

CALLALA BAY NEWS

March 2018

Monthly newsletter of the Callala Bay Community Association Incorporated



*Aerial views of Wowly Creek, Callala Bay
by local - Craig Bloxsome*



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CALLALA BAY NEWS

A monthly newsletter of the
Callala Bay Community Association Inc:
ABN 68031980561



www.callalabaycommunityassociation.com
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NEWS EDITOR

Joan Lewis - lewisjr@bigpond.com

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Note from the Editor:

Contributors please note, that articles should be no more than 500 words.

However if you have an issue or concern that needs to be raised, why not send it to the Editor. This should be brief, to the point and with the intention of having it published.

Editor

Assistant Editor - Jon Glasson

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It has been a scorcher of a summer, and with it, the team here at Callala Medical Centre have seen lots and lots of skin cancers this year - so I want to take this opportunity to remind everyone about the use of sunscreen.

Between 1992 and 1996 in Nambour in QLD, 1,600 people in the town of Nambour were randomly selected for a study about sunscreen. Half of them applied sunscreen every day summer and winter, and the other half were provided sunscreen to use and they used it when they felt like it.

Over the next 15 years, the group that used sunscreen everyday had less solar keratosis (*sun damaged skin*), less skin cancers, less wrinkles and smaller melanomas than the group that did not use sunscreen everyday.

So please remember to ***Slip Slop Slap*** and cover up everyday.

In other news, Our practice is moving into the future, with SMS recalls for test results for out patients. At your next appointment, please talk to our friendly receptionist team at ***Callala Medical Centre*** about our new Privacy Protection and SMS consent form, and update your contact details at the same time.

Once we have enough people in town signed up, we will roll out a new SMS recall system to improve how we communicate with you.

DID YOU KNOW

Drivers aged 75 or over

From the age of 75, you need to have a medical examination every year to make sure that you are fit to drive.

Each year when your medical examination is due, Roads and Maritime Service (RMS) will send you a medical report form to be completed by your doctor.

Drivers who hold a licence *other* than a class C and/or an R licence have to pass a driving test every year once they turn 80 yrs.

If you have a class C and/or R licence, your practical driving assessment starts at 85years. To retain an unrestricted licence you are required to pass the driving assessment every second year (age 85, 87, 89 etc). RMS will advise you when you are due for an assessment.

A medical examination must be passed before the driving assessment.

If you no longer require an unrestricted licence, you can opt for a modified licence without the need for a driving assessment. Talk to your Registry or Service Centre Manager for further information.

Information about whether you are driving safely, how to continue driving safely and what your licence options are, can be found on the website **rms.nsw.gov.au** or in the publication:

A guide to older driving licensing.



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Graham Worts

Fun and Fitness at Jervis Bay

DAY	ACTIVITY	TIME	VENUE	COST	TEACHER
Monday	Aquarobics	10 – 11.30am	Callala Bay	Nil	Karen
	Strong Seniors	10.30 – 11.30am	Establish Health and Performance (gym), Culburra	\$10	Gym instructor
	Stretch (& strength) class	9 – 10am	Culburra Bowling club	\$2	Margaret
	Yoga (vinyasa flow)	6 – 7.30pm	Callala Bay Community Hall	\$16/\$14 concession	Katie Hyde
	Karate (all ages)	5.30 – 7pm	Callala Beach Hall	\$10	Darren
	Social Tennis	8 – 11am	Callala Beach court	\$5	
Tuesday	Strong Seniors	9.30 - 10.30am	Culburra Gym	\$10	Instructor
	Yoga (level 1)	9 – 10.30am	Husky Yoga Studio	\$18/ \$15 seniors	Mary
	International Folk Dancing	2.30 – 4.30pm	Callala Bay Progress Hall	\$5	Maureen
	Yoga (vinyasa flow)	6 – 7.30pm	Culburra Surf Club	\$15/ \$12 concession	Anna Smallwood
	Yoga (level 2 vinyasa)	6 – 7pm	Husky Yoga Studio	\$18/\$15	Katie Hyde
	Belly Dancing	6 – 8pm	Callala Beach Hall		
Wednesday	Aquarobics	10 – 11.30am	Callala Bay	Nil	Lorraine
	Yoga (seniors)	10 – 11.30am	Husky Yoga Studio	\$18/\$15	Mary
	Tai Chi (beginners/advanced)	6.30 – 8pm	Callala Beach Hall	\$15	John Graham
	Yoga (vinyasa flow)	6 – 7.30pm	Wesley Centre Nowra	\$15/\$12	
Thursday	Strong Seniors	9.30 – 10.30am	Culburra Gym	\$10	Instructor
	Yoga (vinyasa flow)	6 – 7.30pm	Callala Bay Progress Hall	\$15/\$12	Anna Smallwood
	Karate (all ages)	5.30 – 7pm	Callala Beach Hall	\$10	Darren
	Social Tennis	7 – 9pm	Callala Beach court	\$5	
Friday	Aquarobics	10 – 11.30am	Callala Bay	Nil	Lorraine
	Yoga (level 2)	9 – 10.30am	Husky Yoga Studio	\$18/\$15	Mary
	Strong Seniors	10.30 – 11.30am	Culburra Gym	\$10	Instructor
	Fitness class	10 – 11am	Callala Club	\$4	Lyn
	Stretch (& strength) class	9 – 10am	Culburra Bowling club	\$2	Sue
Saturday	Yoga (level 1)	9 – 10am	Husky Yoga Studio	\$18/\$15	Brodie
	Tai Chi	8 – 10am	Callala Bay Community Hall	\$15	John Graham
Sunday	Yoga (Ying Yang flow)	4.30 – 6pm	Husky Yoga Studio	\$18/\$15	Katie Hyde

See page 21 for venue details



The Central Shoalhaven Mobile Preschool is a community owned, not for profit organisation. University and TAFE trained staff provide an educational program for children aged between 3 and 5 years, in a motivating setting to enhance each child's preparation for school. Proudly servicing the Shoalhaven area for over 40 years. **We visit Callala Beach, Cambewarra, Falls Creek and Huskisson weekly.** We offer before school care commencing at 8.00am and finishing at 9.00am. Preschool hours are from 9am - 3pm. Come along and give your child the opportunity to make new friends within the local area. Subsidies are available. Phone 44230571 / 0412928095 / 0432274244 Email: cs.mobilepreschool@bigpond.com or www.shoalhavenmobilepreschool.com.au
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- ◆ Open 50 weeks of the year - visits welcome.



The proposed plot, close to the corner of Emmett and Chisholm Streets, Callala Bay

CALLALA COMMUNITY GARDEN

The inaugural meeting of the Callala Community Garden (CCG) group was held February 2nd 2018 at the Callala Community Centre.

This initiative is the brainchild of **Robyn Hannan** who organised and ran an extremely well prepared and informative first meeting. This meeting was well attended and it was with much enthusiasm that the office bearers were elected and a mission statement agreed.

With continued support and enthusiasm CCG will be a major asset to the collective local communities.

While growing flowers, herbs, fruit and vegetables etc is the core aim of the group, it is envisaged that the flow-on effect will include (*but not be limited to*) education, cultural diversity, community building, good health and social welfare by:

- encouraging the local children, adults old and young from all backgrounds, cultures and abilities, to be involved in growing, harvesting, cooking, serving the product, even by learning to “set the table” a true “paddock to plate experience”
- encouraging community members from all backgrounds/ cultures to grow and share information about produce native to them.
- allowing people to meet others by providing a forum to combat loneliness and make friendships and get out in the fresh air.
- providing nutritious fresh produce to the community.
- ensuring that the CCG area is disability friendly.

Currently the office bearers are moving to organise the boring business setup part of the group, once this has happened they hope to secure a parcel of land and get their hands dirty.

If you would like information, or would like to join the group
please contact: Robyn Hannan on **0417 259 392**

More information may also be found via the Callala Community Garden, Facebook page.





Dan Mangan

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ANGLICAN CHURCH

Why do we have pancakes on Shrove Tuesday?

In the Bible the word Lent is nowhere to be found, however in some Christian denominations Shrove Tuesday (Pancake Day) is the start of Lent; confused?

Lent is a time of abstinence, of giving things up. Shrove Tuesday is the last chance to indulge ourselves, and to use up the foods that weren't allowed to be eaten during Lent. Pancakes are eaten on this day because they contain fat, butter and eggs which were forbidden during Lent a long time ago. Although many do not keep to this tradition nowadays, some do give up something like chocolate or biscuits even alcohol. The name Shrove comes from the old word "shrive" which means to confess on Shrove Tuesday, in the Middle Ages.

The next day is Ash Wednesday and marks the beginning of six and a half weeks of repentance, fasting and abstinence in preparation for the Queen of the Christian festival of Easter. On Ash Wednesday many Christians will attend a religious service where ash is placed on the forehead of people. Christians believe this marks the physical and spiritual beginning of a personal Lenten season in which 40 days of repentance and meditation begins leading up to the celebration of Easter Day. There are actually 46 days in Lent, so why do we keep 40 days of repentance prayer and meditation? The answer takes us back to the earliest days of the Church.

Christ's original disciples, who were Jewish, grew up with the idea that the Sabbath, the day of worship and of rest - was Saturday, the seventh day of the week, since the account of creation in Genesis says that God rested on the seventh day. Christ rose from the dead on Sunday, the first day of the week, and the early Christians, starting with the apostles (*those original disciples*), saw Christ's Resurrection as a new creation, and so they transferred the Sabbath from Saturday to Sunday. Since all Sundays, and not simply Easter Sunday, - were days to celebrate Christ's Resurrection, Christians were forbidden to fast

and do other forms of penance on those days. Therefore, the Church expanded the period in preparation for Easter from a few days to 40 days (*to mirror Christ's fasting in the desert, before He began His public ministry*), Sundays could not be included in the count.

What is the ash made from that marks the forehead?

In most churches today, the priest/minister burns the palms that have been collected from last year's Palm Sunday Service, and mixes the ash with holy water (*which has been blessed*) to make a greyish paste. When people come to church on Ash Wednesday, the priest/minister dips his thumb in the paste and uses it to make the sign of the cross on each person's forehead saying "remember that you are dust, and, to dust you shall return. Turn away from sin and be faithful to Christ. As soon as the person has received the ash on their forehead then lent.

Why and what is the significance of using and burning last year's Palm Crosses?

Palm Sunday celebrates Jesus' triumphant entry into Jerusalem, the crosses used in the last year's Palm Sunday service are converted to ashes, worshippers are reminded that defeat and crucifixion was swiftly followed by triumph.

What does the ash symbolise?

Using ashes to mark the cross on the believer's forehead symbolises that through Christ's death and resurrection, all Christians can be free from sin. The marking on the forehead with ash marks the commitment to Jesus Christ and God. It demonstrates to God that we are sorry for the wrong things we had done in the past year. Using a mark on the forehead as a sign of commitment is also used in many Middle Eastern cultures where a round, coloured circle is marked on the forehead.

This lesson into the signs and symbols of Shrove Tuesday and Ash Wednesday is for all Christians and not one specific denomination or people.

Rev. Sue Fisher
Assistant Minister
Callala Anglican Church



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If you can't come to us, we can come to you!

Callala Bay RFS Live Music Night

Come and join us on **Friday 16 March 2018** at the Callala Bay Community Hall, with the goal of enjoying an evening of live music, whilst at the same time raising valuable funds for our local RFS branch.

Remember how grateful we all were for the selfless work of our local 'fries' when the bush fires were threatening our properties in both the Bay and the Beach. The evening that is planned gives us all an opportunity to express our thanks for the protection provided in the past and to raise extra funds to finance improved resources for the challenges that inevitably lie ahead.

Come and enjoy an evening of live music, featuring 'The Remnants', a band of local residents from the Bay and the Beach, who get together on a regular basis with the singular goal of having fun making music together.

Their live performances to date have all been targeted at raising money for worthwhile causes, whilst at the same time creating events which bring the local community together. Their music will be well known to you and is guaranteed to fill the dance floor.

Supporting the band will be Adam Jorgensen, a highly talented young musician, who was one of the highlights at the music night organised by Paul Green at the end of last year.

Alcohol will be on a BYO basis, whilst the Callala Bay RFS will be cooking up a storm on their 'Burger Bar', catering for both meat loving and vegetarian diners.

There will be a range of Raffle prizes, all donated by local individuals and businesses in support of the work of the RFS.

Tickets will be available for purchase from local venues, from individuals within the community, or by ringing Andrew Rostron on 0411 226 265.

If there are still tickets available, they will be on sale on the night at the door, but as numbers are restricted, play safe and purchase your tickets in advance.

We look forward to enjoying a memorable evening with you, whilst supporting such a worthy cause.

Andrew Rostron

(also for more information turn to page 31)



Foreshore Path to the Boat Ramp - which is now complete



CALLALA BAY COMMUNITY ASSOCIATION INC.

Community Consultative Body to Shoalhaven Council for Callala Bay ABN 6803 198 0561

www.callalabaycommunityassociation.com

PO Box 14, Callala Bay NSW 2540

APPLICATION FOR MEMBERSHIP OR RENEWAL OF CALLALA BAY COMMUNITY ASSOCIATION INCORPORATED (Incorporated under the *Associations Incorporation Act 1984*)

I/we

Applicant 1 (Full Name)

Applicant 2 (Full Name)

Your Callala home address

Email Address 1 _____

Email Address 2 _____

Daytime Contact Phone No(s): _____

Hereby apply to become a member/s or renewal of the above named incorporated association. In the event of my admission as a member, I/we agree to be bound by the rules of the Association for the time being in force.

Signature of Applicant 1

Date

Signature of Applicant 2

Date

Date presented to membership for ratification at following monthly meeting _____

Annual Membership fee paid on date _____ Receipt Number _____

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COMMUNITY CHURCH

I was watching one of those morning shows the other day and someone mentioned that next week we are entering the month of March, and this was followed by a comment that it is only eight months to Christmas.

I'm not sure of the mathematics, especially for someone with an economics background, I think he was a bit out with his calculations (*I think it is more than nine months till Christmas*). The point of course, was that time seems to be rushing by.

Another indication of the fast-paced living we are experiencing can be observed when driving on our roads. I have lost count of the many times I've entered a roundabout only to have someone enter after me at a fairly quick pace and cause me to brake, give way just to avoid an accident, I'm sure I am not alone in this experience.

How many times when travelling along an expressway at the legal speed limit, (*or sometimes even a few kms over*) I have I had someone overtake me only to pull back into my lane and some 50 metres down the road take an exit off the expressway? What's the rush?

These things amongst others has made me stop and think; has modern technology made our life easier or more complicated?

I am old enough to remember when life seemed a little less hectic but just as busy, brought up on a farm that was a seven-day operation, milking twice a day and a myriad of other jobs to do. My dad worked from daylight to dark most days, yet was always able to find time to help out a neighbour, or stop for a cuppa when friends or even strangers dropped by.

In my contemplation the question arises; what has changed?

There are many among the medical fraternity that agree that stress is a contributing factor in

many of our medical ailments, both mental and physical.

Is there a solution? The mortgage has to be paid, the rent money found, bills paid and on top of all this there are our many and varied duties both at home and within our community or social circle. Where do we find time to fit all these things in?

Perhaps! Just imagine! Is it possible to slow down?

Perhaps the principle of a rest day each week is a good place to start. Jesus said that God decreed a day's rest for our benefit not for his. Jesus finished by saying, "People were not made for the good of the Sabbath. The Sabbath was made for the good of people".

Perhaps another idea is for us to leave the iPhone at home and go for a walk, observe some of the creation that is not made by human hands.

The beauty of a sunrise, the orange beams of light as they ripple across the bay; the majesty of the mountain ranges or the sheer beauty of the smallest bush orchid often not noticed by the fast-paced rush of human activity.

Jesus also said; "And why do you worry about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin, yet I tell you, even Solomon in all his glory was not clothed like one of these.

My prayer for each of us is that we might find the time to rest and in doing so might find our God who loves us.

Have a brilliant Autumn

God Bless

Pastor Kevin Kettlewell 0437 338 73

Callala Community Church

... following Jesus

Sunday Worship 9am

at the Callala Community Centre
Emmett Street, Callala Bay

Wednesday Home Prayer Meeting 7.00pm

Enquiries phone Pastor Kevin Kettlewell 0437 338 739

FREE

Pre-Loved Clothing & Book Stall

First Saturday of the Month
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9.30am to 12am

Clothes in good condition can be dropped off at the stall (on the day only). If clothing can be delivered by 10am; this will allow them to be displayed.

CBCA UPDATE

In December the CBCA sponsored the *Carols In The Bay*. Under a newly created Events subcommittee, headed by Melanie Collins, the night proved to be a great success. Our thanks and congratulations to Melanie and her crew and all those who contributed to the night. All future Carols will be held on the 22nd of December each year- so book it into your diary now.

The Annual Australia Day Breakfast proved to be as popular as ever. Special thanks must go to Jim Townsend and Alan Gerke for their efforts in putting up the banners and directional signs. Others included in our recognition include, James Morris, John Green, Greg Lockerbie, Margaret Duncan, Sandra McKenzie Clarke and Pauline Townsend. Without these volunteers it would not be possible to hold this event.

In two new initiatives this year, coffee was served by Rowena Sierant in Arnolds Vintage Coffee Van, and live music came from Kenny Barkley.

Our awardees for 2018 were: (*see photos next page*)

- Commendation for Outstanding Service to the Community: **Dr Rosita Rossman**
- Commendation for Excellence in Customer Service: **Shannon Leglise** from Callala Pharmacy
- Young Citizen of the Year: **Brett Thomas** from the Callala Bay Volunteer Bush Fire Brigade
- Business of the Year: **Ian Chilko** from Chilko Electrical.
- Citizen of the Year: **Jane Gardner**, Jane had for the past 17 years administered the Callala Kids Korner providing a positive learning experience for children enrolled in the before and after school facility.

Master of Ceremonies James Morris also recognised Mr Brian Muller who was awarded Highly Commended Citizen of the Year by the Shoalhaven City Council.

The CBCA was successful in obtaining a grant for \$55,000 from the NSW State Government

Community Business Partnership Programme to complete the path from Sheaffe to Watts St as part of the Round the Bay Walk. The balance of the Path from Morton St, with the approval and cooperation of Jerrinja LAC, down the Headland to Bicentennial Park will be undertaken by Council. When completed the shared pathway will link Callala Bay to Benton Sands through to Callala Beach and then Myola. It will be great addition to our local infrastructure.

The Association was not successful in the current round of the Better Boating Fund to secure funds for the improvements to the Boat Ramp at Callala Bay.

Finally, our Annual General Meeting was held on 14th February 2018 and was well attended.

Three new members were ratified, Ago and Tania Lume, and Brooke Black. Michelle Bills and Melanie Collins were welcomed back as returning members. All committee positions were made vacant and Counsellor Jo Gash was the official Returning Officer.

ELECTED COMMITTEE FOR 2018

Secretary and Public Officer: Margaret Duncan.

Treasurer: Howard Duncan.

Minutes Secretary: Thelma Marr.

Committee Members:

James Morris, John Green, Joan Lewis, Sandra McKenzie-Clarke, Jim Townsend; Pauline Townsend, Raymond Plevy, Allan Gerke and Brook Black.

As there were no nominations for President or Vice President, the meeting endorsed James Morris and Howard Duncan as Directors to continue in the same role as 2017. Joan Lewis was confirmed as Editor and Melanie Collins was confirmed as Chair of the Carols and Events sub-committee. Welcome two new faces to the committee, Brooke Black and Allan Gerke. CBCA has some very exciting plans for 2018 to add value to our community.

The next General Meeting will be on 14th March 2018 at 7.00 for 7.30 pm start at the Callala Community Centre Emmett St.

AUSTRALIA DAY 2018



Ian Chilko-Callala Business of the Year with the Hon.Shelley Hancock MP



Jane Gardner - Callala Citizen of the Year with Clr Jo Gash

with our celebrities



*Alan Rossman -Dr Rosita Rossman's son
accepting an Award for Excellence in the
Community - on her behalf,
with Ann Sudmalis MP
and James Morris CBCA*



*Shannon Leglise
Commendation for Excellence in the Community
with the Hon. Shelley Hancock MP*



*Some of the many early risers at the
Callala Australia Day Breakfast 2018*

***From our Roving Photographer
— Margaret Duncan***

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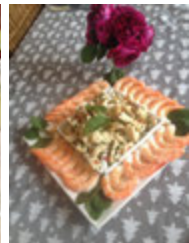
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POLICE REPORT

We all know by now that if you give a crook the opportunity to commit a crime they will. Some crooks go out with the intention to commit a crime and others see an opportunity and take it.

It's summertime and it is great weather for the good old Aussie garage sale. I've done it myself, one man's trash is another man's treasure.

However, it's called a garage sale for a reason. Do not let people that are not known to you wander through your house to peruse items that you have for sale(*If you did this it would be called an in the house sale*).

Take the items out of the house and display them in your driveway or a similar safe area. People will enter houses and steal items at garage sales.

You and your partner have not got enough eyes to keep tabs on every person at the sale, especially if you have some sought after items. All it takes is for one crook to slip around the back and enter your house to make your yard sale a miserable experience.

More items have been stolen this week by people leaving costly items lying about when playing the pokies or pursuing similar endeavours that cause people to concentrate on something else other than what they should be concentrating on.

Please concentrate on the item until it is secure before concentrating on the other things that need you want to concentrate on.

Remember "If it's not in your pocket it will disappear like a rocket".

As always, in case of emergency, call **000**

Non Emergencies contact Police Link on **131444** or your local Police

To provide anonymous information call crime stoppers on **1800 333 000**

Domestic and Family Violence Info visit www.police.nsw.gov.au

Shoalhaven Domestic Violence Officers.
44219666 or **44219665**

Email shoaladvlo@police.nsw.gov.au

Don't forget.

Cops are tops.



Venues for Fun and Fitness activities at Jervis Bay (continued from page 7)

Establish Health and Performance Gym: 6/2 Weston St, Culburra

Husky Yoga Studio: 1/64 Owen St, Huskisson

Callala Bay Community Hall: Emmett St, Callala Bay (opposite the shopping centre/IGA)

Callala Beach Community Hall: Quay Rd, Callala Beach (and tennis court available for hire)

Culburra Surf Club: 4 Farrant Ave, Culburra

Callala Bay Progress Hall: 73 Boorawine Terrace, Callala Bay (and tennis court available for hire)

Callala Club (formerly RSL): Callala Beach Rd, Callala Beach

Culburra Bowling Club: Prince Edward Ave, Culburra

Wesley Centre: 29 Berry St, Nowra

Callala Men's Golf *with Bill D.*

Saturday 20th January

Stableford today with three players all came home with 44 points and it was left up to the dreaded count back to separate first, second and third. Wayne Minns 1st Graham Lewington 2nd Craig Wassell 3rd. Congratulations also to Harold Reynolds with 39 points for 4th.



*Wayne Minns, Graham Lewington
and Harold Reynolds*

Saturday 27th January

Four ball better ball format 1st team of Kerry Levick / Rob Ash 2nd Dave Brumby/Graeme Weston both with 48 points.



*Dave Brumby, Graeme Weston, Graham Lewington
and Kerry Levick*

Monday 29th January

A day of friendly rivalry A great day enjoyed by Vets fom Callala and St Georges Basin who compete each year against each other for the prestigious GM Clarke Sheild. All players also enjoyed a wonderful lunch prepared and served by Jill & Jamie Reardon.

Saturday 10th February

Team event today with two-person aggregate format. The outright single stableford points winner today was Perry Cousins with 40 individual points. Wife, Cath, as a team with Perry won the pairs event with 76 points. Runner up team Rob Ash & Rob Jerman.



*Rob Jarman, Graham Lewington,
Cath and Perry Cousins*

Saturday 17th February

Single Stableford for today, 1st Alan Barnes 39 points, 2nd Colin Pitt also with 39 points, 3rd Steve Monsalve 38 points & 4th Graeme Weston 37 points.

Still no one has claimed the Golf Exchange Sth Nowra prize for the 11th hole with it now at \$350



Robert Ash

Callala Vet's Golf

Vets Tuesday 23rd January Single Stableford with the talented Barrie Faulkner 1st with 40 points. 2nd John Love ,3rd Noel Smith both with 39 points. Graham Lewington 4th.



Barrie Faulkner, Graham Lewington and John Love

Vets Tuesday 30th January

Stableford 2 Person Aggregate Format. Congratulations go to George Jurotte who scored an eagle on the 8th hole and also received a prize of a box of balls for his terrific shot. Today's winners were the team of Terry London and Steve Martin with 75 points. Runner up team were Ken Black and Bob Plunkett.



George Jurotte

Vets Tuesday 6th February

Vets monthly medal stroke was the format with today's top dog and monthly medal winner Robert Plunkett 66 net 2nd Colin Chessell 67 & 3rd Geoff Blackshaw 68 & 4th Barry Jarman both with 68.

Vets Tuesday 13th February

Today's format single Stableford game with David Brumby taking out first place with a score of 40 points. Runner up Perry Cousins 39 points, John Cameron 3rd 38 points. & 4th Alan Purchase on 37 points



Bob Plunkett, Ken Black ,Graham Lewington, Steve Martin and Terry London



Graham Lewington with Alan Barnes

We have re-introduced a Chook Run that is held every Friday between 7.30 am and 2.30 pm. This offers a great 9 holes opportunity for people to play golf, and maybe win a Chook and all this for just \$7 - which is certainly the cheapest 9 holes of golf anywhere in the Illawarra. The more things that we can do to entice people to our area, is of great benefit to the community.

AUSTRALIA DAY CRICKET MATCH

What a great day Friday, January 26, at the 6th annual Australia Day Cricket match at Callala RSL Oval. This match is the brainchild of Phill and Sam Bowerman and has been getting bigger and better every year. The weather was fine and warm with the usual NE blowing to keep people coolish. Callala Beach/Myola won the shield, donated by Pat and Kevin Monsell; this year against Callala Bay, 186 runs to 115. Jake Crichlow won the “man of the match” trophy donated by Sue and Terry Castle. A big thank you to everyone who helped make this day, once again, a great success — looking forward to next year. Great effort everyone, \$340 was raised for Cancer Research. A big thank you to Peewee, Eddie and (Sir) John for cooking and serving the sausage sandwiches. Also a big thank you to the Callala Men’s Bowling Club for donating the sausages, drinks etc.



*Phil and Sam Bowerman
with Jake Crichlow*



*Sue Castle with
Jake Crichlow*



*Todd and Jake Crichlow
ready to catch the ball*



*Winning Cricket Captain,
Callala Beach/Myola Chris
Harbrow with Callala Bay
Captain Craig Taylor*

GARDEN CLUB

It is great to be back after a long, relaxing break. President Sue welcomed members, visitors and guest speaker Robyn Hannan from Callala Beach to our first 2018 meeting. Everyone looked happy and ready for another year of “friendship through gardening.”

Guest speaker Robyn Hannan is well known around Callala as she is the owner and manager of Bay and Beach BB. Robyn was invited to speak about a Community Garden that is being proposed for the Callala area. This garden is modelled on another community garden, Clifton garden situated in Sanctuary Point which is up and running and doing very well in that community. Robyn outlined where the committee is up to so far- a Council block has been approved and it will be in Callala between the Medical Centre and the skatepark. The garden will be named Callala Community Garden with local districts Culburra, Currarong and Myola included in this project. An application has been sent in for leasing of the land and at this stage they are working on insurance, a bank account and becoming incorporated. A constitution has been written and once approved, an administrative staff will be required. After clearing some trees, a high fence will be built and raised beds will be constructed which will be disability- friendly. Robyn is hoping that local schools will become involved too. Material donations of tools, roofing and corrugated iron for garden beds are welcome and hopefully local builders and volunteers will lend a hand. The next general meeting is scheduled for 2 pm on the 7th April at Callala Community Centre so come along and find out more from Robyn and her team.

I received a call from one of our members recently to collect a clump of Bromeliads that she pulled out from her garden. I googled Bromeliads and there are 3,475 known species. I have some growing in my garden and they have tolerated the heat and dry conditions very well. According to a well known fact sheet- “Bromeliads are tropical

American natives which come in a wonderful variety of sizes, shapes and foliage colours. They seem very strange and exotic, but one of our most common fruits, the pineapple, is a bromeliad. Many bromeliads are epiphytes (*ie they live on other plants but do not parasitise those plants*), living up in the forks of tree branches and surviving mainly on the moisture and nutrients they obtain from the air. However, there are bromeliads for every situation – some make very good indoor plants, while others can be quite spectacular grown in the garden. Bromeliads are hardy plants which can be grown outdoors in most areas of Australia.”

Bromeliads grow well in pots. They require a light, open potting mix with good drainage. When potting, don't forget that the leaves hold water, so it's important to keep the central cup upright. Bromeliads can also be grown in the garden in a well-drained compost on top of the soil. They like warmth and humidity but must have good air movement. Bromeliads like moist conditions but not too much water. Take care when handling these plants as they have spiky leaves. Some of the most popular grown Bromeliads are Aechmea, Ananans which includes the pineapple, Billbergia and Guzmania.



Aechmea



Ananans

If you would like to join us, we meet every 3rd Saturday of the month at the Banksia Senior Citizens Hall, IRT entrance, Culburra Beach at 1.30 pm starting time.

Happy gardening

Doris 4446 5631

On Easter Saturday 31st March, we are having a stall at the Culburra Beach Bazaar with Patch 'n Chat Quilting. It will be in the Banksia Seniors Citizens Hall -IRT driveway, Culburra Beach. Come and buy a plant and check out the Quilts.



Vinnies

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Please donate non-bulky items to the centre during opening hours only. We appreciate your cooperation.

For Pickups, please call 4421-7244.

Mon-Fri 8.30am to 4pm

Saturdays (during Summer/Peak times) 9am-2pm



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NSW

good works



SPLATTERS FROM THE STUDIO

Don't forget to drop into The Studio to have a look at the new and exciting exhibition of work by talented local artists. This latest exhibition which opened on Saturday 17 February 2018, will run for two months. There is also a unique variety of gifts and cards available. All the works are for sale at extremely good prices.

A list of art classes and workshops is available at The Studio, so pick up a copy while you have a look at the exhibition. Or check our Facebook page at www.facebook.com/thestudiocallala for information. Please remember it is essential you book into your class due to limited spaces, and if you are unable to attend, it would be appreciated if you advise your tutor so that classes can be adjusted.

Taking out a membership in The Studio entitles you to a 10% discount on workshops offered by Wendy, Lauren, Col or Sandra. Another 10% discount will be received when purchasing art supplies at Arthouse Direct (*at the bottom of Woolworths carpark in Nowra*).

The Principals of The Studio are also working on the Callala Winter Arts Festival which will be held in Callala over the Queen's Birthday Weekend in June. There will be displays of art, music, poetry, photography, food, sand sculpture and many other exciting events for the enjoyment of all.

Keep watching this space for more innovative and creative offerings from The Studio.

Sandra



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Carer Chat

DO YOU CARE FOR A FAMILY MEMBER OR FRIEND?

THEN THIS *CARER CHAT SESSION, INCLUDING MORNING TEA*
MAY BE FOR YOU.



The Illawarra Commonwealth Respite and Carelink Centre is hosting a morning tea and information session for carers. Why not take a break, and come and enjoy a chat with other carers and staff from ICRCC.

Date: Wednesday 14 March 2018

Time: 10:30 am – 12:30 pm

Venue: Callala Community Centre
42 Emmet Street
Callala Bay

morning tea will be provided

RSVP: Please contact our office on 4295 5532. Bookings are required for catering and venue purposes. Numbers are limited.

Respite may be available.



An initiative of the Illawarra Commonwealth Respite and Carelink Centre

www.carersillawarra.org.au

Ph 4295 5532

Fax 4297 8179

What's on at the Club in MARCH



Saturday 10th	Terry Batu - Singer/Guitarist - 7.30pm
Friday 16th	Second Chance Draw - 5 x 10,000 points to be won
Saturday 17th	St.Patrick's Day Dance - Suede Cats.
Saturday 24th	Micky Bear Karaoke Competition , in the Bar area, Heat 1 from 7 pm- Adults only
Saturday 31st	Micky Bear Karaoke Competition in the Bar area, Heat 2 from 7 pm- Adults only

- Dance at the Club on Saturday 17th March 2018. Tickets are on sale now at the Club
- there will be a 2 course meal
- entertainment is by the Suede Cats
- there will be lucky door prizes
- wear something green for a good night's entertainment.

ST PATRICK'S DAY "DINNER DANCE"

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2018**



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FRIDAY

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RAFFLES

TUESDAY

Free Meat Raffle – drawn every
½ hour between 3:30pm- 6:30pm
Swipe Member card to receive a free
ticket with ANY bar purchase

THURSDAY

Bowlers Extensive Raffle from 6pm
with great prizes
Lucky Members Badge Draw!

FRIDAY

Meat Mart Best value Friday night in
town Meat Tray prizes with value
over \$1,000 – Tickets on sale 6pm
Draw commences approx 7pm

SATURDAY

Fisho's Raffle from 12 noon to 1:30pm

SUNDAY

Meat & Seafood Raffle.
Tickets on sale 4pm – Draw starts 5pm



**Members
Badge Draw
EVERY
THURSDAY
& SUNDAY**

MONDAY

Closing @ 7pm

TUESDAY

Members Good Time Happy Hour
4pm to 6pm – All Drinks Discounted
Free Trivia – 6:30pm Start
Social Darts from 6:30pm

WEDNESDAY

NPL Poker – Only \$2 to Play
7pm start – Cash prizes & regional
tournament tickets to be won every week

THURSDAY

Bingo – Eyes down at 11am

BOWLS

Monday- Indoor 12 noon

Tuesday – Women's Bowls from 9:30am

Wednesday – Men's & Mixed Social
Bowls 12:30pm for 1pm start

Every day – Barefoot Bowls
\$10 per person
Everything supplied.

**Bookings on
4446 5313 Opt 4**



LUNCH – Tues-Sun 12 noon - 2:30pm
DINNER – Tues-Sun from 5pm
OPEN 7 DAYS DURING SCHOOL HOLIDAYS

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43 Callala Beach Road, Callala Beach

www.clubcallala.com.au



CALLALA MEN'S BOWLS

It was a busy weekend for the men, with eight first round games of the Major Singles played. There were a few upsets in the ensuing results.

Saturday, February 3, Pat Ford played Steve Foley in a 32 end battle, with Pat finally winning the game. Bob Fowler defeated Marty Gehrke in a shortened game. Dennis Beazley led Barry Schey all the way to win his round. Steve Robertson defeated Glenn Brindle.

Col Neighbour had a hard game against Mark Bowerman with the lead changing several times. Col was the eventual winner. Grant Ridges defeated Chris Harbrow in a great game.

After rain delayed play for a short time, on **Sunday, February 4**, two more games were played. Steve Blackley defeated Jon Lee in a close match. The final game was a marathon between Eddie Semovente and Phill Bowerman. Eddie held a convincing lead until the 20th end when Phill made a comeback scoring 17 shots to Eddie's 9 over the last 16 ends. Eddie defeated Phill 31 – 25.

Four games in the 2nd round of the Major Singles were played in hot, windy conditions on **Saturday, February 10**. Dennis Beazley played Terry Renaud, with Terry leading for the first seven ends. Dennis took the lead but could only stay a few shots in front until the 16th end, going on to win the round on the 27th end, 32 - 18. Pat Ford and Craig Taylor had a very close game over 30 ends.

The score was equal on the 12th, 17th and 20th ends. Pat slowly drew away to win the game, 31 – 22. Paul Mitchell and Ron Wilkinson also had a great game with Paul taking the early lead, winning the game 32 – 18, on the 29th end. Bob Fowler and Eddie Semovente had a tough game with defending champion, Bob winning on the last end by 2 shots.

Pauli Kennedy, Barry Schey and Anthony Fisher



Left to right Bob Fowler after defeating Eddie Semovente in the 2nd round Major Singles game

travelled to Milton Ulladulla to compete in the District Triples and were successful in both their games over the weekend.

Four more games in the men's Major Singles were played in hot windy conditions on **Saturday, February 17**. Greg McMillan and Pauli Kennedy had a close game, with Pauli leading Greg until the 20th end. Greg moved up a gear and won the match, 31 – 22 on the 32nd end.

Dennis Beazley and Pat Ford had a close game with the score equal on three ends. Dennis scored 12 shots to Pat's 3 over the last seven ends, Dennis defeating Pat 31 – 22 on the 29th end. It was a battle of the giants when Anthony Fisher and Grant Ridges played their game. Both started well, with Anthony taking the lead and keeping it defeating Grant, 31 – 19. The last game saw Col Neighbour and Paul Mitchell play. Col used his game plan, "take the lead early and keep it" strategy defeating Paul 32 – 11 on the twentieth end. Congratulations to all the players for great bowling. The semi and final should be fantastic games to watch.

Sunday, February 18, saw the presentation of the new Club bowls shirts by Steve Foley on behalf of major sponsor Shoalhaven Gutter Cleaning.

The two other sponsors, G&T McMillan and Bay Village Meats were also there to present the new shirts. It is great to see local businesses get behind sporting clubs in the area.

Lyn

CALLALA WOMEN'S BOWLS

Jan Wright, Dianne Dawes and Lyn Byrne travelled to Bomaderry Bowling Club to compete in the ladies Triples. Even though we didn't win either of our games, we had a great time meeting and catching up with players from all over the District.

Much to our surprise, we were awarded the Encouragement Award at the presentation afternoon tea.



Jan Wright, Dianne Dawes and Lyn Byrne

The ladies played a game of triples Tuesday, February 6. Terry McMillan (swinger), Bev Young and Lyn Byrne drew with Terry McMillan (swinger), Jan Wright and Dianne Dawes 12 all. The first round of the Minor Singles is due to start next Tuesday, results next week.

We played a close game of fours on Tuesday, February 13, also in hot conditions with some respite from the north easterly breeze. Jan Wright (swinger), Dianne Dawes, Beverley Young and Tracey Semovente were defeated by Jan Wright (swinger), Audrey Mansfield, Lyn Byrne and Terry McMillan, 13 – 11.

After bowls, the girls attended a farewell lunch for Joan Jagger, a long time member of the Women's Bowls club. Apart from serving as the Bowls Organiser for many years, Joan won most of the club Championships and was a mentor and a great friend to many. She has moved to Queensland with her family and will be sorely missed.



Callala Men's Bowling Club proudly wearing their new Club shirts donated by major sponsor Shoalhaven Gutter Cleaning



Pauli Kennedy modelling the new men's bowls shirt



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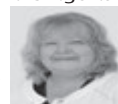
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WHAT'S ON? @ THE PROGRESS HALL

BOOKINGS JOANNE MULLER 4446 4313

TUESDAY	10am - 12pm	CRAFT	Yvonne Fowler	446 6280
TUESDAY	2:30pm - 4:30pm	FOLK DANCE	Maureen Petherick	4446 6550
THURSDAY	6pm - 7:30pm	YOGA Beginners welcome Mats supplied www.roamingyogis.com.au	Ann Smallwood	0405 102 234
FRIDAY	3:30pm - 5pm	TENNIS LESSONS	Garry O'Connor	4464 1418 or 0412 068 116

Tennis court bookings can be made at Callala First National Real Estate - 58 Boorawine Terrace, Callala Bay or call on 4446 4313. Please make your bookings during office hours so that the keys can be made available (*available in daylight hours only*).

The hall is also available for function bookings including weddings, birthdays, baby showers etc.

Anglican Churches

of Culburra Beach | Callala | Currarong

Callala - Church Service - 5pm Sunday

All Welcome | Kids Church

St Marks, 2 Hunter Street, CALLALA BAY

Caterpillar's Play Group - 9:30am Friday @ Culburra Beach Anglican

Kids Club - 3-4:30pm Friday @ Callala Anglican

289 (Youth) - 5-7pm Friday @ Callala Anglican

For more information: Rev. Paul McPhail

m. 0414 616 860 e. culburra.anglican@gmail.com

www.culburraanglican.org.au

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What's On Regularly at the Centre:

Callala Christian Community Church

Kids Korner - before and after school care

Tai Chi

Friends of Callala - over 50's social group

Yoga - contact Katie via: katiehyde108@gmail.com

Callala Bay Community Assn. monthly meeting

Sunday: 9 am - 11 am

Mon-Fri: Call **4446 4218**

Sat: Call John on **0428 564 738**

Mon: 12 pm - 3 pm **4446 6535**

Mon: 6 pm - 7.15 pm

2nd Wed of month: 7:30 pm

For all bookings and enquiries call Jane: **0408 521 520**

COMMUNITY CONTACTS

Emergency Police Fire Ambulance – 000

Nowra Police Local Area Command – 4421 9699

Crime Stoppers – 1800 333 000 (anonymous reporting)

Police Assistance line – **131 444** (non-emergencies)

State Emergency Service – **132 500**

Jervis Bay Marine Park – **4441 7752**

Callala Doctor's Surgery – **4446 5350**

Shoalhaven City Council

General enquiries, business hours – **4429 3111**

Emergencies and after hours – **4421 3100**

Justices of the Peace

Daniels, Nancy – **4446 6817**

Duncan, Howard – **4446 6535**

Garry, Rexeen(Rikki) – **4446 6649**

Hannan, Robyn – **4446 4428**

Lower, Jill & Graham – **4446 6281**

McMaugh, Dallas – **0400 189 875**

Taylor, Lorraine – **4446 5117**

Ward, Noel – **4446 6800**

Culburra & District Garden Club

Every 3rd Saturday of the month at 1.30 pm at the Banksia Hall Community Hall,
Fred Evans Lane, Culburra Beach (IRT entry)

More details - contact Doris Carpenter - **4446 5631**

Culburra & Districts Community Health Service

Visit the Op Shop and pick up a bargain! Proceeds help maintain the Medical Bus that transfers people to Nowra for medical appointments from Greenwell Point, Culburra Beach, Callala Bay & Beach, Currarong and Myola. Please contact Culburra Pharmacy on **4447 2382** to arrange transport.

If you have good saleable furniture to donate, contact Jim on **4446 6733**

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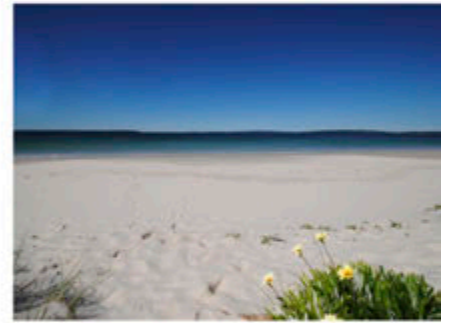
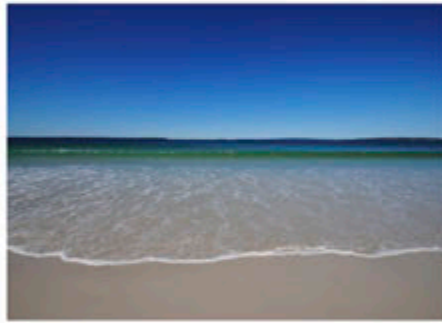
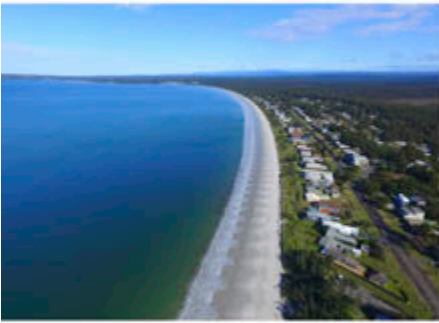
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