CANCELLED INCLUDING CHURCH SERVICES, ANZAC DAY CEREMONIES, SOCIAL MEETINGS,ETC. IF YOU ATTEND THESE MEETINGS PLEASE CONTACT YOUR GROUP COORDINATORS FOR UPDATES

WHAT'S ON @ THE PROGRESS HALL

MONDAY	4:00PM - 6:45PM	JENNY'S DANCE	PAMELA	0433 675 820
TUESDAY	10:00AM – 12:00PM	CRAFT	YVONNE FOWLER	4446 6380
TUESDAY	2.30PM – 4.30PM	FOLK DANCING	MAUREEN PETHERICK	4446 6550
THURSDAY	9:30AM	YOGA	ANNA SMALLWOOD	0405 102 234
		BEGINNERS WELCOME – MATS SUPPLIED	WWW.ROAMINGYOGIS.COM.AU	
FRIDAY	3.30PM – 5PM	TENNIS LESSONS	GARRY O'CONNOR	4464 1418 OR 0412 068 116
SATURDAY	8.00AM	TAI CHI	JOHN GRAHAM	0428 564 738
		ALL LEVELS		

Tennis court bookings can be made at Callala & Culburra First National – 58 Boorawine Terrace, Callala Bay or call on 4446 4313. Please make your booking during office hours so that the keys can be made available (available in daylight hours only).

THE HALL IS ALSO AVAILABLE FOR FUNCTION BOOKINGS INCLUDING WEDDINGS, BIRTHDAYS, BABY

Anglican Churches

of Culburra Beach | Callala | Currarong

Callala - Church Service - 5pm Sunday

All Welcome | Kids Church

St Marks, 2 Hunter Street, CALLALA BAY

Caterpillar's Play Group - 9:30am Friday @ Culburra Beach Anglican

Kids Club - 3-4:30pm Friday @ Callala Anglican

289 (Youth) - 5-7pm Friday @ Callala Anglican

For more information: Rev. Paul McPhail

m. 0414 616 860 e. culburra.anglican@gmail.com

www.culburraanglican.org.au

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Emmett St Callala Bay. A fully equipped kitchen, An elevated stage and sound system, Off street parking

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What's On Regularly at the Centre:

Sunday Callala Christian Community Church: Call Pastor Kevin Kettlewell	9 am
Monday - Friday (school times) OOSH By Katie for OOSH times call Katie	0419 917 793
Monday Friends of Callala - over 50's social group - new members always welcome	12-2.30pm
Tuesday Art Classes: Call Sandra McKenzie-Clark	0439 241 144
Tuesday Mat Pilates: Call Erin	0434 419 694
Thursday Yoga: Contact Carla	carlavesitano@live.com.au
Second Wednesday of the month: Callala Bay Community Association	7:00 pm
First Saturday of each month: Callala Community Church Pre-Loved Clothing stall	9.30am-12pm
Second Saturday of each month: Callala Markets - Call Sandra	0413 581 419

For all bookings and enquiries call Jane: 0408 521 520

Glimpses of the Callala District

Compiled by Robyn Florance for the Shoalhaven Historical Society Inc.

Myola - Margaret Holmes

Myola is an Aboriginal word meaning 'place of crabs'. Its location on Currumbene Creek made the area an important fishing ground. It was locally important in the 1880s as it was at the end of a timber cutters' track from worrigee (near Nowra). This track ran through forest from which timber (cedar, blackbutt, ironbark, bloodwood) was cut and taken to Currumbene Creek for the boat building and shipping trade at Huskisson, a little downstream from and on the opposite bank from Myola.

Barges carrying stone as ballast dropped this at the creek entrance (the stone is now under the breakwater). They sailed up the creek to collect the timber; some logs may also have been floated to Huskisson. The last timber was cut in the 1950s, for railway sleepers.

Although other settlers purchased land in the area, John Cartwright was the sole original owner of what is now Myola. He bought this land on 25 March 1912, by conditional purchase, paying £76 for 76 acres one rood. Here, the price of £1 per acre had not changed from that in 1841 for the first Crown land auction at Callala Beach.

The allotment on the banks of the Currumbene Creek covered approximately the area of the present day settlement. It was defined by the high water mark to the railway and timber preservation (declared on 13 October 1875) and for defence purposes (declared on 30 June 1884). Today, the foreshore (Crown) land between Myola and Callala Beach is a coastal protection area.

John Cartwright sold part of his land to one purchaser on 7 January 1922. Between 1942 and 1945 he sold other lots to various people. Further subdivision occurred in 1950, with three streets;

Catherine Street, supposedly named after John Cartwright's wife; Clare Avenue, possibly after Cartwright family member or friend; and Arnott Parade after one of the original purchasers. Arnott Parade was on the creek bank and has been eroded. What remains of it is now a public reserve.

The first residents, in 1953, reached Myola by boat from Woollamia on the opposite bank of the creek. Building materials, household goods and personal possessions were all ferried across on rafts.

Parts of the area designated for 'defence purposes' covered the present day car park at the approach from Myola to the breakwater in Currumbene Creek, and adjoining beach frontage.

The site was considered in 1916 for a Defence Forces convalescent hospital. Building did not commence and in 1942/3 a hospital here was again proposed, but still did not eventuate.

Lone Grave of Thomas Speechly - Forest Road, Currumbene Creek, Myola, via Callala

The only grave in the Callala Beach/Myola area is in the bushland near Myola. It is that of six year old Thomas Speechly, son of an English father and a part Aboriginal mother.

Tommy was killed on 14 November 1904. Naval ships had been practising in Jervis Bay, and Tommy found a live shell.

The explosion as he touched it killed him. Another version tells of a child killed by a piece of wood which flew off timber but by his father using explosives. The story has circulated for some years, but has no source. The first account was given by a contemporary of Tommy who played with him, and in whose house Tommy's mother was working when the accident happened.

The boy's mother arranged for a headstone to be erected close to the spot where her son died.

It is believed that someone cared for the grave until at least 1960s; the site remains cleared and the headstone stands, in good condition.

CULBURRA & DISTRICT COMMUNITY HEALTH SERVICE

We maintain the Op Shop, Ambulance Station, Medical Centre and the Medical Bus.

Culburra Pharmacy on **4447 2382** for medical bus
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Volunteer's Bus drivers phone neil on **4447 4713**

Volunteer's op shop workers phone Jeanette **4447 5075**

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Day from the Past in Callala

Former league star, 'drug kingpin' Les Mara arrested

THE international manhunt for alleged cocaine kingpin Les Mara a former first grade rugby league player came to an end with his arrest by the AFP.

THE international manhunt for alleged cocaine kingpin Les Mara took 18 months and stretched from Europe and South America to Canada. Yesterday Australian Federal Police caught their big fish in a much smaller pond - a sleepy seaside town on the NSW South Coast.

A team of 20 AFP agents yesterday pounced on the former Balmain and South Sydney rugby league player about 11am (AEDT) as he and long-time associate Mark John Coughlan left Coughlan's Callala Bay home for a morning walk.

Mara, 53, a counter-surveillance expert known to change his appearance, never saw the arrest coming.

Police allege he is one of two alleged kingpins in a plot to smuggle up to 30kg of cocaine into Sydney from South America in late 2004.

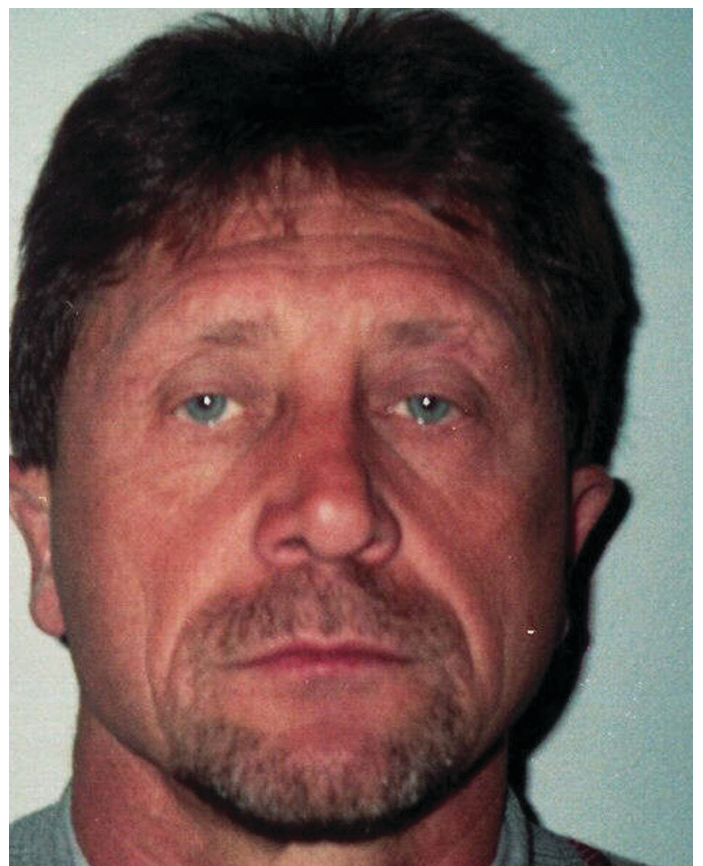
"He was quite surprised at first and then he was very annoyed about the situation that had confronted him. It was certainly a turn of events that he hadn't planned for," AFP Sydney deputy manager David Stewart said.

The plot's other alleged principal, cancer-stricken Michael Hurley, 59, was arrested in Glebe in February.

Mara was taken to Nowra police station and charged with conspiring to import a commercial quantity of cocaine, and refused bail. He is due to appear in court this morning.

Federal police said Coughlan would not face charges of harbouring Mara - at this stage. Mr Stewart said the AFP agents who made the arrest had brought an end to a major

international drug syndicate.



Article by Kara Lawrence from news.com.au



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Callala Bowls

FINAL OF THE MEN'S MAJOR SINGLES

The final of the men's major singles was played in fine, cool conditions on Sunday, March 8, between Stephen Bowerman and Dennis Beazley. Steve took the early lead with the score 18 - 8 on the 18th end. He continued to lead with Dennis slowly narrowing the gap, the score 27 - 25 on the 33rd end. The game was decided on the 39th end with both players going in on 30 all. Dennis held shot to win the match 31 - 30. This was good experience for Steve, our only junior bowler. Congratulations to both players for a terrific game.

Due to the corona virus, the Club has been closed for over a month, hence no bowls results to report



L to R Dennis Beazley winner of the 2020 Men's Major Singles with runner up Steve Bowerman

BirdLife - Shoalhaven

Birdlife Shoalhaven is a fantastic local group devoted to things bird related. In the aftermath of the bush fires of 2019/20 they have been in overdrive to make sure our local birds are recovering.

For anyone interested in finding out more about this group or reading about their latest updates I urge you to read their latest newsletter via the link below. Their latest issue looks into the following subjects;

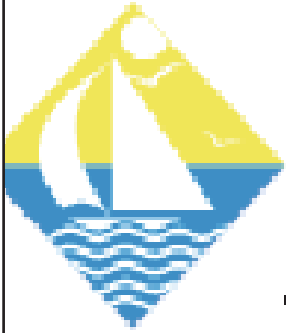
- Responding to bushfires and Covid 19
- Bushfire Research Project
- Birding at home
- Conservation Curiosities
- Flagging an issue for Shorebirds

Please visit the following website to access their latest issue.

<http://www.birdlifeshoalhaven.org/magazines/blsnewsautumn2020.pdf>



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Membership Application Form 2020



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COMMUNITY CONTACTS

Emergency Police Fire Ambulance – 000

Nowra Police Local Area Command – 4421 9699

Crime Stoppers – 1800 333 000 (anonymous reporting)

Police Assistance line – **131 444** (non-emergencies)

State Emergency Service – **132 500**

Jervis Bay Marine Park – **4441 7752**

Callala Doctor's Surgery – **4446 5350**

Shoalhaven City Council

General enquiries, business hours – **4429 3111**

Emergencies and after hours – **4421 3100**

Justices of the Peace

Duncan, Howard – **4446 6535**

Garry, Rexeen(Rikki) – **4446 6649**

Hannan, Robyn – **4446 4428**

Rev Sue Fisher – **0406 815 449**

Lower, Jill & Graham – **4446 6281**

McMaugh, Dallas – **0400 189 875**

Taylor, Lorraine – **4446 5117**

Ward, Noel – **4446 6800**

Culburra & District Garden Club

Every 3rd Saturday of the month at 1.30 pm at the Banksia Hall Community Hall,
Fred Evans Lane, Culburra Beach (IRT entry)

More details - contact Doris Carpenter - **4446 5631**

Culburra & Districts Community Health Service

Visit the Op Shop and pick up a bargain! Proceeds help maintain the Medical Bus that transfers people to Nowra for medical appointments from Greenwell Point, Culburra Beach, Callala Bay & Beach, Currarong and Myola. Please contact Culburra Pharmacy on **4447 2382** to arrange transport.

If you have good saleable furniture to donate, contact Malcolm on **0429 092 347**

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