Callala Bay NEWS

Monthly Magazine from the Callala Bay Community Association Incorporated

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October 2019

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Callala Bay Community Association General Meeting
9 October 7.00pm at the Callala Community Centre. All Welcome



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CALLALA BAY NEWS

A monthly newsletter of the Callala Bay Community Association Inc: ABN 68031980561



www.callalabaycommunityassociation.com Email: admin@callalabaycommunityassociation.com

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The Point Gallery & Craft

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Note from the Editor:

The CBnews proudly supports our community, consider subscribing for a small yearly fee.

Please contact me with any local issues or concerns with the intention of having it published.

Editor - Jake Khourey

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CBCA Update

The CBCA Meeting held on 11 Sep19 covered a number of issues which are summarised in the following paragraphs.

Development Applications (DAs)

DAs can be substantially changed by developers after Council approval without posting to DA Tracking. The Meeting endorsed the CBCA to write to Council to change the DA Variation Policy. This Policy change will require neighbouring properties and local consultative bodies be informed when changes are made, and a reasonable time be provided for a response. Advice of approved changes should also be made to DA Tracking to allow for appealing the decision. The Council is to ensure the public is informed when such changes are made.

Affordable Accommodation in Callala This is discussed further in this newsletter (see page 7)

Council Consultation on Natural Resources and Floodplain Management

This Committee was disbanded in Oct 2018, although this decision was later rescinded and three committees were set up to cover north, central and south of the LGA. Previous committees were divided into the Floodplain Committee and Coastal Management Committee. Clr Patricia White advised the Meeting the appropriate Committees would only meet when there is a flood study. She recommended community members join the Committees. CBCA has written to Council suggesting one unified committee is vital and relevant. A copy of the letter will be sent to all Community Consultative Bodies (CCB's).

Coastal Management Plan (CMP)

Clr White advised a new CMP is to be written to deal with erosion and sea level rises. A Scoping Workshop and community drop in sessions will be held 26th September (See the notice from the

Council below). Howard Duncan and Duncan Marshall will represent the CBCA. Details can be found on Council's web site. The community is encouraged to complete the survey in the "Get Involved" section.

Sand and Sea Festival

The event is scheduled for Sat 26 Oct and Sun 27 Oct 19. A Drop-off Zone for competitors is the car park at the boat ramp from 12.00pm to 3.00pm. An onsite meeting was held with Elite Energy to discuss the potential parking and congestion issues. Elite agreed to a revised traffic management plan. However, issues may still exist and all users of the boat ramp should exercise patience.

Short-term Rental Accommodation

This matter was raised in response to member's request the CBCA make a submission to the State Govt regarding the proposed changes. However, as the submission had to be lodged by 11.58pm on Thu 12 Sep19, a response was not able to be provided. The meeting agreed to support the Callala Beach Community Association submission and the CBCA has written to the CBPA accordingly.

Events Committee

Reported they are getting ready for Halloween Disco and Christmas Carols.

Adopt-a-Road

The Council has agreed to the proposal the CBCA adopt Callala Bay Road and the CBCA can have a minimum of two clean-up sessions a year. The Council has provided all the required equipment and will cover volunteers under its Public Liability Insurance.

Continues on Page 7

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CBCA Update

Bollards

After much discussion the Council has agreed to replace/install bollards along the foreshore between the boat ramp and the sailing school.

Street Library

Shirley and Lloyd Clarke have donated a converted fridge which will be located on the veranda at the Callala Community Centre. The CBCA expresses its thanks for this generous gesture.

Bush fires – Evacuation Point/s for Callala

CBCA is to contact Council/SES to advise evacuation point/procedures for Callala Bay residents.

Shoalhaven Council Welcomes Your Say on Coastal Management

The Council invites you, as a valued stakeholder, to be involved in the future management of Shoalhaven's coastline and estuaries. Council is starting the first phase of the project, a Citywide Scoping Study to inform the development of future Coastal Management Programs (CMPs) and we would like your input, at one of the key stakeholder focus workshops or community drop-in sessions.

Key Stakeholder Focus Workshops The key stakeholder focus workshops (registration essential) are to be held as follows:

	Location	Time
Tuesday 24 September 2019	Ulladulla Civic Centre	2pm to 4pm
Wednesday 25 September 2019	St Georges Basin Community Centre	2pm to 4pm
Thursday 26 September 2019	Nowra Showground Pavilion	2pm to 4pm
Tuesday 1 October 2019	Lake Conjola Community Centre	2pm to 4pm
Wednesday 2 October 2019	Sussex Inlet Community Centre	2pm to 4pm
Thursday 3 October 2019	Shoalhaven Heads Community Centre	2pm to 4pm

Registration for the key stakeholder focus workshops is required

If you can't make one of the workshops you can still get involved by coming along to one of the open

community drop-in sessions or completing an online questionnaire or submission, which will be available from Tuesday 24 September 2019 at https://getinvolved.shoalhaven.nsw.gov.au/

The **community drop-in sessions are open to everyone** and will be held as follows:

Date	Location	Time
Tuesday 24 September 2019	Ulladulla Civic Centre	5pm to 7pm
Wednesday 25 September 2019	St Georges Basin Community Centre	5pm to 7pm
Thursday 26 September 2019	Nowra Showground Pavilion	5pm to 7pm
Tuesday 1 October 2019	Lake Conjola Community Centre	5pm to 7pm
Wednesday 2 October 2019	Sussex Inlet Community Centre	5pm to 7pm
Thursday 3 October 2019	Shoalhaven Heads Community Centre	5pm to 7pm

BBQ: The CBCA will be having a BBQ on Saturday October 5th in the forecourt of the Village Shopping Centre from 8.00am. Come along and have brekkie with us. All funds raised to go to community projects.

Aged Affordable Housing

It is most likely that The Halloran Trust land rezoning at Callala Bay will be the last opportunity to secure a site, suitably zoned and undeveloped, for individual or group accommodation that would suit both "ageing in place" and "affordable housing" in some form.

These two objectives were identified as desired in the Creating Callala process of 2012-2013, but not expanded into an action plan. The specific distilled objectives in considering seniors and housing, accommodation and services recorded in the final document were

- a) To make available accessible and adapted housing: independent, or assisted, or specialised residential care, on commercial, cooperative or another non-profit basis, and
- b) To find more opportunities for new residential land, to make better use of large blocks, to adapt housing, to possibly provide residential care facility and/or in-home services.

Continues on Page 9

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Shoalhaven City Councillors welcome comments and information from the general public.

They can be contacted on the numbers and email addresses below. For general enquiries phone **4429 3111**

shoalhaven.nsw.gov.au ny

Clr Amanda Findley

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WARD ONE

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Clr Mitchell Pakes M: 0432 557 516 mitchell.pakes@shoalhaven.nsw.gov.au



WARD TWO



kaye.gartner@shoalhaven.nsw.gov.au





Clr Bob Proudfoot M: 0428 970 086







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CBCA Update

If there are residents committed to that housing / service possibility, it would be useful to prepare now an outline of what is desired, to enable us to inform the Trust and their planning consultants.

Secretary: Lynn McDonald 0421 510 826

Coordinator: Julie Wotton 0421 937 117

You can email us at:

admin@callalabaycommunityassociation.com

Callala Events Committee

Lots of work ahead now, planning for the Carols on 22 December, which will be bigger and better than ever! Save the date now.

Kid's Halloween Disco

31st October at Callala Community Centre. \$5 per child – must be accompanied by a responsible adult.

Food option Hot Dog & drink \$5.

Tea/coffee will be available.

Pre K – Year 2: 6 - 7pm.

Year 3 – Year 6+: 7.30 – 8.30pm.

Coming events:

Halloween Disco 31st October at Callala Community Centre.

Callala Carols 22 December.

Contact us:

If you are interested in meeting with us, or joining the committee, we are available at the CBCA monthly meetings on the 2nd Weds of the month, 7pm, in the Community Centre (Emmett St.), but please don't hesitate to contact us via phone or email at any other time.

Email: eventscallala@gmail.com

Web: www.callalaevents.com.au





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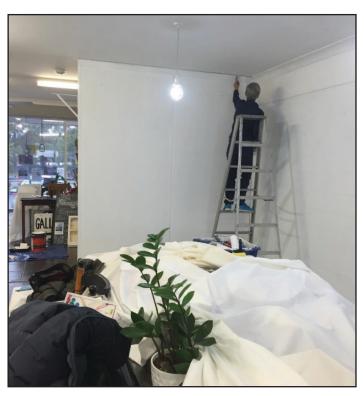
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Splatters from The Studio



A huge spring clean has taken place at The Studio these past few days. Lots of elbow grease and a few coats of paint has made the area sparkle. All in time for our grand opening on Friday 27 September at 6pm. Our new exhibition is an outstanding contribution from our members and is open for viewing until Saturday 7 December.





Members of the Callala Arts Group doing some different kind of painting.

A special two day workshop will be offered by local artist Elaine Palmer on Tuesday 1st October and Tuesday 8th October at The Studio. Elaine will guide you through the steps to create a Negative/Positive work of art with most of the materials supplied. Just bring along any brushes you might have, an apron and your lunch as the workshop will run from 10:00am and finish at 2:00pm. Tea and coffee will be provided.

Regular classes are also being held. Wednesday from 10:00am to 12noon, Colin Darley will take his students through drawing and painting using all mediums. He also holds a Wednesday evening class from 7:00pm to 9:00pm.

On the second, third and fourth Thursday of each month, The Studio will be open for those who want to use the space for their personal projects. Whether its sewing, knitting, sculpting, pottery, oils, acrylic or watercolour, you will have the opportunity to meet like minded people and enjoy a friendly cuppa for only \$5 per day.

Saturday painting workshops will run from 10:00am to 1:00pm and students are encouraged to phone Sandra on 0439 241 144 to enrol as space is limited.

Look forward to catching up with you all in our shiny new Studio space.

The Callala Spring Festival kicks off at 10:00am on Saturday 5th October with a Young Persons Market at The Studio, painting/drawing sessions in the gardens of 169 Callala Beach Road and a colour fun run at the Soccer field. For more information pick up a flier from The Studio.





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South Coast Vets

Paralysis tick season is here.

Paralysis ticks are only found along the Eastern coast of Australia.

The natural host is the bandicoot, other wildlife act as hosts and develop immunity to the tick's toxins by constantly having ticks on them, they include, wombats, kangaroos and possums.

The toxin released by the paralysis tick when it attaches to a mammal causes paralysis, it saturates the nerve endings with toxins so they cannot get their message through to the muscles of movement. The paralysis usually starts in the hind legs and the throat.

What we see if a dog or cat has a tick is the signs of this paralysis. A weakness or wobbliness in the back legs and a cough or change of voice associated with the paralysis in the throat. As the toxin spreads further, the front legs are affected, the animals looses its ability to swallow and the muscles of breathing start to become paralysed. Eventually the effort to breath is too much and respiratory failure occurs, followed by death.

The toxins produced by the paralysis tick can affect all mammals. All pets in this area are at risk of tick paralysis.

To prevent your pets getting ticks you should, keep your pet out of the bush, check your pet daily for ticks, especially around the head, lips, ears, and neck, but they will attach to any part of the body. Consider having long haired dogs and cats shaved to make finding ticks easier, and use a tick preventative.

The earliest signs of tick paralysis will vary from pet to pet, but if your pet is vomiting, off it's food, wobbly in it's legs, coughing, gagging or has a changed or lost bark or meow, please think tick and start searching.

The treatment for tick paralysis is tick serum. Tick serum is made from the blood of dogs that have been bred to live in a colony and get immune to ticks by having them on them all the time. When the tick serum is given to a dog with tick paralysis, it helps to stop more toxin blocking the nerves but it does not reverse the paralysis already present. Most affected pets need supportive care in a veterinary hospital until this paralysis naturally resolves, including a drip because they cannot drink or eat with a paralysed swallow reflex and oxygen to help the weak breathing muscles.

Tick paralysis is a very serious condition and many pets, even with the very best treatment do not survive.

Never delay, early treatment is so much more successful than leaving it for a day.

Just because the tick has been removed, the pet may not recover and may become worse.

Take home messages

- * Use a tick preventative
- * Be aware of the signs of tick paralysis
- * Be proactive, if you think or know your pet has a tick, call the vet
- * Keep your pet out of the bush in tick season



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CALLALA COMMUNITY CHURCH

... following Jesus

Meeting at the Callala Community Centre

Emmett Street, Callala Bay

We are pleased to announce a new format for our services:

1st and $3^{\rm rd}$ Sundays Family Worship Services Meeting at 9,00am

 2^{nd} Sunday we meet for a meal together at 11.30 am Venue may vary

4th Sunday will be an activity, community based or just a fun time.

Thursday Evenings -

6.30 pm to 7.30 pm for prayer & 7.30 pm to 8.30 pm for Bible study

For more information please contact us: Ps. Kevin Kettlewell –0437338739

Or – follow us on fb Callala Community Church



First Saturday of the Month at the Callala Community Centre 9.30am to 12.00 NOON

Clothes in good condition can be dropped off at the stall (on the day only). If clothing can be delivered by 10am; this will allow them to be displayed.

Callala Anglican Church

Have you ever considered how beautiful trees are?

There are many different varieties and kind of trees. One of my favorite trees is the British Oak; standing tall and strong, producing many acorns. The acorn is usually a single seed enclosed in a tough leathery shell and borne in a cup shaped cupule.

The Jewish/Christian story begins in a garden where there were plenty of trees. Only two of them are named: the tree of knowledge, and the tree of life (Genesis 2:9).

We have spent so much of our time in the Christian history, weighed down by guilt at having tasted the fruit of the forbidden tree, that we seem to have forgotten that God didn't tell any one not to eat the fruit from the tree of life.

Today we have the opportunity to think about the tree of life.

One of the images of fulfilment in the Old Testament is a tree. Planted by the waterside, or rooted in worship, trees flourish and bear fruit (Psalm 1.1-3; Jeremiah 17:7-8). Jesus used tree imagery too, when He said "I am the vine, you are the branches". Notice that he didn't say "I am the stem, you are the branches", but " I am the vine". He enfolds is in his life; we draw his life into ourselves in order to bear fruit. We are inextricably part of Him and He of us. As saint Paul wrote in Galatian "It is no longer I who live, but it is Christ who lives in me". Paul uses tree imagery also when he wrote in his letter to the Ephesians that it was his prayer for them "That Christ may dwell in your heart through faith, as you are being rooted and grounded in love." Right at the end of the Bible the tree of life appears again and its leaves are for the healing of the nation.

Tree are welcoming- they give life and shelter and shade and we use them as meeting places also.

They provide stability - we see what happens

when the rain forest are destroyed and the whole ecological system is wiped out.

They offer us a pattern of life that includes death. They cant cling to any stage of their development. Their roots are amazing they push through all kinds of debris and unyielding materials in search of water and life.

We have plenty of food for thought as we enjoy the trees around us but do we need to prune our branches, our life style so that energy is used more efficiently in relationships and chance encounters?

Let us ponder on the rhythm of the trees life and feel the sap rising in us as we grow in love and faith.

Rev Sue Fisher Assistant Minister (Honorary) Culburra Beach, Callala and Currarong Anglican Church

Community Church

I am currently on holidays in Western Australia, and thoroughly enjoying the change of scenery. To see the sunset over the Indian ocean, walk through the bush covered with the brilliant colours of wild flowers, to look at tall trees that are around four hundred years old, most of what I've observed was not man-made and much of it has been there for thousands of years. As we travelled, meeting other adventurers, most spoke of how much they were enjoying the magnificence of nature, and the sense of peace these places gave them. Many were eager to pass on information of other places to see; you know; "Have been to Yet?" So, what causes people to leave the luxury of their homes, all the trimmings of modern living and travel in a 6 by 2.5-metre box on wheels, (yes modern caravans are pretty comfortable) to travel to places, often with no phone coverage and few modern facilities? I haven't seen a TV for nearly three weeks.

Continues on Page 17



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Community Church

I'm not attempting to answer that question although it has made me think.

There are psychologists, doctors and mental health workers, whose research indicates that stress is a major influence in both our physical and mental health, I would add that it may also affect our spiritual health. Maybe just getting away from it all is part of the answer. And, maybe the quiet relaxation in these wonderlands put there by God for our benefit are the best stress relievers possible; seems to be working for me anyway!

Today whilst enjoying one of WA's National Parks I observed a small pink flower in all its colour flourishing in a small crack in the rock; there seemed little soil to support its growth, it was exposed to the elements of sun and wind, yet it not only survived, it gave a splendid display of colour. Life can be a little like that, the stresses of life cannot be avoided, when we see that our purpose is to bring a little colour into our life and those around us, we not only survive we can bloom.

As a Christian Pastor I believe that just like that flower it is possible to see that life's problems are only temporary, and out of them we can bloom in such a way that brings life and colour to others. The Apostle Paul says; "We can rejoice, too, when we run into problems and trials, for we know that they are good for us—they help us learn to be patient. And patience develops strength of character in us and helps us trust God more each time we use it until finally our hope and faith are strong and steady. Then, when that happens, we are able to hold our heads high no matter what happens and know that all is well, for we know how dearly God loves us, and we feel this warm love everywhere within us because God has given us the Holy Spirit to fill our hearts with his love".

May God bless you all. Kevin Kettlewell Pastor 0437338739

Callala Community Centre

The centre now has a number of vacant time slots. If you have a club, a regular group gathering, looking for a place to meet or hold your next function, birthday party or special event then please consider using the Community Centre. We can offer a kitchen with basic facilities, off street parking, close to the shopping centre, and centrally located in Emmett St.

Contact Jane Gardner on 0408521520

The following times are available Monday from 6.00pm Tuesday from 9.00 am to 2.00pm and from 6.00pm

Thursday from 12.00 pm to 2.00pm Friday from 9.00 am to 2.00pm and from 6.00pm Saturday Please enquire as to availability.



2019 Enrolments!

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Facebook- Callala OOSH By Katie

Phone- 0419 917 793



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MONDA	Y TO FRI	DAY	Schoo	ol Holida	ys	School Days
am	am	pm	am	am	pm	am
8.57	10.07 🔁	1.45 🔥	8.45	5 10.07 1	5 1.45 🕏	7.30
8.40	10.10	1.48	8.47	10.10	1.48	7.25
8.56	10.15	1.53	8.51	10.15	1.53	7.30
8.55						7.25
						7.40
9.35	11.10	2.55	9.35	11.10	2.55	8.10
9.45	#		9.45	#		2.45
9.42	#					8.20
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11.23	11.23	2.35	11.23	11.23	4.11	9.20
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Drops as Required

SERVICES DO NOT OPERATE ON WEEKENDS OR PUBLIC HOLIDAYS

5 Wheelchair access to bus

Nowra to Callala Bay - Route 730



DEPARTS	MONDAY TO FRIDAY		Sci	School Holidays			School Days	
	am	pm	am	pm	pm	pm	pm	
Train arrives	9.15	12.27	9.15	12.27	2.17	2.17		
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Nowra TAFE	9.42	12.35					3.30	
Stockland Nowra	9.45	12.40	9.45	12.40	2.45	2.45		
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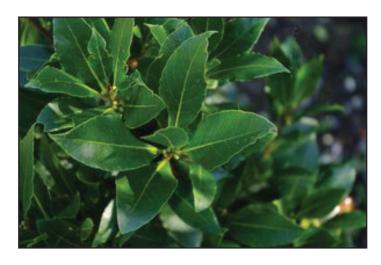
Gary Hunt

South Coast 0427 899 417 Home Renos & Repairs

Garden Club Roundup

Spring is with us and the garden is coming back to life after the windy days we experienced in August. The garden is blooming, despite dry conditions, with marguerite daisies, bulbs and sweet peas. Bright orange flowers from the clivia bulbs are always the first indication that winter is gone.

Last week when I visited mum, I took her some bay leaves as she uses these leaves to flavour her cooking. The bay leaf, one of the oldest and interesting trees, has been happily growing in our back garden for many years. In fact, I have neglected this tree and only go near it when I need a leaf for cooking.



Its origin is the Mediterranean and the Botanical name is Laurus Nobilis. In ancient times it was used to make laurel wreaths to crown victors in battle and athletes during the Olympic games and given to academics. It was also used in medicine but these days it is mainly used to flavour stews, soups, meat, seafood, vegetable dishes and sauces. The leaves can be fresh or dried but should be removed from the cooked food before eating.

The bay tree is a slow growing tree but is ideal as it is drought resistant and disease free. New bay trees can be grown from seed, cuttings, or by detaching suckers. It can grow in any soil type if the drainage is good. Water it regularly but always allows the soil to dry out between watering, so the roots don't rot. Although the bay leaf tree can

grow into a tall tree, it is often kept smaller by pruning or by confining it in a pot.

According to Jackie French (Sydney Morning Herald 2012) "Once upon a time, you would grow two bay trees either side of your front gate, one for peace and one for prosperity. Legend has it that one tree will always be taller than the other, for the world has yet to have a time of both peace and prosperity." The bay leaf is also one of the ingredients in the French bouquet garni- along with parsley and thyme tied together.

Our next meeting will be on September 21st and the guest speaker will be talking about dividing cymbidium orchids. Hopefully in the next issue I can pass on some useful tips to you.

If you would like to join us and learn more about plants/gardening, we meet every 3rd Saturday of the month at the Banksia Senior Citizens Hall, IRT entrance, Culburra Beach at 1.30 pm starting time.

Happy gardening! Doris (secretary) 4446 5631

Morning Tea Invitation

The Callala Community Church is celebrating the 10th anniversary of the clothing giveaway and you are invited to join them for a morning tea on Saturday 5th of October at 10.00am in the Callala Community Centre.

The church holds its free pre-loved clothing and book stall on the first Saturday of the month at the Callala Community Centre 9.30am to 12.00 noon.

Clothes in good condition can be dropped off on the day. If clothing can be delivered by 10.00 am this will allow them to be displayed. Come down and share our morning tea we would love to see you and share a yarn over a cuppa.



CALLALA GALLERY 15 Callala Beach Road, Callala Beach

> All Artworks on display at the Gallery are For Sale.

Paintings done on commission. Callala Gallery on facebook www.artclassesnowra.com

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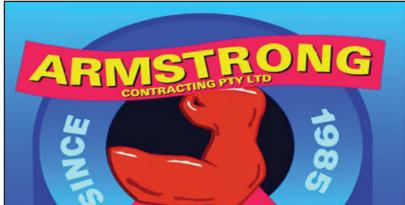








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Callala Community Garden



The rain is falling while I am writing this months' newsletter, the garden and new plantings are getting a great long drink, such a welcome sound of raindrops on the roof, hopefully it will continue and get to the drought affected areas.

A big THANK YOU this month goes to BUNNINGS who donated a large tin of paint to CCG, Di (Activities Co Ordinator from Bunnings) not only delivered the paint to our site but also stayed and helped with the painting, thanks Di it is much appreciated. The large raised garden beds on the CCG site have been made from donated recycled materials by our members, they are looking great with their fresh coat of paint and netting, the plants, worms and bees are certainly appreciating the effort. The compost bays now have identification signs indicating what should be added to each bay.

Last week we harvested Bok Choy, radishes and coriander, a very tasty and satisfying outcome. The working bees are a lovely way to spend a few minutes or hours, you don't need green fingers, there is always someone ready for a chat or you can daydream while watering the garden, quite relaxing.

Thank you to everyone who voted in the My Community Grant project, sadly we did not win, we knew that it was going to be a tough one to win with the small population of our villages, but we are proud and grateful to you all for your ongoing support.

Saturday 5th October CCG is joining with Callala Arts Group to present "Art in the Garden" please see attached flyer for further details. CCG would appreciate donations of cakes, slices, jams, pickles, plants etc for the event, if you are able to help out on the day, please contact Robyn.

The monthly meeting in October will take place on SUNDAY October 6 at 10am on the CCG block (weather permitting), this will coincide with the scheduled working bee and be followed by a barbeque, a great way to make new friends and find out what it's all about.

For up to date info please check out our Facebook page, for changes to meeting times etc we will put notifications on the notice board on the shed at the CCG site. Please direct any questions to Robyn on 0417 259 392





WHAT'S ON @ THE PROGRESS HALL

MONDAY	4:00PM - 6:45PM	JENNY'S DANCE	PAMELA	0433 675 820
TUESDAY	10:00AM - 12:00PM	CRAFT	YVONNE FOWLER	4446 6380
TUESDAY	2.30PM - 4.30PM	FOLK DANCING	MAUREEN PETHERICK	4446 6550
THURSDAY	9:30AM	YOGA BEGINNERS WELCOME – MATS SUI	ANNA SMALLWOOD PPLIED WWW.ROAMINGYOGIS.COM.AU	0405 102 234
FRIDAY	3.30PM – 5PM	TENNIS LESSONS	GARRY O'CONNOR	4464 1418 OR
				0412 068 116
SATURDAY	8.00AM	TAI CHI	JOHN GRAHAM	0428 564 738
		ALL LEVELS		

Tennis court bookings can be made at Callala & Culburra First National – 58 Boorawine Terrace, Callala Bay or call on 4446 4313. Please make your booking during office hours so that the keys can be made available (available in daylight hours only.

THE HALL IS ALSO AVAILABLE FOR FUNCTION BOOKINGS INCLUDING WEDDINGS, BIRTHDAYS, BABY

Anglican Churches

of Culburra Beach | Callala | Currarong

Callala - Church Service - 5pm Sunday

All Welcome I Kids Church

St Marks, 2 Hunter Street, CALLALA BAY

Caterpillar's Play Group - 9:30am Friday @ Culburra Beach Anglican

Kids Club - 3-4:30pm Friday @ Callala Anglican

289 (Youth) - 5-7pm Friday @ Callala Anglican

For more information: Rev. Paul McPhail

m. 0414 616 860 e. culburra.anglican@gmail.com www.culburraanglican.org.au

CALLALA COMMUNITY CENTRE

Emmett Street, Callala Bay (Opposite Bay Village Shops) It's the place for your next function.

Facilities include:

A fully equipped kitchen • An elevated stage and sound system • Off street parking Catering and seating for 120 people • Flexible hire times and reasonable rates

What's On Regularly at the Centre:

Callala Christian Community Church Sunday: 9 am - 11 am

Callala OOSH By Katie - 7-9am & 3-6pm (6am option start if required)
Call Katie: 0419917793 Email: callalaooshbykatie@gmail.com

Friends of Callala - over 50's social group Mon: 12 pm - 3 pm 4446 6535

Yoga Mon: 9 am - 11:30am Callala Bay Community Assn. monthly meeting 2nd Wed of month: 7:00 pm

For all bookings and enquiries call Jane: 0408 521 520

Callala Golf

Another beautiful spring morning at Callala Golf club. Only a small field of

30 players turned out for a 2BBB Single Stableford.

Out of the 15 teams, today's winners were the Reardon brother's James and Stephen. They put together a great round with a total of 47 points off their joint 24 handicap. Stephen is visiting from South Australia. Thanks for coming to see us at Callala hope it helped make your visit fun. (winning always helps eh!!)

Second team today with a total of 46 points was Colin Chessell and David Dowling off a 12 handicap. Well played guys another good round. Third team was Stephen Martin and John Dobson with 45 points off a 27 handicap.

Nearest the pins were:

10th G. Robson.

14th N. Shearsby.

No nearest the pin on the 3rd today but we had a Longest drive on the 2nd that was won by B. Wade. 4 Teams were in the ball rundown to 44 points.

The Shoalhaven Gutter Cleaning Services/Callala Golf Open is happening again this year on Sunday 13 October 2019. Prizes are many and fabulous with a car from Country Motor Company on offer for a hole-in-one on the 14th hole.

Sponsors include Golf Exchange, Turner Family Funerals, Holcim Concrete, Nowra Farmers Market, Bayview Blinds & Awnings, Pool Vision, Bendigo Community Bank Nowra and many more. Come along and bring you brother golfers for a fun day and an opportunity of taking home a fabulous win.

Callala Country Club - Ladies Golf Wednesday 4/9/19 was our 6th NSW Medals Day which was taken out by Aoauli

Carrett with a wonderful 74 nett score and the runner up was Joy Deane with 74. The spring weather shone down on us with a coolish breeze keeping us from getting too heated. We are sad

to be loosing Aoauli who is making a move to sunny Queensland. Some lucky golf course will gain a great player.

Good luck Aoauli and look forward to having a game when you come down south.

We are starting to gather a few ladies back from their winter break and enjoyed a great stableford game on Wednesday 11/9/19 with Myrna Barnes winning the day with a great 35 points and Joy Deane coming a close 2nd with 32 points. Pat McAndrew with 31 points and Audrey Mansfield with 30 each earned a ball for their efforts. The course is looking great and the greens running beautifully and we are looking forward to our spring/summer golfing season.



Winners James and Stephen Reardon and one of the runners up, Colin Chessell.



The Callala Bay News Publication is proudly funded by the Callala Bay Community Association with the help of our local business sponsors

What's On in Club callala October 2019 (a)

Thursday 3rd

KIDS FREE DISCO - from 5pm in the auditorium (under 18's only).

Saturday 5th

SOUTHERN IMPACT - Band - from 7pm in the auditorium.

Saturday 12th

KIM DE VILLE – Singer – from 7pm in the bar area.

Saturday 19th

HAV N FUN KARAOKE – from 7pm in the bar area.

Saturday 26th

US-TOO - Duo - from 6pm in the bar area.

MEAT RAFFLE - 15 x BBQ Trays - Tickets on sale 6:30pm to 7pm.

2ND CHANCE DRAW - 5 x 10,000 points to be Won! (Worth \$100 each).

BONUS BADGE DRAW – 1 Number – 1 Chance to Win! – Drawn 7:20pm.

Beach & Bay Bistro

OPEN 7 DAYS

LUNCH – 12pm to 2:30pm

DINNER – from 5pm

Bookings on 4446 5313 Option 4

Courtesy Bus available 7 Days. Call 4446 5313 option 1 for bookings.

Monday to Saturday from 4pm & Sundays from 3:30pm.

Callala Fishing Club

The Fishing Club conducts their weigh in on the 4th Sunday of the month with monetary and voucher awards for catches in a number of different categories.

This club has been going for over 30 years and encourages "Fishos" of any age or gender to a bit of healthy competition. Each month, a "mystery fish" is announced, so if you are lucky enough to catch the nominated fish, you have more than a better chance of winning a prize. The mystery fish for August was Snapper, you can see by the pictures, Groper was the main catch. The mystery fish for September is Drummer.

If you require further information on joining this club, either check Club Callala's website or contact Club Callala on 4446 5313, or just turn up at the weigh in 2.00pm on the 4th Sunday of the month at Club Callala BBQ area.

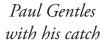
We are always looking for new members. Oh I forgot to mention, if you do join up, we have a "badge" draw every month.



Chris Harbrow with his August catch



Marty Gehrke with his August catch







Stephen Blackley with his catch



Where the Beach & Bay come to play!

GOLF COURSE

Open Everyday (02) 4446 5313 opt 2 Information & bookings callalagolf@outlook.com Extensive TAB facilities

FRIDAY

Fitness Exercise Class from 10:30am



RAFFLES

TUESDAY

Free Meat Raffle – drawn every
½ hour between 3:30pm- 6:30pm
Swipe Member card to receive a free
ticket with ANY bar purchase

THURSDAY

Bowlers Extensive Raffle from 6pm with great prizes Lucky Members Badge Draw!

FRIDAY

Meat Mart Best value Friday night in town Meat Tray prizes with value over \$1,000 – Tickets on sale 6pm Draw commences approx 7pm

SATURDAY

Fisho's Raffle from 12 noon to 1:30pm

SUNDAY

Meat & Seafood Raffle - Tickets 4pm - Drawn 5pm Lucky Members Badge Draw! Fisho's Weigh In – 2pm 4th Sunday each month



Members
Badge Draw
EVERY
THURSDAY
& SUNDAY

BONUS DRAW LAST SATURDAY EACH MONTH

MONDAY

Close @ 7pm

TUESDAY

Members Good Time Happy Hours 4pm to 6pm – All Drinks Discounted Free Trivia – 6:30pm Start Social Darts from 6:30pm

WEDNESDAY

NPL Poker – Only \$2 to Play 7pm start – Cash prizes & regional tournament tickets to be won every week

THURSDAY

Bingo – Eyes down at 11am

BOWLS

Monday- Indoor 12 noon

Tuesday – Women's Bowls from 9:30am

Wednesday – Men's/Mixed Social Bowls - names in by 12:30pm for 1pm start

Every day – Barefoot Bowls \$10 per person – Kids play for free. Everything supplied.



Phone: 02 4446 5313 43 Callala Beach Road, Callala Beach www.clubcallala.com.au



Spring Recipes

Mini Breakfast Pizzas



Ingredients

1 whole wheat pita bread

1/4 cup pesto

1-2 links Jones Dairy Farm All Natural Golden Brown® Mild Pork Breakfast Sausage Links sliced 1/4 cup shredded mozzarella

1 large egg salt to taste pepper to taste parmesan finely grated

Instructions

- 1. Preheat oven to 200 degrees C, place the baking rack on the top rung, and line a baking sheet with a silicone mat.
- 2. Place pita on baking sheet.
- 3. Top with pesto, sliced sausage links, and mozzarella.
- 4. Crack an egg in the center of the pita and season with salt, pepper, and a sprinkle of grated parmesan.
- 5. Bake in preheated oven for 10-20 minutes, or until the egg is cooked to your liking.

Chocolate Banana Muffins



Ingredients

2 cups old fashioned oats use gluten free if you're gluten free

1/2 cup cocoa powder

1 tablespoon baking powder

1 teaspoon baking soda

1/2 teaspoon salt

1/4 cup natural no sugar added peanut butter room temperature*

1/3 cup dark brown sugar packed

1 tablespoon vanilla extract

1/2 cup unsweetened vanilla almond milk

2 tablespoons white vinegar

2 large ripe bananas 1 cup mashed

1/2 - 1 cup dark chocolate chips

Instructions

- 1. Preheat oven to 220 degrees C and line then grease a standard 12-slot muffin tin with muffin wrappers and cooking spray.
- 2. Place old fashioned oats in food processor.
- 3. Process until it resembles flour.
- 4. Add in cocoa powder, baking powder, baking soda, salt, peanut butter, brown sugar, vanilla, almond milk, vinegar, and bananas.
- 5. Process until smooth, then stir in chocolate chips.

Use a 1/4 cup measuring cup to scoop batter into prepared tin.

6. Bake in preheated oven for 5 minutes, then lower the temperature to 170 degrees C and bake for an additional 3-5 minutes.

Serve warm! Store leftovers at room temperature in sealed containers and re-heat in microwave to serve.

CULBURRA & DISTRICT COMMUNITY HEALTH SERVICE

We maintain the Op Shop, Ambulance Station, Medical Centre and the Medical Bus.

Culburra Pharmacy on **4447 2382** for medical bus (travel is by donation)

Saleable furniture can be collected by phoning Malcolm on **0429 092 347**Volunteer's Bus drivers phone neil on **4447 4713**

Volunteer's op shop workers phone Jeanette **4447 5075**



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Callala Bowls

Final of the Minor Singles

The final of the Minor Singles was played on Saturday, August 24, between Greg McMillan and Stephen Bowerman, our 15 year old junior player. Greg lead Steve 15 - 8 on the 11th end. Stephen slowly clawed back to equal the score 28 all on the 29th end. The 31st end, saw both players tied at 29 all. Stephen, scored 1 shot each on the last two ends and won the title 31 - 29, on the 33rd end. A great effort by both players.

Minor/Major Pairs

Two games in the first round of the Minor/Major Pairs were played in fine, sunny conditions on August 31. Both games were very close with the Ben Harding and Steve Foley combination playing Norm Delaney and Ron Wilkinson, going down to the last end for a result. Ben and Steve started well leading 13 - 4 on the 11th end. Norm and Ron won 7 shots over the next 3 ends to bring the score to 13 - 11. On the 16th end the score was 16 all. Going into the last end, it was 23 - 20 to Ben and Steve who picked up 1 shot to win the round.

The second game saw Eddie Semovente and Greg McMillan take on Chris Harbrow and Steve Blackley. Also a close game with the score 8 all on the 11th end and 14 all on the 18th end. Greg and Eddie hung on to win 17 - 14.

Second round Minor/Major Pairs

In blustery, windy conditions, four games in the second round of the Men's Minor/Major Pairs were played on Saturday, September 7, with some interesting results. It was the case of who could predict the wind the best, won the games. Dion Gadd and John Wright started slowly against Patrick Ford and Grant Ridges. Pat and Grant

won the game 26 - 10 on the 20th end. The next game saw Eddie Semovente and Greg McMillan play Stephen Bowerman and Dennis Beazley. Greg and Eddie led all the way to win the game 21 - 16. Bob Fowler and Phill Bowerman had a battle against Glenn Brindle and Marinus Vanbroekhoven. Bob and Phill came from behind to win 19 – 17, after the score was tied on 4 ends. The last game saw Garry Manning and Ben Harding have a close game with Garry Gordon and Graham Hulbert until the 12th end when Garry and Ben picked up 5 shots, going on to win 20 - 13.



L to R Grant Ridges and Patrick Ford winning their semi-final against Steve Foley and Ben Harding



L to R Marinus Vanbroekhoven, Glenn Brindle with Phill Bowerman and Bob Fowler

Continues on Page 31



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We welcome donations of non-bulky items during opening hours. For pickups, please call 4421 7244.

Callala Bowls

Men's Minor/Major Pairs Semi Final

The two Semi-Final games were played over the weekend. Saturday, September 14, saw Steve Foley and Ben Harding take on Patrick Ford and Grant Ridges. Steve and Ben started well leading 4 - 3 on the 6th end. Pat and Grant came good leading 5 -4 on the 8th end, then winning 7 shots on the next end to give them a 7 shot lead on the 11th end. Steve and Ben fought back to come within 4 shots on the 17th end. Unfortunately, this was not enough, with Patrick and Grant going through to the final, 20 - 15.

The second semi was played in warm sunny conditions on Sunday, September 15. Eddie Semovente and Greg McMillan led Bob Fowler and Phill Bowerman, 10 - 3 on the 6th end. Eddie and Greg continued the attack to win the game on the 20th end 24 - 13, the score not reflecting the game. Congratulations to the teams who competed in the semi-finals. The final is set down to be played next Saturday, a must see game.

The second round of the Women's Triples is due to be played on Wednesday, September 18. Results next month



L to R Phill Bowerman, Bob Fowler with Greg McMillan and Eddie Semovente



Steve Bowerman Minor Singles Champion



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CALLALA VETERINARY Consulting Room

22 Emmett Street Callala Bay

1-3pm weekdays by appointment

Please phone: 4447 3851 for appointments, enquiries or after hour calls





CALLALA BAY COMMUNITY ASSOCIATION INC.

Community Consultative Body to Shoalhaven Council for Callala Bay ABN 6803 198 0561

www.callalabaycommunityassociation.com PO Box 14, Callala Bay NSW 2540
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(Incorporated under the Associations Incorporation Act 1984)

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Mail payment to: Callala Bay Community Association PO 14 Callala Bay 2540

Email admin@callalabaycommunityassociation.com

COMMUNITY CONTACTS

Emergency Police Fire Ambulance – **000**Nowra Police Local Area Command – **4421** 9699

Crime Stoppers – **1800** 333 000 (anonymous reporting)

Police Assistance line – **131** 444 (non-emergencies)

State Emergency Service – **132 500** Jervis Bay Marine Park – **4441 7752**

Callala Doctor's Surgery – 4446 5350

Shoalhaven City Council

General enquiries, business hours – **4429 3111** Emergencies and after hours – **4421 3100**

Justices of the Peace

Duncan, Howard – 4446 6535 Garry, Rexeen(Rikki) – 4446 6649 Hannan, Robyn – 4446 4428 Rev Sue Fisher – 0406 815 449 Lower, Jill & Graham – 4446 6281 McMaugh, Dallas – 0400 189 875 Taylor, Lorraine – 4446 5117 Ward, Noel – 4446 6800

Culburra & District Garden Club

Every 3rd Saturday of the month at 1.30 pm at the Banksia Hall Community Hall, Fred Evans Lane, Culburra Beach (IRT entry)

More details - contact Doris Carpenter - 4446 5631

Culburra & Districts Community Health Service

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If you have good saleable furniture to donate, contact Malcolm on 0429 092 347

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