

Callala Bay NEWS

November 2022

Issue 109-2022

Monthly Magazine from the Callala Bay Community Association Incorporated



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CALLALA BAY NEWS

*A monthly newsletter of the
Callala Bay Community Association Inc.*
ABN: 68 031 980 561
www.callalabaycommunityassociation.com
Email: admin@callalabaycommunityassociation.com
PO Box 14 Callala Bay 2540

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Note from the Editor:

The CBnews proudly supports our community, consider subscribing for a small yearly fee.

Please contact us with any local issues or concerns with the intention of having it published.



Callala OOSH By Katie

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CULBURRA BEACH & DISTRICTS MEN'S SHED

Culburra Beach & Districts Men's Shed

We are all becoming increasingly aware of environmental issues, globally and locally. Fires, drought, storms and floods are wreaking havoc on both the human population and on wildlife everywhere. There is growing pressure to move away from logging native forests towards plantation timber, for both softwood and hardwood.

Our Men's Shed, like many other organisations, is endeavouring to minimise our impact on the environment and improve the outlook for local fauna wherever possible.

Recycling: We use palings from hardwood fences, heat treated pine from pallets, and second hand or donated timber for our craft work whenever we can. We are fortunate to also receive hardwood off-cuts from a local staircase manufacturer, which are converted to bread boards, cutting boards and cheese/antipasto platters.

A recent example of ingenuity and imagination was a series of hat/coat racks made by Bernie, one of our members, from recycled hardwood boards

and antique railway spikes. These spikes and accompanying bolts were salvaged from the original Ghan railway line, now abandoned, in South Australia.

The final products are individual and unique, and a wonderful alternative to 'store bought' plastic or particle board.



Hardwood and rail spike hat racks

Birds: We produce a range of nest boxes that can replace lost natural cavities for a range of local birds. Much of our birdlife requires safe and secure cavities to breed in, and most species have not yet recovered from habitat loss in the 2019/20 bush fires. By providing alternatives in backyards

and local reserves, we can all play a part in rebuilding their numbers.

Arboreal mammals: Like our birdlife, our possums (from greater gliders and brushtails to pygmy possums and feathertail gliders) have lost habitat due to the fires and urbanisation. This can sometimes cause issues for homeowners when they decide to take up residence in roof spaces, garages and sheds. We can assist with alternate accommodation via nest boxes for each of the above.

Insects: The widespread use of pesticides and herbicides has led to substantial reductions in various insects and invertebrates. Natural pollination of gardens, shrubs and vegetable patches suffers

accordingly. We produce native bee/insect hotels as a means of increasing native bee and other beneficial insect numbers. We have also recently introduced butterfly houses to aid in their breeding and proliferation. And, if you're concerned about our pervasive mosquito population, don't forget our microbat flats to provide natural protection against them.

We'll be at the Callala Markets on 12 November, with our range of timber craft, nest boxes and other products for purchase. Otherwise, please call into the Shed on any Monday or Wednesday morning, from 9am to 1pm, for a coffee and chat about membership or our products and services.

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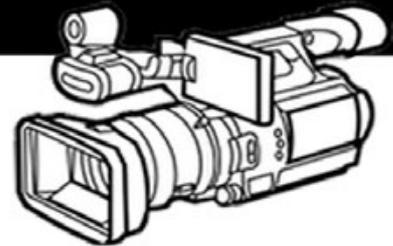


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Bushcare

Areas targeted by our team over the past month:

Myola Spit and access track – ten big sacks of Dolicios Pea removed. Don't be dazzled by the pretty multi hued pea flowers, this South African vine can smother shrubs and trees up to 4 metres high! The weed had spread alongside the road for about 100 metres as well as staging a comeback in its traditional hideout on the Spit. Phew, that was ten hours of work over 5 weeks!

Carama Inlet - intrepid trekkers returned with a small sack of Sea Spurge plants. This weed survives storm surges and its seed floats across long distances caught up in storm debris. A new infestation of Sea Spurge had been sighted on one of the Bundawa/Beecroft beaches, which prompted our trip to Carama.

Lackersteen St - guess what? Buffalo Grass doesn't thrive when constantly inundated. We have taken advantage of this weakness to remove the Buffalo runners and other weeds impacting the Salt Marsh. If you look towards Callala Creek from the footpath towards the end of Lackersteen St now, you will notice that the tall Common Reeds are thriving. And the fields of Maiden Hair Fern, the local looks like Fish Bone Fern but isn't, and purple and white flowered native violet, are revelling in our soggy conditions. Removal the Buffalo Grass which is Allelopathic, ie roots send chemicals inhibiting growth of other grasses, along with other weeds, has turbo charged the natives' growth.

I hardly need to tell readers that we live in an area rich in natural wonder here at Callala. However, this really hit home for me recently when I heard a scientist speaking of the sequestration abilities of 'blue carbon'. What are the three key components of blue carbon? Sea Grass Meadows, Mangrove Swamps and Salt Marshes. And we've got all three in our home area. So, take the time to enjoy the vista of the Callala Creek Salt Marsh and Mangrove Swamp as they stash away carbon.

Boorawine Creek reserve/Mitchell Rd dune. Further disappointing environmental vandalism, with several semi mature Coast Beard Heath (max height in our soil conditions, 3 metres) and young Banksia Integrifolia, hacked off and tossed aside. Also, there's a reason why Council mowing contractors don't do slashing in Boorawine Reserve in October. This is when our beautiful native orchids bloom. The most abundant flowering area of the delicate Tiger Orchids in a decade were mowed down by someone, for reasons unknown. Where were they growing? Ironically, at the base of the new environmental vandalism sign near the beach access track. Our many tiny native orchids don't flower annually, usually they flower every second year. Slashing or mowing inhibits a subsequent flowering cycle.

Please feel free to contact me if you want to give Bush Care a go, 0419 531 902. Our council coordinator is Michael Smith 4429 3111.



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Authorised by Shelley Hancock MP, 1/57 Plunkett Street, Nowra, NSW, 2541 Funded using Parliamentary entitlements*



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Presidents Report

Hello everyone

The October General Meeting of the CBCA was very informative. David Hojem the Waste Services Manager from SCC gave a terrific presentation on what is happening at the new waste management site in Nowra. He also outlined some of the innovative projects that have either started or planned for the site relating to increasing the amount of different types of waste which can be reclaimed or recycled. Tours are available at the site and interested community members are encouraged to go take a look. Did you know for example, that around 10,000 mattresses a year are broken down into their component parts so that they can be recycled? Apparently it is possible to use the fabric from the mattresses in tiles and road base. The steel can be used by steel recyclers and so forth.

We discussed the fact that SCC does not provide green waste bins and it was explained that there were many ways of disposing of green waste. For example, SCC provides a green and bulky waste pick up service if you have too much to go into your red bin. To get further information, go to the SCC web page and look for "Green bins- Facts, FAQs and better solutions". The most important thing to note is that having some green waste assists in the management of land fill waste. The target Shoalhaven City Council has set in relation to waste management is a 90% diversion from landfill by 2025. That's a big target. Let's see if we can help in our own ways to achieve it.

Unfortunately, our Ward Councillors were unable to attend due to competing demands but members of the CBCA committee have been in touch with a number of them in the past month to ensure that that the issues important to our village are kept in front of them. We hope to see them at our meeting next month.

A number of reports/updates on our activities were provided:

1. The Sheaffe St path is under consideration by Council within the Around the Bay walking path plan. We have requested that it be addressed as a matter of urgency. It is a safety issue and should be prioritised. We understand that a concept design has been prepared and consultations on this have occurred with the home owners in Sheaffe St. As a result of their feedback, Council officers are considering some changes to the concept plan with a view to having a design finalised shortly.

2. Callala Bay Fire Readiness sessions were held in September.

3. Clean up on Callala Bay Rd requires accredited safety supervisors. Should any community members be interested in undertaking the two day training please let the Secretary CBCA know so we can have someone to back up James Morris when clean up days are scheduled.

4. Limited movement on Wowly Creek facilities but the CBCA will continue to push for some action there.

5. Members of the CBCA continue to attend the meetings with the Halloran Trust representatives to ensure that proper planning considerations are undertaken. Our representatives have received an undertaking from SCC that any design/proposals will be displayed both on the weekend and during week days at Callala Bay when they are ready, so that the community will have the chance to discuss them with the relevant SCC officers.

Other matters that were raised included:

- Advice from the Network Manager Mid South Coast indicates that we will have a fully operational Post Office at Callala Bay by Christmas. We understand that it will include banking services as well as parcel services and all other regular post office facilities.
- We applied successfully for a Council subsidy for our next Australia Day event. Planning has commenced to make sure we have a fantastic community event on Australia Day 2023.
- Discussion continues about the parking and traffic congestion problems in the streets around the boat ramp- a number of ideas such as a one-way traffic system for Boorawine St in summer and alternative angle parking for boat trailers in Marine Parade were suggested. The meeting agreed that this was of such importance that a special session would be held at a future general meeting with relevant officials from SCC and other relevant government departments to identify ways to deal with the traffic problems relating to large numbers of boat trailers and vehicles, particularly in holiday periods.
- While the doggy bag facilities are working well, community members have noticed that people using the bags are not disposing of them in bins but are frequently simply throwing the used bags into the bush along the path in Marine Parade. We agreed to request an additional bin near the dog bag dispenser on marine Parade.

A brief Treasurer's Report was provided:

As of 12th October:

Main Acct. \$18,664.99

Australia Day Acct. \$921.10

Callala Fund Acct. \$2399.90

Project Acct. \$165.58

We agreed that it was important for the CBCA to provide resources to enhance the community wherever we can, so I asked those present to identify possible sponsors for prizes for our Australia Day raffle. All prizes will be gratefully received.

General meetings of the CBCA are held no less than 6 times per year on the second Wednesday of the month. Watch the F/B page as well as the sign outside the Callala Community Centre to ensure you know when the next meeting is on.

The November meeting is on Wednesday 9th at 7pm. See you all then - Sue

Extended Bus Timetable for Callala

Adam Darcey from Stuart's Coaches has advised Transport NSW has extended bus services throughout the Shoalhaven.

Stuart's Coaches will now be providing an early morning service, starting at the Callala Beach shops at 05:51am, travelling directly to the Callala Bay shops, then to Bomaderry Railway Station to meet the 6:43am train.

A return service at 17:17(5:17pm) will follow the bus route as required. The revised timetable is available at <https://stuart-coaches.s3.ap-southeast-2.amazonaws.com/timetable.pdf>.

A copy is also included in this Newsletter.

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The Shed by the Lake

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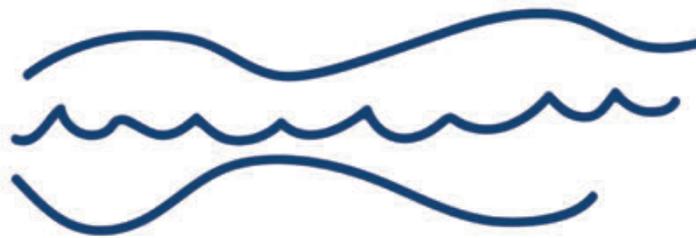
You are invited to join the Longest Established Men's Shed in Culburra, learn new skills and bring your own, come and enjoy the company of our friendly members and participate in a variety of activities

We are open 8:30am - 1pm Tuesday, Wednesday & Thursday

All enquiries:

John Castellan: 0498 023 781

Max Ford: 0403 204 847



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Motor Vehicle Accident	000	police.nsw.gov.au
Police	000	police.nsw.gov.au
Police – Non Emergencies	131 444	police.nsw.gov.au
Police Crime Stoppers	1800 333 000	police.nsw.gov.au
Household Fire / Hazmat	000	fire.nsw.gov.au
Bushfire	000	rfs.nsw.gov.au
Shoalhaven RFS District Office	4424 4424	rfs.nsw.gov.au
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Milton Hospital	4455 1333	-

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Useful Apps & Websites

Visitors to the area can download the following free mobile apps to stay informed of the latest advice and information in the event of an emergency.

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The Emergency+ app is a free app developed by Australia's emergency services, Government and industry partners.

The app uses GPS functionality built into smart phones to help a Triple Zero (000) caller provide critical location details required to mobilise emergency services.



emergencyapp.triplezero.gov.au

Other Helpful Apps & Websites



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Caterpillar's Playgroup - 9:30am Friday @ Culburra Beach Anglican

Kids Club - Friday Afternoon @ Callala Bay Anglican

289 Youth Group - Friday Evening @ Callala Bay Anglican

For more information: Rev. Paul McPhail

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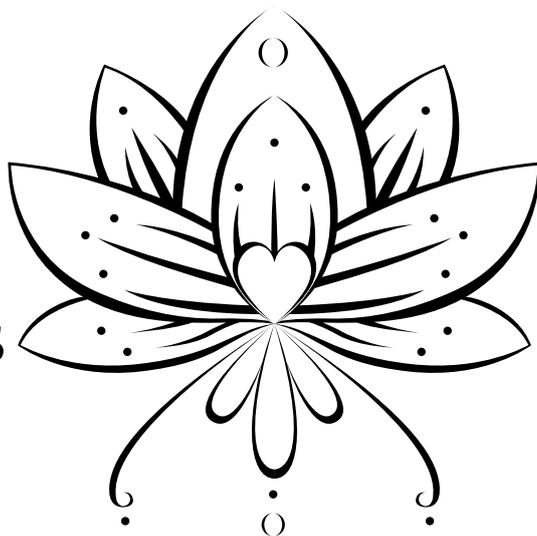
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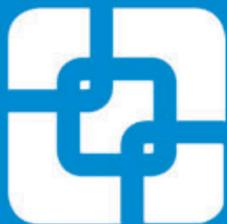
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TUESDAY

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WEDNESDAY

\$18 Chicken Schnitty Night (Dine-in only).

THURSDAY

\$20 Pizza Deal (Dine-in only).

RAFFLES

THURSDAY

Bowlers Extensive Raffle from 6pm.
Members Badge Draw!

FRIDAY

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Draw commences approx 7pm.

SATURDAY

LIVE MUSIC EVERY WEEK!

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SUNDAY

Meat & Seafood Raffle - Tickets 4pm - Drawn 5pm
Members Badge Draw!
Fisho's Weigh In – 2pm 4th Sunday each month.



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MONDAY - Close @ 7pm.

TUESDAY

MEMBERS Happy Hour 4 - 6pm.

Free Trivia – 6:30pm Start.

WEDNESDAY

NPL Poker – \$12 Entry -

Includes 2 Lifelines - 7pm start.

All games are sit & go – 10 per sit & go.

THURSDAY

Bingo – Eyes down at 11am

LAST SATURDAY EACH MONTH

Mega Meat Raffle + 2nd Chance Draw =

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Wednesday – Callala Mixed Social Bowls.
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	AM	AM	AM	PM	AM	AM	
Currarong	♂		♂	♂	♂	♂	♂
Crookhaven Pde	N/A	7.15 T	8.25 T		8.00		
Yalwal St	N/A	7.16 T	8.26 T		8.01		
Tennis Court	N/A	7.17 T	8.27 T		8.02		
Progress Hall	N/A	7.18 T	8.28 T		8.03		
Cambe & Nowra Rds	N/A	7.20 T	8.30 T		8.05		
Callala Bay							
Sydney Ave	6.04	7.35 T	8.47	10.10	8.20	10.10	1.45
Boorwine Terrace	N/A	7.30 T	8.40	10.13	8.23	10.13	1.48
Emmett Street Shops	5.58	7.30 T	8.46	10.16	8.26	10.16	1.53
Callala Public School	N/A	7.35 T	8.45	10.17	8.27	10.17	1.54
Lackersteen and Emmett	6.02						
Callala Beach / Myola							
Queen Mary Street	N/A	7.15 T	8.15	10.20	8.31	10.20	1.58
Catherine St Myola	N/A	7.20 T	8.20	N/A	8.36	N/A	N/A
Sir Henry Crescent	N/A	7.22 T	8.23	10.23	8.40	10.23	2.02
Callala Beach Shops	5.51	7.25 T	8.25	10.25	8.42	10.25	2.04
Watts and Lennox St	N/A	7.27 T	8.28	10.28	8.45	10.28	2.07
Mayfield		7.40 T					
Stewart Place Nowra	6.43	8.20	9.20	11.00 #	9.20	11.00 #	2.55
Bomaderry Rail	6.33	8.15	9.30	11.10 #	9.30	11.10 #	2.40
Nowra Tafe		8.20	9.32				
Stocklands Nowra	N/A		9.40	#	9.40	#	2.50
Train Departs Weekdays	6.43	8.17 & 9.20	10.00*	11.23 & 12.00pm*	10.00*	11.23 & 12.00pm*	16.12
Train Departs Saturdays					10.31	12.29	16.33

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CALLALA COMMUNITY GARDEN

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OPENING:

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8.30 till lunch time

1st and 3rd Sundays 9am till lunch time

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WHATS HAPPENING:

1. Saturday 5th November 2022 2pm
AGM then GENERAL MEETING
2. **Family Fun Friday Mornings** the last Friday
every month... Weather permitting. 9.30 to
11.00. Morning tea will be provided by the
garden. This is for all the community - not
just members.
(Sadly, the September one, our Teddy Bears
Picnic, was washed out...twice! We will try
that again in January 2023)
3. **PRODUCE STALL** Saturday 12th November
2022 - 8am till 12 noon
 - a. Come and meet the team and pick up
some fresh produce from the garden.
We pick it at your request. (Cannot get
fresher than that)
 - b. Cakes and sweet treats
 - c. A selection of potted plants and
seedlings. Succulents galore!
 - d. Cut herbs available for free.
 - e. Other local produce for sale

Whats in the ground?

VEG:- Zucchini, Tomatoes, Dwarf Green
Beans, Cucumbers, Kale, English Spinach,
Beetroot, Silverbeet, Leeks, Broad Beans, , Radish,
Strawberries, Kipfler and Dutch Cream potatoes,
Fennel. Lettuce, Sorrel and more...

HERBS:- Coriander, Sage, Turmeric, Bay leaf,
Kaffir lime, Shallots, Dill, lots of Garlic in the
ground, Lemon thyme, Parsley, Chilli

EDIBLE INDIGENOUS plants: Finger Limes,
Riberry, Lillipilli, Davidson Plum and Midyim Berry.

CONTACTS:-

Victoria Maudson: 0424 590 105

Gail Fitzgerald: 0412 930 080

What's new?

We have a shed for the children's toys to keep
them out of the weather. Thanks to Bunnings for
donating it. Now we just need to build it!

There's a new compost bin. Now you can drop off
your kitchen veggie scraps (absolutely NO MEAT
OR FISH PLEASE) and grass clippings in the
marked oval black bin near the carpark gate.



We have lots of goodies for a super Christmas
Raffle. Thanks to all donors. We will keep you
informed. Herbs are always free from the garden.
Please come in and collect what you need during
our open times. Or, if the gates are closed, pluck
some from those growing around the letter box.
The new planning Board is making
communication more efficient, so volunteers
know what is going where. This is part of
streamlining our systems, so we know what jobs
need doing.

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Callala Gallery

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Phone: 44465770. Mobile : 0407465770

Email : Roslyn.chatham@bigpond.com

Callala Gallery on Facebook



WELCOME to the Callala Community Centre, conveniently located opposite the shops in Emmett St, Callala Bay.

We are one part of the Shoalhaven Community Information Network (SCIN). Our technology has been upgraded to include solar panels, a storage battery, and satellite communications to provide an independent, continuous, communication solution with the Nowra Emergency Centre.

The information can be seen on the screens located at the Centre.

An audio-visual system has been installed in the Centre offering flexible and comprehensive facilities, including;

- blue tooth; computer connectivity; the ability to operate DVDs and CDs and play personal audio-visual files from a USB drive or SD memory card.

If you want to have a wedding; memorial service; business conference; group gathering or family reunions the Callala Community Centre is well worth considering.

Our facilities include

- A well-equipped kitchen; air conditioning; raised stage and off-street parking, and
- Crockery, cutlery and glasses and seating for up to 120 people

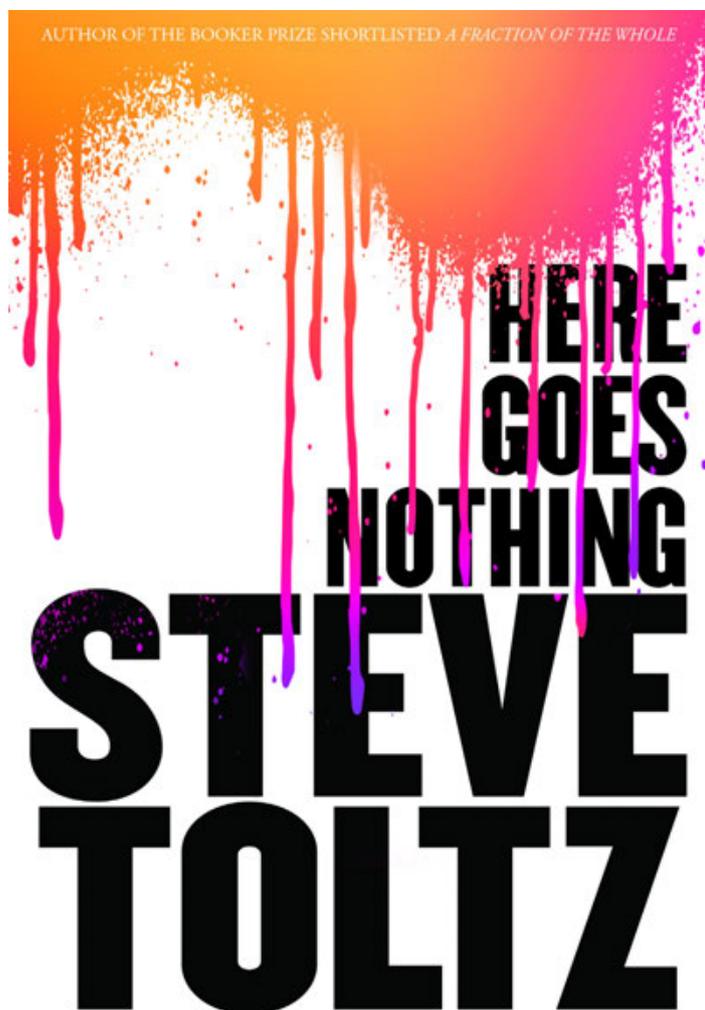
For all hiring enquiries contact Cynthia on 0412 121 737
or email cynirwin974@gmail.com

Follow us on Facebook at Callala Community Centre.

Callala Friends Book Club

“Here Goes Nothing” by Steve Toltz (2022) was our September choice. Toltz has had a successful writing career to date, with his first novel, *A Fraction of the Whole*, being shortlisted for the Man Booker Prize and *Quicksand* also being recognised with the Russell Prize for Humour.

Toltz is an Australian author and his third novel provoked a variety of reactions ranging from hilarious to disturbing. He explores the idea of afterlife through a young couple, Angus and Gracie and their live-in dying visitor, Owen, who wishes to have his last days in his childhood home- now Gracie’s home. Gracie is a social media obsessed marriage celebrant and Angus has a background of occasional drug dealing and a videographer for Gracie’s thriving business. We develop empathy for Angus as his past in some dubious foster homes is described. When Owen comes to their home, he manages to convince the couple to take him in as he prepares to die. This sets in motion events which see a depiction of afterlife- maybe not as many would have imagined!



A particular scene in the book caused varying reactions amongst our readers. Gracie live-streams giving birth to her child, and seeks information from the internet as she is forced to perform a caesarean section. As she interacts with her rapidly growing audience online, she receives instructions from surgeons to assist her.

Toltz makes astute and ironic comments about our contemporary lifestyles. He achieves this through the voice of his characters- eg, Gracie, as she makes disturbing and hilarious speeches as her role of an unconventional marriage celebrant- to the horror of some guests (parents of bride and groom,) and to the delight of others. Gracie summarises her observations towards the end of the book;

I saw the best minds of my generation destroyed by unceasing self-regard and a dopamine-addiction feedback loop.... We married our phones and waited for the external hardware to consummate the relationship. We evolved into a distracted species when our main task was watchfulness! Our bleakest doomsayers were too optimistic. How could a species hardwired with negativity bias not see this coming? The algorithms couldn't predict this because you can't commodify oblivion.

“Here Goes Nothing” got a slightly lower rating than most of our previous books, averaging 7/10. Some parts were found a bit depressing whilst others had us rolling off the chairs as we enjoyed the humour of Toltz.

This book provoked many differing reactions amongst our members. It's wonderful to sit and listen to opposing views and reflect on different ideas to challenge our initial reactions. A robust discussion helps retain the book in our minds to draw on its ideas for many years to come.

A good book to explore the idea of an afterlife while examining the contradictions of today's world.

Next month's book is *American Dirt* by Jeanine Cummins.

Merry Dickins



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Graham Worts

Culburra Beach & District Garden Club Inc.

Hello everyone, prior to our October meeting President Bev visited three of our members who are over 90, with a gift to thank each one for their continual support. Beb Fuller, Jean Helliwell and Joy Sharp have been loyal members since the garden club was established. Bev read out a poem 'The truth about women our age' in honour of these garden 'dames'. We all agreed that there is something about gardening as we look at these lovely ladies sitting up front enjoying being with everyone.

Guest speaker for the month was vet Dr John Wright from Culburra Veterinary Clinic. Having been a vet in this area for 40 years, he has a vast knowledge of ticks. Ticks are parasites that feed on human and animal blood. The south coast is a high-risk area and the months for ticks are from September to January. John explained that most ticks go through four life stages: egg, larvae, nymph, and adult. After hatching from the eggs, ticks must eat blood at every stage to survive. We can't keep ticks out of gardens. They are found in sheltered parts of the yard near bushy trees. Heavy rain and windy conditions, like what we have been experiencing, will bring them out. They then crawl up grass or twigs and drop onto passing animals or humans, attaching themselves to the soft skin to feed on. John gave us some tips on how to prevent tick bites.

1. use insect repellent before you go in the garden. He recommended Rid Tropical insect spray around the neck and face area.
2. Tuck trousers/pants in socks leaving no gaps between socks and shoes and wearing long sleeves will also help.
3. After you finish gardening, have a hot shower, and do a tick inspection.
4. Wash your clothes immediately on a hot cycle to kill any ticks.
5. After a few days if you are itchy or there's a pimple like swelling on your body, check it as it could be a tick. The areas to check are mouth, head, armpits, and groin.

On animals they can attach to cavities such as ears, nostrils, anus and even between their toes. If your pet shows signs of being unwell, it is best to contact your vet straight away. It takes up to 4 days for an animal to get paralysis. It's interesting to note that native animals develop a resistance to ticks. We had a close look at a tick when John sent round two bags with ticks of various sizes. A tick bite is usually harmless, but sometimes it can cause an allergic reaction or serious illness. If you have a tick bite, it is very important to remove the tick as soon as possible. John recommended Medi Freeze sprays which can be purchased from a pharmacy and for pets he said there are various products, but you need to talk to your own vet about what is suitable for your pet. John's talk resulted in many questions and more discussion while having afternoon tea. I think it's wise to be vigilant with ticks while we are in the garden or walking our pets near the bush. We thanked John for taking the time to join us as we know how busy he is.



We meet on the 3rd Saturday from Feb. – November 1.30pm at Culburra Anglican Church, Penguin Head Rd, Culburra Beach. Please bring your own cup/ mug for afternoon tea. Membership fee is \$20 annually. Cheers to all, Doris Carpenter 4446 5631

Happy gardening

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From the annals of significance

From the annals of significance

From the South Coast Register, 28 February 1930

The women's craze for wearing shorts, such as are frequently seen on the beaches around Sydney has spread to Nowra.

Two young ladies, however, who introduced the fad to Nowra got the shock of their young lives one day this week when they were strolling down the street in the direction of the baths clad only in very abbreviated shorts and some flimsy kind of material as shirts.

A constable of police happened to be strolling along the same street and, coming face to face with the two women referred to, he was visibly shocked. For some moments he was rooted to the ground with surprise. For a gleam crept in his eye, as, with an obvious effort, he overcame his embarrassment and approached the women wearing trousers.

With befitting indignation, he told them to go home and put some clothes on, which they did.

And so endeth(sic) the first effort to introduce the latest beach craze to Nowra.

Do you remember the telephone?

The black, bake-light device with a twisted cord sitting on a table in the house, and there was only one, with no message options or ring tones.

The nearest telephone to Callala was located at the 'house on the hill'. The house still exists sitting high on the rise near the floodgates at the 's' bends on Culburra Road, just past the Archgate corner on the way to Nowra.

Before a telephone service could be provided for Callala, seven people were needed to apply for a connection. The locals banded together and cleared the necessary trees to create a clearing through the forest and that enabled the lines to be installed from the Coonamia, Callala, Currarong corner into the village. The first 12 lines installed

where the old switch loads, requiring a jack (plug) on a lead being inserted into a switchboard to create the connection and a person had to make the connection. (I remember we had a switch board operator, and she was also the post mistress. There was little news she was not provided and informed the community.) Later, another 32 lines were provided using the same method, before an automatic transfer was via an automated telephone exchange.

A letter to the editor The Phantom strikes again

Dear Sir

A resident of Callala Bay who was concerned about the poor state of his road, plus the controversial and elusive boat ramp and reserve improvements as anticipated for Christmas, made a person pilgrimage to the council on Monday, December 9 to discuss the same with the engineers.

He was advised not to worry, that had he taken notice on the way out, he would have seen the equipment for work commencing that day.

Up to the following Monday, the ethereal workers or equipment had still failed to materialise or become visible to the human eye.

Even the possibility of rigor mortis seems to lack any manifestation (nobody in sight) at the time of writing.

I sincerely trust that our new councillors(sic) do not unknowingly approve payment for these imaginary projects, or we could end up with being a Ghost Town with some very intangible assets.

Maybe a little exorcism is necessary as a psychoanalysis of our resident finds him to be a normal and sane person, at least for the present.

Older and case-hardened locals are cooling him down to accept this phenomena(sic) as local tradition he must learn to endure.

(From the Editor: this letter to the editor was written pre 1950s, In the South Coast Register, however precise dates are unknown. I thought it an amusing anecdote).



Legacy is an iconic and uniquely Australian charity, established in 1923 and founded on a promise. In the trenches on the Western Front in WWI, the Legacy Promise was made by a soldier to his dying mate to “look after the missus and the kids”. Legacy cares for 43,000 veterans’ families, including widows in their senior years, younger widows with children, and veterans’ dependents with a disability. With over 3600 volunteers, Legacy strives to ensure those in their care can fully realise their potential. Legacy helps provide financial and social support for the families in their care and supports families in times of hardship and grief and provides support for veterans’ families for those who have died or given their health due to defence service. This includes partners and children.

The symbol of Legacy is a torch that signifies the undying flame of service and sacrifice of those who gave their lives for their country. To this day Legacy looks after over 43,000 widows and their families across Australia.

Legacy volunteers are referred to as ‘Legatees’

and are the primary contact for the people who Legacy assists. Originally, Legatees were drawn exclusively from the ranks of retired service personnel, but in the early 2000s, admission was opened to all who share Legacy’s ideals. Legatees are the backbone of our Organisation, and with over 3600 committed volunteers across Australia, Legacy is grateful for the support it provides to our veterans’ families. There are 45 Legacy Clubs across Australia and London. These Clubs provide specific services in their community, and help keep the promise to those we serve, no matter where they are in Australia.

Nowra Legacy has been established since 1949 and since then has cared for many Legacy families. There are over 200 Legacy widows and families in the Nowra Region with 23 Legatees providing that unique care for which Legacy is noted.

Legacy continues to salute their sacrifice and provide continuous care to those who have given so much, and wants to honour the past, thank the present and build the future.

On Your Side.

I am your representative in the Australian Parliament. I can help with issues like Medicare, Centrelink, aged care and pensions, the NDIS, Veterans’ Affairs and community grants.

I can also arrange special birthday and anniversary messages, and information for pensioners and seniors. You can contact me on 4423 1782.

Fiona Phillips



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Authorised by Fiona Phillips, ALP, 3/59 Junction Street Nowra

Ukraine comes to Callala Bay

Dr Liz Paslawsky has become regular visitor to Callala Bay over the last three years. After her close friend of over 35 years retired to Callala Bay, Liz has spent many weeks and months here. Although Liz lives in Austinmer, another beautiful part of the coast, she particularly loves the way the bush meets the sea down here. As an avid bush walker, Liz enjoys the many and varied walks in the Shoalhaven and environs.

On a visit in July, Julie Morris, a long time CBCA member, invited Liz to talk via ZOOM to the National Council of Women NSW about her amazing experience in assisting Ukrainians since the war began earlier this year, following the Russian invasion.

Liz's parents were refugees from the Ukraine, who met in a German concentration camp and finally ended up in Newcastle after WW2. As refugees, they didn't have passports and could not go back to Ukraine, so they lost touch with their families there. Liz decided to try to find them- it took two years- and twelve years ago she found them in a tiny village near Lviv. As she says, 'they are peasants still, like those we see on TV. Their gardens are their means of survival as they live on about \$35 a month. The war is a threat to their existence.'

From the very beginning of the war, Liz started her one- woman campaign to help. She says 'my family ties to Ukraine and my cultural connection, mean I can't give up supporting their fight for freedom. In a referendum in Ukraine in 1991, over 90% of the population voted for independence from Russia. I had to help.'

Prior to the war (and COVID) she was a volunteer Visiting Professor at the Catholic University in Lviv teaching hospital management (having had many years' experience in the health system here), so Liz had connections there and knowledge of the health system. Using that as starting point, she contacted anyone she could think of here and abroad to start organising the collection and delivery of medical supplies. Liz worked through and with the Australian Federation of Ukrainian Organisations, QANTAS, the Australian Department of Defence

and others to make it happen. The Ukrainian Ministry of Health provides her with lists of urgent supplies that are required across the country and Liz finds hospitals here willing to donate or financial donors through which she can purchase the specific targeted medical supplies. So far, \$25mil worth of products have been supplied and \$1.5m cash raised here, which has been spent entirely on buying what the Ministry of Health in Ukraine requested.



The story of the establishment of the supply chain is an amazing one. Liz has found volunteer coordinators in each state in Australia; Rotary volunteers sort and pack the medical supplies when they are obtained; QANTAS, and now

the Australian Department of Defence fly the pallets free to Europe and in Europe a range of volunteers get the deliveries to the Catholic University which works through local charity groups to get them to the front line. The Welsh Scouts are the backbone of the transportation system to Lviv – Liz has incredible photos of the many and varied vehicles driven across Europe by senior members of the Welsh scouting movement, all because one man there heard Liz's call for help.

This story – of one woman's determination, courage and commitment, working from a room in her home with nothing more than a laptop and a phone- is uplifting and motivating. Her message to the National Council of Women of NSW when she spoke to them in July was that civilians can do anything when they have a clear purpose. Sometimes it is easier for them than it is for governments and bureaucracies!

Liz comes to Callala Bay to relieve her stress, to walk on the beach and in the bush and think about other things than the war in Ukraine which has occupied her days and nights since February. She makes new friends every time she comes here. And she will keep coming back. She loves our fish and chips.

As the war grinds on, funds are needed for important medical supplies for Ukrainians. If you can help, please do so. www.ukrainecrisisappeal.org

If you see Liz around town, give her a hug!!!

FREE

Pre-Loved Clothing & Book Stall

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at the
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Subud: Monday and Thursday (7:30pm)
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Tai Chi: Saturday (8:30am)
Yoga: Thursday (9:30am starting 2022)
Tennis Lessons: Saturday (midday)

Yvonne ph 444 66 280
Maureen ph 444 66 550

Alain 04331 56143
John ph 0428 564 738
Anna ph 0405 102 234
Gary ph 0412 068 116

<https://callalabayprogresshall.weebly.com/>





COMMUNITY CONTACTS

Emergency Police Fire Ambulance: 000

Nowra Police Local Area

Command: **4421 9699**

Crime Stoppers: **1800 333 000**
(anonymous reporting)

Police Assistance Line: **131 444**
(non emergencies)

State Emergency Service: **132 500**

Jervis Bay Marine Park: **4441 7752**

Callala Doctor's Surgery: **4446 5350**

Shoalhaven City Council

General enquiries, business hours: **4429 3111**

Emergencies and after hours: **4421 3100**

Justices of the Peace

Howard Duncan: **4446 6535**

Robyn Hannan: **4446 4428**

Rev Sue Fisher: **0406 815 449**

Jill Lower: **4446 6281**

Dallas McMaugh: **0400 189 875**

Lorraine Taylor: **4446 5117**

Culburra Beach & District Garden Club

We meet every 3rd Saturday of month
Feb-Nov at 1.30pm

Venue: Culburra Anglican Church
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For more details contact

Doris Carpenter: **4446 5631**

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0499 452 095

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All enquiries:

John Castellan: **0498 023 781**

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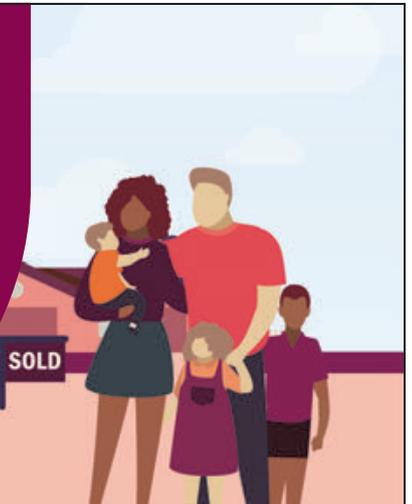
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 **LJ Hooker**

Vanessa is a well known face in our community, a **local of Callala for 28 years** and working locally in real estate for the past **17 years** with extensive knowledge and insight into the local market. Her dedication to customer service, innovation, honesty and openness have been the cornerstones of Vanessa's record of success over many years. Known for her friendliness, understanding, enthusiasm & strong negotiation skills.

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