

Callala Bay NEWS

October 2018

Monthly Magazine of the Callala Bay Community Association Incorporated



Halloween

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Callala Golf Open - Sunday 14 October
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CALLALA BAY NEWS

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Note from the Editor:

Contributors please note, that articles should be no more than 500 words.

However if you have an issue or concern that needs to be raised, why not send it to the Editor. This should be brief, to the point and with the intention of having it published.

Editor - Jake Khourey

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CBCA Update

It was a quiet, but informative September meeting. Several committee members were unavailable due to travel or other commitments. We were pleased to welcome Councillors Jo Gash and Patricia White. We also welcomed two new members, Sue Newcombe and Julie Wotton. Sue is the driving force behind the Neighbourhood Awareness Group and Julie is an active member of the Callala Events committee. We look forward to their contributions.

Upcoming Events:

Lynn McDonald gave an update from the Events Committee.

- Planning for the 2018 Carols is progressing, with many donations of great raffle prizes. Sponsors to date include Bendigo Community Bank (Nowra), Club Callala and Jervis Bay Candle Co. A number of stall holders have already committed to the twilight market including hot food vendors, as well as stall holders selling a variety of products for that last-minute Christmas gift. Children will be well catered for with jumping castles, games and face painting. The event is building on the success of the 2017 format and promises to be very successful

- The Halloween Kids Disco will be held on 31st October at the Community Centre—see the Callala Events Face Book page for details.

- The committee has joined forces with Club Callala to host a Melbourne Cup Function

The CBCA will be hosting a BBQ on 29th September (October long weekend) in the Village Shopping Centre, all profits to go to support South Coast and Southern Highlands Dairy Industry Group which includes our local dairy farmers who are doing it tough in the ongoing drought. To help us achieve our target of \$1000.00 we have on offer

- Pre-loved books and toys

- Cup Cakes by Julia
- Plants from the Callala Community Garden Group

- A raffle including a \$40.00 Meat Voucher from Dan Mangan at Bay Village Meats, and a free mower service from Berk Haak's Seaside Mowers

In addition, the Events Committee have pre-sold over 80 boxes of Krispy Kreme's which can be picked up on the day. Our thanks go to our generous supporters, Julia Lockerbie, Dan Mangan, Bert Haak, Roby Hannan (Callala Community Garden Group) and Remos Bakery. Can we hit our target, with your help of course we can.

Cnslr White related some other facts about the hardships our local farmers are struggling with

- It costs \$30,000.00 to hire a semi-trailer to transport hay from interstate
- Farmers must pay to dispose of the plastic wrapping on the bales
- Farmers in the Milton area will be fined for using local roads
- SCC have been approached to provide relief for dumping plastic (tip fees) and removing the light tonnage ban on council roads. SCC cannot legally provide relief from rates (Water or Property) but can enter agreements for payment plans or extensions

We have reverted to our normal meeting times now that winter is over, i.e. the second Wednesday of each month at 7.00pm in the Callala Community Centre.

NEXT MEETING:

Wednesday October 10th at 7.00pm Callala Community Centre Emmett St Callala Bay.



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Graham Worts

Callala Bushcare Group

Lesley Oliver

During winter, Callala Bushcare volunteers have devoted their sessions to the sites which are difficult to access and uncomfortable to weed during the warmer months, as well as targeting winter-flowering weed species, such as Bitou Bush and Mother-of-Millions. Bitou, a Weed of National Significance, is regarded as one of the worst weeds in Australia in view of its invasiveness, potential for spread, and economic and environmental impacts. Our campaign against the Bitou began in the dunes of Callala Beach where the bright yellow flower heads had alerted us to the presence of half a dozen large bushes.



On subsequent sessions, we went deep into the bush between the back of the Golf Course and the Black Swamp fire trail to an area known to harbour many Bitou in the past. We were not disappointed and located scores of young plants. We were gratified that the bushes had not yet produced much in the way of fruit and were easy to remove. Also, given the very dry conditions, the Black Swamp was dry, and relatively easy to access.

Mother-of-Millions is a widespread garden escape weed in coastal areas. It is poisonous for humans, household pets and livestock.



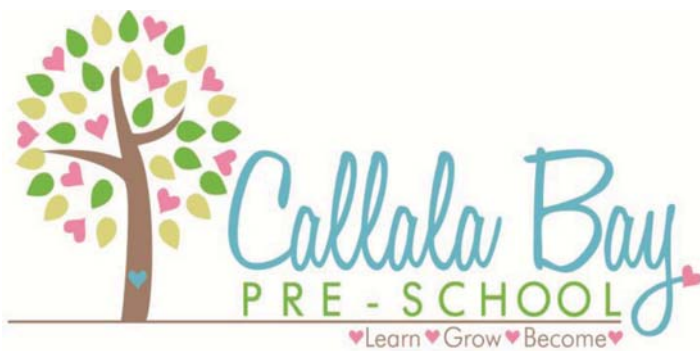
As the name suggests, this plant is capable of making thousands of new seedlings, either through its seeds, or the plantlets produced on its leaves. In the Callala area, there are sizeable infestations along the dunes in Callala Beach and along Currumbene Creek. Unfortunately, this succulent is drought-proof, easy to grow and has a beautiful flower head, making it very attractive to coastal gardeners. It is also a very difficult plant to weed and we ask that gardeners help us by removing Mother-of-Millions from their gardens, or containing them so that they do not spread to infest other areas beyond their gardens.

In between weeding activities, our bushcare sessions in local reserves at this time of year afford us ringside seats to the flowering of many native plant species and the breeding colours and behaviours of our gorgeous local birds.

We meet every Tuesday morning between 8 and 10am. Please feel free to join us. Enquiries to Bryan Lenne on 4446 4157 or scribblybark@gmail.com



The Central Shoalhaven Mobile Preschool is a community owned, not for profit organisation. University and TAFE trained staff provide an educational program for children aged between 3 and 5 years, in a motivating setting to enhance each child's preparation for school. Proudly servicing the Shoalhaven area for over 40 years. **We visit Callala Beach, Cambewarra, Falls Creek and Huskisson weekly.** We offer before school care commencing at 8.00am and finishing at 9.00am. Preschool hours are from 9am - 3pm. Come along and give your child the opportunity to make new friends within the local area. Subsidies are available. Phone 44230571 / 0412928095 / 0432274244 Email: cs.mobilepreschool@bigpond.com or www.shoalhavenmobilepreschool.com.au
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Callala Medical Report

Mental Health Month is celebrated each year in the month of October in NSW. Callala medical centre wants to bring awareness to this and encourage all of us to think about our mental health and wellbeing, regardless of whether we may have a lived experience of mental illness or not. This month also gives us the opportunity to understand the importance of mental health in our everyday lives and encourages help seeking behaviours when needed. So if you or a loved one is suffering, please do not feel like you are alone, and come and have a chat with your friendly staff at Callala Medical Centre.

In other news, Dr Jennifer Ram is hoping to return to work slowly in the next few months in a part-time capacity. When she does return, she will run a Saturday morning clinic last week of the month to make sure those who are studying or working still have access to medical assistance. We will announce more details about the Saturday clinic in the near future.

Dr J Zhou

Garden Club

President Sue welcomed guest speaker Duade Paton and his wife Erin at the September meeting. Duade is a policeman stationed in Nowra and in his spare time he is an avid bird photographer. He has travelled extensively around Australia and even photographed penguins in Antarctica. At the meeting he treated us to a montage of many years of photographs from our own back yard, Lake Wollumbulla in Culburra. At present, he has photographed 345 different birds mainly at the Lake as it is an amazing hotspot for birds. We saw many birds in their natural surroundings, some taking flight, others feeding on local flora and insects and shots of birds reflected in water. We are so lucky to have such a diversity of bird life on the South Coast.

At the August meeting, the theme for the Display table was "Friendship through gardens". Members had to bring a plant or flower given to them by a friend. As I walked around my garden, most of my plants came from people I love. As member Bev commented, her garden is a "memory garden." I took a small vase of violets. A friend gave me this plant before I moved down here. It's now ground cover in my back garden and when it's in flower I am reminded of my dear friend. Is your garden a memory garden too?

One of the most interesting plants was a Rabbit's foot fern brought in by Shirley and Don Silcox. The rhizomes that grow on top of the soil really do resemble a rabbit's foot. Don and Shirley were given this plant by their Welsh friend 30 years ago. Don keeps repotting it and it is still flourishing after all these years. He has it growing in a hanging basket to show off the furry rhizomes to their best advantage. There are other furry footed ferns such as deer foot fern, bare foot fern and kangaroo foot fern. These ferns prefer bright but indirect sunlight, regular fertilizing and keeping the plants moist- don't let them dry out in summer. Because their foliage is light, the ferns need frequent misting. They do well in soil made up of half potting soil and half sand. The Rabbit's foot fern is native to Fiji.

If you would like to join us and learn more about plants/gardening, we meet every 3rd Saturday of the month at the Banksia Senior Citizens Hall, IRT entrance, Culburra Beach at 1.30 pm starting time. Happy gardening!
Doris (secretary) 4446 5631



*Rabbit's foot fern
(Davallia Fejeensis)*



Dan Mangan

Ph: 4446 6544

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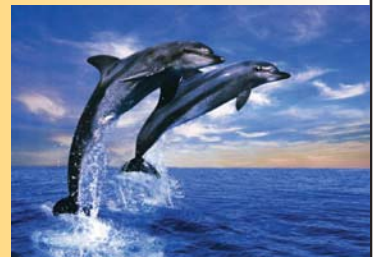
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Police Report

At some point in our lives' it is more likely than not that you will have contact with a Police Officer. Sometimes the outcome of your contact with Police may be a bummer but on the other hand the next contact you have with Police may be a very positive experience.

We all know what a New South Wales General Duties Police Officer looks like in uniform. Two tone's, Dark Blue Cargo Pants and a light blue shirt with "NSW Police" written on a patch which also includes an eagle within a circle of words "New South Wales Police Force". It's not high fashion but it is recognisable. You should see an equipment belt with a gun hanging off it, maybe a baton, taser or capsicum spray container as well. But what if you were stopped by Person who is not in Police Uniform but claims to be a Police Officer?

A Detective for instance may be wearing a nice suit or dress and be driving an unmarked vehicle. Other officers in other departments are not required to wear the uniform and if you pass them on the street you are none the wiser. However, if you have contact with an out of uniform Police officer or someone who says they are a Police Officer, it is your right to ask that person to provide some identification to Prove that he/she is a Police officer. All Police have been issued with identification in the form of a badge. You can get on the interweb and see what it looks like.

If the alleged Police Officer is unable to Produce any identification then it is very possible that the person you are speaking to is not a Police officer. If you have any doubts as to the validity of a police officer, always check by calling your local police station or triple-0.

Also remember that you can Dob in a Druggie any time you like by contacting Nowra Police or ringing Crime Stoppers.

Do not Drink and Drive.

If it looks suspicious or you feel suspicious about something or someone, give us a ring.

As always, in case of emergency, call **000**
Non Emergencies contact Police Link on
131444 or your local Police
To provide anonymous information call crime
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Domestic and Family Violence Info visit **www.
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44219666 or 44219665
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Don't forget. Cops are tops.

Culburra Beach VIEW Club

Is holding a Cent Auction on Wed. 31st
October at Culburra Bowling Club.

Cost is \$5 entry includes delicious morning
tea and 3 sheets of Auction Tickets.
Extra tickets available for 50 cents per
sheet.
Contact Dawn for more info 44472460.

Wednesday the 14th November Culburra
Beach VIEW Club is taking a bus to
Stocklands Shellharbour for Christmas
shopping.

Cost is \$10 Bus leaves Culburra Seniors
Car Park at 8 am sharp.
Further information Dawn 44472460



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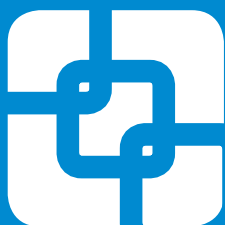
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Callala Anglican Church

The King is Dead!

No I am not talking about King George or Louie or Arthur, not a royal King as in the past but Elvis. If you are old enough to remember when Elvis was known as the King of rock and roll. (oh dear I think I am showing my age), I am sure you will be able to remember seeing those head lines in all the media and televised news.

Elvis Presley died 1977 at the age of 42; if he had lived he would have been 83 years old and living on his pension like most of us. The folk singer Bob Dylan said that hearing Elvis playing rock and roll for the first time was like busting out of jail.

Elvis wasn't everyone's first choice when it came to music way back in the 50s, 60s or 70s. However, what Dylan meant was that he'd been liberated. He'd heard music played like he had never heard it played before. It had opened his mind to something new, offered him new ideas, given him a musical freedom like it had never before.

It's easy to react to new ideas with a closed mind, to condemn without thinking, to seal ourselves off from all that makes life different. It is safer that way of course. You don't need to take risks, but it is less interesting.

Having a faith is meant to be liberating, to free us from our hang-ups and give us something positive to live with. But, sad to say we often try to protect our faith by closing our minds to new ideas. We pull what we know around us like a comfort blanket and refuse to listen to any modern think or theology. Jesus is the same yesterday, today and tomorrow. Absolutely yes, but our thinking and understanding, our belief faith and praise to the one and only true King, the King of Heaven should be progressively moving towards that all knowing, all seeing, all believing.

Seeing a new church being built, an old aborigine

asked, "if God loves everybody why do people build walls?" A very good question don't you think? I am not suggesting that we don't need church buildings but his question says to me that rather than sheltering inside the wall we build - whether they are made of brick or just walls of our minds - we should be out in the world with everyone else glorifying and praising the King. Our God. We may have to take risk or two, we may be exposed to music we have never heard or listened to before, but we might just hear something new, something we like, something exciting and gain something worth having and holding on to. Amen

Rev Sue Fisher

Assistant Minister

*Culburra Beach, Callala, and Currarong
Anglican Church*

Callala Community Centre

The 2018 AGM for the Callala Community Centre Management Committee will be held **Saturday 27th October at 2.00pm** in the Callala Community Centre. The Callala Community Centre has a proud history of managing the Centre on behalf of the Shoalhaven City Council to make it one of the best managed centres in the Shoalhaven. It hasn't happened by accident, the current committee and the work of all previous committees is acknowledged.

Financially the Centre is in great shape, we have a number of permanent bookings but would love to see the Centre more utilized. All our income is derived from hire fees. We recently had both the interior and exterior painted. Many of you will have seen our new signage. We have installed a baby change table and this year; in conjunction with the Brumbies and Shoalhaven City Council, constructed additional storage to house our garden equipment. If you are interested in nominating to become part of this dynamic group please email us at hgm44@gmail.com.

Callala Community Church

... following Jesus

Sunday Worship 9am

at the Callala Community Centre
Emmett Street, Callala Bay

Wednesday Home Prayer Meeting 7.00pm

Enquiries phone Pastor Kevin Kettlewell 0437 338 739

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Pre-Loved Clothing & Book Stall

First Saturday of the Month
at the
Callala Community Centre
9.30am to 12am

Clothes in good condition can be dropped off at the stall (on the day only). If clothing can be delivered by 10am; this will allow them to be displayed.

Community Church

One topic of conversation that is current is the standard of education in Australia, the news reports say we are falling behind many other countries in the developed world. I am not in a position to comment on the truth of this although I wonder by what standard do we measure our performance?

Taken from the internet the Business Insider the following makes interesting reading – Out of the top eleven school systems (Australia doesn't even make the list) Finland rates number one. The question is asked; why so successful? I have included just a small portion of the writer's answer.

It's simple — by going against the evaluation-driven, centralized model that much of the Western world uses.

All children, clever or not, are taught in the same classrooms.

Finland spends around 30 per cent less per student than the United States.

The difference between weakest and strongest students is the smallest in the World.

Perhaps our politicians could take a look at Finland's system, both to save money and have better educated children. But that isn't my point; neither am I an expert on education, although I did spend sixteen years teaching Automotive at TAFE.

I would like us to consider applying these same principles to how we view community and see how they might stack up.

Jesus teaches us that every person has value; or to put it differently every one of us has God given potential. Is the waitress less important than the chef? The best meal in the world can be spoilt by a surly and rude waitress. Service is as important as the product; when both work together we experience a delightful evening dining out. In 1st Corinthians Paul puts it this way; "God's various gifts are handed out everywhere; but they all originate in God's Spirit. God's various ministries

are carried out everywhere; but they all originate in God's Spirit. God's various expressions of power are in action everywhere; but God himself is behind it all. Each person is given something to do that shows who God is: Everyone gets in on it, everyone benefits. All kinds of things are handed out by the Spirit, and to all kinds of people! The variety is wonderful." I wonder how different our community would look if we valued each other equally despite our differences?

The second point from Finland's school system is that all students regardless of ability are taught in the same class; resulting in the difference between the weakest and strongest being the lowest in the world. We all live in the same world. Are we learning and growing together? When I get together within my family, four generations, I am constantly listening and learning from the younger generations, and, I trust they are listening and learning from me. There is a trend in our current culture to only hang out with like minded people; I believe there is much richness and benefit from learning from others who are different from me.

I trust that all our readers are enjoying life.
May God bless you all.

Kevin Kettlewell Pastor 0437338739

Quote of the Month

I learned that courage was not the absence of fear, but the triumph over it. The brave man is not he who does not feel afraid, but he who conquers that fear.

– Nelson Mandela

Yoga Classes for Everyone

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Splatters From The Studio



The Miniatures Exhibition is currently on display at The Studio. This show has been a tremendous success, much to the financial delight of our community of artists. All work currently left in the Exhibition will need to be picked up from The Studio by Sunday 14 October.

Our next Exhibition is our 6th opening on Friday 19th October and will again be sponsored by the wonderful people at Fiducian Financial Services. This time our Exhibition will include a pre-Christmas Sale, so much of the art work on offer will be at substantially reduced prices. Ideal for Christmas and finding that special person a delightful picture or gift. Submission forms are available from The Studio and need to be returned by 14 October. All work must be delivered to The Studio by Wednesday 17 October, between the hours of 10am and 3pm. Please note it is important that your work has cord or strong string and be ready to hang.

In response to several enquiries, Dianne Bradley is offering an Acrylic Workshop on Thursday 4 October. Dianne is a design illustrator and talented artist. She will take you through the whys and wherefores of approaching an acrylic painting and will provide reference photos to complete the work. If you have acrylic equipment, bring it along, otherwise Dianne will be able to provide some limited materials. The cost is \$35 for non-members or \$25 for members and the class runs from 10am to 12noon. If you'd like to enrol, please visit The Studio, or call Sandra on 0439 241 144.

On Saturday 13 October, Deb Dally is offering her popular Polymer Clay Workshop from 2pm to 5pm and the theme will be Christmas. There are limited spaces available so register as soon as possible to ensure your place. All equipment will be provided, along with Deb's guidance to help you create the most imaginative pieces with a Christmas theme. The cost is \$40 per person, and you will take home some wonderful creations. She also plans to offer another workshop in November and due to the popularity of using clay and the talents of this tutor, it is suggested you book in as soon as possible at The Studio.

If you are interested in oil painting, there are plans to offer another class on Friday mornings. Please contact Sandra on 444 65 280 or 0439 241 144 to find out more.

Also on offer will be Living Art Workshop conducted by Wendy. Call in at The Studio to find how you can enrol.

5 Essential Spring Gardening Tips

1. Clean out the garden. It's time to clean your garden and remove all the debris (leaves, leftover snow, etc.)
2. Revitalize the soil. Because your soil is likely dried out and packed after winter, it's time to add moisture.
3. Trim old plants.
4. Add mulch.
5. Plant new flowers and shrubs.



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ANN SUDMALIS MP

Federal Member for **Gilmore**

The Federal Government increased drought support of \$1.8 billion will help my local farmers who have been asking for a well organised approach to the assistance and fundraising by all Australians.

The drought response includes the appointment of a National Drought Coordinator, new tax breaks for farmers, low-interest loans and the application form for the Farm Household Allowance is being made easier.

However more awareness needs to be raised about the tough conditions facing our dairy farmers and I'll continue to fight for this on their behalf.



For help with the Farm Household Allowance, contact the Rural Financial Counselling Service on 1800 686 175 or the Farmer Assistance Hotline on 13 23 16. **NB:** Increased call volumes may cause delays.

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DEFENCE



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ann.sudmalis.mp@aph.gov.au

Authorised by A.Sudmalis MP, Liberal Party Australia, 59 Junction Street, Nowra NSW 2541.

Callala Community Garden

The highlight of this past month was a very successful Inaugural Spring Fair, both financially but more importantly for the community support and the growing band of willing supporters – we now have over 60 members and over 100 Facebook followers!

The preparation for the Spring Fair started a few months ago with members planting bulbs and seeds, as well striking cuttings in readiness to sell. The other not so green fingered members of the CCG Family baked cakes, made pickles, jams and relishes etc., and in true Aussie BBQ fashion “our blokes” cooked sausage sangas – the obligatory bacon and egg rolls.

We were a tad concerned a few days out with the poor weather conditions, but we worried unnecessarily, our prayers were answered and a beautiful day arrived.

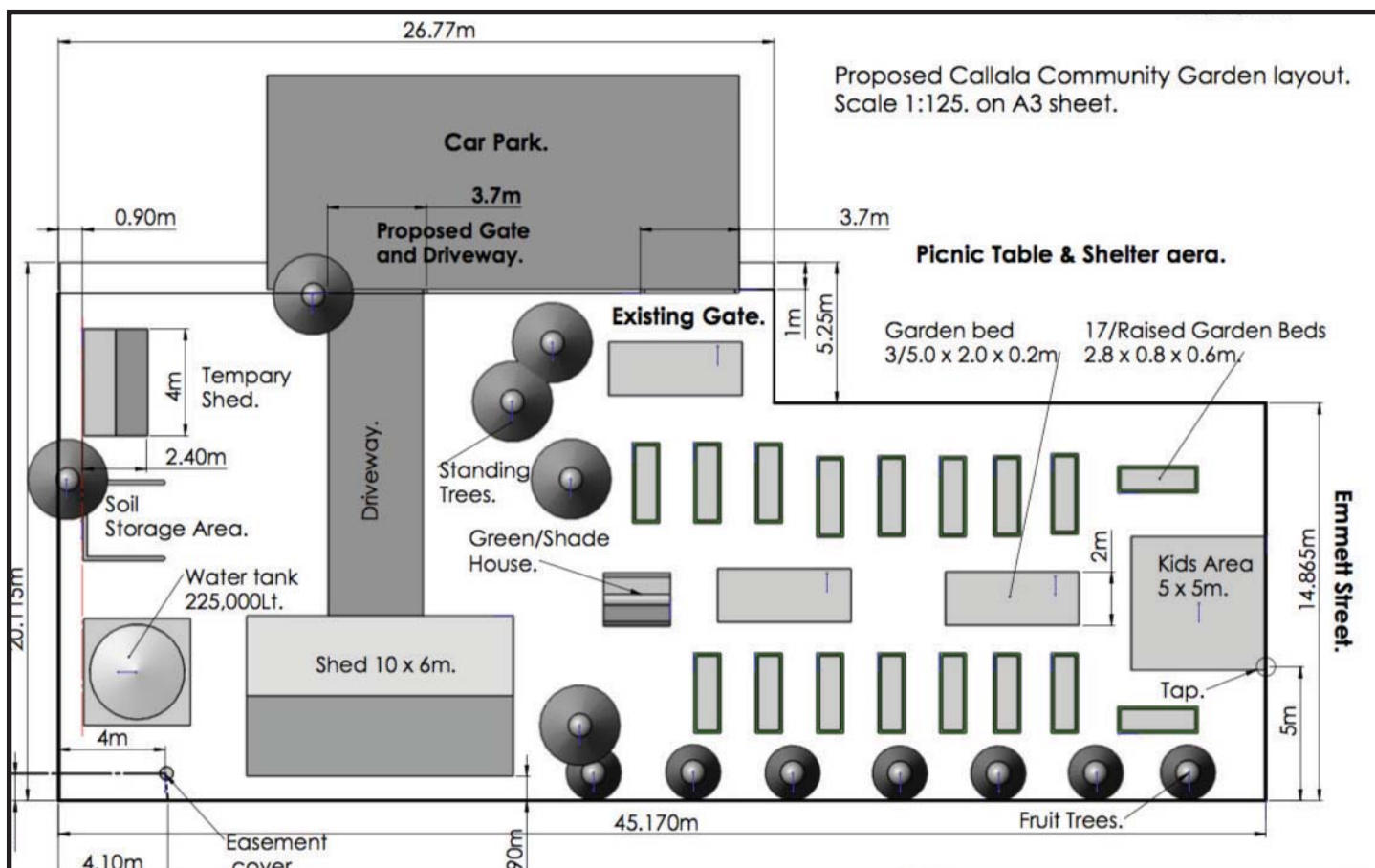
Thank you to everyone who supported this event – over \$1100 was raised.

At the time of writing we are preparing for the first working Bee on our site to do some clearing and planning and hopefully erecting a small temporary shed, until we have enough funds for a larger permanent shed.

Another fabulous outcome this month was following conversations between Mr CCG (aka Michael Hannan) and a group of dedicated skateboarders. Our younger neighbours are now quite excited about our vision and plans and are keen to join the CCG and get planting, in retrospect this maybe our best news this month? Who knows we may be cultivating a future CCG Leader?

Our next meeting is Sat 6th October 2pm at St Marks Anglican Church – cnr. Emmett and Hunter Sts Callala Bay, All Welcome.

Enjoy your time in the garden, until next month. For more information, please contact Robyn Hannan 0417 259 392



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South Coast Vet Report

Common Household Dangers for Pets.

Around the home there are many things that you may not be aware of that can be poisonous for dogs and cats. These dangers can be found in the kitchen, in the garage and the garden and also in your medicine cupboard.

Chocolate, especially dark chocolate and cooking chocolate eaten by dogs can cause seizures (fits), heart irregularities and death. Milk chocolate is not dangerous as it does not contain the toxic ingredient in dark chocolate (theobromine). The toxic dose of cooking chocolate for a small dog is 20g and for a large dog is 120g.

Grapes and raisins are potentially toxic to some dogs (but not cats), they can cause damage to the kidneys and kidney failure.

Macadamia nuts (raw and cooked) are poisonous to dogs. This can be forgotten when they are in cookies or snacks.

Onions and garlic cause damage to dog's red blood cells and a severe anaemia. Be careful not to feed dogs left overs like Chinese take away which may contain a lot of onions and garlic.

Xylitol is the ingredient in sugarless chewing gum, some sweets and some toothpaste and is poisonous to dogs and cats. It causes low blood sugar levels, which can result in weakness, seizures and coma.

Many human prescription medications are dangerous if ingested by pets. Paracetamol (panadol) is very toxic to cats. Cats are deficient in a particular enzyme making them susceptible to liver damage and potential death if they ingest panadol.

Cats are also susceptible to poisoning and kidney failure if they eat lilies (this includes the flowers and the leaves of lily plants in the garden or in

flower arrangements). The varieties of toxic lilies include Easter lily, Asiatic hybrid lily, Tiger lily and Day lily. Poisoning causes seizures, vomiting and collapse due to acute kidney failure.

Other more obvious poisons to dogs and cats to be aware of are rodenticides (rat and mice baits) and snail baits. Animals seem to be attracted to these and they are very poisonous to dogs and cats.

Garbage and compost can cause poisoning if eaten and once again, animals seem to be attracted to this.

Marijuana is sometimes ingested by pets. It causes behaviour change, a slow heart rate, seizures, coma and cardiac rest.

Please take precautions and keep your best friends safe from dangers in your home.

Wattle

I walked in the bush on a fresh spring day
Through dark green pines and eucalyptus Grey

Round a bend in the road so dusty and red
I saw a lone wattle glowing ahead.

And as I approached a song could be heard
From out that gold mantle, the song of a bird.

Its song said so sweetly - it's no time for gloom
Come look at the wattle - the wattle in bloom.

So next time you're feeling so lonely and blue
Remember that colour so different of hue

That comes with the wattle - the colour Gold
And the song of that bird and the story it told.

Joyce Eyles

WHAT'S ON? @ THE PROGRESS HALL

BOOKINGS JOANNE MULLER 4446 4313

TUESDAY	10am - 12pm	CRAFT	Yvonne Fowler	446 6280
TUESDAY	2:30pm - 4:30pm	FOLK DANCE	Maureen Petherick	4446 6550
THURSDAY	6pm - 7:30pm	YOGA Beginners welcome Mats supplied www.roamingyogis.com.au	Ann Smallwood	0405 102 234
FRIDAY	3:30pm - 5pm	TENNIS LESSONS	Garry O'Connor	4464 1418 or 0412 068 116

Tennis court bookings can be made at Callala First National Real Estate - 58 Boorawine Terrace, Callala Bay or call on 4446 4313. Please make your bookings during office hours so that the keys can be made available (*available in daylight hours only*).

The hall is also available for function bookings including weddings, birthdays, baby showers etc.

Anglican Churches

of Culburra Beach | Callala | Currarong

Callala - Church Service - 5pm Sunday

All Welcome | Kids Church

St Marks, 2 Hunter Street, CALLALA BAY

Caterpillar's Play Group - 9:30am Friday @ Culburra Beach Anglican

Kids Club - 3-4:30pm Friday @ Callala Anglican

289 (Youth) - 5-7pm Friday @ Callala Anglican

For more information: Rev. Paul McPhail

m. 0414 616 860 e. culburra.anglican@gmail.com

www.culburraanglican.org.au

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What's On Regularly at the Centre:

Callala Christian Community Church

Callala OOSH By Katie - 7-9am & 3-6pm (6am option start if required)

Tai Chi

Friends of Callala - over 50's social group

Yoga - contact Katie via: katiehyde108@gmail.com

Callala Bay Community Assn. monthly meeting

Sunday: 9 am - 11 am

Call: 0419917793 callalaooshbykatie@gmail.com

Sat: Call John on **0428 564 738**

Mon: 12 pm - 3 pm **4446 6535**

Mon: 6 pm - 7.15 pm

2nd Wed of month: 7:30 pm

For all bookings and enquiries call Jane: 0408 521 520

Callala School Report

Wakakirri

Congratulations to our Wakakirri troupe who performed spectacularly last week. Their dedication, persistence and hard work resulted in a fantastic performance which wowed the audience. Well done to all the players, and to the props people who changed scenes seamlessly. I was a very proud principal! The efforts of a great many people went into making the great show: Mrs Morris who led the group; Ms Wood who supported the drama and dance; teachers who assisted with costuming, prop making, logistics on the night and moral support; parents who assisted with costuming, prop-making and logistical support. There are so many who assisted and the students thank you all.

The Wakakirri Dance Team

Participated in the Shoalhaven Heats of the Wakakirri Dance Competition. We were so proud of the team and their performance on the night and all the hard work they put in throughout the year to tell our story "Around the World in 80 Days". All the hard work paid off with our performance winning the following awards: PERFORMANCE AWARDS Excellent Lead Cast Excellent Ensemble Excellent Set Movement & Staging Excellent Overall Costume Design Excellent Overall Set Design Best Creative Use of the Signature Item Most Creative Reuse of Materials for Sets & Props STATE AWARDS Best Adapted Story Award

Regional Athletics

Congratulations to those students who represented the school and district at the Regional Athletics Carnival. All our representatives competed fairly and many performed their personal bests. We can't ask for more. Special congratulations to Max Beck who has qualified to compete at the State Championships in discus. We wish him all the best. This is the first time any student from Callala has competed at state level in a field event. Huge achievement!!!

Being Brave

Students from K-6 participated in an incursion from Brainstorm products called 'Being Brave'. The two instructors Grady and Rachel, performed an entertaining play which highlighted a range of situations where people can feel nervous sad, angry or scared. The students were very engaged with the performance and were able to come away with a range of strategies they can use to "be Brave" when dealing with strong emotions.

Surf Life Saving Water Safety

All students participated in a Water Safety talk delivered by members of the NSW Surf Life Saving Society. The purpose of the talk was to assist in developing safe skills and behaviours around water. In our environment, as the weather is starting to get warmer, it is critical that all our children are safe near beachers, rivers and creeks. The school swim program also aims to develop these safety skills. Many thanks to Mr Letter for organising the event.

Canteen

Our canteen is run by the P & C and relies on volunteers to keep it operating. The canteen is open Monday to Friday for over the counter sales during 1st break, and lunch orders. Volunteers start at 9am and finish at 11.45am. Volunteering in our Canteen is a great way to make friends and is an integral part of the effective operation of the Canteen. All volunteers will receive free lunch and a canteen voucher (from Term 4) for their child's lunch. Interested parents/carers/community members can contact Jo on 0407 434 938.

Term 4 Dates

Staff and students return on Monday 15th October. Please have a safe and happy holiday.

Therese Aston Principal

What's on in October 2018 @



Thursday 4th

FREE KIDS DISCO – from 5pm in the auditorium.

Saturday 6th

DAN MIRANDA – Singer/Guitarist – 6:30pm in the main bar area.

Sunday 7th

MAJOR DRAW – Win a weekend escape to Coolangatta Estate Winery.

Earn entries every week from 4pm

Thursdays to 5:45pm Sundays.

From 6 September to 7th October (see staff for details).

Drawn Sunday 7th October @ 6pm

Saturday 20th

Mickey Bear Karaoke – 6:30pm in the main bar area – Sorry kids. Adults Only.

Saturday 27th

MAJOR PRIZE – Mini Getaway for Two – Tickets on sale 6:30pm to 7pm.

2ND CHANCE DRAW – 5 x 10,000 points to be Won! (Worth \$100 each).

BONUS BADGE DRAW – 1 Number – 1 Chance to Win! – Drawn 7:20pm.

Saturday 27th

Sharon Gadd – Vocalist – from 6:15pm in the main bar area.

NEW BISTRO + NEW MENU
STARTING Tuesday 16th October
OPEN 7 DAYS

LUNCH – 12noon to 2:30pm

DINNER – from 5pm

Bookings on 4446 5313 Option 4

Courtesy Bus available 7 Days.
Please call 4446 5313 option 1 for bookings.

Monday to Saturday from 4pm & Sundays from 3:30pm.

“ We did it! I took the fight to Canberra and we have been heard. Local support was crucial to secure funding from the Turnbull Government so we can finally see the new Nowra Bridge built, which will cut travel times and ease congestion. Thank you, funding wouldn't have been possible without your support. ”

ANN SUDMALIS MP
Federal Member for **Gilmore**

FUNDING DELIVERED

59 Junction St, Nowra NSW 2541 ☎ 4423 1782
@ ann.sudmalis.mp@aph.gov.au 📧 annsudmalismp.com.au
f AnnSudmalisMP

Authorised by Ann Sudmalis MP, Liberal Party of Australia, 59 Junction St, Nowra NSW 2541.

Rory's Saltwater Grill

LUNCH - Tuesday - Sunday 12noon to 2.30pm

DINNER - Tuesday - Sunday from 5pm

OPEN 7 DAYS DURING SCHOOL HOLIDAYS

Bookings on 44465313 Option 4

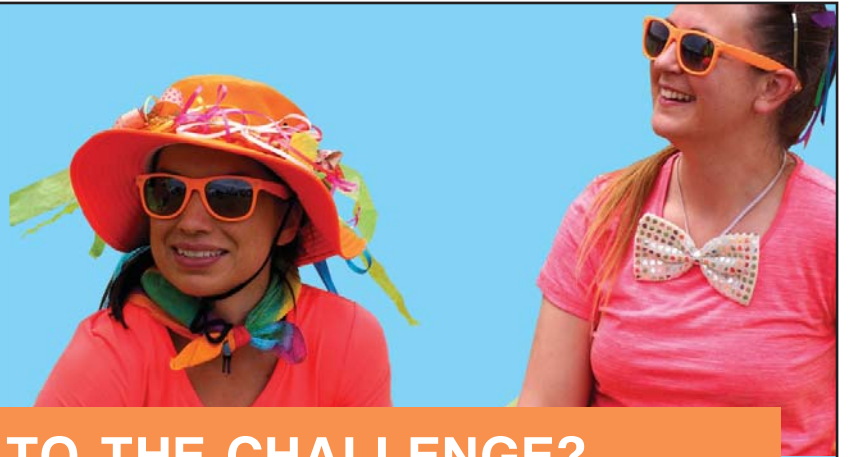
Courtesy Bus available 7 Days call 4446 5313

Monday to Saturday from 4pm - Sunday from 3.30pm

Every Friday - 8am to 1pm Callala Golf is offering players with current Australian Golf Link handicap the opportunity of playing 9 holes on our fabulous course for only \$7, & if the player elects to be part of the Chook Run, possibly win a frozen chook!

**SUNDAY 21
OCTOBER**

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RAFFLES

TUESDAY

Free Meat Raffle – drawn every
½ hour between 3:30pm- 6:30pm
Swipe Member card to receive a free
ticket with ANY bar purchase

THURSDAY

Bowlers Extensive Raffle from 6pm
with great prizes
Lucky Members Badge Draw!

FRIDAY

Meat Mart Best value Friday night in
town Meat Tray prizes with value over
\$1,000 – Tickets on sale 6pm Draw
commences approx 7pm

SATURDAY

Fisho's Raffle from 12 noon to 1:30pm

SUNDAY

Meat & Seafood Raffle - Tickets 4pm - Drawn 5pm
Lucky Members Badge Draw!
Fisho's Weigh In – 4th Sunday each month



Members Badge Draw

**EVERY
THURSDAY
& SUNDAY**

+ BONUS DRAW LAST SATURDAY EACH MONTH

MONDAY

Close @ 7pm

TUESDAY

Members Good Time Happy Hours
4pm to 6pm – All Drinks Discounted

Free Trivia – 6:30pm Start

Social Darts from 6:30pm

WEDNESDAY

NPL Poker – Only \$2 to Play

7pm start – Cash prizes & regional
tournament tickets to be won every week

THURSDAY

Bingo – Eyes down at 11am

BOWLS

Monday- Indoor 12 noon

Tuesday – Women's Bowls from 9:30am

Wednesday – Men's & Mixed Social Bowls
12pm for 12:30pm start

Every day – Barefoot Bowls
\$10 per person
Everything supplied.

NEW BISTRO – NEW MENU

From Tuesday 16th October

LUNCH – 12 noon - 2:30pm

DINNER – from 5pm

OPEN 7 DAYS

~~~~~  
(Roy's Saltwater Grill will cease  
operating cob 14/10/18)

Phone: 02 4446 5313  
43 Callala Beach Road, Callala Beach

[www.clubcallala.com.au](http://www.clubcallala.com.au)



# Sweet Recipes of the Month

## Garibaldi Slice



### Ingredients:

240g currants  
150g dried figs (chopped finely)  
125ml water  
60ml marsala  
1 egg beaten lightly  
2 tablespoons caster sugar

### Pastry:

300 g plain flour  
75g caster sugar  
185g cold butter (chopped)  
2 egg yolks  
1 tablespoon iced water

### Method;

1. Preheat oven to 180 degrees. Grease a 20cm x30cm pan.

2. Make pastry

Sift flour and sugar into a bowl; rub in butter with your fingers. Stir in egg yolks and enough water to make a firm dough. Knead dough until smooth. Divide in half and wrap separately with cling wrap. Refrigerate for 30 mins.

3. Place fruit, the water and marsala in a saucepan, over low heat for 5 mins. Blend or process until smooth. Cool.

4. Roll one half of the pastry between two sheets

of baking paper to line the pan. Spread fruit mixture over pastry. Roll remaining pastry and place over fruit mixtures and press down firmly. Cut pastry into 24 squares, prick with a fork. Brush pastry with eggwash, sprinkle with sugar.

5. Bake for 30 mins until golden

## Ginger, Lime and Cashew Shortbreads



Preheat oven to 160 degrees. Line trays with baking paper.

Beat 250g softened butter, 1/4 cup caster sugar and 1 teaspoon vanilla extract in a bowl with an electric mixer until smooth.

Transfer to a large bowl; stir in 1 and 1/2 cups sifted plain flour, in two batches.

Stir in 2 teaspoons finely grated lime zest, 2 tablespoons finely chopped glace ginger, 3/4 cup almond meal, 2 teaspoons ground ginger and 1/4 cup finely chopped unsalted cashews.

Shape level tablespoons of mixture into mounds about 1 inch apart on trays, top each with a whole cashew.

Bake for 25 mins cool on trays.

## CULBURRA & DISTRICT COMMUNITY HEALTH SERVICE

We maintain the Op Shop, Ambulance Station, Medical Centre and Medical Bus.

Contact Culburra Pharmacy on  
**4447 2382** to book  
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**4446 6733** or **0419 538 963**

Drivers phone Neil on:  
**4447 4713**



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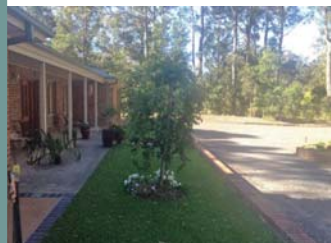
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# Savoury Recipes of the Month

## Spring Asparagus Soup

### Ingredients;

450g (about two bunches) fresh asparagus  
2 medium onions, diced  
1/2 cup (125ml) vegetable stock  
20g butter  
2 tablespoons plain flour  
1 teaspoon salt  
1 pinch ground black pepper  
1 1/4 cups (315ml) vegetable stock  
1 cup (250ml) milk  
1/2 cup (125ml) yoghurt  
1 teaspoon lemon juice  
30g grated Parmesan cheese

### Method;

Place asparagus and onion in a saucepan with 1/2 cup of stock. Bring to a boil, reduce heat and let simmer until the vegetables are tender.

Reserve a few asparagus tips for garnish. Blend remaining vegetable mixture until smooth.

Melt butter in the saucepan that was used for simmering the asparagus and onions. Stir while sprinkling flour, salt, and pepper into the butter. Do not let the flour brown. Allow the mixture to cook only 2 minutes. Stir in remaining stock and increase the heat. Continue stirring until the mixture comes to a boil.

Stir vegetable puree and milk into the saucepan. Whisk yoghurt into the mixture, followed by lemon juice. Stir until heated through, then ladle into bowls. Garnish with reserved asparagus tips. Sprinkle with Parmesan cheese if desired.

## Chicken, Mushroom and Leek Pie

### Ingredients;

1/4 cup (65ml) olive oil  
4 boneless skinless chicken breasts, cut in small pieces  
1 medium onion, diced  
1 small leek, washed and sliced small  
1 tablespoon plain flour

6-10 mushrooms, quartered  
1 litre chicken stock, or as needed  
100ml thickened cream  
1 pinch fresh thyme or dried  
375g premade puff pastry  
3-4 small potatoes, optional  
1-2 bay leaves, optional  
1 pinch salt and pepper, to taste

### Method;

Heat 2 tablespoons of the olive oil in a large pan until very hot. Brown the chicken pieces a few at a time depending on the size of your pan. When they're all done put them to one side.

Add the rest of the oil to the pan. Add the onion and leek, cover then turn the heat down low. Cook for about 10 minutes until the onion and leek are nicely softened.

Add the flour stirring in well and cook until completely incorporated which will take a couple of minutes.

Add a cupful of the stock and stir. The sauce should immediately start to thicken. Add the rest of the stock a little bit at a time until you have about a third left.

Return the chicken pieces back to the pan, along with the mushrooms. If the sauce is a bit too thick add a bit more stock. Add the thyme.

Cook uncovered on a medium heat for about 10 minutes then pour in the cream. Cook for a further 10 minutes.

If you are adding the potatoes, boil them separately and then cut them into smallish pieces. Add to the sauce.

Cook until the sauce has reduced to your preferred consistency. If it's too thick, add a bit more stock to thin it out. Season with salt and pepper to taste.

Pour the sauce into a shallow ovenproof dish and top with the puff pastry. Cook at 200 degrees C for 20-30 minutes until the pastry is golden brown.







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Opening hours: **Monday to Friday – 8.30am to 4pm,**  
**Saturdays – 8.30am to 2pm** (during summer/peak times only)

**We welcome donations of non-bulky items during opening  
hours. For pickups, please call 4421 7244.**

# Callala Junior Sailing Club

Callala Junior Sailing School Begins Saturday,  
13 October 2018

Girls and Boys, Parents, Carers and Volunteers attended the Registration and Open Day held on Sat, 22 September. Excitement builds for the start of the Summer Season classes on 13 October 2018.

A clean-up day was held on 9 September at the boatshed and everything is ship-shape for the start of the season. A joint clean up was organised with Members of the Jervis Bay Cruising Yacht Club. More than 25 members attended. The club house was scrubbed and organised, long grass along the foreshore and around the dinghies was trimmed, and some foreshore rubbish was removed. The clubhouse and surrounds are now spic and span and ready for the commencement of the sailing season for all users of the boatshed. After the cleaning a BBQ was enjoyed by all in the delightful Spring weather

There have been several changes to the fleet with excess boats being sold to make more room on the boatshed. The updated list is:

The Fleet of Training Boats

3 OpenBic Sailing Dinghies

6 Pittwater Junior Dinghies

4 Manly Junior Dinghies

1 Heron Dinghy

3 Laser Sailboats with Standard Rig (sail can be reefed to 3/4 or 1/2 size)

1 Swiffie 10 Dinghy

1 Flying Ant Dinghy

1 Ellipse Dinghy

Once again this year, Special Classes will be run on Friday Mornings for about 20 students from Callala Primary School. We need extra volunteers to help with these classes. These classes start on 2 November for 5 weeks, with the last class on 30 November (Note: subject to

late changes).

There is nothing to compare with the sheer delight shown on the faces of these students, many of who have not sailed before, as they get their boats going in the wind. Unlike most sailors, these students love to capsize! Once they have completed their capsize and re-righting drills their regular request is: "Can we capsize again – Please!"

CJSS is looking for more students and volunteers. Come on down on Saturdays and Fridays (in November) to check it out. You will be most welcome!! Cheers!!



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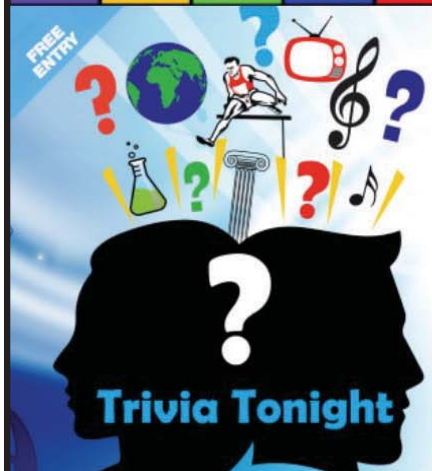
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## Local Markets

### **Escape ARTfest | Artist Market**

**Date: 6 October 2018**

**Location: Ulladulla Civic Centre.**

**Time: 10am-2pm**

Don't miss the Ulladulla Artists Market as part of this year's Escape ARTfest! There will be lots of local and visiting artists celebrating a range of mediums in artworks you can take home to savour. There will also be fun workshops for the kids a paint by numbers and some surprise performances.

### **Berry Market And Country Fair**

**Date: 7 October 2018**

**Location: Berry Showground**

**Time: 8am -2pm**

Your chance to purchase beautiful honey, hand made soap, grab bargain priced antiques from the Berry Country Fair, or restock the garden with some well priced plants. Come along and enjoy a great market day then stroll around beautiful Berry. No market in February due to the Berry Agricultural and Horticultural Show.

### **Culburra Beach Markets**

**Date: 7 October 2018**

**Location: Prince Edward Avenue, Culburra Beach**

**Time: 8.30am-1pm**

The Culburra Beach Markets are held on the first Sunday of every month. Make it, bake it and sew it. Plants, fishing, craft and jewellery stalls also. Barbecue and coffee van on site. Markets are located opposite the Culburra Bowling Club, Corner West Crescent and Prince Edward Avenue, Culburra.

### **Callala's Friendly Markets**

**Date: 13 October 2018**

**Location: Community Centre, Emmett Street.**

**Time: 8am-1pm**

Callala's Friendly Markets will be having a market with extra stalls, fantastic Christmas gifts and other goodies for all occasions.

### **Huskisson Market**

**Date: 14 October 2018**

**Location: Huskisson Road, Corner of Kiola Street, Huskisson**

**Time: 7am-1pm**

The Huskisson Market is a monthly market with something for everyone, right in the heart of the seaside town. They are held on the sporting ground adjacent to the Huskisson Bowling Club, on the second Sunday of each month. You'll find live plants, unique arts and crafts, fresh produce, bric-a-brac and much more. Be sure to explore this thriving community at the heart of Jervis Bay if the Huskisson Markets are on while you're in the area.

### **Marine Rescue Ulladulla Wharf Markets**

**Date: 14 October 2018**

**Location: Wason Street, Ulladulla**

**Time: 8am-1pm**

The Ulladulla Harbour Markets are run by the volunteer members of the local unit of Marine Rescue NSW and have become an institution in this pretty South Coast town. Usually held on the second Sunday of each month, the craft, produce and speciality stalls attract visitors from near and far.

### **Tomerong Village Markets**

**Date: 20 October 2018**

**Location: Hawken Road, Tomerong**

**Time: 8am-1pm**

This friendly market is on third Saturday of every month, rain or shine. It has interesting stalls such as organic food, great coffee, delicious homemade dips, fresh sourdough bread, cakes, crystals, jewellery, toys, clothes, fresh fruit and vegetables, preserves, second hand books, fruit and vegetables and much more.



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## Callala Men's Bowls

The semi-final of the Major/Minor Pairs was played on Saturday, August 25, in variably weather conditions. The game started in fine sunny conditions which changed to cold winds then rain. Steve Irwin and Phill Bowerman started well against Anthony Fisher and Stephen Bowerman, leading for the first few ends. The lead changed several times throughout the game with Anthony and Stephen winning, 19 – 11. The second game saw Grant Ridges and Glenn Brindle play Dion Gadd and Pauli Kennedy. This was also a close game until the 16th end. Grant and Glenn won the match 29 – 17. The final is shaping up to be not a game to be missed.

The final of the men's Major/Minor Pairs was played in sunny but windy conditions on Saturday, September 1. And, what a game it was. The club's two youngest players, Anthony Fisher and Stephen Bowerman played Glenn Brindle and Grant Ridges. Glenn and Grant started well leading 9 – 1 on the 4th end. Anthony and Stephen regained their composure and won the next 5 ends to bring their score to within 1 of the leaders. The score continued to be close and on the 19th end was 17 all. Anthony and Stephen led 18 – 17 on the 20th end. The final score was 19 – 18 to Grant and Glenn. Congratulations to both teams for an outstanding final.

The annual RSL Sub Branch Triples was played on Saturday, September 15, in trying, hot, windy conditions. The second game was played in very gusty winds, testing the bowling skills of all. The AM Prize was won by Jan Wright, Ron Wilkinson and Bob Fowler. Tracey Semovente, Barry Schey and Bob Wood won the PM Prize. Third place was won by Julie Cotton, Eddie Semovente and Garry Gordon. Terry Castle, Terry McMillan and Greg McMillan came in second. The winners for 2018, by one point, were Lyn Byrne, Col Neighbour and Patrick

Ford. Thank you to the RSL Sub Branch for their sponsorship and to Norm Rogers for his cooking expertise, also to Terry Mc and Julie Cotton for the delicious salads. Congratulations to all the players for a great day.



L to R Col Neighbour, Lyn Byrne and Patrick Ford



L to R Glenn Brindle and Grant Ridges with Anthony Fisher and Stephen Bowerman



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### WARD TWO

### WARD THREE

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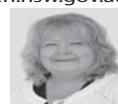
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# Shelley Hancock MP

Member for South Coast



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Authorised by Shelley Hancock MP, 1/57 Plunkett Street, Nowra, NSW, 2541

# Callala Women's Bowls

The ladies had a great game of fours on Tuesday, August 21, integrating two of our new bowlers into a team game. Sue Frame (swinger), Colleen Tracey, Dianne Dawes and Beverley Young narrowly defeated Sue Frame (swinger), Julie Cotton, Lyn Byrne and Terry McMillan. Wednesday, August 22, Julie Cotton, Lyn Byrne and Terry McMillan competed in the Culburra Black Swan Triples. We were defeated in the first game by Shirley Toohy's team from Ex-Servos, Worrigeer. We had a better result in the afternoon game with a win against Elaine Turner, Annette Barry and Thelma Cooley from Culburra.

I would like to congratulate our team especially one of our new players, Julie Cotton, who played her first ever competition game since joining our club 6 weeks ago.



L to R Julie Cotton, Bev Young, Lyn Byrne, Colleen Tracy, Sue Frame, Terry McMillan and Dianne Dawes



L to R Terry McMillan, Lyn Byrne and Julie Cotton after the Culburra Black Swan Triples



L to R Second in the RSL Sub Branch Triples Terry Castle, Terry and Greg McMillan



L to R Third in the RSL Sub Branch Triples Garry Gordon, Julie Cotton and Eddie Semovente



L to R PM winners in the RSL Sub Branch Triples Tracey Semovente, Barry Schey and Bob Wood



L to R AM winners in the RSL Sub Branch Triples Ron Wilkinson, Jan Wright and Bob Fowler



# COMMUNITY CONTACTS

Emergency Police Fire Ambulance – **000**

**Nowra Police Local Area Command – 4421 9699**

**Crime Stoppers – 1800 333 000 (anonymous reporting)**

Police Assistance line – **131 444** (non-emergencies)

State Emergency Service – **132 500**

Jervis Bay Marine Park – **4441 7752**

Callala Doctor's Surgery – **4446 5350**

## **Shoalhaven City Council**

General enquiries, business hours – **4429 3111**

Emergencies and after hours – **4421 3100**

## **Justices of the Peace**

Daniels, Nancy – **4446 6817**

Duncan, Howard – **4446 6535**

Garry, Rexeen(Rikki) – **4446 6649**

Hannan, Robyn – **4446 4428**

Lower, Jill & Graham – **4446 6281**

McMaugh, Dallas – **0400 189 875**

Taylor, Lorraine – **4446 5117**

Ward, Noel – **4446 6800**

## **Culburra & District Garden Club**

Every 3rd Saturday of the month at 1.30 pm at the Banksia Hall Community Hall,  
Fred Evans Lane, Culburra Beach (IRT entry)

More details - contact Doris Carpenter - **4446 5631**

## **Culburra & Districts Community Health Service**

Visit the Op Shop and pick up a bargain! Proceeds help maintain the Medical Bus that transfers people to Nowra for medical appointments from Greenwell Point, Culburra Beach, Callala Bay & Beach, Currarong and Myola. Please contact Culburra Pharmacy on **4447 2382** to arrange transport.

If you have good saleable furniture to donate, contact Jim on **4446 6733**

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