March 2017

CALLALA BAY NEWS

Monthly newsletter of the Callala Bay Community Association Incorporated

Life's a Beach



Photo: Courtesy of Bayside Aerial Images

Why would you live anywhere else?

WHAT'S ON? @ THE PROGRESS HALL

BOOKINGS JOANNE MULLER 4446 4313

Booking Joanne Moller 1110 1010							
TUESDAY	10am - 12pm	CRAFT	Yvonne Fowler	446 6280			
TUESDAY	2:30pm - 4:30pm	FOLK DANCE	Maureen Petherick	4446 6550			
THURSDAY	6pm - 7:30pm	YOGA Beginners welcome Mats supplied www.roamingyogis.com.au	Ann Smallwood	0405 102 234			
FRIDAY	3:30pm - 5pm	TENNIS LESSONS	Garry O'Connor	4464 1418 or 0412 068 116			

Tennis court bookings can be made at Callala First National Real Estate - 58 Boorawine Terrace, Callala Bay or call on 4446 4313. Please make your bookings during office hours so that the keys can be made available (available in daylight hours only).

The hall is also available for function bookings including weddings, birthdays, baby showers etc.

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It's the place for your next function.

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What's On Regularly at the Centre:

Callala Christian Community Church
Kids Korner - before and after school care
Tai Chi
Tai Chi
Sunday: 9 - 11am
Mon-Fri: Call Jane on 4446 4218
Sat: Call John on 0428 564 738
Friends of Callala - over 50's social group
Mon: 12pm - 3pm - 4446 6535

Yoga Tues: 6:15 - 7:30 pm

email: info@samana.yoga

Callala Bay Community Assn. monthly meeting 2nd Wed of month: 7:30pm

For all bookings and enquiries call Jane: 4446 4218 - Emmett Street, Callala Bay (Opposite Bay Village Shops)

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CALLALA BAY NEWS

A monthly newsletter of the Callala Bay Community Association Inc: ABN



(www.callalabaycommunityassociation.com)

PO Box 14 Callala Bay 2540

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Vacant

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Congratulations to Shoalhaven City Councillor, Jo Gash (*previous Mayor*) for her Australia Day A.M. honour.

Note from the Editor:

If you have an issue or concern that needs to be raised, why not send it to the Editor. This should be brief, to the point and with the intention of having it published.

Ed.



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Saturdays (during summer/peak times) 9am-2pm



GARDEN CLUB

Hi everyone,

Our first meeting was held on Saturday 18th February 2017 and it was great to see everyone again since the last meeting in November and Christmas party.

Members took the opportunity before the meeting to catch up on news.

On a sad note we learned of the death in January of member Joan Loveday. Joan was a lovely lady who attended meetings regularly and joined in all activities.

We are also mourning the loss of Bob Lindsay who with his wife Carol edited our garden club newsletter for many years.

It 's hard when we lose those who have played a big part in our club.

President Sue welcomed 30 "glad to be back" members and one visitor ready to begin another year.

Theme for the display table was Valentine's Day (what else) and members did not disappoint – red Geraniums, Roses, Anthuriums, Hibiscus, Bougainvillea, Mandevilla (or Dipladenias and a red blood plant). I managed to find a large red wooden heart(from the local Anglicare op shop) and placed it amongst the red hues. Some members even wore red.

One of the most striking plants is Anthuriums. Anthuriums are a member of the arum (Araceae) family and occur naturally from Mexico to Argentina and Uraguay in South America. The Anthurium is also known as Painted Tongue, Flamingo Flower (Flamingo Lily) or Tail Flower.

They like rich moisture retaining compost, perfect drainage and high humidity. My plant gets the heat but it's not in direct sunlight.

Propagation is mainly by division of older plants which is best done in early spring although I have never divided mine as it is growing happily in a big pot.

Jack King who is our resident "garden guru" gave me one of his exotic plants and this summer it has flowered. I keep looking at this flower because it's striking and sinister looking.



The plant is called a Tacca — the other common names of Bat Flower, Cat's whiskers and Devil's Tongue are even more appropriate. The flower looks black but looking closer it's actually purplish-brown and it has long "whiskers" coming out of it. Taccas come from Asia and Africa and being a tropical plant so they love heat and we've had plenty of that this summer. It is in a sheltered place with no direct sun on it.

Guest speaker was Helen McCosker and her talk was inspired by her love of Shakespeare's plays. Helen is also our Vice President and a former English teacher. As a child she loved reading and was intorduced to Tales from Shakespeare by Charles and Mary Lamb, at an early age. Helen used quotes from Shakespeare's plays to make references to his love of gardens, flowers and even weeds. "A **rose** by any other name would smell as sweet" is a frequently referenced part of William Shakespeare's play Romeo and Juliet. and "sweet flowers are slow and weeds make haste." From Richard III. His other plays include many references to plants.

We meet every 3rd Saturday of the month at the Banksia Senior Citizens Hall, IRT entrance, Culburra Beach at 1.30 pm starting time. Happy gardening

Doris Carpenter 44465631



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In the past, we have been struggling to get numbers during the holiday period. To be viable and to continue to operate in the Callala area we need your children. With Easter just around the corner, Tanya and I have been busy coming up with a fantastic programme to keep your children busy over the next school holidays. Excursions we are planning include a trip to the Wollongong Science and Planetarium Centre, Inflatable World North Wollongong, learn to cook classes - to name a few.

We open from 7 am to 6 pm (but 6 am bookings are available). Child care benefits and child care rebates are there for eligible families. A full programme for Easter 2017 will be available from 20 March and all bookings need to be in by **Monday 27 March 2017.**

Contact either Jane or Tanya on 44464218 or Sharmaine at our Nowra office on 44210700 for more detail.







Trish dancers from the Jennifer Bird School Lof Irish Dance will be performing at the Callala RFS fund raiser on St Patrick's Day. Jennifer has been teaching in the Illawarra and Sutherlandshire for 25yrs and has great success with her dancers achieving top 5 results at the State and National level. This year, two of the dancers will be travelling to Dublin for the world Irish Dancing Championships at Easter. Bryanee aged 18 yrs. and Teisha aged 16 yrs. are excited to be representing Australia against the best in the world. Jennifer currently teaches dancers for fun, fitness, professional dancing and competition in Port Kembla, Stanwell Park and Heathcote. Dancers live as far north as Caringbah and the Gerringong in We are honoured to perform at such an important local community event and wish everyone a wonderful St Patrick's Day. Alanna West

Anglican Churches

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Callala - Church Service - 5pm Sunday

All Welcome I Kids Church

St Marks, 2 Hunter Street, CALLALA BAY

Caterpillar's Play Group - 9:30am Friday @ Culburra Beach Anglican

Kids Club - 3-4:30pm Friday @ Callala Anglican

289 (Youth) - 5-7pm Friday @ Callala Anglican

For more information: Rev. Paul McPhail

m. 0414 616 860 e. culburra.anglican@gmail.com www.culburraanglican.org.au



Central Shoalhaven Mobile Preschool is a community based not for profit organisation operating for 38 years in the Shoalhaven area. We provide educational programs designed for preschool children aged between 3 - 5 years by fully qualified staff in a caring environment. Allow your child to make new friends within the local area. Subsidy available. We operate from Callala Beach Community Centre, Quay Road Callala Beach on Tuesday and Wednesday.

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VET'S ADVICE

I want to start by paraphrasing another veterinarian's blog - I give you permission to be lazy.

I know vets are always encouraging you to take your dog for a walk, but in the extremely hot weather we have had over the last few weeks, you have my absolute permission to be lazy, to relax inside, with the air conditioner on, sharing blocks of ice with your dog. Not only do you have my permission, I am pleading with you not to take your dog for a walk on those days.

The reason is simple. Heat stroke. Unlike you and I, your dog really does not sweat. Sure, there are a few sweat glands in his paws, but these are inadequate for cooling in really hot weather.

Instead, your dog cools himself by panting. Air moves over the tongue, and through the nasal passages to cool the dog. In very hot weather, especially if you have been exercising the dog, this cooling method quickly becomes overwhelmed and your dog will start to become hyperthermic.

This happens even faster in short nosed dogs like pugs and bulldogs. Hyperthermia, or heat stroke, is a medical emergency and without appropriate treatment, it can be fatal.

Signs to watch for include:

- excessive and noisy panting
- thick, sticky saliva
- bright red tongue
- red, pale or blue tinged gums
- disorientation and weakness
- vomiting and diarrhoea
- shock
- collapse
- loss of consciousness

At the first sign of heat stress, you need to take action to cool the dog.

Use cool water, either in a bath or under a running hose, or even a cold, wet towel. Remember that water left on the dog will start to heat up, so the water or towel needs to be refreshed often.

Once the dog is wet, it is important to keep the air around them moving, so use a fan or air conditioner. Please don't leave your now wet dog outside in the heat or shade, the water on the coat will heat up and cause continued hyperthermia.

If your dog is conscious, you can offer water, but do not try to force water down their mouths. If the only sign of heat stress was panting, these at home measures may be enough, however if heavy panting continues or any of the other listed signs develop - then your dog needs veterinary attention. **This is a true emergency.**

Delayed treatment may lead to organ failure, brain swelling, blood clotting disorders and death. Even with treatment, permanent damage may have already been caused. Keep your dog cool on the way to the veterinary clinic.

Once at the clinic, your dog's temperature will be monitored, it may be placed on a drip, given oxygen, have blood tests taken and be given various medications. Your dog may also be sedated. Treatment may be continued for several days if organ damage has occurred.

So, while I encourage you to spend time out and about with your dog, remember, on those scorching hot days, please be lazy!

Dr Sam Singleton







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COMMUNITY CHURCH

I trust you have survived the heat and as I am looking forward to a cooler autumn and the spectacular colours, it brings.

Historically there is not too much doubt that Jesus of Nazareth lived for some thirty years in the first century; what is often debated is just who he is. I wonder if the Sunday school images or the various pictures give us a true picture.

I find as a former telephone technician and motor mechanic it is comforting to know Jesus was a tradesman, we have at least that in common. But what else do we know?

The Bible speaks about his birth, and a brief story when he was twelve, the rest is about his three and half years of ministry. So what was so special that at least nominally around two billion people claim to be Christian? And, a further question is why in the western world the church is in decline whilst in the third world it is growing?

As we read the Gospels we find rather than a huge PR exercise we find a very human Jesus, one who laughed, partied and wept, although he was very God he was also very human; God's plan; we could never really reach out to God so he became one of us so we could know him.

Dr. Scott Peck, a well known physiotherapist and popular author began his study into the claims of Christianity as a sceptic but ultimately became a Christian, below is an extract of his findings:

"I was absolutely thunderstruck by the extraordinary reality of the man I found in the Gospels.

I discovered a man who was almost continually frustrated. His frustration leaps out of virtually every page: "What do I have to say to you? How many times do I have to say it? What do I have to do to get through to you?" I also discovered a man who was frequently sad and sometimes depressed, frequently anxious and scared...

A man who was terribly, terribly lonely, yet often desperately needed to be alone.

I discovered a man so incredibly real that no one could have made Him up".

Whilst that is one man's finding and not all would agree it does give credence to the writer of the letter to the Hebrews who writes: "¹⁴ Since, then, we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast to our confession. ¹⁵ For we do not have a high priest who is unable to sympathise with our weaknesses, but we have one who in every respect has been tested^[a] as we are, yet without sin (Hebrews 4:14-15).

Perhaps in an attempt to answer to our earlier question, brings further questions, are we depending on science, governments or education to solve our world's condition?

Why in the lucky country do we have such high levels of depression, domestic violence and anxiety?

Perhaps the answer is getting to know the real Jesus; we at Callala Community Church are far from perfect, but we love Jesus and seek to make a difference in our community.

Kevin Kettlewell Pastor

0437338739

DO YOU HAVE AN ITEM FOR SALE?

From April 2017, there will be a column where you can list items for sale. Just a dozen or so descriptive words with your contact details.

Send your listing in to me by 20th of the month, unless advised otherwise.

Ed.



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CALLALA BAY'S NEWEST CITIZENS

On 25 January 2017 at Shoalhaven Entertainment Centre, Michael and I became Australian Citizens. What a great evening and privilege it was.

If you didn't know, one cannot become a Citizen until you have been in this country 4 years exactly.

Well, to the exact date of our arrival - (2 September 2012) the application form, already completed signed and witnessed, was posted. Not sure if we were in the acceptable deadline and cut-off date for new applications, we waited and waited.

It was in the New Year January 7, that the letter arrived from Mr. Peter Dutton, we found out, yes - we could become "Stralians".

Both Michael and I have been visiting Australia for holidays (*to our sons*) for 15 years and fell in love with Australia and its people straight away.

It was our greatest dream to become Australian Citizens. Although the first two years were challenging for me but not for Michael. This surprised me as I am the more outgoing person and find it easy to talk to people.

As you can imagine living here and holidaying here are completely different. However, people kept telling me, give yourself time.

May I say, it wasn't anything Australia or its people did - but myself, missing all that was familiar, family and friends. Well over the months things got easier, I began to learn the culture, the differences, and made many friends of course.

Australia Day we held a party for friends and neighbours to help us celebrate this joyous occasion.

Thank you Australia for making us welcome, befriending us and accepting us.

By the grace of God and the love of His people all things are possible.



Michael & Rev.Sue Fisher



Rev.Sue

Michael (Mr. Sparklebright Bright) and
Rev. Sue Fisher
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Culburra, Callala and Currarong Anglican Church



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POLICE REPORT

I know that you have been waiting all month for the next instalment of "On the beat". It's the serial that you have with your cereal.

Next of Kin program:

The Next of Kin Program helps people living alone to have the contact details of their nominated person recorded at a local police station. You may ask, "What's a Next of Kin?".

A next of kin is defined in the dictionary (*from the internet*) as "A person's closest living relative or relatives". It has also be defined as your closest relation, nearest blood relation/relative, closest family member or in the case of childless couples, your next of kin are your parents.

So if you have any of the above hanging around you should read on.

The Next of Kin (NOK) program records the contact details of your nominated Next of Kin, as well as the nominated doctor, dentist and any medical alerts that would help in an emergency situation. The records will be entered onto a register. Any information provided will be securely stored and only accessed by NSW Police.

This information may assist the ambulance and police in an emergency situation to contact a relative or other nominated person to inform them of your situation. But there's more. If you register on the NOK register you will receive not only a key ring but a sticker as well. The key ring has many functions, it can hold keys, it has a spot to write your registration number on and it can also be put in your pocket even at the same time. The sticker can be placed on the fridge or the phone (**not both**) to alert emergency services that you are registered in the 'Next of Kin' program.

By now you have probably spilt your coffee down the front of you shirt in excitement.

"How do I register?" you ask. It is simple.
Just contact your local Police Station and ask to speak to the Crime Prevention Officer about the Next of Kin Program and application process.
So not only do you receive the amazing key ring and sticker, but everything is FREE!.

Scams:

If you receive a phone call or an email offering you untold riches or amazing prizes and you immediately think that it is too good to be true then it probably is. *Do not get scammed.*

What are the odds that you win a fantastic prize that is from a competition that you never entered. (*probably nil*). Don't fall for the sob story that ultimately requests money or bank details.

You have earned your money, do not give it away. Please get onto the Fair Trading Website on the internet and read all about the scams and what to do.

As always, in case of emergency, call **000**Non Emergencies contact Police Link on **131444**or your local Police to provide anonymous information call crime stoppers on

1800 333 000

Domestic and Family Violence Info visit www.police.nsw.gov.au or Shoalhaven Domestic Violence Officers. 44219666 or 44219665

Email shoaldvlo@police.nsw.gov.au

Don't forget. Cops are tops.



CALLALA BOWLS NEWS

CALLALA MENS BOWLS NEWS

On Saturday, February 4, the quarter final of the men's Major Singles was played in very hot humid conditions. Chris Harbrow defeated Patrick Ford. Bob Fowler defeated Stephen Bowerman. Pat Brown defeated Pauli Kennedy. The last game saw Craig Taylor and Anthony Fisher do battle, both Club Champions. This was a close game until Craig forged ahead defeating Anthony for a place in the semi final against Pat Brown. A big thank you to Stephen Blackley for marking two of the games as most of the other available players were away at various venues playing in the District Singles.

One game in the semi final of the men's Major Singles was also played on Saturday, February 4. Craig Taylor and Pat Brown battled it out in the very hot and humid conditions. was a very close game with the lead changing several times. With the scores 30 - 29 to Pat on the second last end, it was anyone's game. Craig scored 2 shots on the last end to win 31 - 30. Also congratulations to both men for an excellent game and to the marker Pauli Kennedy and spectators who endured the heat to support the players. The other semi final was played on Wednesday, February 15, between Chris Harbrow and Bob Fowler. This was a close game with the lead changing several. Bob defeated Chris on the 35th end. The final between Craig Taylor and Bob Fowler is set down for Saturday, February 18, and promises to be a must see game.



Anthony Fisher, Eddie Semevente (marker) with Craig Taylor after their semi final of the Major Singles



Pat Brown, Stephen Blackley (marker) and Pauli Kennedy after their Major Singles quarter final game

CALLALA WOMEN'S BOWLS NEWS

Despite the heat, the ladies had a good roll up of players last Tuesday, January 31. Terry McMillan and Dianne Dawes defeated Joan Jagger and Debbie Allan in the pairs. In a close triples game, Lyn Byrne, Jan Wright and Tracey Semevente defeated Lyn McVicar, Colleen Tracy and Audrey Mansfield by one shot, 16 - 15.

In extremely hot conditions on Saturday 11 February, one first round game in the women's Minor Singles Championship was played between Sam Bowerman and Dianne Dawes. Sam started well keeping Dianne scoreless until the 8th end, staying ahead until the 16th end. Dianne caught up, the score 13 all and 16th end and 16 all on the 18th end. The final score was Dianne 25 to Sam 19 on the 25th.

Tuesday, February 14, the second game of the Minor Singles was played in very warm conditions between Bev Young and Colleen Tracy. Another great game to watch with, once again, the score very close on several occasions. Bev went on to win on the 22nd end, 25 - 14.

Our good wishes go out to several of our members who are on the sick list at the moment.

The group picture was taken on Debbie Allen's last day at Callala RSL Women' Bowling Club.

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We wish Debbie and Frank all the best in their new home and you will be sorely missed.

The club is on the look out for new bowlers. If you are interested either call Club Callala on 4446 5313 and leave your name etc or telephone Lyn on 4446 6985.



Lyn Byrne, Joan Jagger, Audrey Mansfield, Debbie Allen, Colleen Tracy, Dianne Dawes and Jan Wright



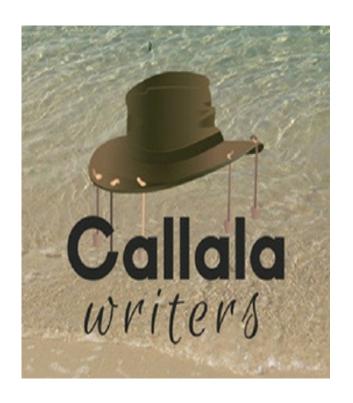
Bev Young and Colleen Tracy with Terry McMillan after their Minor Singles round

Anew community group - Callala Writers - has recently formed. It is open to women who write or would like to start a writing project. Whether you compose poetry, write for your business or would like to start that book, all women are welcome.

The group will be an informal, social group to provide support and encouragement, meeting every 2 months.

Callala Writers will have a special launch at the next "We Mean Business" women's hub meeting: Tuesday March 28th 2017, 6 pm at Club Callala.

Contact jennifer@proofreadedit.com.au for more information.



CALLALA MEN'S & VET'S GOLF CLUB NEWS

Bill Downton

Saturday Golf 21st January

Today was to be a very special day for two players who at tee off had no idea how significant the end of the round would be from the start.

Over the last three years the 16th hole has become the ultimate of challenges to score an Eagle. This all started with Clifton Accountants, Bowral and Bomaderry sponsoring the hole during the Callala Open for anyone who was talented enough to score an Eagle on the hole.

Well today one Aoauli Carrett, who is Callala's top woman player showed just how it is done with her wonderful drive then that all important second shot into the cup.

Big congratulations Aoauli and nice to show the rest of the field how it is done.

The second player today to experience stardom was President Harold Reynolds who played exceptional golf to come home top of the podium with 41 points.

Congratulations Harold on a fantastic round of golf.



Vet's Golf Tuesday 24th January

Four Ball Better Ball was the format for today with some great scores coming with good run offered for those who managed to stay on the fairways.

Taking out the honours and bragging rights were the team of Lee Bebber and Neil Sparks with 50 points.

Congratulations Lee and Neil on a very good round of golf.

One point behind and coming in as runner ups was the team of Ken Black and Bob Plunkett.

Well done Ken and Bob on an also great game and result.

Saturday Golf 28th January 2017

A good field of keen players turned up at Callala today for a partner game of Four Ball Better Ball. Not taking anything away from the overall winners for the day, there was also two players who stood out. Aoauli Carrett; off 11 demonstrated how the game should be played with 10 pars, 1 birdie and 40 individual points. Well done Aoauli!

Another star today was John Love who on the 7th did not do that great a drive off the tee leaving himself about 150m over the dam to the pin. Well, John was happy when his second shot left the club nice and clean. To say that he and his playing group were excited when the ball hit the green, rolled toward the pin and, plop, into the cup it went was an understatement. At presentation John received from Captain, Ilija Sesum, a box of Srixon balls for his fantastic Eagle shot. Great effort John!

Winning the top spot on the podium today with an impressive 52 points was the team of James Morris and Perry Cousins. Congratulations on an excellent partnership game of golf with great team work.

Second home today with 51 points was the team of Barry Jarman and Bob Plunkett who also demonstrated the skill of team golf. Congratulations and commiserations on that one point.



Vet's Golf Tuesday 31st January

Single Stableford was the format which along with extreme heat must have suited the man of the day, Harry Dowling coming home with an impressive 43 points.

Coming in close behind was playing partner Gordie Hargrave with an also impressive 42 points. Coming into third spot after the count back was applied was Neil Sparks with also a very impressive 42 points.

Congratulations to Harry, Gordie and Neil on their great rounds today.

Saturday Golf 4th February 2017

Today's Monthly Medal was well supported with big thanks to Ilija Sesum and Jamie Reardon for great lunch which all players very much enjoyed at conclusion of the day's play.

Two players today played exceptional golf rounds to both come in with a very impressive 62.

Steve Chapman off 17 and Steve Monsalve off 13 had to wait for the countback to be applied before Steve Chapman was declared the overall winner for the day and the "B" grade monthly medal winner.

Well done Steve and congratulations on an exceptional round of golf.

Big congratulations also go to Steve Monsalve on an also exceptional round of golf and the winning of the "A" grade monthly medal.

Commiserations on the count back.

Coming into third spot was Graham Lewington off 19 and Harold Reynolds off 17 both coming home with 65.

Even though they both played a terrific round there can only be one winner and after the count back was applied Graham was declared the 3rd place winner and Harold was relegated to 4th.

Congratulations to both Graham and Harold on their great round of golf today.

Commiserations to Harold on the count back. "C" Grade winner for today was Terry London off 26. Congratulations Terry on your win.



Saturday Golf 11th February 2017

Single Stable format on a very hot day. Handling the oppressive conditions best and also demonstrating his golf prowess was Andrew Kozinski who came home to claim the top dog spot on the podium with an impressive 40 points.



Congratulations Andrew and nice to have you back playing with us.

Second spot was to be decided between David Brumby and Aoauli Carrett who both played exemplary golf to each come home with 39 points.

Once the countback was applied, David was declared the runner up winner with Aoauli in third place.

Congratulation to both David and Aoauli on a very impressive round of golf.



Vet's Golf Tuesday 14th February

On a very pleasant day weather wise a single stableford format was played by a good field of enthusiastic players.

Coming home with 39 points was Noel Smith and Bill Downton.

Great golf Noel and Bill and as always there can only be one winner and once the countback system was applied Bill managed to come in as winner for the day with Noel coming in as runner up.

Coming into third spot was Bill Snelgrove who played an impressive round to record 38 points.

CBCA REPORT for MARCH

ur annual Australia Day Breakfast was held under uncertain skies, but the weather held and in the end - everybody had a great time. We estimated there were between 250 and 300 people who spent the morning with us, which considering the early predictions of rain and the fact this year it fell on a week day, we were more than happy. (see photos opposite)

New clown Daniel kept the younger set amused and our busker Martin, provided live music. We hope you enjoyed the innovation this year.

Our Citizen of the Year was the Captain of the Callala Volunteer Bush Fire Brigade, Susan Borrowdale and we recognised the entire Callala Crew who fought the Black Swamp Fires in November 2016 with certificates for a job well done.

We also acknowledged our editor Joan Lewis for her work in taking on the Newsletter.

Clr. Jo Gash commented in presenting her the award, that the "CB News was an outstanding Newsletter, one of the best she had seen".

However on a sad note, previous CBCA member - Bob Lindsay, the originator of the Australia Day event (and was for a long time, the editor of the CB News in its current format) - passed away suddenly on 2nd February 2017. His funeral service was held at Worrigee Lawn Cemetery on the 8th of February 2017. It was very well attended by all his family and friends. Our thoughts and condolences go to Carol and their family.

The CBCA AGM was held 8th February 2017 and Clr. Jo Gash was the Returning Officer and she declared all positions vacant.

There were no nominations for President or Vice President. The vacant positions were filled when members of the 2016 Committee were nominated and re-elected for 2017. (see page 3)

We are still looking for a Minutes Secretary, so please come forward and put up your hand to help. James Morris and Howard Duncan will continue to act as executive members of the Committee, for 2017.

Clrs. Mitchell Pakes and John Levitt were welcome visitors. The General Meeting followed and was informed about our current projects:

• The Indigenous Contemporary Pole Installation. Two poles have been completed and the third is almost finished. The poles will be erected on the Callala Headland adjacent to the path. After the installation, a formal presentation to the Community is planned with members of Council, Jerrinja Community, and the Callala Community being invited to attend.

A morning tea will be held in the Community Centre to celebrate the event. Everybody who attend the presentation is invited.

- The CBCA is compiling a Community Trades and Services Directory for all local business and service providers for the Bay, Beach and Myola, in response to the many requests "does anybody know a '...'." The aim is to provide a take home copy for all our residents to keep as a truly local resource. Distribution will be through the shops in the Village and the Bay.
- Our final project is the St Patrick's Day Fund Raiser "Shamrock 'n Roll", to raise funds for both the Bay and Beach RFS units. (see page 33)

Our next meeting will be **Wednesday 8th March 2017** at the Callala Community Centre in Emmett St. Callala Bay.

Tea and coffee from 7.00pm for a 7.30pm start.

2017 Australia Day Breakfast at Bicentennial Park





Ann Sudmalis MP and Clr. Jo Gash

Sue Borrowdale and Ann Sudmalis MP











Callala Bay News - Page 21

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Shoalhaven

Shoalhaven City Councillors welcome comments and information from the general public. They can be contacted on the numbers and email addresses below.

For general enquiries phone 4429 3111

shoalhaven.nsw.gov.au ny

Clr Amanda Findley

M: 0434 151 730

WARD THREE

amanda. findley @shoal haven.nsw.gov. au

WARD ONE



Clr Annette Alldrick M: 0428 657 026

annette.alldrick@shoalhaven.nsw.gov.au



CIr Nina Cheyne M: 0428 629 147

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CIr Andrew Guile M: 0412 287 706

andrew.guile@shoalhaven.nsw.gov.au



Clr John Wells M: 0412 676 159

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WARD TWO



Clr Joanna Gash M: 0427 160 170

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Clr John Levett M: 0418 469 094

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CIr Mitchell Pakes M: 0432 557 516

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Clr Greg Watson M: 0412 210 979

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bob.proudfoot@shoalhaven.nsw.gov.au





patricia.white@shoalhaven.nsw.gov.au



HAVE YOU EVER WONDERED WHAT U3A IS ALL ABOUT?

U3A is the University of the 3rd Age – not a "new age" organization. Third Age refers to the age or time of life when people want to learn new skills, take on board new knowledge and meet like-minded folk.

The U3A movement started in France at the Faculty of Social Sciences in Toulouse in 1973, by Prof. Pierre Vellas

Australia's first U3A began in Melbourne in 1984. As of 2013, Australia has developed into 250 U3As with approximately 85,000 members. These are based in metropolitan, regional and rural areas, and follow the British self-help model of teaching and learning over a wide range of subject areas, dependent upon the membership's own expertise, knowledge and skills.

A volunteer management committee runs U3A Shoalhaven which started operating in 1987 and courses are also staffed by volunteers who have a particular skill or interest.

There are four terms and enrolment and membership for the year may be be paid at the start of each term. New membership of U3A is \$1.00 and the annual fee is \$10.00. Course fees apply for each course taken.

The range of courses is extensive; there are 37 in Term One, which commenced on February 6th 2017. (*Courses are not expensive*)

For example I run "John's Movie Club". I show quality films (*six for only \$14 for the term*) – with complimentary jaffas and jubes!

Term One films range from the 1922 silent film "Foolish Wives" to a 2007 French film "Conversations With My Gardener".

Website:www.shoalhaven.u3anet.org.au or 'phone *44240216* 9.30am -12.30pm,Monday, Wednesday and Friday.

John Green

Relay for Life

The Nowra Shoalhaven Relay for Life is being held at Nowra Showground on the 25th March and 26th March 2017. The Relay runs for 24 hours and teams are asked to have someone on the track for the duration of the event. However, that being said, it is not necessary. The aim of the Relay is to raise awareness about Cancer, and of course to assist the Cancer Council to raise funds. Funds raised by the Cancer Council go directly back into our community, the Nowra Cancer Care Centre is one example of were the funds go. The Cancer Care Centre now has a car available to collect patients, as well as the bus and they offer a range of support to both patients and carers.

The helpline number is 13 11 20.

The Callala Crusaders is one of the local Relay teams. Callala Crusaders have been involved in Relay for Life since 2007. The team was originally called 'Kim's Callala Colleagues' in memory of Kim Egan, Callala Public Schools first Librarian, who sadly lost her battle with cancer in 2006.

Until 2013 our team mainly consisted of staff members, now we are a community team.

We raise funds by holding Trivia Nights, selling raffle tickets and chocolates. On the day of the Relay we also sell various goods and home baked treats.

Relay for Life is a great community event, you do not have to be a registered walker to come up to the Show ground and have a look. Each team generally has some goods to sell, and there is lots of entertainment.

If you are planning to come up in the evening the HOPE ceremony (which is very moving) is held at 6.30pm.

You are welcome to join our team or get your own team together, and help us make a

difference in the fight against cancer.

For more information please contact Jacquie on **4446 6100**, or on-line via www.relayforlife.org. au and follow the on-line instructions.

Jacquie Ney

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CALLALA MEDICAL NEWS

We often hear about the dangers of cardiovascular diseases on television and in conversation, but has anyone ever stopped to think what is cardiovascular disease?

Our body is made of blood vessels, to the heart, the brain, to all the major organs, and to our arms and legs.

When we talk about disease of the heart, the same risk factors for diseases of the heart can happen anywhere else in the body – a heart attack is just blockage of the vessels of the heart, and if it happens to the brain then it is a stroke, and when it happens to the arm or legs - then it is known as ischemic limbs.

So, recently Callala Medical Centre has introduced screening for peripheral vascular disease to look for diseases of the limbs known as an Ankle Brachial Index study.

We encourage people with a history of symptoms such as pain on walking, aged over 65 years, or over 50 years with a history of smoking or diabetes, to have a conversation with our friendly staff about peripheral vascular disease screening at the

Callala Medical Centre on 4446 5350

Callala Wetland Walkway

BUSHCARE



Planning is now well advanced for the creation of the Callala Wetland Walkway through Callala Creek Bush-land Reserve.

To traverse sections that are often wet, the walk-way will include raised sections, or boardwalks, made of recycled plastic planks on support blocks. These materials are lightweight and easy to assemble.

We plan to begin construction of the boardwalk on **Saturday 25 March 2017**, with a follow-up session on the following **Saturday 1 April 2017**. We would be delighted if other community members would join us to help assemble the boardwalk elements.

Sessions should be no longer than 3 hours. Tasks involve screwing the planks to their support blocks; carrying the planks to the prepared site; and fitting/cutting the assembled planks into the walkway. All necessary materials and equipment will be provided.

If you can join us, please let us know your availability. Contact Bryan Lenne on 44464157 or scribblybark@gmail.com



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What a busy month!

Numerous call outs, training and two deployments (one of which is currently occurring).

The first deployment was for two days and consisted of 4 members on our Cat 7. We were deployed to the Currandooley Fire near Tarago.

It was interesting to see how different grass fires act, compared to bush fires. Grass fires are unpredictable. They can start easily, spread quickly and can move three times faster than a bush fire. We did a lot drafting from dams which was great training as this is not something we do often.

Additionally, we had the chance to use a Thermal Imaging Camera to look for 'hotspots' in the ground. Hot-spots can present a future risk even though a fire is not 'active'. Some hot-spots we found had readings over 600 degrees Celsius.

Though the deployment was a great opportunity for training, it also was an eye opener. Typically the areas that burn in grass fires are farmlands. These farmlands not only include farmers homes but are locals livelihoods. The loss of property, land, crops, cattle, sheep etc. can set a farmer back years.

The second deployment is for 6 days to the Sir Ivan's Fire, which 4 of our members are currently on with the Cat 7. This fire is still active (at the time of writing) and has burnt just under 55,000 hectares and destroyed farmlands, stock, numerous homes, buildings, property and sheds.

To give you a comparison regarding the size, the Black Swap Fire which occurred locally in November burnt approximately 700 hectares. Lastly, 4 members participated in a trial work-

shop for Household Assessment prior to a bush fire. This workshop is hoping to provide a statewide tool which will highlight the level of risk to each of property and how the home owner can prepare their properties for the best protection.

We are hoping to use this tool locally in the coming months.

HOME PREPARATION TIPS

To continue from above, here are some basic maintenance ideas to help you prepare your property and improve the chance of your home surviving a bush fire or ember attack even if your plan is to leave early. Additionally, a well prepared home will also give you more protection if a fire threatens suddenly and you cannot leave.

- Clean your gutters of leaves/twigs
- Repair damaged/missing tiles on the roof
- Install fine metal mesh screens on windows/ doors
- Enclose the areas under the house.
 Repair/cover gaps in external walls
- Cut back trees/shrubs overhanging buildings
- Clean up debris around the property Have hoses long enough to reach around your house

INFORMATION AND OPEN DAY:

Our local Brigade is hosting an Information & Open day on Saturday March $11^{\rm th}$ 9am -12pm to coincide with the Callala Friendly Markets.

Come down for a meet and greet with your local volunteer brigade members. The day will include activities for the kids, truck and fire hose displays, two information sessions & more. For further details see our Face book page 'Callala Bay Volunteer Rural Fire Brigade'.

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Harmony Meditation Group & Qigong has been meeting at Callala bay on a Friday morning at 10am for overs 14 years. NO fees, NOT a religion, NOT a psychotherapy group, NO obligation to attend weekly ~ just when you want to.

Relax and learn how to live IN HARMONY with yourself and your world.

RING JOHN OR JEANNIE ON: 4446 5902 or come to

59 BOORAWINE TERRACE 10am Friday





Brumbies Report

With the 2017 Winter season just around the corner and a proposed season start date of the 1st April the Brumbies are preparing teams and taking registrations on the advertised registration days and online at myfootballclub website. Team nominations for the competitions have to be in by the 27/2/17 and we should see the first and hopefully final draft of the draw produced soon after that.

The Brumbies Senior Ladies and Men's teams have started training recently with the Ladies under the supervision of Jarrod on a Tuesday and Thursday night and the Men's team on a Wednesday night with Josh running these sessions. Both the Ladies and Men's teams are still looking for players to fill up the numbers, with the Brumbies hoping to enter two Ladies teams for the Tuesday night competition and the Men with Two teams for the Saturday Competition and a team of the old fella's lining up to run around in the O/35s competition on a Thursday evenings, if you are interested in playing or being involved please contact either of the coaches or the senior co-ordinators (details available on the Brumbies website) for more details.

The Junior teams will start training early in March once the club has final numbers and can organise Coaches and Managers for the teams. We are still on the lookout for Junior players with most age groups still having vacancies especially in the U/15 and U/17 Boys ages.

There has been a change in age divisions this year with the U/13, U15, and U17 age replacing the old U/12, Youth U/14, and Premiers U16. There is also two separate streams for the Girls and the Boys with the last mixed age

group now the U/11s. The match days will still remain as the U13s Boys and Girls played on a Saturday and the U/15s and U/17s playing on a Wednesday night.

As most teams will require Parents/Carers to either Coach or Manage the respective teams, the club would ask if you are interested please contact either Andy Coppin or Natalie Holbrow and we will offer any and all assistance to help you in these roles. The Shoalhaven District Football Association offers numerous coaching courses that are either free or heavily subsidised by both the Association and our club, and if we can generate enough interest amongst members the Shoalhaven District Football associations coaching coordinator is happy to come out and run some training sessions locally.

The Association is also in desperate need of Referees and cadet Referees, even with an increase in the payment made to the referees there will be a shortfall available for the 2017 season, if you are interested in gaining the qualification as either a senior or cadet referee please contact the president of the Referees Association Joel Sleeman 0408414269.

On a different tack the Callala District Soccer club, The Callala Community Hall Committee and Shoalhaven City council are proposing a joint venture to increase the storage space available to the Soccer club and community groups that use the local hall and soccer park by adding a small extension to the western side of the existing Soccer club amenities. This proposed extension will provide all the community groups with more storage room, something which all the organisations that utilise these amenities have been asking for recently.

The Soccer club will be co-ordinating the building process along with the Shoalhaven City Council and are on the lookout for local builders who would be interested in providing a quote to manage and construct this process beginning around September/October 2017. For any further Information about this project please contact Club President Andy Coppin.





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ouncil staff will now commence a submission to the Independent Pricing and Regulatory Tribunal (IPART).

This decision of Council does not mean that a rate rise will be implemented immediately. IPART must first consider Council's submission which will include all of the submissions and community feedback that has been provided to Council.

IPART may choose to either approve the proposal, refuse the proposal or approve a smaller rate increase.

The decision of IPART is expected to be received in the coming months and will be provided back to Council for consideration and determination of the next steps forward.

Council will also be shortly commencing engagement on our Community Strategic Plan and Delivery and Operational Plan which sets the direction for the future and any proposed expenditure of the rates and this will be another opportunity for the community to have their say on the expenditure of Council funds for 2017/18.

Council does understand that everyone's situation is different and that some people may be impacted by a rate rise more than others. Council has in place a Hardship Policy to assist anyone having difficulties in paying their rates.

Pensioners who have a principal place of residence in the Shoalhaven can also apply to Council for a maximum \$250 pensioner subsidy.



Neighbourhood Day Sunday, 26 March 2017

Host a street party or a community event to celebrate this year's Neighbour Day on Sunday, 26 March. It's a great way to meet your neighbours, catch up and meet new people.

Contact Lilianna Hutchinson at Council on 4429 3372 for more information.



Currarong Road (budget \$500,000) – 560m of pavement reconstruction and shoulder construction commencing approximate 5kms from Coonemia Road.

Prince Edward Ave (budget \$600,000) - 455m of full width pavement reconstruction between Lake Circuit and Eastwood Ave. Traffic will be detoured on to Penguins Head Road for the duration of the works. Notification signage and letters to residents will be in place.

The principle Contractor is Stefanutti Constructions Pty Ltd.

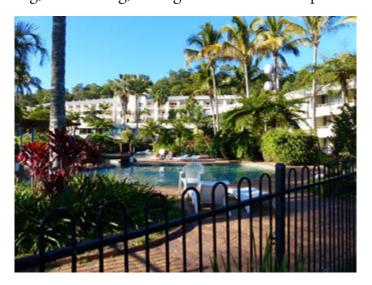
After the completion of the project, residents will enjoy the benefit of having wider road shoulders and refurbished or re-sprayed high friction road surface, which will significantly increase the safety and driving comfort - while driving along this part of the road.

Both projects are expected to be completed by the end of March, subject to good weather.

LOOKING FOR A SPELL AWAY? READ ON.. Shayne Earley - .MTA Travel

Two years ago I was invited to spend a few nights at Tangalooma Island Resort on Moreton Island which is just off the coast from Brisbane. I loved it so much that I have just returned from another amazing holiday at this resort. From Brisbane airport it is only a 15 minute taxi ride and then the ferry to the island takes about 1 hour and 15 minutes.

Moreton Island is the 3rd largest sand island in the world and Tangalooma is the only resort on the island. It has a wide range of accommodation to suit everyone, from large hotel rooms to suites, villas, luxury apartments and houses most with views of the water. There are also a few different restaurants, a casual dining café and a bar all located along the waterfront all of which have just been renovated and look fantastic. The resort has three swimming pools and lots of activities for both adults and children such as bird and fish feeding, ATV quad bike tours, sand tobogganing, snorkelling, diving and other water sports.



There is also a Marine Education and Conservation Centre and the Eco Rangers conduct tours and educational talks about the environment and wild life.

But the main attracting is the wild Dolphin feeding which happens every night at the Resort and guests can participate in this activity.

It all started in 1992 when one Dolphin Beauty was able to be hand fed by the owners of the resort and over the years this has now grown to a pod of up to 14 Dolphins who come each night to be fed by guest of the resort. This year two more babies were a wonderful addition to the pod.

This was truly an amazing experience to be able to get so close to a wild Dolphin. Not one that is held in captivity but one that chooses to come to the resort to be fed. The Dolphin I fed was called Nari and he is 18 years old and has had a lucky life after being rescued twice. Once for being caught in fishing lines and the other after a shark attack. He was just so beautiful and so gentle. I fed him two years ago and was delighted to be able to feed him again on my recent trip.



The resort allows you to the feed the Dolphin under strict guidance. You are not allowed to touch the animals, only place the fish under the water and let the Dolphin come to you and take the fish. Sometimes if you were a bit slow with the next fish you got a little nudge in the leg from your Dolphin. There is also an abundance of friendly bird life that turn up for the daily bird feeding sessions. There are Pelican, Pied Cormorants, Whistling Kites and my favourite were the Striated Heron. One of the best times to visit Tangalooma Island Resort is from June to October as the Humpback Whales are migrating pass the resort and daily whale watching cruises are operational. The resort runs a special during this time that if you stay 2 nights you get a free whale watching cruise It is a great place for a short break or a family holiday.



Callala Community Church ... following Jesus

Sunday Worship 9am

at the Callala Community Centre Emmett Street, Callala Bay

Wednesday Home Prayer Meeting 7.00pm

Enquiries phone Pastor Kevin Kettlewell 0437 338 739

Pre-Loved Clothing & Book Stall

First Saturday of the Month at the Callala Community Centre 9.30am to 12am

Clothes in good condition can be dropped off at the stall (on the day only). If clothing can be delivered by 10am; this will allow them to be displayed.





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THURSDAY

Bowlers Extensive Raffle from 6pm with great prizes Lucky Member's Badge Draw

FRIDAY

Meat Mart Best value Friday night in town Meat Tray prizes with value over \$1,000 - Tickets on sale 6pm Draw commences approx 7pm

SATURDAY

Fisho's Raffle From 12 noon to 1:30pm

SUNDAY

Meat & Seafood Raffle, Tickets on sale 4pm. draw commences @ 5pm



MONDAY

Free Trivia 6.30pm Start

TUESDAY

Members Good Time Happy Hour 4pm to 5pm - All Drinks Discounted. darts - Comp & Social from 7pm

WEDNESDAY

NPL POKER - Only \$2 to Play 7pm Start - Ca\$h prizes and regional tournament tickets to be won every week

THURSDAY

Bingo - Eyes down at 11am

BOWLS

Monday - Indoor starting @ 12pm

Tuesday - Women's bowls from 9:30am

Wednesday - Men's social bowls 12:30pm from 1pm

Thursday - Mixed Social Bowls - Ring for details

Friday - Twilight Bowls from 4:30pm \$10pp

Sunday - Social bowls from 1pm \$6. Jackpot prizes



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Ph 4446 5313

43 Callala Beach Rd, Callala www.clubcallala.com.au





CALLALA BAY COMMUNITY ASSOCIATION INC.

Community Consultative Body to Shoalhaven Council for Callala Bay ABN 6803 198 0561 www.callalabaycommunityassociation.com
PO Box 14, Callala Bay NSW 2540

APPLICATION FOR MEMBERSHIP OF CALLALA BAY COMMUNITY ASSOCIATION INCORPORATED

(Incorporated under the Associations Incorporation Act 1984)

I/we Applicant 1 (Full Name)			
Applicant 2 (Full Name)			
Your Callala home address			
Email Address 1			
Email Address 2			
Daytime Contact Phone No(s):			
	-		ed incorporated association. In the bound by the rules of the Association
Signature of Applicant 1		Date	e
Signature of Applicant 2		Date	e
Date presented to membership for ratifica	ation at f	ollowing month	nly meeting
Annual Membership fee paid on date			_Receipt Number
Fees \$5 per couple, or \$4 per household v	where bo	th members are	e pensioners.
Would you prefer the Callala	Bay N	ews, eithei	r:-
home delivered to your Callala address	OR	Emailed	(Please Circle One)

COMMUNITY CONTACTS

Emergency Police Fire Ambulance – **000**Nowra Police Local Area Command – **4421 9699**Crime Stoppers – **1800 333 000** (anonymous reporting)

Police Assistance line – **131 444** (non-emergencies)

State Emergency Service – **132 500** Jervis Bay Marine Park – **4441 7752**

Callala Doctor's Surgery - 4446 5350

Shoalhaven City Council
General enquiries, business hours – **4429 3111**Emergencies and after hours – **4421 3100**

Justices of the Peace
Daniels, Nancy – **4446 6817**Duncan, Howard – **4446 6535**Garry, Rexeen(Rikki) – **4446 6649**Hannan, Robyn – **4446 4428**Lower, Jill & Graham – **4446 6281**McMaugh, Dallas – **0400 189 875**Taylor, Lorraine – **4446 5117**Ward, Noel – **4446 6800**

Culburra & District Garden Club

Every 3rd Saturday of the month at 1.30 pm at the Banksia Hall Community Hall, Fred Evans Lane, Culburra Beach (IRT entry)

More details - contact Doris Carpenter - 4446 5631

Culburra & Districts Community Health Service

Visit the Op Shop and pick up a bargain! Proceeds help maintain the Medical Bus that transfers people to Nowra for medical appointments from Greenwell Point, Culburra Beach, Callala Bay & Beach, Currarong and Myola. Please contact Culburra Pharmacy on **4447 2382** to arrange transport.

If you have good saleable furniture to donate, contact Jim on 4446 6733

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We Put You First

At Callala First National you'll find a team of professionals to handle all of your real estate needs. We have been serving the Callala community for over 15 years and continue to strive to provide a service above and beyond our clients expectation.

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